



PAFTA

Wessex Paediatric Awards
For Training Achievements

Winners & Nominees

2020

With Special Thanks to





The Wessex PAFTAs 2020



WINNERS

Consultant Supervisor - Dr Dave James
Paediatric ED, UHS

Senior Trainee - Dr Tamali Hodgkinson

Junior Trainee - Dr Genevieve Southgate

Consultant Unsung Hero - Dr Clarissa Chase

Senior Trainee Unsung Hero – Dr Vinod Kolimarala

Junior Unsung Hero – Dr Hannah White

Nurse – Nick O'Reilly
Poole Hospital

Training Unit – Southampton G-Floor

'Special People in Paediatrics'

Carol Paterson – Ward Clerk, Paediatric ED, UHS

Jo Alford – Support Worker, Winchester

The Wessex PAFTAs 2020

Consultant Supervisor of the Year

Nominees

Ahmed Osman

- Calm under pressure, gives good advice and constructive feedback.
- As a relatively new consultant himself, Ahmed was amazingly helpful in helping me plan my final 18 months in training. He made suggestions about how to bolster my CV, courses to attend and how to fill out the application form. He always had time to discuss things and gave me confidence to believe that I was ready to take this next step. I felt he took a genuine interest in me as a trainee and what I wanted to achieve. Thanks Ahmed-you're awesome.

Alice Leahy

- For being truly supportive at difficult times and caring about me. Provided excellent support and advice that resolved the issues.

Alistair Ewing

- Very supportive and kind to junior colleagues. I always found him ready to help and supervise whenever required

Alok Sharma

- Goes above and beyond to support trainees and provide them with the best opportunities for education.
- Dr Sharma was not my educational supervisor but he always goes the extra mile to support trainees. His kindness goes a long way. Thank you Dr Sharma!
- Alok has been extremely supportive and helpful. In spite of his busy schedule, he spent lot of time and effort in supporting me: in setting PDP, and achieving those goals. Especially when I felt low, he believed in me and inspired me that, I can do it. He took lot of interest in identifying my personal educational and training needs and supported me in achieving them. I felt, like there is someone whom I can trust and discuss things. He is at best in skills and knowledge in Neonatology. As every trainee worked in the unit knows, he is a very enthusiastic teacher. He supports junior colleagues in achieving skills and inspires juniors to take the challenge and do it, while he is there to offer a helping hand if needed. He has inspired many juniors to choose their career path in Neonatology. Through his Mprove learning academy, he is helping doctors in UK and abroad in resuscitation skills in Neonatology and Neonatal Procedures. He is the best supervisor I ever had.

Anastasia Pantazidou

- Anastasia has been a brilliant supervisor-she has been a listening ear and a friend but also extremely supportive and helpful with GRID application. She is ace!!

Antoinette McAulay

Bala Thyagarajan

- Genuinely cares about trainee goals and give apt criticism and shows the way to achieve the set goals. Always approachable.

Carl Taylor

- Wonderful mentor and incredibly approachable about any aspect of being a new consultant

Chris Anderson

- Chris was a fantastic support when Covid-19 meant that F2s didn't rotate in April. This meant that I got tonnes of extra experience and learning opportunities in Paediatrics.

The Wessex PAFTAs 2020

Consultant Supervisor of the Year

Nominees

Clarissa Chase

- At the start of covid/lockdown she went above and beyond ensuring the team (both medical and nursing) were kept up to date through various sources and were doing okay during the pandemic. She is inclusive of everyone in the team and always makes us smile on shift!
- Forward thinking and super supportive of colleagues and juniors
- AMAZING BEYOND BELIEF
- Has had a big drive to improve education within Paediatric ED and created a weekly information leaflet to keep the team in loop for changes and updates. Works closely with everyone within the team.

David James

- Dave has been my supervisor over a challenging time in the Paediatric Emergency Department where there was lots of conflict and change, before COVID even happened. He is always supportive and available when needed and has been a positive role model when at times others have not been. He has been encouraging and enabled me to develop my own interests and seek out opportunities for my own self development. When on a clinical shift with Dave he has encouraged me to stretch beyond my comfort zone with procedures and leadership/management opportunities but always with the knowledge that he is available if needed.
- Very helpful and easily approachable
- Absolutely amazing Person, Supervisor, Consultant, Team member! Amazing support for the whole team, always going above and beyond to provide best care for patients as well as support for the rest of the team. Always happy to teach (including ad hoc teaching- thank you!), discuss, explain and helped me learn A LOT during my placement in PED!!! Amazing attitude towards patients and parents and just excellent communication skills!
- Always approachable, offers useful practicable advice, flexible with the rota recognising that we all have lives and is a truly awesome clinician that you want to emulate.
- Outstanding work in maintaining up-to-date regional guidelines for parents during COVID. Coordinating complex junior doctor rotas. Facilitating virtual inductions. Ongoing work with HEADSSS. Coordinating a fantastic, virtual, region PEM study day

Deb Pathak

- Great supervisor and worked tirelessly with trainees with additional needs

Donna Winderbank-Scott

- Incredibly supportive and so approachable. Even within the current climate, she was always there through a really tricky time and I always felt like I had someone who would just take ownership and sort things. Always felt as though someone was in my corner and believed in me.

Emma Grainger-Allen

- Emma has been a wonderful supervisor, therapist and friend. The wellbeing of junior doctors is so important to her and this is evident in everything she does. Despite being very busy she takes on issues big and small and advocates for the junior doctors on G-level and beyond- always with a smile.
- Emma has been a constant source of inspiration for me as a trainee with her skill mix of general paediatrics and specialist allergy knowledge. She has taught me and guided me, always doing so with a smile, thank you Emma!

