A

* Abdominal Pain ([Healthier T](http://www.what0-18.nhs.uk/files/1714/7367/8335/CS43233_NHS_Abdo_Pain_advice_sheet_AUG_2016.pdf)ogether)
* Abidec
	+ Going home from the neonatal unit on vitamins - Abidec ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Going-home-from-the-neonatal-unit-on-vitamins-%28Abidec%29-patient-information.pdf))
* Abuse
	+ Abuse, domestic violence and sexual assault ([NHS Choices](http://www.nhs.uk/livewell/abuse/Pages/violence-and-sexual-assault.aspx))
	+ Dealing with child sex abuse ([NHS Choices Video](http://www.nhs.uk/video/Pages/child-abuse.aspx?searchtype=Tag&searchterm=Children&offset=17&))
	+ Abuse in teenage relationships ([NHS Choices](http://www.nhs.uk/Livewell/teengirls/Pages/relationshipviolence.aspx))
* Accident prevention
	+ Preventing poisoning in children ([NHS Choices](http://www.nhs.uk/Conditions/Poisoning/Pages/Prevention.aspx))
	+ Preventing accidents at home ([NHS Choices Video](http://www.nhs.uk/video/Pages/Accidentprevention.aspx?searchtype=Tag&searchterm=Children&offset=33&))
	+ How do I keep my baby safe? ([NHS Choices Video](http://www.nhs.uk/video/Pages/how-do-i-keep-my-baby-safe.aspx?searchtype=Tag&searchterm=Children&offset=33&))
	+ [St John Ambulance](http://www.sja.org.uk/sja/first-aid-advice/poisoning.aspx)
	+ [British Red Cross](http://www.redcross.org.uk/What-we-do/First-aid/Everyday-First-Aid/Poisoning)
	+ [Royal Society for the Prevention of Accidents](http://www.rospa.com/home-safety/advice/child-safety/accidents-to-children/%22%20%5Cl%20%22poisoning)
	+ [Child accident prevention trust](http://www.capt.org.uk/safety-advice)
* Acinetobacter ([Hampshire Hospitals](https://www.hampshirehospitals.nhs.uk/media/234059/acinetobacter.pdf))
* Acute kidney injury ([InfoKid – full](http://www.infokid.org.uk/sites/default/files/topics/KID-AKI-all-FINAL-2014-01-09.pdf); [InfoKid – summary](http://www.infokid.org.uk/sites/default/files/topics/KID-AKI-overview-FINAL-2013-11-29.pdf))
* Acute lymphoblastic leukaemia – ALL ([NHS Choices Video](http://www.nhs.uk/video/Pages/Chilldhoodleukemia.aspx?searchtype=Tag&searchterm=Children&offset=17&))
* Adenoidectomy – see ENT surgery
* Adenotonsilectomy – see ENT surgery
* ADHD ([NHS Choices](http://www.nhs.uk/conditions/attention-deficit-hyperactivity-disorder/pages/introduction.aspx), [Patient UK](http://patient.info/health/attention-deficit-hyperactivity-disorder-leaflet)) – see also Concentration problems & over-activity
* Admission to hospital ([NHS Choices](http://www.nhs.uk/NHSEngland/AboutNHSservices/NHShospitals/Pages/in-hospital.aspx#children)) – see also Ward Information
	+ How to prepare for your child’s hospital stay ([NHS Choices Video](http://www.nhs.uk/video/Pages/Childreninhospital.aspx?searchtype=Tag&searchterm=Children&offset=33&))
	+ What to do if you are worried about your child while they are in hospital ([Queen Alexandra Hospital, Portsmouth](http://www.porthosp.nhs.uk/departments/Maternity/What%20to%20do%20if%20worried%20about%20child%2014%201858.pdf))
* Adrenaline autoinjector ([NHS Choices](http://www.nhs.uk/Conditions/Anaphylaxis/Pages/Treatment.aspx); [MHRA](https://assets.publishing.service.gov.uk/media/54730805ed915d1380000045/con418524.pdf); [Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Adrenalineautoinjector-Patientinformation.pdf))
	+ EpiPen ([epipen.co.uk](http://www.epipen.co.uk/patients/epipenr-user-guide))
	+ Jext ([lifeline](http://www.jext.co.uk/childrens-video-demonstrations.aspx))
	+ [Emerade](http://www.emerade-bausch.co.uk/patient/how-to-use-emerade)
	+ Travelling with your adrenaline auto-injector ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Travellingwithyouradrenalineautoinjector-Patientinformation.pdf))
* Adrenarche ([healthychildren.org](https://www.healthychildren.org/English/ages-stages/gradeschool/puberty/Pages/Premature-Adrenarche-Information-for-Parents.aspx); [Patient UK](http://patient.info/health/adrenarche))
* Alcohol – see Drugs and Alcohol
* Allergy ([NHS Choices](http://www.nhs.uk/conditions/allergies/Pages/Introduction.aspx); [Hampshire Hospitals](https://www.hampshirehospitals.nhs.uk/our-services/a-z-departments-and-specialities/c/child-health-services-%28paediatrics%29/a-z-of-specific-paediatric-conditions/a/allergies.aspx); [Patient UK](http://patient.info/health/allergy-general-overview); [Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/ChildHealth/Pages/FoodAllergiesinChildrenPI0802.aspx); [Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Foodallergyinformation-patientinformation.pdf); [Itchy Sneezy Wheezy](http://www.itchysneezywheezy.co.uk/public.html)); see also Adrenaline Autoinjector, Anaphylaxis, Urticaria, Milk ladder
	+ Allergies song ([Get Well Soon song](http://www.bbc.co.uk/cbeebies/watch/get-well-soon-song-allergies))
	+ Allergy testing([Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/ENT/Documents/skin%20prick%20testing%20PI0564.pdf); [Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Allergytests-Patientinformation.pdf))
	+ Food challenges ([PIER](http://www.piernetwork.org/uploads/4/7/8/1/47810883/home_milk_challenge.pdf); [Queen Alexandra Hospital, Portsmouth](http://www.porthosp.nhs.uk/departments/Maternity/Food%20Challenge%20leaflet%2014%202933.pdf); [Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/ChildHealth/Pages/MilkChallengetoDiagnoseMilkAllergy-forParents.aspx); [Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Childrensfoodchallenge-patientinformation.pdf); Peanut challenge - [Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Peanut-challenge-patient-information.pdf))
	+ Food allergy in schools & nurseries ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Foodallergyinschoolsandnurseries-patientinformation.pdf))
	+ Food labelling ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Foodlabelling-patientinformation.pdf))
	+ House dust mite ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Housedustmite-patientinformation.pdf))
	+ Managing food allergies ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Managingfoodallergies-patientinformation.pdf))
	+ Managing worries about allergies ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Managing-worries-allergies-patient-information.pdf))
* Amblyopia ([NHS Choices](http://www.nhs.uk/conditions/lazy-eye/Pages/Introduction.aspx); [Patient UK](http://patient.info/health/amblyopia-leaflet); [Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/clinicalmanagement/ophthalmology/documents/squint%20and%20amblyopia%20pi0286.pdf))
* Ambulance ([Monkey Wellbeing Video](https://www.youtube.com/watch?v=fG4kCiAUCZM&index=13))
* Amputation ([Steps](http://www.steps-charity.org.uk/wp-content/uploads/2016/09/Preparing-for-an-Amputation-2.pdf))
* Anaemia ([NHS Blood & Transfusion](http://hospital.blood.co.uk/media/28572/160915-27611-anaemia-blc7181p-final.pdf); [Patient UK](http://patient.info/health/anaemia-leaflet))
	+ Iron deficiency anaemia ([NHS Choices](http://www.nhs.uk/conditions/Anaemia-iron-deficiency-/Pages/Introduction.aspx))
	+ See also Blood transfusion & Iron intake
* Anaesthesia – see General Anaesthesia
* Anal fissure ([NHS Choices](http://www.nhs.uk/conditions/Anal-fissure/Pages/Introduction.aspx); [Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/ChildHealth/Documents/Anaphalaxis%20PI1018.pdf); [Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Analfissurerectalprolapse-Patientinformation.pdf)) – see also Allergy
* Anger & aggression ([MindEd](https://www.minded.org.uk/families/index.html#/id/56cdd2501b719b8474cfbe84))
* Ankle instability ([Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/Physiotherapy/Pages/AnkleInstabilityinChildrenPI0407.aspx); [Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Ankleinstability-Patientinformation.pdf))
* Anorexia nervosa ([NHS Choices Video](http://www.nhs.uk/video/Pages/Anorexiacasestudy.aspx?searchtype=Tag&searchterm=Teens&)) – see also Eating Disorders
* Antenatal screening ([NHS Choices](http://www.nhs.uk/Conditions/pregnancy-and-baby/Pages/what-if-antenatal-screening-finds-a-problem.aspx))
* Antibiotics ([NHS Choices](http://www.nhs.uk/conditions/Antibiotics-penicillins/Pages/Introduction.aspx); [Medicines for Children](http://www.medicinesforchildren.org.uk/general-advice-about-antibiotics))
	+ Why wasn’t I prescribed antibiotics? ([Patient UK](https://patient.info/health/why-wasnt-i-prescribed-antibiotics))
	+ Should my doctor give my child antibiotics? ([Babycentre - Video](https://www.babycentre.co.uk/v25018789/should-my-doctor-give-my-child-antibiotics-video))
	+ Antibiotic therapy and your child ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Antibiotictherapy-Patientinformation.pdf))
* Antifungal medicines ([NHS Choices](http://www.nhs.uk/conditions/Antifungal-drugs/Pages/Introduction.aspx); Patient UK)
* Anxiety disorders in children ([NHS Choices](http://www.nhs.uk/conditions/anxiety-children/Pages/Introduction.aspx))
	+ How to quickly relax using breathing exercises ([Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/Rehabilitation/Pages/QuickRelaxationandBreathingExercisesPI0939.aspx))
	+ Managing worries about sleep ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Managing-worries-about-sleep-patient-information.pdf))
* Apnoea monitor ([Isle of Wight](http://www.iow.nhs.uk/Downloads/Patient%20Information%20Leaflets/Neonatal%20-%20Taking%20your%20baby%20home%20on%20an%20apnoea%20monitor%20v1.pdf))
* Appendicitis/ Appendicectomy ([NHS Choices](http://www.nhs.uk/Conditions/appendicitis/Pages/Introduction.aspx); [Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/GeneralSurgery/Documents/fece34c0d9d84524b897f25f73cdfe7aAppendicectomyPI0519v11April2010.pdf))
	+ See also Abdominal Pain
* Array Comparative Genomic Hybridisation (array CGH) ([Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/Diagnostics/Genetics/Pages/ArrayComparativeGenomicHybridisation%28aCGH%29PI0924.aspx))
* Arthritis ([Health Talk](http://www.healthtalk.org/young-peoples-experiences/arthritis/topics)) – see also Juvenile Idiopathic Arthritis
* Arthroscopy ([NHS Choices](http://www.nhs.uk/conditions/Arthroscopy/Pages/Introduction.aspx); [Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Arthroscopy-patientinformation.pdf))
* Asthma ([Asthma UK](https://www.asthma.org.uk/advice/living-with-asthma/); [NHS Choices](http://www.nhs.uk/conditions/asthma/Pages/Introduction.aspx); [British lung foundation](https://www.blf.org.uk/support-for-you/asthma-in-children))
	+ Personal asthma action plan ([Healthier T](http://www.what0-18.nhs.uk/files/9414/7367/8373/CS43233_NHS_Patient_Asthma_Action_Plan_AUG_2016.pdf)ogether)
	+ Inhaler techniques ([NHS Choices Video](http://www.nhs.uk/video/Pages/Childrensasthmainhaler.aspx?searchtype=Tag&searchterm=Children&offset=33&))
	+ How to give medicines in asthma ([Medicines for Children](http://www.medicinesforchildren.org.uk/sites/default/files/content-type/leaflet/pdf/20111209142517_0.pdf))
* Autism/ Autistic Spectrum Disorders ([NHS Choices](http://www.nhs.uk/Conditions/Autistic-spectrum-disorder/Pages/Introduction.aspx); [Patient UK](http://patient.info/health/autistic-spectrum-disorders-leaflet); [NHS Choices Video](http://www.nhs.uk/video/Pages/autistic-spectrum-disorder-graeme.aspx?searchtype=Tag&searchterm=Children&); [SCOPE](https://www.scope.org.uk/support/families/diagnosis/autism); [The National Autistic Society](http://www.mugsy.org/infosheets.pdf); [MindEd](https://www.minded.org.uk/families/index.html#/id/56cde51218dc90df5a74abff))

B

* Back pain
	+ Choosing the right school bag ([Association of Paediatric Chartered Physiotherapists](https://www.poole.nhs.uk/pdf/school%20bag%20ver1%2017.02.17.pdf))
* Balanitis ([NHS Choices](http://www.nhs.uk/conditions/balanitis/Pages/Introduction.aspx); [Patient UK](http://patient.info/health/balanitis-leaflet))
* Barium meal/ swallow ([Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/Diagnostics/Radiology/patientinformation/Pages/BariumMealorBariumSwallow-ChildPI1126.aspx))
* Bed wetting ([NHS Choices](http://www.nhs.uk/Conditions/Bedwetting/Pages/Introduction.aspx); [Patient UK](http://patient.info/health/bedwetting-nocturnal-enuresis); [ERIC](https://www.eric.org.uk/); [Hampshire Hospitals](https://www.hampshirehospitals.nhs.uk/our-services/a-z-departments-and-specialities/c/child-health-services-%28paediatrics%29/a-z-of-specific-paediatric-conditions/e/enuresis-%28wetting-problems%29.aspx); [MindEd](https://www.minded.org.uk/course/view.php?id=212))
	+ Bedwetting alarms ([Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/ChildHealth/Documents/Bedwetting%20alarms%20PI1005.pdf))
	+ Reward systems, nocturnal enuresis, alarms ([Patient UK](https://patient.info/pdf/4206.pdf))
	+ See also Desmopressin for bed wetting
* Behavioural problems ([Patient UK](http://patient.info/health/behavioural-problems-and-conduct-disorder))
	+ Challenging Behaviour ([SCOPE](https://www.scope.org.uk/support/parents/challenging-behaviour/overview))
* Bereavement ([NHS Choices](http://www.nhs.uk/Livewell/bereavement/Pages/children-bereavement.aspx); NHS Choices Videos – [death of sibling](http://webarchive.nationalarchives.gov.uk/%2B/http%3A/www.nhs.uk/Video/Pages/Losingasibling.aspx), [death of parent](http://www.nhs.uk/video/Pages/Losingaparent.aspx); [Child Bereavement UK](http://www.childbereavementuk.org/); [Hope again](http://hopeagain.org.uk/); [Winston’s Wish](http://www.winstonswish.org.uk/); [Soar](http://soar.fixers.org.uk/); [MindEd](https://www.minded.org.uk/families/index.html#/id/56cc7831a55aa90a52727c2d))
	+ When a baby dies ([Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/EndOfLifeCare/Pages/WhenYourBabyDiesPI0964.aspx))
	+ When a child dies ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Whenachilddies-patientinformation.pdf))
* Birthmarks ([NHS Choices](http://www.nhs.uk/Conditions/Birthmarks/Pages/Introduction.aspx); [Birthmark Support Group](http://www.birthmarksupportgroup.org.uk/))
* Blocked lacrimal duct ([Patient UK](http://patient.info/health/tear-duct-blockage-in-babies))
* Blocked nose in babies ([Patient UK](http://patient.info/health/blocked-nose-in-babies-snuffles))
* Blood tests ([Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/ChildHealth/Documents/blood%20tests%20in%20children%20PI0431.pdf); [Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Having-a-blood-test-or-cannula.pdf))
	+ Options for numbing the skin ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Childrensbloodtests-optionsfornumbingskin.pdf))
* Blood products
	+ Fresh Frozen Plasma and Cryoprecipitate ([NHS Blood & Transplant](http://hospital.blood.co.uk/media/28440/160602-27456-ffp-and-cryoprecipitate-final.pdf))
	+ Will my child need a plasma transfusion? ([NHS Blood & Transplant](http://hospital.blood.co.uk/media/28304/160510-27362-pil-will-my-child-plasma-final.pdf))
	+ Will I need a platelet transfusion? ([NHS Blood & Transplant](http://hospital.blood.co.uk/media/28305/160510-27363-will-i-need-a-platelet-transfusion-final.pdf))
* Blood transfusion
	+ Will my baby need a blood transfusion? ([NHS Blood and Transplant](http://www.icid.salisbury.nhs.uk/ClinicalManagement/Transfusion/Documents/Final%20%20Will%20my%20baby%20need%20a%20blood%20trans%20A5%20%282%29.pdf))
* Blowing games – see Physiotherapy
* BMI – see Obesity
* Bow legs ([NHS Choices](http://www.nhs.uk/conditions/pregnancy-and-baby/pages/leg-and-foot-problems.aspx); [Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Bowlegsandknockknees-Patientinformation.pdf))
* Bowel preparation – see Colonoscopy
* Bowels:
	+ Looking after your insides ([core/ BSG/ PCSG](http://www.icid.salisbury.nhs.uk/ClinicalManagement/GastrointestinalMedicine/Documents/looking%20after%20your%20insides%20PI0987.pdf))
* Breast feeding ([Start4life](https://www.nhs.uk/start4life/breastfeeding-feeding-well); NHS Choices Videos – [Is my baby feeding and growing well?](http://www.nhs.uk/video/Pages/is-my-baby-feeding-and-growing-well.aspx?searchtype=Search&searchterm=breast%20feeding&offset=1&), [How will breastfeeding help me bond with my baby?](http://www.nhs.uk/video/Pages/how-will-breast-feeding-help-me-bond-with-my-baby.aspx?searchtype=Search&searchterm=breast+feeding&offset=1&); [Patient UK](http://patient.info/health/breast-feeding-leaflet); [Patient UK Videos](https://patient.info/health/media/videos/how-do-i-breastfeed-my-newborn-baby); [Department of Health](https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/216327/dh_125827.pdf); [Best Beginnings](https://www.bestbeginnings.org.uk/); [Unicef – The Baby Friendly Initiative](https://www.unicef.org.uk/babyfriendly/baby-friendly-resources/support-for-parents/))
	+ Breastfeeding diary ([Southampton children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Pregnancyandbirth/BreastFeedingDiary.pdf))
	+ Harvesting colostrum for your baby ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Pregnancyandbirth/Harvesting-colostrum-for-your-baby-patient-information.pdf))
* Breathing Exercises ([Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/Rehabilitation/Documents/Quick%20Relaxation%20and%20Breathing%20Exercises%20PI0939.pdf)) – see also Physiotherapy
* Breathing problems to look out for ([British lung foundation](https://www.blf.org.uk/support-for-you/signs-of-breathing-problems-in-children/breathing-problems-to-look-out-for))
* Breech babies ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Pregnancyandbirth/Breechbabiespatientinformation.pdf))
* Broken bones – see Fractures
* Bronchiectasis ([British lung foundation](https://www.blf.org.uk/support-for-you/bronchiectasis-in-children))
* Bronchiolitis ([NHS Choices](http://www.nhs.uk/conditions/bronchiolitis/Pages/Introduction.aspx); [Healthier T](http://www.what0-18.nhs.uk/files/1614/8500/8496/CS43233_NHS_BronchiolitisAdviceSheet_August2016_amended_Jan_2017.pdf)ogether; [British Lung Foundation](https://www.blf.org.uk/support-for-you/bronchiolitis); [Patient UK](https://patient.info/pdf/1889.pdf); [Queen Alexandra Hospital, Portsmouth](http://www.porthosp.nhs.uk/departments/Maternity/Bronchiolitis%20information%2011%202288.pdf); [Isle of Wight](http://www.iow.nhs.uk/Downloads/Patient%20Information%20Leaflets/Children%20-%20Bronchiolitis%20and%20Respiratory%20Syncytial%20Virus%20RSV_2.pdf))
* Bronchopulmonary dysplasia ([British lung foundation](https://www.blf.org.uk/support-for-you/bronchopulmonary-dysplasia-bpd))
* Bubble positive expiratory pressure – see Physiotherapy
* Bullying ([MindEd](https://www.minded.org.uk/families/index.html#/id/56cdd0341b719b8474cfbe7d))
* Bunion ([NHS Choices](http://www.nhs.uk/conditions/Bunion/Pages/Introduction.aspx); [Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Bunion-patientinformation.pdf))
* Burns ([British Association of Plastic Reconstructive and Aesthetic Surgeons](http://www.bapras.org.uk/public/patient-information/surgery-guides/burns); [NHS Choices](http://www.nhs.uk/conditions/Burns-and-scalds/Pages/Introduction.aspx); [NHS Choices Video](http://www.nhs.uk/video/Pages/how-do-i-deal-with-burns-and-scalds.aspx?searchtype=Tag&searchterm=Children&offset=33&); [Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/BurnsAndPlasticSurgery/Pages/Burns-QuickTipsforLookingAfterYourChildPI1123.aspx) (quick tips); [Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/BurnsAndPlasticSurgery/Pages/AdviceforaChildAfteraBurnInjuryPI0814.aspx))
	+ Biobrane ([Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/BurnsAndPlasticSurgery/Pages/BiobranePI0816.aspx))
	+ Clinical psychology for parent/ carer of child on Burns unit ([Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/ClinicalPsychology/Pages/clinicalpsychologyparentcarerPI0369.aspx))
	+ Prevention ([Interburns](http://interburns.org/training-education/prevention-advice/))

