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**Ready Steady Go & Hello:**

**Ready Steady Go and Hello:**

***Delivering:***

**Patient empowerment,**

**Shared decision making,**

**Transition.**

**Monday 23rd March 2020   
Lecture Theatre 1, South Academic Block,**

**University Hospitals Southampton NHS Foundation Trust, Southampton**

**Delivering **

**Patient empowerment, Shared decision making and transition**

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| 09:30– 10:00  10:00 – 10:05 | Registration  Welcome | *Paula Head CEO* |
| 10:05 – 11:30 | ‘Creating the future together’  Ready Steady Go + My Medical Record: Delivering patient empowerment, shared decision making and transition | *Kath Evans, Patient (TBC)*  *Arvind Nagra* |
| 11:30 – 11:50 | Coffee Break | |
| 11:50 – 13:10 | **Attendee abstract presentations: Cases/Resources x 4** |  |
| 13:10 – 13:50 | Lunch | |
| 13:50 – 15:20 | Chair-   |  | | --- | | “The psychosocial impact of living with a long term condition  PEEER (Improving **P**atient **E**mpowerment, self **E**steem, **E**mployability, & **R**esilience) project: to help address the psychosocial impact of living with a long term condition  Writing letters to patients: Empowering!  IT solutions: Patient owned electronic record ( My Medical Record) / centralised information resources/Virtual assistant | | Kath Evans  *Dr Alexander Hamilton*  *Sarah Shameti youth worker, Dr Arvind Nagra/*  *Dr Charlie Tomson/ Dr Ian Logan*  *Patient/Ade Byrne/Andrew Davis* |
| 15:20 -15:40 | Coffee Break | |
| 15:40 – 17:00 | “Lets talk about sex, baby“  Shared decision making and Personalised Care | *Patients and Kate Wiles/Kath Evans*  *Professor Paul Roberts* |
| 17:00 | Close of meeting |  |

Applied for 5 CPD credits from the Royal College of Paediatrics and Child Health

Cost of course (to include lunch and refreshments): **£50**

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