Helen Fielder

- Helen was an absolutely wonderful educational supervisor during my neonates rotation. She makes a real effort to get to know her trainees and her door is always open. She was also incredibly supportive and helpful when I was going through a very challenging time in my personal life- I don't think I would have made it through the 6 months without her!

The Wessex PAFTAs 2020

Consultant Supervisor of the Year

Nominees

Helen Rutowska

- Helen has worked tirelessly to help her trainee this year. She has gone above and beyond what is expected of her, scheduling extra meetings, looking for alternative forms of support and writing meticulous notes that I hope have been helpful for the trainee in question in developing a structured education plan. Helen thinks that this is totally normal but she really has been an exemplary supervisor and the fact that she does not think anything of it just further emphasises her generic supervision skills!
- She has been very supportive, with regular input and help where needed. Providing written summaries of supervision time.
Taking time to understand any difficulties as well as helping find solutions.
One of the most supportive supervisors I have had.
- Was a great supervisor for me as a GP trainee. Goes above and beyond to make sure all learning needs are met

James Nurse

- He is the module lead for our paediatrics placement but went out of his way to sort out some COVID-19 testing for some of us to enable us to get some clinical skills training in phlebotomy we missed in year 3 due to the COVID-19 pandemic. This was very helpful.

Jummy Awoseyila

- I am very grateful to have worked along side Dr Jummy Awoseyila (consultant) Working during COVID times was stressful for all, weather that be a change in your rotation, a change in your working pattern, more weekends, more on-calls, an overhaul to your rota. We all needed to pull together and support one another in light of the changes that COVID brought to the department. Despite all the challenges Jummy was incredibly supportive to the juniors, especially me. She still managed to share her love of teaching and educating despite the demand of the neonatal unit, postnatal wards and the general wards with skeleton staff. She gives everything to her patients and it is very evident she wants the best for both her patients and her colleagues. Thank you Jummy for making a challenging environment that bit better to work in.

Jennie Pridgeon

- Jennie is an amazing supervisor. She is very supportive, always has time to discuss with you and fill in assessments/reports-even if you leave it for last minute! I would love to be like her when I grow up!!

Jessica Bate

- Jessica is incredibly supportive, her calmness and approachability is a few of her amazing traits. Within a busy department and team, she makes sure you are included in the most appropriate ways and level suitable to her trainees. She takes time at the beginning of the year to set goals with you but periodically checks in on you in a non overbearing but supportive manner. She seeks out learning opportunities and presents them with the trainees interest at the forefront. In the capacity of a supervisor she's amazing but equally an all round wonderful person.

Jim Baird

- Jim was a very supportive and enthusiastic supervisor. Helping to identifying learning opportunities, keen to teach and often taking time out of his own time to help support and keep the registrar clinics running!

Julia Shaw

- Stepped into supervise during COVID chaos although she wasn't meant to be my supervisor initially. Always kind, supportive, available to answer questions happily and approachable.

Karen Deem

- Helped set realistic goals for PDP and really cared about wellbeing of trainees, putting minds at ease about the prospect of a winter in Portsmouth. Also didn't make supervision feel like just a tick-box exercise.

The Wessex PAFTAs 2020

Consultant Supervisor of the Year

Nominees

Kate Pryde

- Gives her time to support and guide so many people, trainees and others.

Louise Collins

- For always being supportive to members of staff.
- amazing, approachable and dedicated
- Always has a positive approach to providing care. She communicates well and is a pleasure to work alongside.

Martin Hussey

- Martin has had a difficult year personally and having to shield throughout lockdown, but he was still just as supportive. He was always just a phone call or teams meeting away. I felt that he really cared for his patients and could see how much he wanted to come back into work!

Nicole Guppy

- Nicole has been a fantastic support to her trainee. It is difficult to believe that she has not been a supervisor for very long. She has the right mix of caring, patience and a nurturing attitude that makes an excellent supervisor
- Nicole has been an outstanding clinical supervisor over the past year, even more so considering this is the first time she has supervised a trainee. I felt extremely supported throughout my community experience. Prior to my start date she had booked in a number of clinical opportunities and fully supported me with achieving other goals (such as attending the MASH) during my time in the role. I have always felt very much a part of the team, and she has valued my input in clinical assessments. She has always thought of my learning objectives and experience, involving me whenever possible. Nicole has also been exceptionally supportive of me when I required some adjustments made to my timetable, and went out of her way to provide professional and personal support following a challenging event. I cannot thank her enough.

Ollie Bevington

- Ollie has been a great supervisor, always solves things quickly and always willing to have a quick cuppa to talk through things. Throughout COVID he has been unbelievably supportive. Thanks :)

Phil Hyde

- Phil was the best supervisor I have ever had (and I graduated in 2006!). He knew what I needed on paper, what I needed from my rotation specifically for my future career in EM, and most importantly, he genuinely seemed to care about my training needs and supported me in achieving them. He spent an incredible amount of time talking through cases, teaching me about numerous topics and coaching me on how to be better both on PICU and beyond. He was so patient, calm, kind and enthusiastic, both on the unit and during meetings or teaching sessions. I could not fault a single thing about his clinical and educational supervision, and will aspire to be like him when I have my own trainees in the future.