C

* CAMHS:
	+ Anxiety disorders in children ([NHS Choices](http://www.nhs.uk/conditions/anxiety-children/Pages/Introduction.aspx))
	+ Mental health liaison team ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Paediatricmentalhealthliaisonteam-patientinformation.pdf))
	+ Paediatric liaison service, self harm team ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Paediatricliaisonservice%2Cselfharmteam-patientinformation.pdf))
	+ Parents & youth Info Resources ([RCPsych](http://www.rcpsych.ac.uk/healthadvice/parentsandyouthinfo/resources.aspx))
	+ See also Self Harm
* Campylobacter – see Diarrhoea and Vomiting
* Cancer ([Hampshire Hospitals](https://www.hampshirehospitals.nhs.uk/our-services/a-z-departments-and-specialities/c/child-health-services-%28paediatrics%29/a-z-of-specific-paediatric-conditions/c/childrens-cancer.aspx)) – see also Oncology
	+ Telling children about a cancer diagnosis ([Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/ClinicalPsychology/Pages/TellingChildrenaboutaCancerDiagnosisPI1320.aspx))
* Candidiasis ([NHS Choices](http://www.nhs.uk/Conditions/Oral-thrush---babies/Pages/Introduction.aspx); [Patient UK](http://patient.info/health/oral-thrush-in-babies))
* Cannula
	+ Having a cannula ([Hampshire Hospitals](https://www.hampshirehospitals.nhs.uk/media/234083/having_a_cannula.pdf); [Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Having-a-blood-test-or-cannula.pdf))
	+ Taking your child home with a cannula ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Takingyourchildhomewithacannula-patientinformation.pdf))
	+ Get Well Soon ([song](http://www.bbc.co.uk/cbeebies/watch/get-well-soon-song-cannula))
* Car Seats ([Isle of Wight](http://www.iow.nhs.uk/Downloads/Patient%20Information%20Leaflets/Neonatal%20-%20car%20seats%20and%20transporting%20your%20baby%20v2.pdf))
* Cardiac Investigations
	+ Cardio memo device ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Having-a-cardio-memo-device.pdf))
	+ Cardio pulmonary exercise test ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Having-a-cardio-pulmonary-exercise-test-CPET.pdf))
	+ Having an exercise stress test ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Having-an-exercise-stress-test.pdf))
	+ Children having an exercise test ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Exercisetests-patientinformation.pdf))
	+ Echocardiogram ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Having-an-echocardiogram.pdf); [Get Well Soon song](http://www.bbc.co.uk/cbeebies/watch/get-well-soon-echocardiogram-song))
	+ Heart monitor ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Having-a-heart-monitor.pdf))
* Cardiac Problems in children ([Hampshire Hospitals](https://www.hampshirehospitals.nhs.uk/our-services/a-z-departments-and-specialities/c/child-health-services-%28paediatrics%29/a-z-of-specific-paediatric-conditions/h/heart-problems-in-childhood.aspx))
* Cardiac Surgery
	+ Risk of cardiac surgery in children ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Risks-of-cardiac-surgery-in-children.pdf))
* Cardiology outpatient clinic ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Children%27s-cardiology-outpatient-clinic-patient-information.pdf))
* Casts advice ([NHS Choices](http://www.nhs.uk/chq/Pages/2543.aspx); [Get Well Soon song](http://www.bbc.co.uk/cbeebies/watch/get-well-soon-plaster-cast-song))
* Cellulitis ([NHS Choices](http://www.nhs.uk/conditions/Cellulitis/Pages/Introduction.aspx))
* Cerebral palsy ([NHS Choices](http://www.nhs.uk/conditions/cerebral-palsy/pages/introduction.aspx); [Patient UK](http://patient.info/health/cerebral-palsy-leaflet); [NHS Choices Video](http://www.nhs.uk/video/Pages/Cerebralpalsy.aspx?searchtype=Tag&searchterm=Children&offset=17&); [Hampshire Hospitals](https://www.hampshirehospitals.nhs.uk/our-services/a-z-departments-and-specialities/c/child-health-services-%28paediatrics%29/a-z-of-specific-paediatric-conditions/c/cerebral-palsy.aspx); [SCOPE](https://www.scope.org.uk/support/families/diagnosis/cerebral-palsy))
* Chest drain ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Chestdrain-patientinformation.pdf))
	+ See also Empyema
* Chest infection – see Pneumonia
* Chest X-ray ([Get Well Soon song](http://www.bbc.co.uk/cbeebies/watch/get-well-soon-x-ray-song))
* Chicken pox ([NHS Choices](http://www.nhs.uk/conditions/chickenpox/Pages/Introduction.aspx); [Patient UK](https://patient.info/pdf/2989.pdf); [Hampshire Hospitals](https://www.hampshirehospitals.nhs.uk/media/234065/chickenpox_and_shingles.pdf); [Queen Alexandra Hospital, Portsmouth](http://www.porthosp.nhs.uk/departments/Maternity/chickenpox%20leaflet%2013%203434.pdf))
	+ Chicken pox in pregnancy ([RCOG](https://www.rcog.org.uk/globalassets/documents/patients/patient-information-leaflets/pregnancy/chickenpox-in-pregnancy.pdf))
	+ The Itchy Spot ([Get Well Soon song](http://www.bbc.co.uk/cbeebies/watch/get-well-soon-the-itchy-spot))
* Child attachment disorder ([Patient UK](http://patient.info/health/child-attachment-disorder-leaflet))
* Child sexual abuse or exploitation ([NHS Choices Video](http://www.nhs.uk/video/Pages/cse-what-is-child-sexual-exploitation.aspx?searchtype=Tag&searchterm=Children&); [MindEd](https://www.minded.org.uk/families/index.html#/id/56cc7831a55aa90a52727c2a))
* Children’s Assessment Unit ([Monkey Wellbeing Video](https://www.youtube.com/watch?v=xKhU1fCVDVg))
* Chronic kidney disease ([InfoKid – full](http://www.infokid.org.uk/sites/default/files/topics/KID-CKD-an-intro-all-2014-02-21.pdf); [InfoKid – summary](http://www.infokid.org.uk/sites/default/files/topics/KID-CKD-an-intro-overview-2014-02-21.pdf))
	+ CKD Stages 3b-5 ([InfoKid – full](http://www.infokid.org.uk/sites/default/files/topics/KID-CKD-stage3b-5-all-Final-2014-02-26.pdf); [InfoKid – summary](http://www.infokid.org.uk/sites/default/files/topics/KID-CKD-stage3b-5-overview-2014-02-21.pdf))
* Circumcision ([Queen Alexandra Hospital, Portsmouth](http://www.porthosp.nhs.uk/departments/Maternity/Circumcision%20or%20tight%20foreskin%20leaflet%2014%204712.pdf); [Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/ChildHealth/Pages/AdviceforParentsChildCircumcisionPI0845.aspx); [Urology Care Foundation](http://www.urologyhealth.org/educational-materials/circumcision-x2670))
	+ Post-op ([Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/DaySurgery/Pages/AdviceFollowingCircumcisionPI0421.aspx))
* Cleft lip & palate ([BAPRAS](http://www.bapras.org.uk/public/patient-information/surgery-guides/cleft-lip-and-palate); [Changing Faces](https://www.changingfaces.org.uk/); [NDCS](http://www.ndcs.org.uk/family_support/childhood_deafness/causes_of_deafness/cleft_palate.html); [NHS Choices](http://www.nhs.uk/conditions/Cleft-lip-and-palate/Pages/Introduction.aspx); [NHS Antenatal screening](http://www.nhs.uk/Conditions/Cleft-lip-and-palate/Documents/Cleft_lip_-_Parents_-_FASP76.pdf); [Patient UK](https://patient.info/pdf/1967.pdf); [The Spires Cleft Team](http://www.icid.salisbury.nhs.uk/clinicalmanagement/burnsandplasticsurgery/documents/antenatal%20leaflet%20pi0543.pdf))
	+ Post-op alveolar bone graft ([The Spires Cleft Team](http://www.icid.salisbury.nhs.uk/ClinicalManagement/ChildHealth/Pages/ABGBilateralPI1305.aspx)); pre-op ([The Spires Cleft Team](http://www.icid.salisbury.nhs.uk/ClinicalManagement/ChildHealth/Pages/AlveolarBoneGraftPI0555.aspx)); unilateral ([The Spires Cleft Team](http://www.icid.salisbury.nhs.uk/ClinicalManagement/ChildHealth/Pages/ABGUnilateralPI1304.aspx))
	+ Post-op cleft lip & anterior palate ([The Spires Cleft Team](http://www.icid.salisbury.nhs.uk/ClinicalManagement/ChildHealth/Pages/BabyHasHadCleftLipandAnteriorPalateSurgery-DischargeAdviceforParentsPI1307.aspx))
	+ Post-op cleft lip & posterior palate ([The Spires Cleft Team](http://www.icid.salisbury.nhs.uk/ClinicalManagement/ChildHealth/Pages/DischargeAdviceforParentsWhoseBabyHasHadCleftLipandPalateSurgeryPI0672.aspx))
	+ Post-op cleft lip ([The Spires Cleft Team](http://www.icid.salisbury.nhs.uk/ClinicalManagement/ChildHealth/Pages/DischargeAdviceforParentsWhoseBabyHasHadCleftLipSurgeryPI0673.aspx)) & Stents ([The Spires Cleft Team](http://www.icid.salisbury.nhs.uk/ClinicalManagement/ChildHealth/Pages/BabyHasHadCleftLipSurgery-NasalStents-DischargeAdviceforParentsPI1306.aspx))
	+ Post-op cleft lip revision ([The Spires Cleft Team](http://www.icid.salisbury.nhs.uk/ClinicalManagement/ChildHealth/Pages/DischargeAdviceforParentsWhoseBabyHasHadCleftLipRevisionPI0674.aspx))
	+ Post-op cleft palate ([The Spires Cleft Team](http://www.icid.salisbury.nhs.uk/ClinicalManagement/ChildHealth/Pages/DischargeAdviceforParentsWhoseBabyHasHadCleftPalateSurgeryPI0677.aspx))
	+ Post-op palatal fistula repair ([The Spires Cleft Team](http://www.icid.salisbury.nhs.uk/ClinicalManagement/ChildHealth/Pages/DischargeAdviceforParentsWhoseChildHasHadRepairofPalatalFistulaPI0675.aspx))
	+ Post-op speech surgery ([The Spires Cleft Team](http://www.icid.salisbury.nhs.uk/ClinicalManagement/ChildHealth/Pages/DischargeAdviceforSpeechSurgeryPI0676.aspx))
	+ Speech development ([Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/clinicalmanagement/speechandlanguagetherapy/documents/speech%20development%20cleft%20palate%20%20pi0105.pdf))
* Clinical Psychology
	+ Introducing the SCIRT clinical psychologists ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Introducing-the-SCIRT-clinical-psychologists-PIL.pdf))
* Clostridium difficile – see Diarrhoea and Vomiting
* Club foot – see Talipes
* CMV infection, congenital ([Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/Audiology/Pages/CongenitalCMVInfectionPI1445.aspx))
* Cold sores ([NHS Choices](http://www.nhs.uk/conditions/Cold-sore/Pages/Introduction.aspx); [Patient UK](https://patient.info/pdf/4221.pdf); [Get Well Soon song](http://www.bbc.co.uk/cbeebies/watch/get-well-soon-a-sore-spot))
* Coeliac disease ([Coeliac UK](https://www.coeliac.org.uk/gluten-free-diet-and-lifestyle/advice-for-children-and-young-people/teenagers-and-young-adults/); [Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/GastrointestinalMedicine/Pages/CoeliacDiseasePI0998.aspx))
* Colic ([NHS Choices](http://www.nhs.uk/Conditions/Colic/Pages/Introduction.aspx); [Patient UK](http://patient.info/health/baby-colic-leaflet))
* Colonoscopy ([Patient UK](http://patient.info/health/colonoscopy))
	+ Bowel preparation for colonoscopy ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Bowelpreparationforcolonoscopypatientinformation.pdf))
	+ Colonoscopy patient information ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Colonoscopypatientinformation.pdf))
* Colostrum – see Breastfeeding
* Common cold ([NHS Choices](http://www.nhs.uk/Conditions/Cold-common/Pages/Introduction.aspx); [Patient UK](http://patient.info/health/common-cold-and-other-upper-respiratory-tract-infections))
* Communication difficulties ([SCOPE](https://www.scope.org.uk/support/families/diagnosis/communication-difficulties))
	+ Communication passports ([SCOPE](https://www.scope.org.uk/Scope/media/Images/Support/Scope-communication-passport.docx))
* Community Children’s Nurses ([Monkey Wellbeing Video](https://www.youtube.com/watch?v=MJmaiVm_B7Y))
* Complaints & Complements ([iWantGreatCare.org](https://www.iwantgreatcare.org/); [NHS Choices](http://www.nhs.uk/NHSEngland/complaints-and-feedback/Pages/nhs-complaints.aspx); [Dorset County Hospital](http://www.dchft.nhs.uk/patients/patient-experience/PublishingImages/Pages/About-PALS/Comments%2C%20Ccomplaints%2C%20Concerns%20and%20Compliments%20leaflet%20%28May%202013%29.pdf); [Hampshire Hospitals](https://www.hampshirehospitals.nhs.uk/media/371142/we_re_here_to_help_leaflet.pdf); [Poole Hospital](https://www.poole.nhs.uk/pdf/Complaints%2C_comments_and_suggestions_FS%5B1%5D.pdf); [Queen Alexandra Hospital, Portsmouth](http://www.porthosp.nhs.uk/for-inpatients/patient-support-and-advice/making-a-comment.htm); [Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/OperationalIssues/Pages/ConcernsandComplaintsPI0259.aspx); [Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Contactingus/Haveyoursay-patientinformation.pdf); [St Mary’s Hospital, Isle of Wight](http://www.iow.nhs.uk/Downloads/Making%20a%20Complaint/COMPLAINTS%20LEAFLET.pdf))
* Concentration problems & over-activity ([MindEd](https://www.minded.org.uk/families/index.html#/id/56cde6d6f1effe204f0c481c))
* Congenital cystic adenomatoid malformation ([Patient UK](http://patient.info/health/congenital-cystic-adenomatoid-malformation-leaflet))
* Congenital heart disease ([NHS Choices](http://www.nhs.uk/conditions/Congenital-heart-disease/Pages/Introduction.aspx); [Children’s Heart Federation](http://www.chfed.org.uk/); [Children’s heart surgery](http://childrensheartsurgery.info/); [Little Hearts Matter](https://www.lhm.org.uk/); [Hearts4Teens](http://www.hearts4teens.org.uk/))
* Congenital lung abnormalities ([British lung foundation](https://www.blf.org.uk/support-for-you/congenital-lung-abnormalities))
* Congenital short femur – see Proximal Femoral Focal Deficiency
* Consent:
	+ A guide for children and young people ([Department of Health](http://webarchive.nationalarchives.gov.uk/20121011135737/http%3A//www.dh.gov.uk/prod_consum_dh/groups/dh_digitalassets/%40dh/%40en/documents/digitalasset/dh_4116903.pdf))
	+ Consent in the Neonatal unit ([Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/MaternityNeonatal/Documents/consent%20in%20the%20neonatal%20unit%20PI1453.pdf))
* Constipation ([Hampshire Hospitals](https://www.hampshirehospitals.nhs.uk/our-services/a-z-departments-and-specialities/c/child-health-services-%28paediatrics%29/a-z-of-specific-paediatric-conditions/c/constipation.aspx); [NHS Choices](http://www.nhs.uk/Conditions/Constipation/Pages/Introduction.aspx); [NCT](https://www.nct.org.uk/parenting/constipation-babies); [CBeebies ‘Get Well Soon’](https://youtu.be/Mq4bAVhvGHw); [Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/ChildHealth/Pages/ChildhoodConstipationPI0827.aspx))
	+ Baby poo – a visual guide ([Babycentre](https://www.babycentre.co.uk/baby-poo-photos))
	+ Chocolate bar Alternative Bristol Stool Chart ([Twitter](https://twitter.com/the_learnaholic/status/541758842326245376))
	+ Interferential therapy ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Interferential-therapy-patient-information.pdf))
	+ Oh Poo ([Get Well Soon song](http://www.bbc.co.uk/cbeebies/watch/get-well-soon-oh-poo))
	+ Poo diary including Bristol Stool Chart ([ERIC](https://www.eric.org.uk/Handlers/Download.ashx?IDMF=dd74ee2a-79e0-4b93-bc43-1bb19b514558))
	+ See also Fibre intake
* Contraception ([FPA – the sexual health charity](http://www.fpa.org.uk/resources/leaflet-and-booklet-downloads))
* Cot death – see SIDS
* Cough medicines ([Patient UK](https://patient.info/pdf/13832.pdf))
* Coughs and colds – see Common cold
* Counselling ([NHS Choices](http://www.nhs.uk/conditions/Counselling/Pages/Introduction.aspx))
	+ Talk 2 Counselling Service (Barnado’s - [Children and Young People](https://www.iwight.com/azservices/documents/2750-Talk2-leaflet-young-adults.pdf); [Parents and Carers](https://www.iwight.com/azservices/documents/2750-Talk2-leaflet-parents.pdf))
* Cow’s milk protein intolerance/ allergy ([Patient UK](https://patient.info/pdf/29344.pdf))
	+ Dietary Advice for breastfeeding mums with babies who have CMPA ([PIER](http://www.piernetwork.org/uploads/4/7/8/1/47810883/breast_cmpa.pdf))
	+ Introducing lactose-free solids ([PIER](http://www.piernetwork.org/uploads/4/7/8/1/47810883/lactose_free_solids.pdf))
	+ Introducing milk-free solids ([PIER](http://www.piernetwork.org/uploads/4/7/8/1/47810883/milk_free_solids.pdf))
	+ Milk Free Diet ([Wiltshire CCG](https://prescribing.wiltshireccg.nhs.uk/?wpdmdl=642))
	+ Milk Ladder ([Milk Allergy in Primary Care](https://prescribing.wiltshireccg.nhs.uk/?wpdmdl=644))
* Cradle cap ([Patient UK](http://patient.info/health/seborrhoeic-dermatitis-in-babies-cradle-cap); [NHS Choices](http://www.nhs.uk/conditions/cradle-cap/Pages/Introduction.aspx))
* Creutzfeldt-Jakob Disease; CJD ([Hampshire Hospitals](https://www.hampshirehospitals.nhs.uk/media/234071/creutzfeldt-jakob_disease__cjd_.pdf))
* Cri du Chat syndrome ([Patient UK](http://patient.info/health/cri-du-chat-syndrome-leaflet))
* Crohn’s Disease – see Inflammatory Bowel Disease
* Croup ([NHS Choices](http://www.nhs.uk/Conditions/Croup/Pages/Introduction.aspx); [Patient UK](https://patient.info/pdf/4429.pdf); [Queen Alexandra Hospital, Portsmouth](http://www.porthosp.nhs.uk/departments/Maternity/Croup%20leaflet%2013%203435.pdf); [Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/ChildHealth/Pages/CroupPI0399.aspx); [Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Croup-Patientinformation.pdf); [Get Well Soon song](http://www.bbc.co.uk/cbeebies/watch/get-well-soon-croupy-droopy-jobi))
* Crutches
	+ How to use crutches ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Use-of-crutches-child-health-information.pdf))
* Cryptorchidism ([NHS Choices](http://www.nhs.uk/conditions/undescendedtesticles/pages/introduction.aspx); [Urology Care Foundation](http://www.urologyhealth.org/educational-materials/undescended-testicles-patient-guide); [Patient UK](https://patient.info/pdf/2899.pdf))
* CT ([NHS Choices](http://www.nhs.uk/conditions/ct-scan/pages/introduction.aspx); [Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/CTscan-parentinformation.pdf); [Get Well Soon Song](http://www.bbc.co.uk/cbeebies/watch/get-well-soon-ct-scan-song))
* Cup feeding your baby ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Pregnancyandbirth/Syringe-and-cup-feeding-your-baby-patient-information.pdf))
* Curves in the spine – see Scoliosis
* Cystic fibrosis ([British lung foundation](https://www.blf.org.uk/support-for-you/cystic-fibrosis); [Cystic Fibrosis Trust website](https://www.cysticfibrosis.org.uk/); [Hampshire Hospitals](https://www.hampshirehospitals.nhs.uk/our-services/a-z-departments-and-specialities/c/child-health-services-%28paediatrics%29/a-z-of-specific-paediatric-conditions/c/cystic-fibrosis.aspx); [NHS Choices](http://www.nhs.uk/conditions/cystic-fibrosis/Pages/Introduction.aspx); [Patient UK](https://patient.info/pdf/4837.pdf); [Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Genetics/Cystic-Fibrosis-Leaflet.pdf))
	+ See also Sweat test, Physiotherapy
	+ Children’s cystic fibrosis social work ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Childrens-cystic-fibrosis-social-work-patient-information.pdf))
	+ Leaflet for GP ([Queen Alexandra Hospital, Portsmouth](http://www.porthosp.nhs.uk/departments/Maternity/Paeds%20CF%20leaflet%20for%20GPs%2012%202288.pdf))
	+ Nebulised colomycin ([Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/Respiratory/Pages/NebulisedColomycinPI0547.aspx))
	+ Nebulised Dornase alpha ([Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/Respiratory/Pages/NebulisedDornasealphaPI0549.aspx))
	+ Nebulised saline ([Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/Respiratory/Pages/NebulisedSalinePI1021.aspx))
	+ Nebulised tobramycin ([Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/Respiratory/Pages/NebulisedTobramycinPI1058.aspx))

