

# Virtual Study Day!

## Ready Steady Go and Hello:

**Delivering:**  
**Patient empowerment,**  
**Shared decision making,**  
**Transition.**



**Friday 25<sup>th</sup> September 2020**

<b>09:30– 10:00</b>	Registration	
<b>10:00 – 10:05</b>	Welcome	<i>Paula Head CEO</i>
<b>10:05 – 11:30</b>	<p>‘Creating the future together’</p> <p>Share Decision Making + ‘Ask 3 Questions’</p> <p>Ready Steady Go + My Medical Record: Delivering patient empowerment, shared decision making and transition</p>	<p><i>Hannah Phillips ( patient) / Kath Evans, Director of Nursing (Barts health)</i></p> <p><i>Mr Paul Gundy</i></p> <p><i>Dr Arvind Nagra</i></p>
<b>11:30 – 11:50</b>	Coffee Break	
<b>11:50 – 13:10</b>	<p>Capacity and consent : 16 – 18 years</p> <p>“The psychosocial impact of living with a long term condition</p> <p>PEEER (Improving <b>P</b>atient <b>E</b>mpowerment, self <b>E</b>steem, <b>E</b>memployability, &amp; <b>R</b>esilience) project: to help address the psychosocial impact of living with a long term condition</p> <p>Association for Young People’s Health; Improving Practice and Social Prescribing</p>	<p><i>Mr Robert Wheeler, Director, Department of Clinical Law</i></p> <p><i>Dr Alexander Hamilton</i></p> <p><i>Sarah Shameti youth worker, Dr Arvind Nagra</i></p> <p><i>Emma Rigby, CEO AYPH</i></p>
<b>13:10 – 13:50</b>	Lunch	
<b>13:50 – 15:20</b>	<p>‘Writing letters to patients: Empowering!’</p> <p>IT solutions: Patient owned electronic record - My Medical Record. / Centralised information resources/Virtual assistant</p> <p>Short animated information videos: Why and How</p> <p>‘Hello to Adult Services’: Moving On Up Together - 16 + pathway</p>	<p><i>Dr Ian Logan</i></p> <p><i>Kirst Channing (parent)/Adrian Byrne Director of Informatics</i></p> <p><i>Dr Yincen Tse</i></p> <p><i>Dr Kirsty Armstrong, Dr David James</i></p>
<b>15:20 -15:40</b>	Coffee Break	
<b>15:40 – 17:00</b>	<p>Personalised Care</p> <p>“Lets talk about sex, baby”</p>	<p><i>Professor Paul Roberts,</i></p> <p><i>Dr Kate Wiles</i></p>
<b>17:00</b>	Close of meeting	

5 CPD credits from the Royal College of Paediatrics and Child Health