Phil Parslow

- Highly motivating and supportive

Rahul Kachroo

- Helpful, patient and encouraging

Ruth Newman

- Although Ruth is new to the Wessex region and consultant life she has embraced her role with huge enthusiasm. She is an organised, and efficient supervisor with high expectations for her trainees. Alongside her efficiency she provides support, advice and kindness.

The Wessex PAFTAs 2020

Consultant Supervisor of the Year

Nominees

Sarah Batty

- Fantastic supporter, unrelenting cheerleader and amazing role model.

Sarah Davidson

- Sarah always puts us first even though I know she has had her own issues she has given me time to work through my difficulties and never made me feel like I was a burden. She spends time making sure our rota is as good as it can be with the new contract rules.

Sarah Morris

- Dr Morris is always available and always ready to teach. She has bent over backwards to help make my job the best it can be. She is such a positive person and a real inspiration.
- Sarah is the person to go to for all things community paediatrics. She was so supportive and welcoming during my rotation and provides trainees with loads of additional information, reading and resources to develop their knowledge. She exudes enthusiasm for ensuring this group of patients get the appropriate support they need and even managed to engage a non community paediatrician like me!

Seb Gray

- Seb is the most supportive and enthusiastic supervisor ever! He is always cheerful and approachable, and is a fantastic role model for any aspiring general paediatric trainee. He has really inspired me to challenge myself in this rotation, and has made time to support me with a QI project and job applications. Although I am not always the most confident trainee, he has given me constructive and honest feedback whilst also boosting my confidence, and this is what has really made a difference and helped me achieve my goals in the last few months.

Simon Struthers

- Simon was a fantastic supervisor, very supportive yet also encourages independence. Able to provide copious amounts of very sensible career advice, in addition to having a wealth of knowledge in paediatrics.
- Great support and guidance during my placement

Sumit Bokhandi

- Dr Bokhandi is good educational support for Doctors and Nurses. He teaches on the critical care study day is a key team member for Simulation. He is responsible for the doctors training reporting to the deanery, always very approachable and involves all team members in any educational opportunities.
- Available all the time whenever he is needed.

Tim Scorer

- Tim is always approachable and calm and unflappable, no matter how challenging a scenario or shift. He takes the time to teach opportunistically, share his experience and looks out for practical learning opportunities on the unit for junior members of the team. He has a great sense of humour that keeps everyone on their toes and keeps team spirits high! He has a wonderful manner with parents and families, who think extremely highly of him and he deserves an award for his unwavering commitment and ultimate dedication to neonatal research on the unit. Thank you for all your wise words and always being a solid source of support and encouragement!

Tracey Farnon

- Tracey is supremely supportive and understanding. Always encouraging junior doctor growth and helping find ways to make it happen
- Approachable friendly responsive and supportive

The Wessex PAFTAs 2020

Senior Trainee of the Year

Nominees

Abhijit Bhattacharya

- Always smiling, is a great registrar and has taught me lots.

Abi Sharpe

- Always willing to help trainees, other colleagues and parents of all grades. Abi is kind, takes time to teach and excellent with her patients and parents

Alex Armitage

- Great team player, ensures welfare of colleagues and very supportive

Alyssia Broomfield

- Alyssia has been an absolute pleasure to work alongside. She is always keen and enthusiastic about her role at work. She inspires other team members to shine and her contribution to the department during the COVID has been exemplary.
- What a star! Clinically excellent but also a great person to have on the team. During COVID she expertly managed the junior doctor rota's, provided flexible help & went the extra mile to ensure things ran smoothly. We would have been lost without her. She was also nominated as senior registrar for the trust, as she remains working in Winchester.

Annelies Mitchell

- Polite and helpful

Ashley Towers

- Ashley is a superstar! When I moved to Southampton she was incredibly supportive and encouraging in a difficult time for the department. She is encouraging and supportive of other team members. She is a supportive ear when you have had a tough shift while also working extremely hard on a wide variety of projects.

Carla Wesley

- Always hard working, puts 100% in every day. Despite the frustration of COVID limiting her placement she has just got on with things and has been a huge benefit to the Winchester team basically running the neonatal unit. Always very keen to teach and help others out!
- Goes above and beyond regularly to provide excellent care for patients, thorough, supportive, proactive in trouble shooting issues. A total pleasure to have as part of the team

Caroline Storey

- Caroline is a fantastic registrar. She is supportive, knowledgeable, hardworking and always has a smile on her face! When Caroline is on shift I feel supported and feel real teamwork working with her. Caroline is a good teacher and never makes people feel silly for not knowing something and will spend time teaching her colleagues. Overall Caroline is a wonderful doctor who is greatly respected.
- Caroline is one of the nicest people I have met, and no matter how busy it is she always has a smile on her face. She is warm and approachable, good at teaching, and had even started a paediatrics podcast which is excellent. She is great with patients and families with a relaxed and kind manner.

The Wessex PAFTAs 2020

Senior Trainee of the Year

Nominees

Charlotte Weeks

- Charlotte always goes above and beyond to ensure children and families receive optimal care. She is passionate about providing optimal care and ensures this happens even if this means this impacts on her. She stays late to care for sick children. She is always keen to educate others during and after caring for children. She is working at an exemplary level for her level of training. Staff always feel reassured when she is on. She builds great relationships with children and families. I have worked with her during end of life situations and when caring for critically ill children in emergency situations and she is outstanding - not only for the child and family but for the support she provides to her colleagues. She is a star and will make an exceptional consultant.
- Hardworking and knowledgeable

Crystal Collins

- really proactive at ensuring everyone on the team is included in care plans, I feel very safe working with this Dr and she goes out of her way to teach staff, is kind and patient.