D

* Deaf – see Hearing
* Death – see Bereavement
* Dental health ([NHS Choices](http://www.nhs.uk/livewell/dentalhealth/Pages/Dentalhome.aspx))
	+ 10 tips for a fuss-free filling ([Babycentre](https://www.babycentre.co.uk/a1053200/10-tips-for-a-fuss-free-filling))
	+ Dental extraction or minor oral surgery ([Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/OralMaxilloFacialSurgery/Pages/AdviceAfterDentalExtractionPI0279.aspx))
	+ Dental surgery ([Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/clinicalmanagement/oralmaxillofacialsurgery/documents/tooth%20extractions%20under%20general%20anaesthetic%20-%20how%20to%20avoid%20pi1374.pdf); [Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Dentalsurgery-patientinformation.pdf))
	+ Orthodontic treatment ([Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/OralSurgery/Pages/OrthodonticTreatmentPI0146.aspx))
* Depression – see CAMHS & Self-harm
* Dermatology surgery
	+ Your child’s dermatology surgery aftercare advice ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Your-childs-dermatology-surgery-aftercare-advice-patient-information.pdf))
	+ Your child’s dermatology surgery appointment ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Your-childs-dermatology-surgery-appointment-patient-information.pdf))
* Desmopressin for bedwetting ([Patient UK](https://patient.info/pdf/4606.pdf); [Medicines for Children](http://www.medicinesforchildren.org.uk/sites/default/files/content-type/leaflet/pdf/MfC_Desmopressin_for_bedwetting_PV2_2014-09-12.pdf))
* Development ([NHS Choices](http://www.nhs.uk/Tools/Pages/birthtofive.aspx); [NHS Choices Video](http://www.nhs.uk/video/Pages/how-will-my-baby-develop.aspx); [Hampshire Hospitals](https://www.hampshirehospitals.nhs.uk/our-services/a-z-departments-and-specialities/c/child-health-services-%28paediatrics%29/a-z-of-specific-paediatric-conditions/c/child-development-and-learning-difficulties.aspx))
	+ Baby walkers – are they necessary ([Association of Paediatric Chartered Physiotherapists](https://www.poole.nhs.uk/PDF/baby%20walkers%20APCP%20ver1%2017.02.17.pdf))
	+ Promoting physical development – lying to sitting ([Association of Paediatric Chartered Physiotherapists](https://www.poole.nhs.uk/PDF/apcp%20promoting_physical_development_lying_to_sitting%20V1%2003.07.17.pdf))
	+ Stability improving – pre-school ([Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/clinicalmanagement/physiotherapy/documents/improving%20stability%20preschool%20pi0029.pdf)) & school age ([Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/Physiotherapy/Pages/ImprovingStabilityinSchoolAgeChildrenPI0030.aspx))
	+ Tummy time ([Association of Paediatric Chartered Physiotherapists](https://www.poole.nhs.uk/PDF/tummy%20time%20ver1%2017.02.17.pdf))
* Developmental dysplasia of the hip ([International Hip Dysplasia Institute](http://hipdysplasia.org/developmental-dysplasia-of-the-hip/faq/); [NHS Choices](http://www.nhs.uk/Conditions/developmental-dysplasia-of-the-hip/Pages/Introduction.aspx); [Patient UK](https://patient.info/pdf/1991.pdf); [Queen Alexandra Hospital, Portsmouth](http://www.porthosp.nhs.uk/departments/Maternity/Developmental%20dysplasia%20of%20the%20hip%2006%201586.pdf); [Steps/ BMA](http://www.steps-charity.org.uk/wp-content/uploads/2016/11/Baby-Hip-Health.pdf))
* Diabetes ([Diabetes UK](https://www.diabetes.org.uk/Guide-to-diabetes/Your-child-and-diabetes/); [Hampshire Hospitals](https://www.hampshirehospitals.nhs.uk/our-services/a-z-departments-and-specialities/c/child-health-services-%28paediatrics%29/a-z-of-specific-paediatric-conditions/d/diabetes-in-childhood.aspx); [JDRF](https://jdrf.org.uk/);[NHS Choices](http://www.nhs.uk/Livewell/Diabetes/Pages/Diabetesandyourchild.aspx); [NHS Choices Video](http://www.nhs.uk/video/Pages/teenagediabetes.aspx?searchtype=Tag&searchterm=Children&offset=33&); [Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/LearningDisability/Pages/diabetes-easyread.aspx); [Health Talk](http://www.healthtalk.org/young-peoples-experiences/diabetes-type-1/topics))
	+ Carbohydrate awareness ([Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/DieteticsAndNutrition/Pages/CarbohydrateAwareness.aspx))
	+ Diabetic retinopathy ([NHS Choices Video](http://www.nhs.uk/Video/Pages/diabetic-retinopathy-screening.aspx))
	+ Diabetes & Ramadan ([Patient UK Infographic](https://patient.info/health/media/infographics/ramadan-diabetes))
	+ Glycaemic index & slowly absorbed foods ([Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/DieteticsAndNutrition/Pages/Diabetes-GlycaemicIndexandSlowlyAbsorbedFoods.aspx))
	+ Healthy eating with diabetes ([Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/DieteticsAndNutrition/Pages/HealthyEatingandDiabetesPI0234.aspx))
	+ HbA1c ([Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/ChildHealth/Pages/HbA1cPI0931.aspx))
	+ Hypoglycaemia ([Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/Diabetes/Pages/HypoglycaemiaPI0348.aspx))
	+ Teenage diabetes ([NHS Choices Video](http://www.nhs.uk/Video/Pages/teenagediabetes.aspx); [Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/Diabetes/Pages/WhatWillHappenWhenYouStartComingtotheAdultDiabetesClinicPI1321.aspx))
* Diarrhoea and vomiting ([Healthier T](http://www.what0-18.nhs.uk/files/1314/7367/8423/CS43233_NHS_Diarrhoea_and_Vomiting_AdviceSheet_AUG_2016.pdf)ogether) – see also Dioralyte
	+ Campylobacter ([Hampshire Hospitals](https://www.hampshirehospitals.nhs.uk/media/234062/campylobacter.pdf))
	+ Clostridium difficile ([Hampshire Hospitals](https://www.hampshirehospitals.nhs.uk/media/234068/clostridium_difficile__c_difficile_.pdf))
	+ E.coli and E.coli 0157 ([Hampshire Hospitals](https://www.hampshirehospitals.nhs.uk/media/234074/e._coli_and_e._coli_0157.pdf))
	+ Norovirus ([Hampshire Hospitals](https://www.hampshirehospitals.nhs.uk/media/234101/norovirus.pdf))
	+ Rotavirus ([Patient UK](https://patient.info/pdf/12507.pdf))
	+ Salmonella ([Hampshire Hospitals](https://www.hampshirehospitals.nhs.uk/media/234110/salmonella.pdf))
* Dietary advice – see also Cow’s milk protein allergy/ intolerance
	+ Introducing high energy solids ([PIER](http://www.piernetwork.org/uploads/4/7/8/1/47810883/high_energy.pdf))
	+ What can I do if my child won’t eat? ([PIER](http://www.piernetwork.org/uploads/4/7/8/1/47810883/wont_eat.pdf))
* Dioralyte ([Medicines for Children](http://www.medicinesforchildren.org.uk/sites/default/files/content-type/leaflet/pdf/20130725201219_0.pdf))
* Disability ([NHS Choices](http://www.nhs.uk/Livewell/Childrenwithalearningdisability/Pages/Childrenwithalearningdisabilityhome.aspx))
	+ Having a sibling with a disability ([video](http://www.nhs.uk/video/Pages/having-a-sibling-with-a-disability.aspx?searchtype=Tag&searchterm=Children&))
	+ Profound intellectual and multiple disabilities ([video](http://www.nhs.uk/video/Pages/profound-intellectual-and-multiple-disabilities.aspx?searchtype=Tag&searchterm=Children&offset=17&))
* Discharge – see also Open access
	+ Going home from E1 Ocean Ward ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Going-home-from-E1-Ocean-ward-patient-information.pdf))
	+ Discharge information ([Queen Alexandra Hospital, Portsmouth](http://www.porthosp.nhs.uk/departments/Maternity/Discharge%20advice%20to%20parents%2011%203623.pdf))
	+ When your baby under 3 months is discharged from CAU ([Queen Alexandra Hospital, Portsmouth](http://www.porthosp.nhs.uk/departments/Maternity/Advice%20for%20child%20under%203%20months%20booklet%2010%204217.pdf))
	+ When your child over 3 months is discharged from CAU ([Queen Alexandra Hospital, Portsmouth](http://www.porthosp.nhs.uk/departments/Maternity/Discharge%20child%20over%203%20months%2011%200936.pdf))
* Disorders of sex development (DSD) ([NHS Choices](http://www.nhs.uk/conditions/disorders-sex-development/Pages/Introduction.aspx))
* Domestic violence ([NHS Choices](http://www.nhs.uk/livewell/abuse/pages/domestic-violence-help.aspx); [Patient UK](https://patient.info/pdf/28820.pdf))
* Down’s syndrome ([NHS Choices](http://www.nhs.uk/conditions/downs-syndrome/pages/introduction.aspx); [NHS Choices Video](http://www.nhs.uk/video/Pages/downsyndrom.aspx?searchtype=Tag&searchterm=Children&offset=33&); [Patient UK](https://patient.info/pdf/12402.pdf); [Down’s Syndrome Association](https://www.downs-syndrome.org.uk/download-package/new-parents-pack/))
* Drugs and alcohol ([NHS Choices](http://www.nhs.uk/Livewell/drugs/Pages/Drugsoverview.aspx); [DASH](http://www.nolimitshelp.org.uk/wp-content/uploads/2016/09/DASH-leaflet-Jan-2016.pdf); [FRANK](http://www.talktofrank.com/sites/default/files/Does%20your%20child%20know%20more%20than%20you%20v1.2.pdf); [MindEd](https://www.minded.org.uk/families/index.html#/id/56cdd4c8a55aa90a527286f4))
	+ Legal Highs ([FRANK](http://www.talktofrank.com/sites/default/files/Legal%20Highs%20Leaflet.pdf))
	+ Substances, Alcohols & Aerosols ([MindEd](https://www.minded.org.uk/families/index.html#/id/56cc7831a55aa90a52727c27))
* Duchenne Muscular Dystrophy ([Duchenne Family Support Group](https://www.dfsg.org.uk/understand-dmd/))
* Dummy use ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Neonatal/Neonataldummyuse-patient-information.pdf))
* Dwarfism ([NHS Choices](http://www.nhs.uk/conditions/Restricted-growth/Pages/Introduction.aspx))
* Dyslexia ([NHS Choices](http://www.nhs.uk/Conditions/Dyslexia/Pages/Introduction.aspx))
* Dyspraxia ([NHS Choices](http://www.nhs.uk/Conditions/Dyspraxia-%28childhood%29/Pages/Symptoms.aspx); [NHS Choices Video](http://www.nhs.uk/video/Pages/Childhooddyspraxia.aspx?searchtype=Tag&searchterm=Children&offset=17&); Patient UK)

