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**Ready Steady Go & Hello:**

**Ready Steady Go and Hello:**

***Delivering:***

**Patient empowerment,**

**Shared decision making,**

**Transition.**

**Monday 23rd March 2020
Lecture Theatre 1, South Academic Block,**

**University Hospitals Southampton NHS Foundation Trust, Southampton**

**Delivering **

**Patient empowerment, Shared decision making and transition**

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| 09:30– 10:0010:00 – 10:05  | Registration Welcome | *Paula Head CEO* |
| 10:05 – 11:30  | ‘Creating the future together’ Ready Steady Go + My Medical Record: Delivering patient empowerment, shared decision making and transition | *Kath Evans, Patient (TBC)**Arvind Nagra* |
| 11:30 – 11:50 | Coffee Break  |
| 11:50 – 13:10 | **Attendee abstract presentations: Cases/Resources x 4**  |  |
| 13:10 – 13:50  | Lunch  |
| 13:50 – 15:20  |   Chair-

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| “The psychosocial impact of living with a long term condition PEEER (Improving **P**atient **E**mpowerment, self **E**steem, **E**mployability, & **R**esilience) project: to help address the psychosocial impact of living with a long term condition Writing letters to patients: Empowering!IT solutions: Patient owned electronic record ( My Medical Record) / centralised information resources/Virtual assistant |

 | Kath Evans*Dr Alexander Hamilton**Sarah Shameti youth worker, Dr Arvind Nagra/**Dr Charlie Tomson/ Dr Ian Logan**Patient/Ade Byrne/Andrew Davis* |
| 15:20 -15:40  | Coffee Break  |
| 15:40 – 17:00 | “Lets talk about sex, baby“Shared decision making and Personalised Care | *Patients and Kate Wiles/Kath Evans**Professor Paul Roberts* |
| 17:00  | Close of meeting |  |

Applied for 5 CPD credits from the Royal College of Paediatrics and Child Health

Cost of course (to include lunch and refreshments): **£50**

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