Dan Owens

- Dan has been an enthusiastic and reliable member of the CED and has been constructive and supportive throughout many changes in pathways and systems throughout the last 18 months. Dan has taken on his new role with enthusiasm; learning and embracing new skills and fitting in extremely well with his new team. He has been supportive of the junior staff and nursing staff and has offered learning and support to the whole team. He works with a smile on his face, and has encouraged others to do the same, listening to the views, concerns and opinions of others and supporting the team to make positive changes and embrace new pathways. He has been a pleasure to work with.

Ed Andrews

- Ed is a wonderful role model, so level headed and calm and the person that you would want there in a difficult situation! Always checking in with the team he is working with and always goes the extra mile to listens to their opinions and any concerns. Willing to help and great with patients and family.
- Ed goes above and beyond for his patients and colleagues and does so with such a kind manner. His sunny disposition is infectious.
- Ed is always a friendly face around and incredibly supportive to his junior colleagues. He is hardworking and his calm nature makes working with him a joy. He is an amazing doctor!

Hushi Hu

- Hushi has been incredible- not sure what the QA are going to do without her! She has been so supportive of the more junior trainees and has been key in organising so many things in the unit. Although she's always busy she always has the biggest smile.
- All round nice person and works very very hard
- Hushi is truly an inspiration, she has a unparalleled work ethic, manages to keep a smile on her face during even the most stressful shifts, and everyone who works with her just adores her! What a complete super star!4
- So lovely to work with, such a team player, always helping out and noticing when other parts of the team are struggling. A lovely person!
- Hushi is truly an inspiration, she has a unparalleled work ethic, manages to keep a smile on her face during even the most stressful shifts, and everyone who works with her just adores her! What a complete super star!

Jackie Gillespie

- Brilliant trainee, goes extra mile, worked brilliantly through covid peak
- Thorough and conscientious

The Wessex PAFTAs 2020

Senior Trainee of the Year

Nominees

Jahnaky Suththananthna

- Thoughtful, proactive, hardworking, great with parents and kids, a pleasure to work with.

Jilly Bowden

- Jilly is such a nice person and is so supportive of her colleagues. She works hard and is always trying to juggle lots of things at once.

Joely Clarke

- Excellent team player, organised and efficient. Joely is such a delight to work with and cares so much for patients. Always kind, considerate and supportive to colleagues.
- Always turns up to work with a smile and an infectious positivity. She is a fantastic communicator and has inspired me with the way she can keep stressed parents or staff calm in the most difficult situations.

Julia

- Friendly, 'can do' attitude helpful, cheerful solution focused and meeting individual family needs...putting patient first

Lambri Yianni

- Exemplary leadership skills and for boosting morale of the team through multiple methods including Yoga breaks at work and outdoor socials.
- Lambri is the senior registrar I look up to as a more junior reg. She's really knowledgeable in all things neonates and engages in teaching all the time. Most of all she's a great support for all of her junior colleagues supporting us to get the most out of our placements and also helping those in difficulty (including those who have a meltdown during SIM!) and awesome to work with.
- Great clinician; team player and leader - always makes sure she teaches her junior colleagues and is a wonderful teacher and mentor .

Laura Croucher

- Laura has been an inspiration to her colleagues and her juniors. She has been instrumental in managing the rota for the Trust in troubled times and has always been keen to help and teach when on the ward
- Laura has been Chief Registrar at Poole during the COVID pandemic. She has been absolutely incredible and constantly goes above and beyond to help others. Despite being busy with redistributing the staff of the whole hospital, she still found time to focus on improving staff wellbeing in the trust and setting up lots of spaces and initiatives to support everyone through this strange time (like 'the bubble' complete with coffee, games and a lava lamp!). She arranged mini graduation parties for the FY1s who were no longer able to have university graduation ceremonies. She also arranged a junior doctors prize giving to celebrate everyone's achievements. We are all very grateful for her hard work!!
- Laura deserves this award wholeheartedly. She is a fantastic mentor and is taking upon herself to teach junior doctors with every occasion, ranging from talks about various conditions to practical skills. She is extremely devoted to her job and always puts patients first. She is a role model to myself and many more, which is why I think she deserves to be nominated. As a personal example, she has helped me with my application for Paediatric training from the beginning - not only read my application but volunteered to do mock interviews so I'd feel better prepared. I couldn't have achieved such excellent results without her help and I consider her part of the reasons I am now a trainee in Wessex. She also agreed to be my "buddy" during training and her advice is invaluable. In the last year she's also taken the responsibility of Chief Resident at Poole Hospital and achieved wonderful things, despite being challenged by the pandemic. I feel that paed training is even more enjoyable with people like Laura around, and I'm proud that I've been able to work alongside her.

The Wessex PAFTAs 2020

Senior Trainee of the Year

Nominees

Louise Weekes

- Always willing to help patients. Happy to stay beyond the time to finish all her work and to manage patients

Orla Baird

Maduri Raja

- Maddy has just joined the Wessex family this year but it feels like she has always been here. She is such a superstar- always goes above and beyond to help support her colleagues and patients. No issue is too great. She is an excellent role model for junior trainees.
- Great fun to be on shift with, supportive and a fantastic leader! Hope to have you back in Southampton soon!

Mel Johns

- Mel is a solid unflappable registrar. She is very supportive to colleagues at all levels and has dealt with redeployment during a challenging time without any fuss and with her usual good humour. I first worked with her as a ST1 and have seen her develop into a brilliant registrar. She is kind and generous with her time in sharing her cardiology knowledge with colleagues. She will be very much missed in Wessex as she goes up north for Cardiology Grid, they are lucky to have her!