E

* Ear infections ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Earnoseandthroat/Ear-infection-patient-information.pdf))– see also Otitis externa, Otitis Media & Otitis Media with effusion
	+ Paediatric Swim Plugs ([Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/clinicalmanagement/audiology/documents/swim%20plugs%20pi1325.pdf))
* Eating disorders ([MindEd](https://www.minded.org.uk/families/index.html#/id/56cde176ca4505f05a618ad2))
* ECG ([Get Well Soon Song](http://www.bbc.co.uk/cbeebies/watch/get-well-soon-hospital-song-ecg))
* Echocardiography – see Cardiac Investigations
* Eczema ([Eczema Voice](http://www.eczemavoice.com/sections/link/policy2.html); [Hampshire Hospitals](https://www.hampshirehospitals.nhs.uk/our-services/a-z-departments-and-specialities/c/child-health-services-%28paediatrics%29/a-z-of-specific-paediatric-conditions/e/eczema.aspx); [National Eczema Society](http://www.eczema.org/about-eczema); [NHS Choices](http://www.nhs.uk/conditions/eczema-%28atopic%29/pages/introduction.aspx); [Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Eczema-PatientInformation.pdf); [Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/Dermatology/Pages/EczemadermatitisPI0919.aspx); [Talk Eczema](http://www.talkhealthpartnership.com/talkeczema/))
* E.coli and E.coli 0157 ([Hampshire Hospitals](https://www.hampshirehospitals.nhs.uk/media/234074/e._coli_and_e._coli_0157.pdf))
* EEG ([NHS Choices](http://www.nhs.uk/conditions/EEG/Pages/Introduction.aspx); [Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/IntracranialEEGmonitoring-patientinformation.pdf); [Get Well Soon episode](https://www.bbc.co.uk/iplayer/cbeebies/episode/b09204fx))
	+ Ambulatory EEG ([Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/NeurophysiologyClinical/Documents/ambulatory%20EEG%20PI0624.pdf))
	+ Video telemetry ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Videotelemetry-patientinformation.pdf))
* Emergency Department ([Monkey Wellbeing Video](https://www.youtube.com/watch?v=-cOAcFyTO1M))
* Emotional problems ([Moodjuice](http://www.moodjuice.scot.nhs.uk/mildmoderate/entry.asp))
* Empyema ([NHS Choice](http://www.nhs.uk/conditions/empyema/Pages/Introduction.aspx)s) – see also Chest Drain
* Enuresis – see Bed wetting
* Encoporesis – see Soiling
* ENT appointment ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Your-childs-maxfax-or-ENT-appointment-patient-information.pdf))
* ENT surgery
	+ Adenoidectomy (([NHS Choices](http://www.nhs.uk/Conditions/Adenoids-and-adenoidectomy/Pages/Introduction.aspx); [Queen Alexandra Hospital, Portsmouth](http://www.porthosp.nhs.uk/departments/Maternity/Advice%20following%20Adenoidectomy%20leaflet%2010%203893.pdf); [Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/DaySurgery/Pages/AftercareFollowingAdenoidectomyPI0747.aspx))
	+ Adeno-tonsillectomy ([Queen Alexandra Hospital, Portsmouth](http://www.porthosp.nhs.uk/departments/Maternity/Adenotonsillectomy%20leaflet%2010%203892.pdf))
	+ Grommets ([Queen Alexandra Hospital, Portsmouth](http://www.porthosp.nhs.uk/departments/Maternity/Grommet%20Insertion%20booklet%2010%201663.pdf); [Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/ENT/Pages/AftercareFollowingGrommetSurgeryPI0433.aspx))
	+ Major ear surgery ([Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/ENT/Pages/AftercareFollowingEarOperationsPI0261.aspx))
	+ Mastoid surgery ([Queen Alexandra Hospital, Portsmouth](http://www.porthosp.nhs.uk/departments/Maternity/Discharge%20Advice%20following%20Mastoidectomy%2001%201644.pdf); [Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/ENT/Pages/MastoidSurgeryPI1225.aspx))
	+ Myringoplasty ([Queen Alexandra Hospital, Portsmouth](http://www.porthosp.nhs.uk/departments/Maternity/Myringoplasty%20leaflet%2010%203891.pdf))
	+ Myringotomy ([Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/ENT/Pages/MyringotomyWithorWithoutGrommetsChildrenPI0738.aspx))
	+ Pinnaplasty or otoplasty ([Queen Alexandra Hospital, Portsmouth](http://www.porthosp.nhs.uk/departments/Maternity/Pinnaplasty%2011%201645.pdf); [Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/BurnsAndPlasticSurgery/Pages/AdviceAfterPinnaplastyPI0299.aspx))
	+ Tonsillectomy ([Queen Alexandra Hospital, Portsmouth](http://www.porthosp.nhs.uk/departments/Maternity/Tonsillectomy%20leaflet%2014%205459.pdf); [Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/DaySurgery/Pages/AfterYourChildsTonsillectomyPI0810.aspx); [Isle of Wight](http://www.iow.nhs.uk/Downloads/Patient%20Information%20Leaflets/Tonsillectomy-Day_Case_Guide.pdf))
* Epidural ([NHS Choices](http://www.nhs.uk/conditions/Epidural-anaesthesia/Pages/Introduction.aspx); [RCOA](http://www.rcoa.ac.uk/system/files/05-EpiduralPainRelief.pdf))
	+ Epidural infusion for children ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Epidural-infusion-for-children-patient-information.pdf))
	+ Epidural discharge advice ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Epidural-discharge-service---patient-information.pdf))
* Epiglottitis ([NHS Choices](http://www.nhs.uk/conditions/Epiglottitis/Pages/Introduction.aspx); [Patient UK](https://patient.info/pdf/2106.pdf))
* Epilepsy ([NHS Choices](http://www.nhs.uk/conditions/epilepsy/pages/introduction.aspx); [SCOPE](https://www.scope.org.uk/Support/Families/Diagnosis/Epilepsy); [Hampshire Hospitals](https://www.hampshirehospitals.nhs.uk/our-services/a-z-departments-and-specialities/c/child-health-services-%28paediatrics%29/a-z-of-specific-paediatric-conditions/e/epilepsy.aspx); [Epilepsy Action](https://www.epilepsy.org.uk/info); [Young Epilepsy](http://www.youngepilepsy.org.uk/for-young-people/))
	+ Children’s epilepsy surgery ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Childrensepilepsysurgery-patientinformation.pdf))
* Epiphysiodesis and eight plates ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Epiphysiodesisandeightplates-patientinformation.pdf))
* Erb’s Palsy ([Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/Physiotherapy/Documents/Erbs%20Palsy%20PI0690.pdf); [Erb’s Palsy Group](http://www.erbspalsygroup.co.uk/))
	+ Erb’s Palsy Home Stretching Programme ([Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/Physiotherapy/Documents/Erbs%20palsy%20home%20stretching%20programme%20PI0691.pdf))
* Erythema toxicum – see Rashes
* ESBL and AmpC ([Hampshire Hospitals](https://www.hampshirehospitals.nhs.uk/media/234077/esbl_and_ampc.pdf))
* Exams ([Coping with exams video](http://www.nhs.uk/video/Pages/Copingwithexams.aspx?searchtype=Tag&searchterm=Children&offset=33&))
* Exercise ([NHS Choices](http://www.nhs.uk/Livewell/fitness/Documents/children-and-young-people-5-18-years.pdf); [NHS Choices Infographic](https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/541231/CYP_infographic.pdf))
	+ 10-minute shake-ups ([Change4Life](https://www.nhs.uk/10-minute-shake-up/shake-ups#tuAyehyHLjWAjFSm.97))
* External ventricular drain ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Externalventriculardrain-patientinformation.pdf))

F

* Family Relationship Problems ([MindEd](https://www.minded.org.uk/families/index.html#/id/56cdeae9a55aa90a52728747))
* Febrile convulsion ([Healthier Together](http://www.what0-18.nhs.uk/parents-and-carers/worried-your-child-unwell/seizure-febrile-convulsion/); [NHS Choices](http://www.nhs.uk/conditions/Febrile-convulsions/Pages/Introduction.aspx); [Patient UK](https://patient.info/pdf/4246.pdf); [Queen Alexandra Hospital, Portsmouth](http://www.porthosp.nhs.uk/departments/Maternity/Fever%20fits%20%2002%20522.pdf); [Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/clinicalmanagement/childhealth/documents/febrile%20convulsions%20pi0402.pdf))
* Feeding ([Start4Life – Breastfeeding](https://www.nhs.uk/start4life/breastfeeding-feeding-well); [NHS Choices – bottle feeding](http://www.nhs.uk/Conditions/pregnancy-and-baby/Pages/bottle-feeding-advice.aspx); [Start4Life – Weaning](https://www.nhs.uk/start4life/first-foods); [NHS Choices – Weaning](http://www.nhs.uk/chq/Pages/812.aspx); [NCT](https://www.nct.org.uk/parenting/feeding))
	+ Vomiting: what’s normal and what’s not ([Babycentre](https://www.babycentre.co.uk/a536689/vomiting-whats-normal-and-whats-not))
	+ How to burp your baby ([Babycentre](https://www.babycentre.co.uk/a1051322/how-to-burp-your-baby))
	+ Off to the best start – important information about feeding your baby ([Start4Life](http://www.clch.nhs.uk/media/163989/start4life_off_to_the_best_start_leaflet.pdf))
* Feelings & Emotions ([MindEd](https://www.minded.org.uk/families/index.html#/id/56cdb2721b719b8474cfbe02))
* Female genital mutilation (FGM) ([NHS Choices](http://www.nhs.uk/Conditions/female-genital-mutilation/Pages/Introduction.aspx))
* Fever ([NHS Choices](http://www.nhs.uk/conditions/pregnancy-and-baby/pages/treating-high-temperature-children.aspx); [NHS Choices Video](http://www.nhs.uk/video/Pages/Feverandvomiting.aspx?searchtype=Tag&searchterm=Children&offset=17&))
	+ <5 years ([Healthier Together](http://www.what0-18.nhs.uk/health-professionals/community-childrens-nurses/safety-netting-parents/fever-children-less-5-years-age/))
	+ >5 years ([Healthier Together](http://www.what0-18.nhs.uk/health-professionals/community-childrens-nurses/safety-netting-parents/fever-children-over-5-years-age/))
* Fibre intake ([NHS Choices](http://www.nhs.uk/chq/pages/1141.aspx?categoryid=51); [NHS LiveWell](http://www.nhs.uk/Livewell/Goodfood/Pages/how-to-get-more-fibre-into-your-diet.aspx); [Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Fibreintake-patientinformation.pdf))
* Fibula hemimelia ([Steps](http://www.steps-charity.org.uk/wp-content/uploads/2016/11/Fibular-Hemimelia-.pdf))
* First aid ([NHS Choices](http://www.nhs.uk/Conditions/Accidents-and-first-aid/Pages/Introduction.aspx))
* First fit – see Seizure
* Flat feet ([Association of Paediatric Chartered Physiotherapists](https://www.poole.nhs.uk/pdf/flat%20feet%20APCP%20ver1%2017.02.17.pdf); [Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/Physiotherapy/Pages/FlatFeetPI0059.aspx); [Get Well Soon song](http://www.bbc.co.uk/cbeebies/watch/get-well-soon-song-flat-feet))
* Flexible bronchoscopy ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Flexiblebronchoscopy-Patientinformation.pdf))
* Flu ([NHS Choices](http://www.nhs.uk/conditions/flu/Pages/Introduction.aspx); [Hampshire Hospitals](https://www.hampshirehospitals.nhs.uk/media/234089/influenza__flu_.pdf))
	+ Nasal flu spray ([Flu Heroes Video](http://www.nhs.uk/video/Pages/flu-heroes-nasal-flu-spray-for-kids.aspx?searchtype=Tag&searchterm=Children&)) – see also Immunisation
* Focal segmental glomerulosclerosis & IgM nephropathy ([InfoKid – full](http://www.infokid.org.uk/sites/default/files/topics/KID-FSGS-and-IgM-nephropathy%20all%202014-02-25.pdf); [InfoKid – summary](http://www.infokid.org.uk/sites/default/files/topics/KID-FSGS-and-IgM-nephropathy-overview-2014-02-25.pdf))
* Foetal alcohol syndrome ([NHS Choices](http://www.nhs.uk/conditions/foetal-alcohol-syndrome/Pages/Introduction.aspx); [Patient UK](https://patient.info/pdf/2146.pdf))
* Food challenge – see Allergy
* Foot problems ([NHS Choices Video](http://www.nhs.uk/video/Pages/childfeet.aspx?searchtype=Tag&searchterm=Children&))
	+ Choosing footwear for children ([Association of Paediatric Chartered Physiotherapists](https://www.poole.nhs.uk/pdf/footwear%20leaflet%20APCP%20ver1%2017.02.17.pdf))
* Foot surgery
	+ See Tarsal coalition, Subtalar fusion, Tibialis anterior tendon release
* Foreign body
	+ Object lodged in nose or ear ([Babycentre](https://www.babycentre.co.uk/a1022167/object-lodged-in-nose-or-ear))
	+ Swallowed foreign body ([Patient UK](https://patient.info/pdf/1678.pdf))
* Fractures
	+ Broken bones in the lower arm ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Brokenbonesinthelowerarm-patientinformation.pdf))
	+ Broken bones in the upper arm ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Brokenbonesintheupperarm-patientinformation.pdf))
	+ Broken thighbone/ femur ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Brokenthighbone-patientinformation.pdf))
	+ Caring for your cast ([Salisbury District hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/OrthopaedicsAndTrauma/Pages/PlastercastPI0292.aspx); [Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Caring-for-your-cast-child-health-information.pdf))
	+ Fracture discharge care ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Fracturedischargecare-patientinformation.pdf))
	+ Fractured tibia and/or fibula ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Fracturedtibiaandorfibula-patientinformation.pdf))
	+ Broken bones in the lower leg([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Broken-bones-in-lower-leg---patient-information.pdf))
	+ Removal of K wires ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Kwires-patientinformation.pdf))
	+ See also Crutches
* Fulkerson’s osteotomy ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Fulkersonsosteotomy-patientinformation.pdf))
* Full septic screen ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Fullsepticscreen-patientinformation.pdf))
* Fundoplication ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Fundoplication-patientinformation.pdf))

G

* Gallows traction ([Queen Alexandra Hospital, Portsmouth](http://www.porthosp.nhs.uk/departments/Maternity/Gallows%20traction%2006%201587.pdf))
* Gallstones ([GOSH](file:///C%3A%5CUsers%5Cgrays2%5CDownloads%5CGallstones%20F1577%20A4%20BW%20FINAL%20Nov15.pdf))
* Gastroenteritis – see Diarrhoea and Vomiting
* Gastro-oesophageal reflux ([NHS Choices](http://www.nhs.uk/Conditions/reflux-babies/Pages/Introduction.aspx); [Living with Reflux](http://www.livingwithreflux.org/download.php?download=lwr-paediatric-leaflet.pdf); [Living with Reflux – is the cause food allergy or reflux disease?](http://www.livingwithreflux.org/download.php?download=lwr-allergy-leaflet.pdf); [Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/ChildHealth/Pages/GastroOesophagealRefluxPI0984.aspx)[; Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Gastro-oesophagealreflux-patientinformation.pdf))
	+ 10 ways to cope with baby reflux: photos ([Babycentre](https://www.babycentre.co.uk/l25008329/10-ways-to-cope-with-your-babys-reflux-photos))
* Gastroscopy ([NHS Choices](http://www.nhs.uk/Conditions/gastroscopy/Pages/Introduction.aspx); [Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Gastroscopy-patientInformation.pdf); [GOSH](http://www.gosh.nhs.uk/children/about-your-condition/tests-and-treatments/gastroscopy))
* Gastrostomy ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/PatientsAndVisitors/Patientinformationleaflets.aspxhttp%3A/www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Gastrostomy-patientinformation.pdf))
* Gender Identity ([MindEd](https://www.minded.org.uk/families/index.html#/id/56cc7831a55aa90a52727c44))
* General anaesthetic
	+ A Brief Guide for Young People ([Patient UK](http://patient.info/health/general-anaesthesia-a-brief-guide-for-young-people); [RCOA](http://www.rcoa.ac.uk/system/files/TeenGuide.pdf); [Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/Anaesthetics/Documents/general%20anaesthesia%20teenagers%20downloaded%20July%202014.pdf))
	+ A little deep sleep ([ForMed Films](https://vimeo.com/138062201))
	+ Davy the Detective – Finding out about anaesthetics ([RCOA](http://www.rcoa.ac.uk/system/files/DavyDetective.pdf))
	+ My General Anaesthetic: What’s Going to Happen? Sarah’s Journey ([video](https://www.youtube.com/watch?v=u_OzLxL6a8o))
	+ Rees Bear has an anaesthetic ([Anaesthesia Information](http://www.icid.salisbury.nhs.uk/ClinicalManagement/Anaesthetics/Documents/general%20anaesthesia%20children%20downloaded%20july%202014.pdf))
	+ Your Child’s General Anaesthetic ([Patient UK](http://patient.info/health/your-childs-general-anaesthetic); [Queen Alexandra Hospital, Portsmouth](http://www.porthosp.nhs.uk/departments/Maternity/Your%20child%20and%20GA%2006%201760.pdf); [RCOA](http://www.rcoa.ac.uk/system/files/07-ChildsAnaesthetic.pdf); [Isle of Wight](http://www.iow.nhs.uk/Downloads/Patient%20Information%20Leaflets/sedation%20for%20surgery%20-%20Your%20Anaesthetic%20explained.pdf); [Video – Magic Milk and Squidgy Masks](https://www.youtube.com/watch?v=0QfFL2CGkU0))
	+ See also Radiotherapy under general anaesthetic
* German Measles – see Rubella
* Glasses for children ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Eyes/GlassesforChildren-patientinformation.pdf))
* Glomerulonephritis ([InfoKid – full](http://www.infokid.org.uk/sites/default/files/topics/KID%20Glomerulonephritis-all-FINAL-2013-12-04.pdf); [InfoKid – summary](http://www.infokid.org.uk/sites/default/files/topics/KID%20Glomerulonephritis-overview-FINAL-2013-12-04.pdf); [NHS Choices](http://www.nhs.uk/conditions/Glomerulonephritis/Pages/Introduction.aspx))
	+ Membranoproliferative glomerulonephritis ([InfoKid – full](http://www.infokid.org.uk/sites/default/files/topics/KID-MPGN-all-2014-01-15.pdf); [InfoKid – summary](http://www.infokid.org.uk/sites/default/files/topics/KID-MPGN-overview-2014-01-21.pdf))
	+ Post-infectious glomerulonephritis ([InfoKid – full](http://www.infokid.org.uk/sites/default/files/topics/KID-PIGN-all-2014-01-21.pdf); [InfoKid – summary](http://www.infokid.org.uk/sites/default/files/topics/KID-PIGN-overview-2014-01-21.pdf))
* Glue ear – see Otitis Media with Effusion
* Glycogen storage disorders ([Patient UK](https://patient.info/pdf/2202.pdf))
* GP Surgery ([Monkey Wellbeing Video](https://www.youtube.com/watch?v=VJMt6oFMAxw))
* Grommets – see Otitis Media with Effusion & ENT Surgery
* Group A Streptococcus ([Hampshire Hospitals](https://www.hampshirehospitals.nhs.uk/media/234080/group_a_streptococcus.pdf))
* Growing pains ([NHS Choices](http://www.nhs.uk/conditions/growing-pains/Pages/Introduction.aspx); [Patient UK](https://patient.info/pdf/29058.pdf); [Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Growingpains-patientinformation.pdf))
* Guthrie test ([NHS Choices](http://www.nhs.uk/Conditions/pregnancy-and-baby/Pages/newborn-blood-spot-FAQs.aspx))

H

* Haemochromatosis ([Southampton Genetics](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Genetics/Hereditary-Haemochromatosis-Leaflet.pdf))
* Haemangioma ([NHS Choices Video](http://www.nhs.uk/video/Pages/birthmarks.aspx))
* Haematuria ([InfoKid – full](http://www.infokid.org.uk/sites/default/files/topics/KID%20Haematuria%20all%202013-11-08.pdf); [InfoKid – summary](http://www.infokid.org.uk/sites/default/files/topics/KID%20Haematuria%20overview%202013-11-08.pdf))
* Haemolytic uraemic syndrome ([InfoKid – full](http://www.infokid.org.uk/sites/default/files/topics/KID-HUS-STEC-all-2014-02-21.pdf); [InfoKid – summary](http://www.infokid.org.uk/sites/default/files/topics/KID-HUS-STEC%20overview%202014-02-21.pdf))
* Haemophilia ([The Haemophilia Society](http://haemophilia.org.uk/))
* Hand, foot and mouth disease ([NHS Choices](http://www.nhs.uk/conditions/Hand-foot-and-mouth-disease/Pages/Introduction.aspx); [Patient UK](https://patient.info/pdf/4260.pdf))
* Handwashing ([NHS Choices Videos](http://www.nhs.uk/video/Pages/how-to-wash-hands.aspx?searchtype=Tag&searchterm=Children&))
* Head injury ([Healthier T](http://www.what0-18.nhs.uk/files/5714/7367/8536/CS43233_NHS_Head_Injury_advice_sheet_AUG_2016.pdf)ogether; [Queen Alexandra Hospital, Portsmouth](http://www.porthosp.nhs.uk/departments/Maternity/Head%20Injury%20leaflet%2013%203439.pdf); [Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/ChildHealth/Pages/AdviceAfterHeadInjuriesinChildrenPI0844.aspx); [Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Generalmedicine/Headinjury-patientinformation.pdf))
* Head lice ([NHS Choices](http://www.nhs.uk/conditions/head-lice/pages/introduction.aspx); [British Association of Dermatologists](http://www.bad.org.uk/shared/get-file.ashx?id=207&itemtype=document); [Medinfo](http://www.medinfo.co.uk/conditions/headlice.html); [Centers for Disease Control Prevention](https://www.cdc.gov/parasites/lice/head/parents.html); [Patient UK](https://patient.info/pdf/4393.pdf); [Bug Busting](http://www.chc.org/index.cfm))
* Headaches ([Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/ChildHealth/Pages/HeadachesinChildrenPI1331.aspx)) – see also Migraine
* Healthy Child Programme ([Healthier Together](http://www.what0-18.nhs.uk/health-professionals/health-visitors/healthy-child-programme/))
* Healthy eating ([Change4Life Sugar Smart Video](http://www.nhs.uk/video/Pages/Change4Life-SugarSmart.aspx?searchtype=Tag&searchterm=Children&); [Start4Life Video](http://www.nhs.uk/video/Pages/start4life.aspx?searchtype=Tag&searchterm=Children&))
* Hearing ([NDCS](http://www.ndcs.org.uk/index.html); [Get Well Soon song](http://www.bbc.co.uk/cbeebies/watch/get-well-soon-song-hearing))
	+ Hearing impairment ([SCOPE](https://www.scope.org.uk/support/families/diagnosis/hearing-impairment))
	+ Hearing tests ([Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/Audiology/Pages/Childshearing-summaryPI1172.aspx))
	+ See also Newborn Hearing Screen
* Heart – see Cardiac
* Heart Murmurs:
	+ Heart murmurs in new-born babies ([Isle of Wight](http://www.iow.nhs.uk/Downloads/Patient%20Information%20Leaflets/Neonatal%20-%20heart%20murmur%20in%20the%20newborn%20information%20for%20parents%20v1.pdf); [Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/MaternityNeonatal/Documents/Heart%20Murmurs%20in%20New%20Born%20Babies%20PI0773.pdf))
* Henoch-Schönlein Purpura ([NHS Choices](http://www.nhs.uk/conditions/henoch-schonlein-purpura/Pages/Introduction.aspx); [InfoKid – full](http://www.infokid.org.uk/sites/default/files/topics/KID-HSP-all-2014-02-25.pdf); [InfoKid - summary](http://www.infokid.org.uk/sites/default/files/topics/KID-HSP%20overview-2014-02-25.pdf); [Queen Alexandra Hospital, Portsmouth](http://www.porthosp.nhs.uk/departments/Maternity/Henoch-Schonlein%20Purpura%2006%201762.pdf); [Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/ChildHealth/Pages/HenochSch%C3%B6nleinPurpuraPI0397.aspx); [Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/HenochSchonleinPurpura-patientinformation.pdf); [GOSH](http://www.gosh.nhs.uk/file/1570/download?token=5UCnWK9U))
* Hernia repair ([NHS Choices](http://www.nhs.uk/conditions/Inguinalherniarepair/Pages/Whatisitpage.aspx); [Queen Alexandra Hospital, Portsmouth](http://www.porthosp.nhs.uk/departments/Maternity/Hernia%20or%20Hydrocele%20Repair%20leaflet%2014%204711.pdf); [Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/DaySurgery/Pages/AfterChildHerniaRepairPI0622.aspx))
* Hiccups
	+ Is it normal that my baby hiccups all the time? ([Babycentre](https://www.babycenter.com/404_is-it-normal-that-my-baby-hiccups-all-the-time_3652427.bc))
* Hip Health ([Steps/ BMA](http://www.steps-charity.org.uk/wp-content/uploads/2016/11/Baby-Hip-Health.pdf))
* Hip service ([Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/Physiotherapy/Documents/baby%20hip%20service%20PI0971.pdf))
* Hip surgery -see Shelf acetabuloplasty
* HIV ([Body & Soul](http://www.bodyandsoulcharity.org/beyond-boundaries/about/))
* House dust mite – see Allergy
* Huntington’s disease – pre-symptomatic testing ([Southampton Genetics](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Genetics/Huntington-Disease-Leaflet.pdf))
* Hydrocephalus ([NHS Choices](http://www.nhs.uk/conditions/hydrocephalus/Pages/Introduction.aspx); [Brain & Spine Foundation](http://www.brainandspine.org.uk/sites/default/files/documents/Hydrocephalus_and_shunts.pdf); [Headway](https://www.headway.org.uk/about-brain-injury/individuals/types-of-brain-injury/hydrocephalus/); [Shine](https://www.shinecharity.org.uk/hydrocephalus); [Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Hydrocephalus-patientinformation.pdf))
* Hydrocoele – see Testicular lumps and swellings
* Hydronephrosis, antenatal ([InfoKid – full](http://www.infokid.org.uk/sites/default/files/topics/KID%20Antenatal%20hydronephrosis%20all%20FINAL%202017-02-28.pdf); [InfoKid – summary](http://www.infokid.org.uk/sites/default/files/topics/KID%20Antenatal%20hydronephrosis%20overview%202015-03-19.pdf))
* Hypertension ([InfoKid](http://www.infokid.org.uk/sites/default/files/topics/KID-Hypertension-overview-2013-12-05.pdf))
* Hypermobility ([Association of Paediatric Chartered Physiotherapists](https://www.poole.nhs.uk/pdf/symptomatichypermobility%20ver1.%2026.1.17.pdf))
* Hypospadias ([GOSH](http://www.gosh.nhs.uk/file/914/download?token=4HNwRTuC); [British Association of Plastic Reconstructive and Aesthetic Surgeons](http://www.bapras.org.uk/public/patient-information/surgery-guides/hypospadias); Patient UK; [Queen Alexandra Hospital, Portsmouth](http://www.porthosp.nhs.uk/departments/Maternity/Hypospadies%20leaflet%2013%205330.pdf))

I

* Idiopathic Intracranial Hypertension ([IIH UK](http://www.iih.org.uk/images/PatientLeaflet.pdf))
	+ IIH Common Medications ([IIH UK](http://www.iih.org.uk/images/COMMON%20MED.pdf))
* IgA nephropathy ([InfoKid – full](http://www.infokid.org.uk/sites/default/files/topics/KID-IgA-nephropathy-all%202014-02-26.pdf); [InfoKid – summary](http://www.infokid.org.uk/sites/default/files/topics/KID-IgA-nephropathy-overview%202014-02-25.pdf))
* Immunisation ([NHS Choices Video](http://www.nhs.uk/video/Pages/vaccines-and-your-childs-immune-system.aspx?searchtype=Tag&searchterm=Children&); [Immunisations part one](http://www.nhs.uk/video/Pages/vaccinationanimation.aspx?searchtype=Tag&searchterm=Children&offset=17&); [Immunisations part two](http://www.nhs.uk/video/Pages/Vaccinationanimation2.aspx?searchtype=Tag&searchterm=Children&offset=17&); [Pass it on, but not the flu video](https://www.youtube.com/watch?v=rFtn_5icKdo); [Flu Heroes – nasal flu spray for kids](https://www.youtube.com/watch?v=1jHWwm8NQUw); [Vaccines and your child’s immune system video](http://www.nhs.uk/video/pages/vaccines-and-your-childs-immune-system.aspx); [Patient UK Infographic](https://patient.info/health/media/infographics/immunisation))
	+ DTaP/Polio/Hib immunisation ([Patient UK](https://patient.info/pdf/4230.pdf))
	+ Immunisation - usual UK schedule ([Patient UK](https://patient.info/pdf/4275.pdf))
	+ Meningococcal immunisation ([Patient UK](https://patient.info/pdf/4292.pdf))
	+ MMR immunisation ([Patient UK](https://patient.info/pdf/4291.pdf))
	+ Pneumococcal immunisation ([Patient UK](https://patient.info/pdf/4312.pdf))
	+ Polio immunisation ([Patient UK](https://patient.info/pdf/4313.pdf))
	+ Tetanus immunisation ([Patient UK](https://patient.info/pdf/4347.pdf))
* Immunodeficiency ([PID UK](http://www.piduk.org/livingwithpids/childrenandyoungpeoplewithpids))
* Impetigo ([NHS Choices](https://beta.nhs.uk/conditions/impetigo/?WT.mc_id=organic_split); [Patient UK](https://patient.info/pdf/4366.pdf))
* Infection control
	+ Minimising infection during your child’s stay ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Minimisinginfectionduringyourchildsstay.pdf))
	+ Reducing the risk of infection – what you can do to help ([Hampshire Hospitals](https://www.hampshirehospitals.nhs.uk/media/234107/reducing_the_risk_of_infection_-_information_for_visitors.pdf))
	+ Protective isolation ([Hampshire Hospitals](https://www.hampshirehospitals.nhs.uk/media/234104/protective_isolation.pdf))
* Inflammatory Bowel Disease ([Crohn’s and Colitis UK](https://www.crohnsandcolitis.org.uk/about-inflammatory-bowel-disease))
* Influenza – see Flu
* Inherited Metabolic Disorders ([CLIMB](http://www.climb.org.uk/))
* Insomnia – see Sleep
* In-toeing ([Association of Paediatric Chartered Physiotherapists](https://www.poole.nhs.uk/pdf/intoeing%20APCP%20ver1%2017.02.17.pdf); [Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/Physiotherapy/Pages/IntoeingPI0058.aspx); [Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Intoeing-patientinformation.pdf))
* Interferential therapy – see Constipation
* Interstitial lung disease ([British lung foundation](https://www.blf.org.uk/support-for-you/childrens-interstitial-lung-disease-child))
* Intussusception ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Intussusception-patientinformation.pdf))
* Irritable hip ([NHS Choices](http://www.nhs.uk/conditions/irritable-hip/Pages/Introduction.aspx); [Queen Alexandra Hospital, Portsmouth](http://www.porthosp.nhs.uk/departments/Maternity/Irritable%20hip%2006%201589.pdf); [Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Irritablehip-patientinformation.pdf))
* Iron intake
	+ How to increase your child’s iron intake ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Ironintake-patientinformation.pdf))
	+ Iron in your diet ([NHS Blood & Transplant](http://hospital.blood.co.uk/media/28644/161006-27400-164mp-iron-in-your-diet-final.pdf))
* Isolating children – see Infection control
* Idiopathic Thrombocytopaenic Purpura ([Patient UK](https://patient.info/pdf/9213.pdf); [UK ITP Working Party](http://www.uk-itp.org/docs/ITP/whatIsITP.pdf))

J

* Jaundice ([Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/ChildHealth/Documents/jaundice%20PI0831.pdf); [Yellow Alert Pack](https://www.childliverdisease.org/uploads/files/1/Yellow%20Alert%20Pack.zip))
* Joint injection
	+ Advice following a joint injection ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Advice-following-a-joint-injection.pdf))
* Juvenile idiopathic arthritis ([Patient UK](https://patient.info/pdf/28427.pdf))

K

* Kawasaki disease ([Patient UK](https://patient.info/pdf/4535.pdf))
* Kidneys ([Get Well Soon song](http://www.bbc.co.uk/cbeebies/watch/get-well-soon-song-kidneys))
* Kidney biopsy ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Kidneybiopsy-patientinformation.pdf))
* Kidney problems in children ([Hampshire Hospitals](https://www.hampshirehospitals.nhs.uk/our-services/a-z-departments-and-specialities/c/child-health-services-%28paediatrics%29/a-z-of-specific-paediatric-conditions/k/kidney-problems-in-childhood.aspx))
* Knee arthroscopy – see Arthroscopy
* Knee pain
	+ Anterior knee pain ([Poole Hospital](https://www.poole.nhs.uk/pdf/AKP%20LEAFLET%20ver1%2031.03.17.pdf); [Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Anteriorkneepain-Patientinformation.pdf))
* Knock knees – see Bow Legs

L

* Labial fusion ([NHS Choices Video](http://www.nhs.uk/video/Pages/labial-fusion.aspx?searchtype=Tag&searchterm=Children&offset=17&))
* Lactose intolerance ([NHS Choices](http://www.nhs.uk/Conditions/lactose-intolerance/Pages/Introduction.aspx); [Patient UK](https://patient.info/pdf/13592.pdf))
	+ Tips for dealing with lactose intolerance ([Patient UK](https://patient.info/pdf/28872.pdf))
* Lazy eye – see Strabismus
* Learning difficulties ([SCOPE](https://www.scope.org.uk/support/families/diagnosis/learning-difficulty-overview); [Hampshire Hospitals](https://www.hampshirehospitals.nhs.uk/our-services/a-z-departments-and-specialities/c/child-health-services-%28paediatrics%29/a-z-of-specific-paediatric-conditions/c/child-development-and-learning-difficulties.aspx))
* Leg length discrepancy ([Steps](http://www.steps-charity.org.uk/wp-content/uploads/2016/11/Congenital-Lower-Limb-Length-Difference.pdf))
* Legal Highs – see Drugs & Alcohol
* Leukaemia ([Patient UK](https://patient.info/pdf/29313.pdf))
	+ See also Acute lymphoblastic leukaemia
* Life skills
	+ Coping with exams ([NHS Choices](http://www.nhs.uk/Conditions/stress-anxiety-depression/Pages/Coping-with-exam-stress.aspx))
	+ Building self-esteem ([Childline](https://www.childline.org.uk/info-advice/your-feelings/feelings-emotions/building-confidence-self-esteem/))
* Ligament laxity ([Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/Physiotherapy/Pages/LigamentLaxityPI0031.aspx)) – see also Hypermobility
* Limp ([NHS Choices](http://www.nhs.uk/conditions/limp-in-children/Pages/Introduction.aspx))
* Liver transplant ([Children’s Liver Disease Foundation](https://www.childliverdisease.org/file_download.aspx?id=6914))
* Living with a long-term condition ([Patient UK](https://patient.info/pdf/28855.pdf))
* Lower respiratory tract infection – see Pneumonia
* Lumbar puncture ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Lumbarpuncture-patientinformation.pdf))
* Lung function ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Lungfunctionpatientinformation.pdf))
* Lupus ([NHS Choices Video](http://www.nhs.uk/video/Pages/lupus-in-children.aspx?searchtype=Tag&searchterm=Children&))