Michelle Fernandes

- Michelle is a shining example to others. She always goes the extra mile, she is humble, knowledgeable, hard working and absolutely fantastic to work with.

Mirna Krishnan

- Knowledgeable, friendly, a real team Player and a good leader

Nye Young

- So many reasons. He always seems so calm, cool and measured. Very knowledgeable and is inherently good at imparting this knowledge both formally (in very easy to follow but in-depth presentations) and informally during 'down time' at work or in answer to clinical questions. He has been a great support to me as a new SpR, leaving me to find my own way, offering help when needed and checking in without ever seeming to 'take over'. I really think I will be able to be a better SpR having worked with him.

Ogho Otabor Olubor

- Always happy to help at any time, dedicated and a great part of the team

Olivia Falconer

- Olivia has handled the adaptations required to cope with COVID-19 excellently. She has remained positive, demonstrated she is a safe pair of hands and excelled in her innovative QI project improving handover. She is a fantastic registrar and any hospital will be very lucky to have her as a consultant.
- Olivia is knowledgeable beyond her years of training. She is extremely conscientious and her calm approach is a huge asset to the paediatric team. I loved working with Olivia and it felt like a real privilege.

Phil Bye

- Cardiology Reg: very supportive, takes opportunities to teach, explains everything which is always helpful in a tertiary cardiology ward! Always happy when I know he is my registrar for the day.

The Wessex PAFTAs 2020

Senior Trainee of the Year

Nominees

Pip Thomas

- Yet another year when Pip has been Pip. You know what I mean!
- Pip always comes to work with a smile. She is dedicated, hardworking and a great team player. She has worked tirelessly on the Rota during Covid, ensuring it was appropriately staffed. Pip took on numerous extra shifts herself when there was difficulty covering the rota, despite living far away from work. She never complained. She does the best for her patients on every shift, and continues to go the extra mile in terms of projects, QI and teaching!
- Pip goes the extra mile in everything she does- patient care, teaching juniors, QI, writing (and rewriting!) the COVID rota etc. No matter how busy the shift may be, it always feels under control when Pip is the reg on-call. She is absolutely wonderful to work with and great fun to be around.
- As a junior you know your in good hands when Pip is your registrar! She's hard working, dedicated, upbeat and caring both to patients/families and to other members of the team. She always checks how everyone is doing especially the younger members of the team and is well liked by all the nurses and affiliated staff for her approachability and work ethic. She has gone above and beyond in organising/re-writing many versions of the registrar rota this year throughout the COVID-19 pandemic which hasn't been an easy task. She's is an example to others and helping to encourage new generations of Wessex paediatric trainees.

Rachel King

- Absolutely fab Registrar! Excellent team player! Very supportive for junior staff- always happy to support, discuss, teach and provide with constructive feedback! Patients literally love her and parents/carers are more than happy with information and safety netting given to them. She taught me a lot during my PED rotation and it was also a great learning to observe her attitude to patients and parents. FAB doctor!!!

Rebecca Broomfield

- The Wellbeing Queen, a shining beacon of smiles and loveliness to work with. Fantastic knowledge and an open and engaging senior. A pleasure to work with. The shift is always in great hands with her around. An outstanding role model. She pushes her team to be their best and always gets me thinking about what more I could do to be a better me.
- She has gone the extra mile in PED to improve the mental health of all the team during this stressful time by becoming a FERF champion and establishing the wellbeing programme.
- Incredible input into wellbeing in the department. Consistently a proactive teacher to all team members. Recognises individual's skills as separate to their pay grade/ level of training - i.e. recognising when an HCA is the most skilled person for a particular task, or recognising a more junior doctor's developing experience. Adept at managing both very sick children as well as minor injuries
- She is always friendly and is very considerate of others. I always feel confident and happy to raise concerns to Becky about patients and know she will do her best to help me and the patient. She has also been working on ways to improve our wellbeing and mental health, running wellbeing sessions and creating the positivity to help and support us at work!
She has just got her job as a consultant at UHS in the children's emergency department!
- Becci is a star! Passionate about children, and advocate for patients, hard worker, crazy energetic lady, She's a voice for positivity, mindfulness, and all things wellbeing that will make the department she'll soon be starting a new role in a fantastic place to be. And...I even don't mind her welsh accent which always makes an appearance the faster she speaks!
- Enthusiastic, knowledgeable and supportive to other trainees as well as other members of the team. Great interest in wellbeing and positive psychology and applying this in the workplace.

The Wessex PAFTAs 2020

Senior Trainee of the Year

Nominees

Sarah Lodge

- Returned from maternity leave as if she never left with great clinical skills & knowledge. Always a relief to know that she is on shift!
- Sarah loves to teach and always ensures the junior doctors working with her feel valued
- Very approachable and supportive. She is a natural teacher who would teach any useful or new facts at any available moment and also gives encouraging feedbacks.