M

* MAG-3 ([GOSH](http://www.gosh.nhs.uk/file/11186/download?token=St8GiX3E); [Royal College of Radiologists](https://www.google.co.uk/url?sa=t&rct=j&q=&esrc=s&source=web&cd=1&cad=rja&uact=8&ved=0ahUKEwiyrKuL04PWAhVBCsAKHanRBrMQFggoMAA&url=https%3A%2F%2Fwww.rcr.ac.uk%2Fsites%2Fdefault%2Ffiles%2Fdocs%2Fpatients%2Fworddocs%2FCRPLG_Mag3.doc&usg=AFQjCNHgiObPfFPzUX32Dq))
* Mastoidectomy – see ENT surgery
* MaxFax
	+ Your child’s maxfax or ENT appointment ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Your-childs-maxfax-or-ENT-appointment-patient-information.pdf))
* Measles ([NHS Choices Video](http://www.nhs.uk/video/Pages/measles-rachel.aspx?searchtype=Tag&searchterm=Children&); [Patient UK](https://patient.info/pdf/4530.pdf); [Hampshire Hospitals](https://www.hampshirehospitals.nhs.uk/media/234092/measles.pdf))
* Medicines ([Medicines for Children](http://www.medicinesforchildren.org.uk/))
	+ Safely administering medicines to your baby ([Isle of Wight](http://www.iow.nhs.uk/Downloads/Patient%20Information%20Leaflets/Neonatal%20-%20Safely%20administering%20medicines%20to%20your%20baby%20v1.pdf))
* Membrano-proliferative glomerulonephritis – see Glomerulonephritis
* Menarche ([FPA – the sexual health charity](http://www.fpa.org.uk/sites/default/files/periods-what-you-need-to-know.pdf))
* Meningitis ([Patient UK](https://patient.info/pdf/4537.pdf); [NHS Choices Video](http://www.nhs.uk/video/Pages/meningitis-and-septicaemia.aspx))
	+ Meningitis Symptom Checklist ([Patient UK](https://patient.info/pdf/4542.pdf))
	+ Meningitis Baby Watch ([Meningitis Research Foundation](http://www.meningitis.org/assets/x/51485))
* Meningococcal infection ([Patient UK](https://patient.info/pdf/4538.pdf))
	+ Rifampicin for Meningococcal prophylaxis ([Medicines for Children](http://www.medicinesforchildren.org.uk/sites/default/files/content-type/leaflet/pdf/20111209191916_0.pdf))
* Mental health – see CAMHS & Self-harm
* Mesenteric adenitis ([Patient UK](https://patient.info/pdf/9044.pdf))
* Metabolic Disorders – see Inherited Metabolic Disorders
* Midazolam – buccal ([Medicines for Children](http://www.medicinesforchildren.org.uk/sites/default/files/content-type/leaflet/pdf/20140604125432_0.pdf); [Queen Alexandra Hospital, Portsmouth](http://www.porthosp.nhs.uk/departments/Maternity/Buccal%20Midazolam%2011%201616.pdf))
* Migraine ([BMJ Best Practice](http://bestpractice.bmj.com/best-practice/pdf/patient-summaries/en-gb/532556.pdf); [Migraine4Kids](http://www.migraine4kids.org.uk/); [Migraine Action](http://www.migraine.org.uk/young-people/); [The Migraine Trust](https://www.migrainetrust.org/about-migraine/migraine-what-is-it/))
	+ Should my child take medicine to prevent a migraine? ([BMJ Best Practice](http://bestpractice.bmj.com/best-practice/pdf/patient-summaries/en-gb/532561.pdf))
	+ Pizotifen for migraines ([Medicines for Children](http://www.medicinesforchildren.org.uk/sites/default/files/content-type/leaflet/pdf/20140918153416_0.pdf))
	+ Sumatriptan for migraines ([Medicines for Children](http://www.medicinesforchildren.org.uk/sites/default/files/content-type/leaflet/pdf/Sumatriptan%20for%20migraine%20headaches.pdf))
* Milk ladder ([Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/ChildHealth/Pages/MilkLadder.aspx))
* Mindfulness ([Headspace app](https://www.headspace.com/headspace-meditation-app))
* Mitrofanoff ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Mitrofanoffprocedure-patientinformation.pdf))
* Molluscum contagiosum ([Patient UK](https://patient.info/pdf/4425.pdf))
* Mood swings & muddled thinking ([MindEd](https://www.minded.org.uk/families/index.html#/id/56cdc8ab72484c9374bcba6a))
* Morphine infusion – see Pain
* MRI ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/MRI-patientinformation.pdf))
* MRSA ([Hampshire Hospitals](https://www.hampshirehospitals.nhs.uk/media/234095/mrsa.pdf); [Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/MRSAandyourchild-patientinformation.pdf))
* Multicystic dysplastic kidney ([InfoKid – full](http://www.infokid.org.uk/sites/default/files/topics/KID-MCDK-all-2014-02-25.pdf); [InfoKid – summary](http://www.infokid.org.uk/sites/default/files/topics/KID-MCDK-overview-2014-02-25.pdf))
* Mumps ([NHS Choices Video](http://www.nhs.uk/video/Pages/Mumps.aspx?searchtype=Tag&searchterm=Children&offset=17&); [NHS Choices](http://www.nhs.uk/conditions/Mumps/Pages/Introduction.aspx); [Patient UK](https://patient.info/pdf/4531.pdf); [Hampshire Hospitals](https://www.hampshirehospitals.nhs.uk/media/234098/mumps.pdf))
* Murmur – see Heart Murmur
* Muscular Dystrophy ([Muscular Dystrophy UK](http://www.musculardystrophyuk.org/get-the-right-care-and-support/information-for-young-people/))– see also Duchenne Muscular Dystrophy
* Musculoskeletal pain
	+ Amplified musculoskeletal pain ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Amplifiedmusculoskeletalpain-patientinformation.pdf))
* Myringoplasty – see ENT surgery

N

* Nappy rash ([Patient UK](https://patient.info/pdf/4302.pdf))
	+ How often should I change my baby’s nappy to prevent nappy rash? - Video ([Patient UK](https://patient.info/health/media/videos/how-often-should-i-change-my-baby-s-nappy-to-prevent-nappy-rash))
* Nasogastric tube feeding ([Isle of Wight](http://www.iow.nhs.uk/Downloads/Patient%20Information%20Leaflets/Neonatal%20-%20Tube%20feeding%20your%20baby%20v1.pdf); [Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Neonatal/Neonataltubefeeding-patient-information.pdf); [Get Well Soon song](http://www.bbc.co.uk/cbeebies/watch/get-well-soon-ng-tube-song))
* Nephrotic syndrome ([InfoKid – full](http://www.infokid.org.uk/sites/default/files/topics/KID-Nephrotic-syndrome-SS-all-2014-02-26.pdf); [InfoKid – summary](http://www.infokid.org.uk/sites/default/files/topics/KID-Nephrotic-syndrome-SS-overview-2014-02-26.pdf))
	+ Frequently relapsing ([InfoKid](http://www.infokid.org.uk/sites/default/files/topics/KID-Nephrotic-syndrome-frequently%20relapsing-all-2014-02-25.pdf))
* Nerve and neuromuscular problems ([Hampshire Hospitals](https://www.hampshirehospitals.nhs.uk/our-services/a-z-departments-and-specialities/c/child-health-services-%28paediatrics%29/a-z-of-specific-paediatric-conditions/n/nerve-and-neuromuscular-problems.aspx))
* Neurfibromatosis type 1 ([The Neuro Foundation](https://mynf.nfauk.org/assets/downloads/Young_people_with_NF1_-_A_teenagers_guide.pdf))
* Neurosurgery nurse specialists ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Childrens-neurosurgery-nurse-specialists-patient-information.pdf))
* Newborn hearing screening ([NHS Choices Video](http://www.nhs.uk/video/Pages/newborn-hearing-screening.aspx?searchtype=Tag&searchterm=Children&))
* Newborn period & birth - see also Breastfeeding, Prematurity
	+ Checking that your baby is well ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Pregnancyandbirth/Checking-that-your-baby-is-well-patient-information.pdf))
	+ Newborn infections ([Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/MaternityNeonatal/Pages/InfectionsinNewbornBabiesPI0790.aspx))
	+ Signs that your baby may be unwell ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Pregnancyandbirth/Signsthatyourbabymaybeunwell-patientinformation.pdf))
* Newborn blood screening – see Guthrie
* Norovirus – see Diarrhoea and Vomiting

O

* Obesity ([Patient UK](http://patient.info/health/obesity-and-overweight-in-children); [NHS Choices](http://www.nhs.uk/Conditions/obesity/Pages/Introduction.aspx); [mend](http://www.mendcentral.org/); [More life](http://www.more-life.co.uk/Default.aspx?PageName=Family-Services); [Teen weight wise](http://www.teenweightwise.com/index.html); [Change4life](https://www.nhs.uk/change4life-beta/be-food-smart))
	+ [Start4Life](https://www.nhs.uk/start4life)
	+ Change4Life sugar smart ([app](http://www.nhs.uk/Tools/Pages/Change4Life-SugarSwaps.aspx))
	+ BMI Calculator ([Weight Concern](http://www.weightconcern.org.uk/node/9))
	+ Weight advice for teens ([British Dietetic Association](http://www.teenweightwise.com/index.html))
* Obsessive Compulsive Disorder ([MindEd](https://www.minded.org.uk/families/index.html#/id/56cddc3955d37c7574575d93))
* Obstructive Sleep Apnoea ([British lung foundation](https://www.blf.org.uk/support-for-you/osa-in-children)) – see also Sleep
* Oncology
	+ Shared contact details ([Southampton/ Portsmouth](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Paediatriconcologysharedcontactsheets.pdf))
	+ Welcome to Paeds Oncology ([Queen Alexandra Hospital, Portsmouth](http://www.porthosp.nhs.uk/departments/Maternity/Welcome%20to%20Paeds%20Oncology%2011%204296.pdf))
* Online safety ([NHS Choices](http://www.nhs.uk/NHSEngland/digital-inclusion/Pages/be-safe-online.aspx))
* Open access ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Open-access-patient-information.pdf))
* Opioids – see Pain
* Oral Rehydration Salts – see Dioralyte
* Orchidopexy ([Queen Alexandra Hospital, Portsmouth](http://www.porthosp.nhs.uk/departments/Maternity/Undergoing%20an%20Orchidopexy%20leaflet%2014%204710.pdf); [Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/ChildHealth/Pages/AdviceChildOrchidopexyPI0697.aspx))
* Orthoses
	+ Ankle foot ([Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/MedicalEquipment/Pages/ChildrensAnkleFootOrthosisPI0905.aspx))
* Osgood-Schlatters ([Poole Hospital](https://www.poole.nhs.uk/pdf/Knee%20Apophysitis%20Leaflet%20ver1%2031.03.172.pdf); [Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/OsgoodSchlatters-patientinformation.pdf))
* Osteomalacia – see Vitamin D deficiency
* Osteomyelitis ([NHS Choices](http://www.nhs.uk/conditions/osteomyelitis/Pages/Introduction.aspx); [Queen Alexandra Hospital, Portsmouth](http://www.porthosp.nhs.uk/departments/Maternity/Osteomyelitis%2006%201591.pdf); [Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Osteomyelitis-patientinformation.pdf))
* Otitis externa ([NHS Choices](http://www.nhs.uk/Conditions/otitis-externa/Pages/Introduction.aspx); [Patient UK](https://patient.info/pdf/4368.pdf); [Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/ENT/Pages/OtitisExternaPI0829.aspx))
* Otitis media ([NHS Choices](http://www.nhs.uk/conditions/Otitis-media/Pages/Introduction.aspx); [Patient UK](https://patient.info/pdf/4306.pdf))
* Otitis media with effusion ([NHS Choices](http://www.nhs.uk/conditions/glue-ear/Pages/Introduction.aspx); [NHS Choices animation](http://www.nhs.uk/video/Pages/Glueearanimation.aspx?searchtype=Tag&searchterm=Children&offset=17&); [Patient UK](https://patient.info/pdf/4257.pdf); [Patient UK – picture summary](https://patient.info/pdf/4599.pdf); [Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/ENT/Pages/GlueEarinChildrenPI0103.aspx))
	+ Treatment ([NHS Choices](http://www.nhs.uk/Conditions/Glue-ear/Pages/Treatment.aspx); [NICE information for the public](https://www.nice.org.uk/guidance/cg60/resources/surgical-management-of-glue-ear-in-children-254864886469))
	+ Operations for glue ear ([Patient UK](https://patient.info/pdf/4597.pdf)) – see also ENT surgery
* Outpatients
	+ Children’s Outpatient Department ([Queen Alexandra Hospital, Portsmouth](http://www.porthosp.nhs.uk/departments/Maternity/Childrens%20OP%20dept%2011%202198.pdf))
* Outreach
	+ [COAST](http://www.childrensservices.solent.nhs.uk/ServiceCatInfo.asp?id=222)

P

* Pain
	+ Opioid infusion for children ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Opioid-infusion-for-children-patient-information.pdf))
	+ Pain relief at home after surgery ([Queen Alexandra Hospital, Portsmouth](http://www.porthosp.nhs.uk/departments/Maternity/CS41023%20PHT%20Pain%20relief%20at%20home%20after%20surgery%20info%20CHILD%20A4%20PRF1.pdf); [My child is in pain website](http://www.mychildisinpain.org.uk/))
	+ PCA - information & pro-forma ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Patient-controlled-analgesia-patient-information.pdf))
	+ See also Sucrose solution
* Parenting ([Best Beginnings](https://www.bestbeginnings.org.uk/parents); [Family Lives](http://www.familylives.org.uk/how-we-can-help/parentchannel-tv/); [MindEd](https://www.minded.org.uk/families/index.html#/id/56cc7831a55aa90a52727c3c))
	+ Positive parenting ([NSPCC](https://www.nspcc.org.uk/globalassets/documents/advice-and-info/positive-parenting.pdf))
* Patient controlled analgesia – see Pain
* Pectus carinatum ([British lung foundation](https://www.blf.org.uk/support-for-you/pigeon-chest); [Royal Bompton](http://www.rbht.nhs.uk/patients/condition/pectus-anomaly/?scoliosis))
* Pectus excavatum ([British lung foundation](https://www.blf.org.uk/support-for-you/funnel-chest))
* Periods – see Menarche
* Personality disorder
	+ Tas Pappas: exercising mind and body ([NHS Choices Video](https://www.youtube.com/watch?v=2MRP9VYvMsE))
* Perthes’ disease ([Patient UK](http://patient.info/health/perthes-disease-leaflet); [Steps](http://www.steps-charity.org.uk/wp-content/uploads/2016/09/Perthes-Disease.pdf); Poole Hospital; [Queen Alexandra Hospital, Portsmouth](http://www.porthosp.nhs.uk/departments/Maternity/Perthes%20disease%2006%201592.pdf); [Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Perthesdisease-patientinformation.pdf))
* Pertussis – see Whooping cough
* pH probe test ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/pHprobetest-patientinformation.pdf))
* Pharmacist ([Monkey Wellbeing Video](https://www.youtube.com/watch?v=gwK-Z4cW3Fg))
* Phlebotomy – see Blood tests
* Physiotherapy
	+ Acapella ([CF Trust](https://www.poole.nhs.uk/pdf/Acapella%20leaflet%20V1%2003.07.17.pdf))
	+ Airway clearance ([CF Trust](https://www.poole.nhs.uk/pdf/CF%20Physiotherapy%20%20airway%20clearance%20V1%2003.07.17.pdf))
	+ Babies and toddlers with CF ([CF Trust](https://www.poole.nhs.uk/pdf/CF%20Physiotherapy%20for%20babies%20and%20toddlers%20V1%2003.07.17.pdf))
	+ Blowing games ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/PatientsAndVisitors/Patientinformationleaflets.aspxhttp%3A/www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Blowinggames-patientinformation.pdf))
	+ Bubble positive expiratory pressure ([Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/ChildHealth/Pages/BubblePEPPI1063.aspx); [Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Bubblepositiveexpiratorypressure-patientinformation.pdf))
	+ Exercise Test ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Exercisetests-patientinformation.pdf))
	+ Knee Programme ([Poole Hospital](https://www.poole.nhs.uk/pdf/AKP%20programme%20ver1%2030.03.17.pdf)) & Advanced knee programme ([Poole Hospital](https://www.poole.nhs.uk/pdf/Advanced%20AKP%20programme%20ver1%2030.03.17.pdf))
	+ PARI PEP ([CF Trust](https://www.poole.nhs.uk/pdf/PARI%20PEP%20leaflet%20V1%2003.07.17.pdf))
	+ Pilates home exercise ([Poole Hospital](https://www.poole.nhs.uk/pdf/Pilates%20APPI%20Home%20Exercise%20Sheet%20ver1%2012.04.17.pdf))
	+ Positioning and percussion ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Positioningandpercussion-patientinformation.pdf))
	+ Stretchy exercise band ([Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/clinicalmanagement/physiotherapy/documents/exercise%20band%20children%20pi0835.pdf))
* PICC line ([Hampshire Hospitals](https://www.hampshirehospitals.nhs.uk/media/234086/having_a_picc_line.pdf))
* PICU
	+ Southampton PICU ([SORT](http://www.sort.nhs.uk/Media/Patientinformation/Southampton/PICUfamilyguide-parentinformation.pdf))
	+ Retrieval information ([SORT](http://www.sort.nhs.uk/Media/Patientinformation/Southampton/PICUretrievalservice-parentinformation.pdf))
* Pinnaplasty – see ENT surgery
* Plagiocephaly ([Association of Paediatric Chartered Physiotherapists](https://www.poole.nhs.uk/PDF/plagiocephaly%20and%20torticollis%20ver1%2026.1.17.pdf); [Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/ChildHealth/Pages/PhysiotherapyforChildrenwithPlagiocephalyPI0525.aspx); [Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Plagiocephaly-patientinformation.pdf))
* Plaster cast – see Fractures & Casts advice
* Play service
	+ Hospital play services ([Poole Hospital](https://www.poole.nhs.uk/pdf/play%20in%20hospital%20leaflet%202015.pdf); [Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Hopsitalplayservice-patientinformation.pdf))
* Pneumonia ([British lung foundation](https://www.blf.org.uk/support-for-you/pneumonia-in-children); Patient UK; Poole Hospital; [Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/ChildHealth/Pages/HowtoHelpYourChildsRecoveryPI1313.aspx))
	+ Physiotherapy to help adolescents recover from a chest infection ([Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/Physiotherapy/Pages/Infection-Physiotherapytohelpyourecoverfromachestinfection-AdolescentsPI1312.aspx))
* Pneumothorax ([British lung foundation](https://www.blf.org.uk/support-for-you/pneumothorax-in-children); [GOSH](http://www.gosh.nhs.uk/medical-information-0/search-medical-conditions/pneumothorax))
* Podiatry
	+ Children’s feet ([NHS Choices Video](http://www.nhs.uk/Video/Pages/childfeet.aspx))
* Port wine birthmark ([NHS Choices Video](http://www.nhs.uk/video/Pages/portwine-birthmarks.aspx?searchtype=Tag&searchterm=Children&offset=17&))
* Positional Talipes – see Talipes
* Post-infectious glomerulonephritis – see Glomerulonephritis
* Post-operative – see Surgery
* Posterior urethral valves ([InfoKid – full](http://www.infokid.org.uk/sites/default/files/topics/KID-Posterior-urethral-valves-all-2014-02-26.pdf); [InfoKid – summary](http://www.infokid.org.uk/sites/default/files/topics/KID-Posterior-urethral-valves-overview-2013-12-31.pdf))
* Post Traumatic Stress Disorder ([MindEd](https://www.minded.org.uk/families/index.html#/id/56cdd0341b719b8474cfbe7d))
* Prader-Willi syndrome ([NHS Choices Video](http://www.nhs.uk/video/Pages/prader-willi-syndrome.aspx?searchtype=Tag&searchterm=Children&))
* Pregnancy, unplanned pregnancy & abortion ([FPA – the sexual health charity](http://www.fpa.org.uk/resources/leaflet-and-booklet-downloads))
* Prematurity
	+ Having an extremely premature baby ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Pregnancyandbirth/Havinganextremelyprematurebaby-patientinformation.pdf))
	+ Support premature infant’s early motor development ([Association of Paediatric Chartered Physiotherapists](https://www.poole.nhs.uk/PDF/apcp%20awake_time_ideas%20V1%2003.07.17.pdf))
* Prickly Heat – see Rashes
* Primary Ciliary Dyskinesia ([British lung foundation](https://www.blf.org.uk/support-for-you/primary-ciliary-dyskinesia-pcd))
* Primary Immunodeficiency – see Immunodeficiency
* Prolonged jaundice screen ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Prolongedjaundicescreen-patientinformation.pdf))
* Proteinuria ([InfoKid – full](http://www.infokid.org.uk/sites/default/files/topics/KID%20Proteinuria-all%20FINAL%202014-01-15.pdf); [InfoKid – summary](http://www.infokid.org.uk/sites/default/files/topics/KID-Proteinuria-overview-2014-01-15.pdf))
* Proximal Femoral Focal Deficiency ([Steps](http://www.steps-charity.org.uk/wp-content/uploads/2016/11/Proximal-Femoral-Focal-Deficiency-_-Congenital-Short-Femur.pdf))
* Pterygium ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Eyes/Pterygium-patientinformation.pdf))
* Puberty ([FPA – the sexual health charity](http://www.fpa.org.uk/resources/leaflet-and-booklet-downloads))
* Pulmonary haemorrhage ([British lung foundation](https://www.blf.org.uk/support-for-you/bleeding-into-the-lung-in-children))
* Pulmonary hypertension ([British lung foundation](https://cdn.shopify.com/s/files/1/0221/4446/files/IS23_Pulmonary_hypertension_v2_2016_downloadablePDF.pdf?8858012293762811667))
* Pyeloplasty ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Pyeloplasty-patientinformation.pdf))
* Pyloric stenosis ([Patient UK](https://patient.info/pdf/4603.pdf); [Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/ChildHealth/Documents/pyloric%20stenosis%20PI0396.pdf); [Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Pyloricstenosis-patientinformation.pdf))
* Quinsy – see Tonsillitis