Tamali Hodgkinson

- Tamali has been utterly fantastic this year as the UHS education fellow. She has been instrumental in setting up our remote education package on MS Teams throughout COVID and as part of this has been a leader in the trust and regionally for this. We owe her a huge debt of gratitude for her tireless efforts in this
- Tamali made sure that all trainees were able to access as much teaching as possible during lockdown and continued to keep everyone's spirits up. A wonderful registrar to work with!
- Tamali has worked incredibly hard throughout the last year, supporting all of her colleagues, and revolutionising local teaching onto its current online forum on TEAMS during the Covid-19 outbreak. Despite her own personal difficulties and challenges, she has remained a positive and enthusiastic colleague, who is a hugely well loved and respected member of the team by all of her colleagues, and is truly inspirational.
- Supportive of junior colleagues, gives opportunities for everyone to learn even on busy shifts. Always available for advice.
- Tamali has consistently performed at a high level. She is kind and supportive to her junior colleagues. She is always professional.
- Amazing role model to the juniors, great work with the paediatric education programme at Southampton, always keen to teach and very supportive of juniors during on calls.
- Exceptional trainee. Really stepped up and helped support this team. Great organisational skills.

Toyin Ocholi

- A pleasure to work with, always willing to help and support others.

Ness Hewertson

- Excellent clinical management and leadership skills. Approaches every problem very sensibly and with a smile. Very supportive to junior members of the team
- Ness was our clinical fellow in sleep for 9 months. She brought so much enthusiasm to the post. As well as convening the first Wessex sleep network meeting she did a great job, she refreshed material for our sleep training courses and delivered this on two occasions. Clinically she was respected by families and was really valued by the MDT.

Vasiliki Balodima

- Vasiliki is an amazing doctor. She works so hard, always above and beyond, to help her team and the patients. She is kind, compassionate, and a wonderful doctor and we are lucky to have her work in Wessex!
- She always goes above and beyond, she is so caring and will stay late and phone to check up on patients that stay on her mind. She has gone the extra mile to provide local/regional training and updates on zoom to everyone and has done a fab job of organising all this and it runs so smoothly. She is an absolute star !
- Always supportive of colleagues. Doing so much for SHOS, excellent team player and teacher. very humble despite her depth of knowledge.

The Wessex PAFTAs 2020

Senior Trainee of the Year

Nominees

Vinnie Vijayakumaran

- fantastic knowledge and experience. great with patients/families and all staff. everyone loves Vinnie
- Excellent registrar, always a pleasure find you are working a shift together, with the knowledge that he will have an oversight on everything and everyone whilst efficiently getting tasks done thoroughly despite how busy things can get.
- Provides excellent senior support to junior staff on PICU, role-modelling high standards and exceptional care, whilst also being approachable and an excellent teacher.
- A fantastic doctor with great communication skills and has faced the difficult last 6 months in PICU with grace humour and amazing support to the nursing team. He is a pleasure to work with a I feel such re assurance when on shift with him. I am glad he is with us for another 6 months
- Vinnie is an absolute joy to work with. He was loved by each member of the team on PICU. Even when rushed off his feet, he is smiley, kind and funny. He is incredibly calm and patient with excellent knowledge. People always seemed at ease when he was on a shift and he is brilliant at pulling the team together. He has stood out as one of the most clinically sound, kind, understanding, and fun paediatric registrars that I have had the pleasure of working with over the past year.

Vinod Kolimarala

- Vinod is a fantastic role model for other trainees in his attitude to practice, learning and teamwork. His supportive attitude towards his colleagues, both senior and junior, and his willingness to help has always made him someone I would aim to emulate in my practice.
- Vinod is simply amazing. Knowledgeable, reliable, humble and kind. A true gentleman. He is a wealth of knowledge not only of all things gastro and shares this freely across the whole team. I witnessed him to be exceptionally supportive of the juniors out of hours. Ensuring they felt supported and always offering WPBA. I've never have a trainee insist on seeing a new patient as they had planned to do as an assessment with a more junior trainee!
Through the inevitable rota gaps Vinod always offered support. I very much hope he will return to Wessex and wish him well as he completes his training.
- A pleasure to have on the team. Calm and measured, but very knowledgeable. Always working behind the scenes to help and support others.

Yan Cheung

- Yan has shown amazing commitment both to her acute commitments at the hospital and her community team throughout the pandemic, whilst also maintaining her own training and developing a national platform for neurodisability training. She has been flexible, taken on extra clinics, seen patients for colleagues and has revolutionised the departmental Teams platform! Her enthusiastic "can do" attitude has been refreshing, and hugely appreciated.

The Wessex PAFTAs 2020

Junior Trainee of the Year

Nominees

Alex

- Approachable, happy all the time and great with patients

Brooke Gamble

- This year, Brooke has proven herself to be a very capable, competent, kind and efficient trainee. Her clinical ability is far above that of an ST2 and she's proven this on many difficult shifts. She's had a lot to deal with this year but despite this, always has a smile on her face, bakes us delicious things and manages to clerk the whole take on night shifts despite there apparently being literal fires to deal with. Brooke may be a magnet but you wouldn't want anyone else on shift when the bad things happen. You couldn't ask for more, she's who I want on my team, and I'm always happy to see she's on shift with me.
- Brooke is just fantastic to work with! She has a great rapport with children and their families and genuinely cares. No matter what else she has going on, she is such a team player, always willing to help and support others and would never leave a job to others that she wouldn't do herself. She lifts everyone's spirits and always goes above and beyond! One example of this was personally buying baskets of food, drinks and general necessities for the Doctor's office to keep everyone going during COVID! And she's not a half bad baker too!
- Blooming brilliant SHO. Always available, willing to help, always has a smile. Calm in a crisis and can't do enough for you, even when she's running around like a headless chicken. Always happy to see her on shift looking after my patients. AMAZING!!

Celia Brodie

- Hardworking, thorough, really patient centred

Charles Reeve

- Charlie was always very good with children in the emergency department at UHS during his time with us. He was friendly and always made a shift (even a busy one) more bearable. It was a shame when he finished his rotation with us at UHS at the end of July but we wish him all the best for the future. (He was an ST3 with us and has just started his ST4 in Poole.

Claire Cuerden

- Claire is such a pleasure to work with. She has been really great in organising the Covid rota, and has done it with a smile.
- Claire is extremely hardworking, thorough and committed. She goes above and beyond for her patients and ensures they receive the top level of care. Claire works well beyond the capabilities of an ST1 and has been a complete pleasure to work with.

Claire Cuerden and Lillie Parker

- During the covid period, they really went above and beyond their job role and took on the thankless job of rewriting our rotas, which they ended up having 5 versions of. They were using their spare time to do this in addition to working full time on the on-call rota. They listened to each and every one of our requests and queries, and really put so much thought into meeting all of our needs.

Dave Gelder

- top doctor, works well beyond his experience. an all round top guy
- Taken to paediatrics like a duck to water and hit the ground running to the start of ST1. Always a pleasure to work a shift with him as he had a good handle on the basics, was always open to learn more, and seemed to have struck that delicate balance of when to ask for senior guidance and assistance.
- Dave has been an excellent ST1 trainee – he is capable, reliable and always gets on without fuss or drama. He has an excellent manner with patients and families and is always a cheerful and positive colleague to have around.

The Wessex PAFTAs 2020

Junior Trainee of the Year

Nominees

Emily Marshall

- Confident and hard working
- Emily is an excellent team player, supportive to colleagues and always delivers exceptional patient care.
- Emily is a breath of fresh air! She is very clever and she is great at thinking outside the box. She manages to challenge inappropriate decisions or practices in a constructive way influencing positive change in our department. She is a great advocate for the families she cares for and for her colleagues.

Emma Lindell

- Very proactive, always steps ahead, an invaluable team member. Emma is definitely that SHO you would want to be on a busy shift with, she is super efficient !!
- Emma is a fantastic paediatrician, working well above the level of a junior trainee. She works extremely hard not only to support her team but also the teams around her and is a pleasure to work with.

Gen Southgate

- Great attitude to work - reliable and capable well above her current ST level (like being on call with an st6+). Covid has been a funny old time and Gen has been exceptional in her adjustment to working flexibility and has frequently 'gone the extra mile' in terms of shifts and completion of patient care episodes. She has also improved her outpatient skills and approach.
- Cheerful and kind person to work with. During the time of Covid when all learning sessions from clinical work dropped, Gen has worked the extra mile trying to set up ward weekly teaching sessions and tirelessly managed to provide everyone's feedbacks which were extremely useful for portfolio and personal study.
- Gen is a positive, productive and hardworking team member. She has a genuine and infectious passion for improving education for trainees in Wessex.
- Gen is always keen to teach and seek out educational opportunities for more junior trainees than herself. Her support and guidance was invaluable, and she is always approachable to all members of the team.

George Hunter

- Always so keen and enthusiastic. Great fun to work with and obviously cares very deeply about the patients. A great team player who brings joy to what can be a stressful environment.
- Holds the team together, an excellent doctor, please become a neonatologist!
- So much fun to work with, behaves much more senior than a ST1
- Happy, Positive attitude, Worked hard, Excellent team member

Georgina Terry

Hannah Gowdy

- Incredibly intelligent, sensible and resourceful. Willing to get stuck in to anything.

Hannah Steedman

- Hannah quietly worked to an exceptional level whilst on G floor. Not only as the ST2 for neurology but as a member of the Paediatric family. She was always keen to learn, enthusiastic to teach. In the later months with significant middle grade gaps she stepped up to a more senior (fully supported) role on occasions and did this with confidence and competence.
- Hannah is always willing to go the extra mile. She is meticulous and conscientious

Hannah White

- Hannah has done a fab job in her first job as a registrar, particularly during the pandemic. Her notes are so beautiful and logical and she has a really sensible approach. She is calm and easy to work with :)

The Wessex PAFTAs 2020

Junior Trainee of the Year

Nominees

Jackie Mbazi

- What a lovely lady to work with. So calm and professional. Really hope she stays in the UK

Jemma Shanley

- Worked so hard & very diligent. Jemma should be recognised for always wanting & trying to complete a task & not handing things over to her colleagues.

Jonny Baker

- Jonny is an incredibly hard working junior colleague who has stepped up many times in his ability to manage a team and work independently. He is a pleasure to work with and his attitude is always very positive and enthusiastic. Simply, I am always pleased when I know I will be working with him.

Julia Hoskins

- Julia was an absolutely fantastic F2 during her extended rotation (due to Covid) she was friendly and helpful. she was very keen to learn.
- Julia (F2) has made a real effect to engage with the children on Sarum ward, she been fantastic to work with. She clearly explains patient care plans and really listens to our concerns. the children have really warmed to her and her hard work shows and she often goes the extra mile.

Lillie Parker

- Despite not being our doctor buddy or involved directly with our placement, Dr Parker went out of her way to train 3 of us in venepuncture when she heard we had missed out on this in year 3 due to the COVID-19 pandemic. She even let us take blood on both her arms on the same day to ensure we signed our GMC practical procedures handbook. She has done loads of paediatric teaching and is happy to whenever I see her.
- Helped the SHO rotations and their leaves
- When the bake off extraordinaire Lillie is on shift I relax as I know everything's going to be OK! Firstly because she's so lovely to work with, is unbelievably organised and efficient irrelevant of how busy it is and hugely respected by all members of the team and patients, but also her amazingly delicious bake-off cakes and treats!!