R

* Radiotherapy under general anaesthesia ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Radiotherapy-under-general-anaesthetic-patient-information.pdf))
* Rashes
	+ Baby rashes: a visual guide ([NHS Choices](http://www.nhs.uk/Tools/Pages/Baby-rashes-a-visual-guide.aspx?Tag=Slideshows+and+galleries))
	+ Common Childhood Rashes ([Patient UK](https://patient.info/pdf/1981.pdf))
	+ Erythaema toxicum ([Patient UK](https://patient.info/pdf/13579.pdf))
	+ Prickly heat/ Miliaria ([Patient UK](https://patient.info/pdf/4580.pdf))
	+ Skin rashes in babies ([NHS Choices](http://www.nhs.uk/conditions/skin-rash-babies/Pages/Introduction.aspx#toxicum))
	+ Skin rashes in children ([NHS Choices](http://www.nhs.uk/conditions/skin-rash-children/Pages/Introduction.aspx))
	+ Skin rashes ([Patient UK](https://patient.info/pdf/28621.pdf))
	+ The Catchy Rash ([Get Well Soon song](http://www.bbc.co.uk/cbeebies/watch/get-well-soon-the-catchy-rash))
	+ Viral rashes ([Patient UK](https://patient.info/pdf/4358.pdf))
* Ready, Steady, Go – see Transition
* Rectal prolapse ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Analfissurerectalprolapse-Patientinformation.pdf))
* Reflex Anoxic Seizure ([STARS](http://www.heartrhythmalliance.org/stars/uk))
* Rehabilitation
	+ Intensive rehabilitation ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Intensiverehabilitation-patientinformation.pdf))
	+ Introducing the SCIRT clinical psychologists ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Introducing-the-SCIRT-clinical-psychologists-PIL.pdf))
* Relaxation techniques ([Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/Rehabilitation/Documents/Quick%20Relaxation%20and%20Breathing%20Exercises%20PI0939.pdf))
* Renal agenesis ([InfoKid – full](http://www.infokid.org.uk/sites/default/files/topics/KID-renal-agenesis-all-2014-01-21.pdf); [InfoKid – summary](http://www.infokid.org.uk/sites/default/files/topics/KID-renal-agenesis-overview-2014-01-21.pdf))
* Renal biopsy – see Kidney Biopsy
* Renal dysplasia ([InfoKid – full](http://www.infokid.org.uk/sites/default/files/topics/KID-Renal-dysplasia-all-2014-02-25.pdf); [InfoKid – summary](http://www.infokid.org.uk/sites/default/files/topics/KID-Renal-dysplasia-overview-2014-02-25.pdf))
* Renal hypoplasia ([InfoKid – full](http://www.infokid.org.uk/sites/default/files/topics/KID-Renal-hypoplasia-all-2014-02-25.pdf); [InfoKid – summary](http://www.infokid.org.uk/sites/default/files/topics/KID-Renal-hypoplasia-overview-2014-02-25.pdf))
* Restless legs syndrome ([NHS Choices](http://www.nhs.uk/conditions/restless-leg-syndrome/Pages/Introduction.aspx))
* Retinoblastoma ([Patient UK](https://patient.info/pdf/29311.pdf))
* Retrieval – see PICU
* Rheumatology ([Hampshire Hospitals](https://www.hampshirehospitals.nhs.uk/our-services/a-z-departments-and-specialities/c/child-health-services-%28paediatrics%29/a-z-of-specific-paediatric-conditions/s/spina-bifida.aspx))
	+ About the paediatric rheumatology service ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Aboutthepaediatricrheumatologyservice-patientinformation.pdf))
	+ Children's rheumatology parents' forum ([Southampton Children’s’ Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Childrensrheumatologyparentsforum-patientinformation.pdf))
	+ Meet the paediatric rheumatology team ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Meetthepaediatricrheumatologyteam-patientinformation.pdf))
	+ Paediatric rheumatology patient advice line ([Queen Alexandra Hospital, Portsmouth](http://www.porthosp.nhs.uk/departments/Paediatric/Paediatric%20rheumatology%20patient%20advice%20line%20leaflet%20Katrina%20Adams%2015%205217.pdf); [Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Paediatricrheumatologyadvicelinepatientinformation.pdf))
* Rickets – see Vitamin D deficiency
* Risky behaviour ([MindEd](https://www.minded.org.uk/families/index.html#/id/570ba74adc1fc21254115bf2))
* Roseola ([Patient UK](https://patient.info/pdf/4532.pdf))
* Rotavirus – see Diarrhoea and vomiting
* Rubella ([Patient UK](https://patient.info/pdf/4534.pdf))

S

* Salmonella – see Diarrhoea & Vomiting
* Sarcoidosis ([British lung foundation](https://cdn.shopify.com/s/files/1/0221/4446/files/FL21_Sarcoidosis_v3_2017_PDFdownload.pdf?8943263539766707030))
* Safeguarding children ([Patient UK](https://patient.info/pdf/13917.pdf))
* Safety
	+ Safer care checklist ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Safer-care-checklist-patient-information.pdf))
* Scabies ([Patient UK](https://patient.info/pdf/4325.pdf); [Hampshire Hospitals](https://www.hampshirehospitals.nhs.uk/media/234113/scabies.pdf))
* Scarlet fever ([Patient UK](https://patient.info/pdf/4533.pdf))
* School exclusion times ([Patient UK](https://patient.info/pdf/653.pdf))
* School nurses ([Isle of Wight](http://www.iow.nhs.uk/Downloads/Patient%20Information%20Leaflets/Children%20-%20About%20Your%20School%20Nurse_v1.pdf); [Monkey Wellbeing Video](https://www.youtube.com/watch?v=Kx_wuDk_yYg))
* Scoliosis
	+ Curves in the spine ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Curves-in-the-spine-patient-information.pdf))
* Screening – see Newborn Hearing Screening & Guthrie
* Seborrhoeic dermatitis – see Cradle cap
* Seizures ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Seizures---patient-information.pdf)) – see also Midazolam – buccal & Febrile convulsions
	+ First seizure ([Queen Alexandra Hospital, Portsmouth](http://www.porthosp.nhs.uk/departments/Maternity/First%20seizure%20leaflet%2011%203816.pdf))
* Self-harm – see also CAMHS
	+ [NHS Choices](http://www.nhs.uk/conditions/Self-injury/Pages/Introduction.aspx)
	+ [HarmLess](http://www.harmless.org.uk/index.php)
	+ [Mind – for better mental health](http://www.mind.org.uk/information-support/types-of-mental-health-problems/self-harm/%22%20%5Cl%20%22.WMLa6Bicab8)
	+ [National Self Harm Network](http://www.nshn.co.uk/)
	+ [Young Minds](http://www.youngminds.org.uk/)
	+ [Samaritans](http://www.samaritans.org/how-we-can-help-you)
	+ [Time to change](http://www.time-to-change.org.uk/share-your-activity)
	+ [Coping with self-harm: a guide for parents and carers](https://www.psych.ox.ac.uk/research/csr/research-projects-1/coping-with-self-harm-a-guide-for-parents-and-carers)
	+ [Self-injury support](http://www.selfinjurysupport.org.uk/)
	+ #Noharmdone – a patients journey video ([Young Minds](https://www.youtube.com/watch?v=b4cPCcJ6o88))
* Sepsis ([Patient UK](https://patient.info/pdf/28893.pdf))
	+ Full septic screen ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Fullsepticscreen-patientinformation.pdf))
* Septic arthritis ([NHS Choices](http://www.nhs.uk/conditions/septic-arthritis/Pages/Introduction.aspx); [Queen Alexandra Hospital, Portsmouth](http://www.porthosp.nhs.uk/departments/Maternity/Septic%20artritis%2006%201593.pdf); [Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Septicarthritis-patientinformation.pdf))
* Severs disease ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Seversdisease-Patientinformation.pdf))
* Sex education ([FPA – the sexual health charity](http://www.fpa.org.uk/resources/leaflet-and-booklet-downloads))
	+ Safer Sex ([Patient UK](https://patient.info/pdf/29145.pdf))
	+ Sex & Sexuality ([MindEd](https://www.minded.org.uk/families/index.html#/id/56cdd75ea55aa90a527286fd))
	+ Sexual Orientation ([MindEd](https://www.minded.org.uk/families/index.html#/id/56cc7831a55aa90a52727c44))
* Sexual abuse or exploitation – See Child Sexual Abuse or Exploitation
* Sexually Transmitted Infections ([FPA – the sexual health charity](http://www.fpa.org.uk/resources/leaflet-and-booklet-downloads))
* Shelf acetabuloplasty ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Shelfacetabuloplasty-patientinformation.pdf))
* Sickle cell disease ([Patient UK](https://patient.info/pdf/4453.pdf); [Sickle Cell Society](http://www.sicklecellsociety.org/resources/did-you-know-age-11-16-an-information-booklet-for-young-people/))
* Sickle cell trait & testing ([Patient UK](https://patient.info/pdf/9211.pdf))
* Sixth Disease – see Roseola
* Skin Glue ([Get Well Soon song](http://www.bbc.co.uk/cbeebies/watch/get-well-soon-song-skin-glue))
* Skin grafts and donor sites ([Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/BurnsAndPlasticSurgery/Pages/SkinGraftsandDonorSites-ChildrenPI0815.aspx))
* Skin Prick Testing – see Allergy
* Slapped cheek syndrome ([NHS Choices Video](http://www.nhs.uk/video/Pages/Slappedcheeksyndrome.aspx?searchtype=Tag&searchterm=Children&offset=17&); [NHS Choices](http://www.nhs.uk/conditions/slapped-cheek-syndrome/Pages/Introduction.aspx); [Patient UK](https://patient.info/pdf/4331.pdf))
* Sleep
	+ Back to Sleep Fact Sheet ([Lullaby Trust](https://www.lullabytrust.org.uk/wp-content/uploads/fact-sheet-back-to-sleep.pdf))
	+ Safer sleep for babies: a guide for parents ([Lullaby Trust](https://www.lullabytrust.org.uk/wp-content/uploads/safer-sleep-for-parents.pdf))
	+ Managing worries about sleep ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Managing-worries-about-sleep-patient-information.pdf))
	+ Overnight respiratory polygraphy study ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Overnight-respiratory-polygraphy-study-patient-information.pdf))
	+ Overnight sleep monitoring ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Overnightsleepmonitoring-patientinformation.pdf))
	+ Sleep difficulties ([MindEd](https://www.minded.org.uk/families/index.html#/id/56cdcc2555d37c7574575d65))
	+ See also Obstructive sleep apnoea
* Slipped upper femoral epiphysis – SUFE ([Patient UK](https://patient.info/pdf/13268.pdf); [Queen Alexandra Hospital, Portsmouth](http://www.porthosp.nhs.uk/departments/Maternity/Slipped%20upper%20femoral%20epiphysis%2006%201594.pdf); [Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Slippedfemoralepiphysis-Patientinformation.pdf); [Steps](http://www.steps-charity.org.uk/conditions/sufe/))
* Smoking ([Quit Smoking Community](https://quitsmokingcommunity.org/how-to-quit-smoking/))
	+ Second-hand smoke kills ([Smokefree](http://www.esoluk.co.uk/adverts/data/docs/passive.pdf))
* Snuffles – see blocked nose in babies
* Soiling ([MindEd](https://www.minded.org.uk/course/view.php?id=213))
* Speech – input modelling ([Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/clinicalmanagement/speechandlanguagetherapy/documents/input%20modelling%20pi0972.pdf))
* Spina bifida ([Shine](https://www.shinecharity.org.uk/uploads/media_items/shine-new-parents-brochure-online-1.original.pdf); [Patient UK](https://patient.info/pdf/28897.pdf); [Hampshire Hospitals](https://www.hampshirehospitals.nhs.uk/our-services/a-z-departments-and-specialities/c/child-health-services-%28paediatrics%29/a-z-of-specific-paediatric-conditions/s/spina-bifida.aspx))
* Spinal anaesthetic ([RCOA](http://www.rcoa.ac.uk/node/1852))
* Spirometry – see Lung Function
* Squint – see Strabismus
* Stammer – see Stutter
* Sternocleidomastoid tumour ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Sternomastoidtumour-parentinformation.pdf))
* Strabismus ([NHS Choices Video](http://www.nhs.uk/video/Pages/Childhoodsquintexpert.aspx?searchtype=Tag&searchterm=Children&offset=33&); Patient UK; [Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/clinicalmanagement/ophthalmology/documents/squint%20and%20amblyopia%20pi0286.pdf); [Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Eyes/LazyEyeinChildren-patientinformation.pdf))
	+ Squint surgery (Dorset County Hospital; [Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Eyes/Squintsurgeryforchildren-patientinformation.pdf))
* Stutter/ stammer ([NHS Choices](http://www.nhs.uk/conditions/stammering/Pages/Introduction.aspx); [Patient UK](https://patient.info/pdf/28742.pdf))
* Substance abuse – See Drugs and alcohol
* Subtalar fusion ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/SubtalarFusionPatientInformation.pdf))
* Sudden Infant Death Syndrome (SIDS) ([NHS Choices](http://www.nhs.uk/Conditions/Sudden-infant-death-syndrome/Pages/Introduction.aspx))
	+ Reducing risk of cot death ([Patient UK](https://patient.info/pdf/4547.pdf))
* Sucrose ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Sucrosesolution-patientinformation.pdf))
* Sun safety ([NHS Choices](http://www.nhs.uk/livewell/skin/pages/sunsafe.aspx); [How to apply sunscreen video](http://www.nhs.uk/video/Pages/how-to-apply-sunscreen.aspx?searchtype=Tag&searchterm=Children&))
* Surgery
	+ Advice after a surgical operation ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Adviceafterasurgicaloperation-Patientinformation.pdf))
	+ Your child’s operation – children’s orthopaedics ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Your-childs-operation-childrens-orthopaedics-patient-information.pdf))
	+ See also Dermatology Surgery, ENT surgery, Pain & individual operations
* Sweat test ([Isle of Wight](http://www.iow.nhs.uk/Downloads/Patient%20Information%20Leaflets/Children%20-%20Sweat%20test%20V4.pdf); [Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/Diagnostics/Pages/SweatTestParentInformationPI0072.aspx); [Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Sweattest-Patientinformation.pdf))
* Syncope ([STARS](http://www.heartrhythmalliance.org/stars/uk))
* Syringe feeding your baby ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Pregnancyandbirth/Syringe-and-cup-feeding-your-baby-patient-information.pdf))
* Sytron
	+ Going home from the neonatal unit on Sytron ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/GoinghomefromtheneonatalunitonSytronpatientinformation.pdf))

T

* Talipes ([NHS Choices Video](http://www.nhs.uk/video/Pages/Clubfoot.aspx?searchtype=Tag&searchterm=Children&offset=33&); [Patient UK](https://patient.info/pdf/13568.pdf); [Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/clinicalmanagement/childhealth/documents/helping%20your%20babys%20feet%20to%20have%20a%20kicking%20start%20pi1390.pdf); [Steps](http://www.steps-charity.org.uk/wp-content/uploads/2016/11/Talipes_Clubfoot.pdf))
	+ Positional talipes equino-varus ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Positionaltalipesequinovarus-patientinformation.pdf); [Salisbury District Hospital – Sheet A](http://www.icid.salisbury.nhs.uk/ClinicalManagement/Physiotherapy/Documents/positional%20talipes%20sheet%20a%20PI1144.pdf); [Sheet B](http://www.icid.salisbury.nhs.uk/ClinicalManagement/Physiotherapy/Documents/positional%20talipes%20sheet%20b.pdf); [Poole Hospital – Sheet A](https://www.poole.nhs.uk/pdf/positional%20talipes%20sheet%20A%20ver1%2026.04.17.pdf); [Sheet B](https://www.poole.nhs.uk/pdf/positional%20talipes%20sheet%20B%20ver1%2026.04.17.pdf))
	+ Helping your baby’s feet to have a ‘kicking start’ ([Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/ChildHealth/Documents/Helping%20Your%20Babys%20Feet%20to%20Have%20a%20Kicking%20Start%20PI1390.pdf))
	+ Talipes calcaneo-valgus ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Talipescalcaneovalgus-Patientinformation.pdf))
* Tantrums – see Toddler tantrums
* Tarsal coalition resection ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Resectionoftarsalcoalition-patientinformation.pdf))
* Tear duct blockage in babies ([Patient UK](https://patient.info/pdf/4209.pdf))
* Teething ([Patient UK](https://patient.info/pdf/12582.pdf))
	+ Is my baby teething? ([Patient UK Video](https://patient.info/health/media/videos/is-my-baby-teething))
	+ How do I soothe my teething baby? ([Patient UK Video](https://patient.info/health/media/videos/how-do-i-soothe-my-teething-baby))
* Telemetry – see EEG
* Telephone follow-up
	+ Outpatients ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Your-childs-telephone-follow-up-outpatients.pdf))
	+ Inpatients ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Your-childs-telephone-follow-up-inpatients.pdf))
* Testicular lumps and swellings ([NHS Choices](http://www.nhs.uk/Conditions/Testicular-lumps-benign/Pages/Causes.aspx); [Patient UK](https://patient.info/pdf/28779.pdf))
	+ Testicular torsion ([British Association of Urological Surgeons](http://www.baus.org.uk/_userfiles/pages/files/Patients/Leaflets/Torsion.pdf); [Patient UK](https://patient.info/pdf/4588.pdf)) – see also Orchidopexy
	+ Testicular self-examination ([British Association of Urological Surgeons](http://www.baus.org.uk/_userfiles/pages/files/Patients/Leaflets/Testicular_selfexam.pdf))
	+ Chronic Epididymitis ([British Association of Urological Surgeons](http://www.baus.org.uk/_userfiles/pages/files/Patients/Leaflets/Chronic_epididymitis.pdf))
	+ Hydrocele ([Patient UK](https://patient.info/pdf/12444.pdf))
	+ Repair of Hydrocele ([British Association of Urological Surgeons](http://www.baus.org.uk/_userfiles/pages/files/Patients/Leaflets/Hydrocele.pdf); [Queen Alexandra Hospital, Portsmouth](http://www.porthosp.nhs.uk/departments/Maternity/Hernia%20or%20Hydrocele%20Repair%20leaflet%2014%204711.pdf))
	+ Removal of epididymal cyst ([British Association of Urological Surgeons](http://www.baus.org.uk/_userfiles/pages/files/Patients/Leaflets/Epididymal_cyst.pdf))
	+ Testicular cancer ([Urology Care Foundation](http://www.urologyhealth.org/home/educational-materials/testicular-cancer))
* Thalassaemia ([Patient UK](https://patient.info/pdf/4454.pdf); [UK Thalassaemia Society](http://www.ukts.org/living-with-thalassaemia.html))
* Threadworms ([Patient UK](https://patient.info/pdf/4349.pdf))
* Thrush – see Candidiasis
* Tibial Hemimelia ([Steps](http://www.steps-charity.org.uk/conditions/tibial-hemimelia/))
* Tibialis anterior tendon transfer ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Tibialisanteriortendontransfer-Patientinformation.pdf))
* Tics & twitches ([MindEd](https://www.minded.org.uk/families/index.html#/id/56cde02ef1effe204f0c4738))
* Tilt table test ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Having-a-tilt-table-test.pdf))
* Toddlers diarrhoea ([Patient UK](https://patient.info/pdf/4499.pdf); [Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/ChildHealth/Pages/ToddlersDiarrhoeaPI1264.aspx))
* Toddler tantrums ([NHS Choices Video](http://www.nhs.uk/s/redirect?collection=nhs-meta&url=http%3A%2F%2Fwww.nhs.uk%2Fvideo%2FPages%2Fwhats-the-best-way-to-deal-with-tantrums.aspx&index_url=http%3A%2F%2Fwww.nhs.uk%2Fvideo%2FPages%2Fwhats-the-best-way-to-deal-with-tantrums.aspx&auth=%2Bgc0xdnjOw))
	+ Dealing with tantrums ([Patient UK/ RCPsych](https://patient.info/pdf/28915.pdf))
* Toe-walking ([Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/Physiotherapy/Pages/ToeWalkingPI0513.aspx); [Southampton Children’s Hospital](http://www.uhs.nhs.uk/PatientsAndVisitors/Patientinformationleaflets.aspxhttp%3A/www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Habitualtoewalking-patientinformation.pdf))
* Toilet training ([Patient UK Video](https://patient.info/health/media/videos/how-can-i-encourage-my-child-to-use-the-potty); [NHS Choices Video](http://www.nhs.uk/s/redirect?collection=nhs-meta&url=http%3A%2F%2Fwww.nhs.uk%2Fvideo%2FPages%2Fwhen-should-we-start-potty-training.aspx&index_url=http%3A%2F%2Fwww.nhs.uk%2Fvideo%2FPages%2Fwhen-should-we-start-potty-training.aspx&auth=68x2LdFJLEtxSaTnJ1lJdQ))
* Tongue tie ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Tongue-tie-patient-information.pdf); [Hampshire Hospitals](https://www.hampshirehospitals.nhs.uk/our-services/a-z-departments-and-specialities/c/child-health-services-%28paediatrics%29/a-z-of-specific-paediatric-conditions/t/tongue-tie.aspx))
* Tonsillitis
	+ Tonsillectomy – see ENT surgery
* Torticollis ([Association of Paediatric Chartered Physiotherapists](https://www.poole.nhs.uk/PDF/plagiocephaly%20and%20torticollis%20ver1%2026.1.17.pdf); [Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/ChildHealth/Pages/PhysiotherapyforChildrenwithPlagiocephalyPI0525.aspx); [Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Torticollis-parentinformation.pdf))
	+ Right-sided ([Poole Hospital](https://www.poole.nhs.uk/pdf/Torticollis%202015%20-RIGHT%20ver1%2026.04.17.pdf))
	+ Left –sided ([Poole Hospital](https://www.poole.nhs.uk/pdf/Torticollis%202015%20-%20LEFT%20ver1%2026.04.17.pdf))
* Tourette’s syndrome ([NHS Choices Video](http://www.nhs.uk/video/Pages/Tourettesyndrome.aspx?searchtype=Tag&searchterm=Children&offset=33&))
* Tracheostomy ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Tracheostomies-patientinformation.pdf))
* Transition – Ready Steady Go
	+ Ready questionnaire ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/ReadySteadyGo/ReadysteadygoReadyquestionnaire.pdf))
	+ Steady questionnaire ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/ReadySteadyGo/ReadysteadygoSteadyquestionnaire.pdf))
	+ Go questionnaire ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/ReadySteadyGo/ReadysteadygoGoquestionnaire.pdf))
	+ Parent plan ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/ReadySteadyGo/Readysteadygoparentplanpatientinformation.pdf))
	+ Transition plan ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/ReadySteadyGo/Ready-Steady-Go-Transition-plan.pdf))
	+ Transition: moving into adult care ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/ReadySteadyGo/Transitionmovingintoadultcare-patientinformation.pdf))
* Trisomy 21 – see Down syndrome
* Tuberculosis ([British lung foundation](https://cdn.shopify.com/s/files/1/0221/4446/files/FL28_TB_2014_v2_updated.pdf?5835085375965184423))
* Tuberous Sclerosis ([Tuberous Sclerosis Association](http://www.tuberous-sclerosis.org/))
* Turner syndrome ([Patient UK](https://patient.info/pdf/9296.pdf))
* Twins ([NHS Choices Video](http://www.nhs.uk/video/Pages/coping-with-twin-babies.aspx?searchtype=Tag&searchterm=Children&))
	+ Breast feeding twins ([video](http://www.nhs.uk/video/Pages/feeding-twins.aspx?searchtype=Tag&searchterm=Children&offset=17&))

U

* Ulcerative Colitis – see Inflammatory Bowel Disease
* Umbilical care ([Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/clinicalmanagement/maternityneonatal/documents/umbilical%20care%20pi1270.pdf))
* Undescended testicles – see Cryptorchidism
* Unexplained physical symptoms ([MindEd](https://www.minded.org.uk/families/index.html#/id/56cde94e18dc90df5a74ac00))
* Unplanned pregnancy ([Isle of Wight](http://www.iow.nhs.uk/Downloads/Patient%20Information%20Leaflets/Unplanned_Pregnancy-Your_Choices.pdf))
* URTI – see Common cold & Tonsillitis
* Urticaria ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Urticaria-patientinformation.pdf))
* UTI ([InfoKid – full](http://www.infokid.org.uk/sites/default/files/topics/KID-UTI-all-2013-12-04.pdf); [InfoKid – summary](http://www.infokid.org.uk/sites/default/files/topics/KID-UTI-overview-2013-12-04.pdf); [British Association of Urological Surgeons](http://www.baus.org.uk/patients/conditions/15/urinary_infection_child); [NHS Choices](http://www.nhs.uk/Conditions/Urinary-tract-infection-children/Pages/Introduction.aspx); [Patient UK](https://patient.info/pdf/457.pdf); [Urology Care Foundation](http://www.urologyhealth.org/urologic-conditions/urinary-tract-infections-in-children/printable-version); [CBeebies ‘Get Well Soon’](https://youtu.be/TSpuJpkLp1M); [Queen Alexandra Hospital, Portsmouth](http://www.porthosp.nhs.uk/departments/Maternity/Urinary%20tract%20infection%2007%201269.pdf); [Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/ChildHealth/Pages/UrinaryTractInfectionsinChildrenPI1020.aspx); [Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Urinarytractinfection-Patientinformation.pdf))

V

* Vaccination – see Immunisation
* Varicella – see Chicken Pox
* Venesection – see Blood tests
* Vesicoureteral reflux (VUR) & reflux nephropathy ([InfoKid – full](http://www.infokid.org.uk/sites/default/files/topics/KID-Vesicoureteral-reflux-all-2014-02-26.pdf); [InfoKid – summary](http://www.infokid.org.uk/sites/default/files/topics/KID-Vesicoureteral-reflux-overview-2014-02-26.pdf); [Urology Care Foundation](http://www.urologyhealth.org/urologic-conditions/vesicoureteral-reflux-%28vur%29/printable-version))
* Video telemetry – see EEG
* Video urodynamics ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Videourodynamics-patientinformation.pdf))
* Viral meningitis – see Meningitis
* Viral rashes – see Rashes
* Viral-induced wheeze – see Wheeze
* Visual impairment ([SCOPE](https://www.scope.org.uk/support/families/diagnosis/visual))
* Vitamin D Deficiency ([Patient UK](https://patient.info/pdf/7187.pdf))
* Vitamin K ([Oxford University Hospitals](http://www.ouh.nhs.uk/patient-guide/leaflets/files/10711Pvitamink.pdf))
* Vitamins – see Abidec

W

* Walk in centre ([Monkey Wellbeing Video](https://www.youtube.com/watch?v=JjEhl0ABBaU))
* Ward information
	+ Basingstoke & North Hampshire Hospital:
		- Charlie’s Day Unit Information for Parents ([Hampshire Hospitals](https://www.hampshirehospitals.nhs.uk/our-services/basingstoke-and-north-hampshire-hospital-wards/c/charlies-day-unit-%28cdu%29.aspx?from=3441))
		- G2 ([Hampshire Hospitals](https://www.hampshirehospitals.nhs.uk/our-services/basingstoke-and-north-hampshire-hospital-wards/g/g2.aspx?from=3441))
		- Neonatal unit ([Hampshire Hospitals](https://www.hampshirehospitals.nhs.uk/our-services/basingstoke-and-north-hampshire-hospital-wards/n/neonatal-unit.aspx?from=3441))
	+ Dorset County Hospital
		- Kingfisher Ward ([Dorset County Hospital](http://www.dchft.nhs.uk/patients/wards/Pages/Kingfisher-Ward.aspx))
		- Special Care Baby Unit ([Dorset County Hospital](http://www.dchft.nhs.uk/patients/wards/Pages/Special-Care-Baby-Unit.aspx))
	+ Isle of Wight:
		- Paediatric unit ([Isle of Wight](http://www.iow.nhs.uk/our-services/planned-care-services/paediatrics/paediatrics.htm))
		- Neonatal unit ([Isle of Wight](http://www.iow.nhs.uk/Downloads/Patient%20Information%20Leaflets/Neonatal%20-%20Welcome%20to%20you%20and%20your%20baby%20Neonatal%20Intensive%20Care%20Unit%20v4.pdf))
	+ Poole Hospital
		- [Acrewood (A1)](https://www.poole.nhs.uk/patients--visitors/a-z-of-wards/acrewood-a1-ward.aspx)
		- [Bearwood (B1)](https://www.poole.nhs.uk/patients--visitors/a-z-of-wards/bearwood-b1-ward.aspx)
		- [Child Development Centre (CDC)](https://www.poole.nhs.uk/a-z-services/c/child-health-services/child-development-centre.aspx)
		- [Elmwood (E1)](https://www.poole.nhs.uk/patients--visitors/a-z-of-wards/elmwood-e1.aspx)
		- [Neonatal unit](https://www.poole.nhs.uk/patients--visitors/a-z-of-wards/neonatal-intensive-care-unit.aspx)
	+ Queen Alexandra Hospital, Portsmouth
		- Welcome to Shipwreck Ward ([Queen Alexandra Hospital, Portsmouth](http://www.porthosp.nhs.uk/departments/Maternity/welcome%20to%20Shipwreck%20ward%2013%204597.pdf))
		- Welcome to Starfish Ward ([Queen Alexandra Hospital, Portsmouth](http://www.porthosp.nhs.uk/departments/Maternity/welcome%20to%20Starfish%20ward%2013%203438.pdf))
	+ Royal Hampshire County Hospital:
		- Neonatal unit ([Hampshire Hospitals](https://www.hampshirehospitals.nhs.uk/our-services/a-z-departments-and-specialities/c/child-health-services-%28paediatrics%29/neonatal-services/royal-hampshire-county-hospital-neonatal-unit/information-for-parents.aspx))
		- Northbrook Children and Young People’s Unit ([Hampshire Hospitals](https://www.hampshirehospitals.nhs.uk/our-services/royal-hampshire-county-hospital-wards/n/northbrook-children-and-young-peoples-unit.aspx))
	+ Salisbury District Hospital:
		- A parent’s guide to the Neonatal unit ([leaflet](http://www.icid.salisbury.nhs.uk/ClinicalManagement/MaternityNeonatal/Documents/Welcome%20to%20the%20Neonatal%20Unit%20PI1046.pdf))
		- Burns unit ([Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/BurnsAndPlasticSurgery/Pages/BurnsUnitInformationSheet.aspx))
		- Day surgery unit ([Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/DaySurgery/Pages/InformationForChildrenDSUPI0269.aspx))
		- Sarum Ward ([Salisbury District Hospital](http://www.icid.salisbury.nhs.uk/ClinicalManagement/ChildHealth/Pages/sarumwardinformationforparentsandcarersPI0376.aspx))
	+ Southampton Children’s Hospital:
		- Children’s services ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Childrens-services-patient-information.pdf))
		- John Attwell day ward proforma & patient information ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/JohnAtwelldayward-patientinformation.pdf))
		- PAU and short stay ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/paediatricassessmentandshortstaypatientinformation.pdf))
		- Piam Brown Unit - information for families ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/PiamBrownUnit-informationforfamilies.pdf))
		- PICU - patient information ([SORT](http://www.sort.nhs.uk/Media/Patientinformation/Southampton/PICUfamilyguide-parentinformation.pdf))
		- Saturday preadmission club ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Saturdaypreadmissionclub-patientinformation.pdf))
		- Welcome to E1 Ocean ward ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Welcome-to-E1-Ocean-ward-patient-information.pdf))
* Weaning ([British Dietetic Association](https://www.bda.uk.com/foodfacts/WeaningYourChild.pdf); [NHS Choices](http://www.nhs.uk/chq/Pages/812.aspx); [Start4Life](https://www.nhs.uk/start4life/first-foods))
* Wheeze – see also Asthma
	+ Easy Wheezy ([Get Well Soon song](http://www.bbc.co.uk/cbeebies/watch/get-well-soon-easy-wheezy))
	+ Personal asthma action plan ([Healthier T](http://www.what0-18.nhs.uk/files/9414/7367/8373/CS43233_NHS_Patient_Asthma_Action_Plan_AUG_2016.pdf)ogether)
	+ Personal viral induced wheeze action plan ([Healthier T](http://www.what0-18.nhs.uk/files/8214/7367/8569/CS43233_NHS_Patient_Wheeze_Action_Plan_AUG_2016.pdf)ogether)
* Whooping cough ([Patient UK](https://patient.info/pdf/4647.pdf); [Hampshire Hospitals](https://www.hampshirehospitals.nhs.uk/media/234116/whooping_cough.pdf))
* Wi-fi
	+ Our guest wi-fi terms of service ([Southampton Children’s Hospital](http://www.uhs.nhs.uk/Media/Controlleddocuments/Patientinformation/Childhealth/Our-guest-WiFi-terms-of-service-patient-information.pdf))
* Windy Symptoms ([core/ BSG/ PCSG](http://www.icid.salisbury.nhs.uk/ClinicalManagement/GastrointestinalMedicine/Documents/windy%20symptoms%20PI0975.pdf))

Y

* Young carers ([NHS Choices Video](http://www.nhs.uk/s/redirect?collection=nhs-meta&url=http%3A%2F%2Fwww.nhs.uk%2Fvideo%2FPages%2Fsupporting-young-carers.aspx&index_url=http%3A%2F%2Fwww.nhs.uk%2Fvideo%2FPages%2Fsupporting-young-carers.aspx&auth=RzVYxRBDouPl%2BrTtiIM6LQ&profile=_default&rank))

Z

* Zika virus ([NHS Choices](http://www.nhs.uk/Conditions/zika-virus/Pages/Introduction.aspx); [Patient UK](https://patient.info/pdf/29200.pdf))