Lisa Jacob

- Lisa was super competent and efficient during a hectic ST1 Neonates job. She was the only ST1 on the rota which most would have found very daunting but she handled it amazingly, and always kept her cool.
- An excellent ST1. Hardworking, sensible and a joy to work with. Always very happy to see that I was on a shift with Lisa.

Marissa Macmillan

- Pleasant aura, Very helpful and understanding

Rachel Wright

Rob May-Miller

- Enthusiastic and dedicated. Rob is the sort of SHO who really lightens the workload and a pleasure to work with
- Popular among the whole team and reliable with excellent clinical skills

The Wessex PAFTAs 2020

Junior Trainee of the Year

Nominees

Sabina Chiperea

- Sabina has been working in paediatrics as a clinical fellow for 18 months having trained abroad and completed two 6-month postings in ED and elderly care. She has recently started her ST1 training but when working with her you often forget her grade as her clinical abilities are that of a much more senior trainee. Sabina is extremely keen to learn, she has a very good understanding of her limitations and she is very well-liked by all members of the MDT. Her passion for paediatric cardiology is infectious, she is always willing to go the extra mile for her patients and her colleagues. Sabina can lack confidence, but this is unjustified - she really is performing well above her training grade! I love working with Sabina and cannot wait to see her flourish in her paediatric training. She is safe, reliable, enthusiastic and just simply lovely to work with. She is going to be a true asset to Wessex.

Sammy Case

- Exceptionally hard working and efficient, always smiling, really helpful, brilliant to be on call with.

Sarah Warren

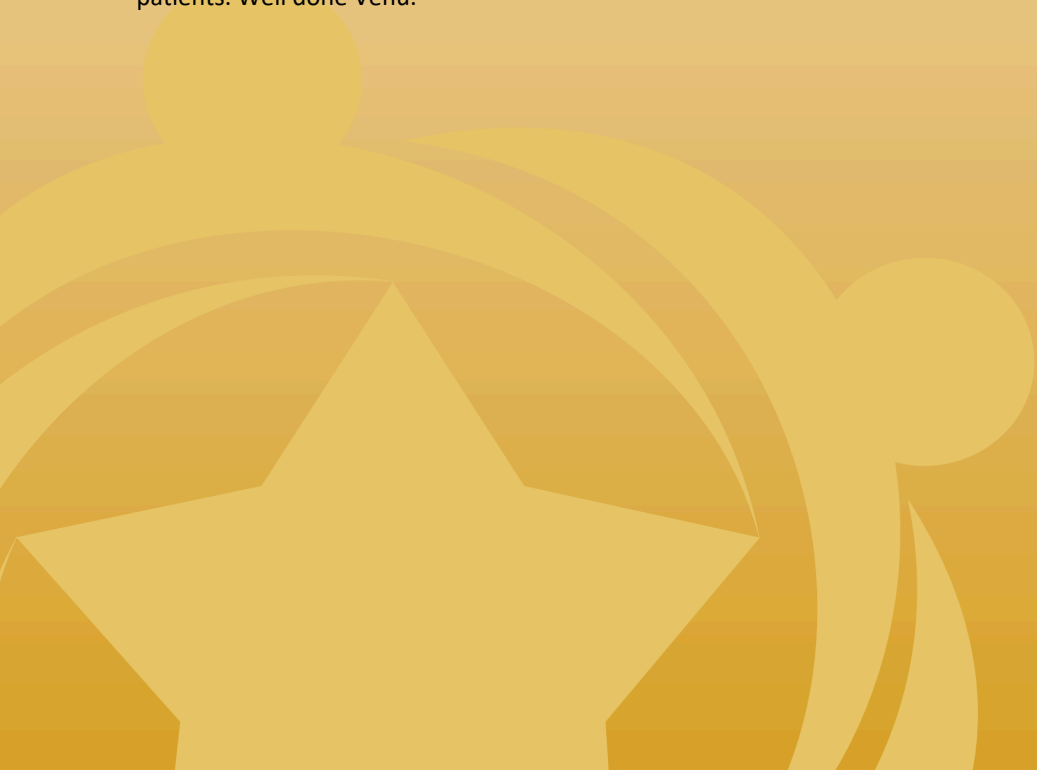
- Approachable, organised, doesn't shy away from work to help the team as a whole. A pleasure to work with her

Simone Paulson

- Sim has been an incredible ST3 stepping up onto the registrar rota in Portsmouth with no fuss at all! As a colleague and a friend I find her so inspiring to work with, and wish I could be more like her! She is such a talented doctor and should be so very proud of herself for everything she does on a day to day basis!

Venu Rajaratnam

- Venu has been an enthusiastic and reliable member of the CED team. He takes a thorough yet focussed history, has an excellent rapport to patients, parents and staff and has learned a lot in his time in the CED. He has received good feedback from members of the wider tea, particularly with his attention to detail for CAMHS patients. Well done Venu.



The Wessex PAFTAs 2020

Consultant Unsung Hero of the Year

Nominees

Alex Keegan

- Very efficient and gives very clear plans so that you know exactly what's expected from you. Always happy to be contacted about her patients even when not officially on duty.

Annie Goss

- Just fab. Since joining the team - Annie has been amazing. She is so supportive, hard working and positive. We are so pleased she chose to join us

Antionette McAulay

- Dr McAulay has returned part-time from her retirement to help during the lockdown. There has never been such a youthful and energetic team member. She has been rushing around the unit, leaving a cohort of the junior doctors breathless, enthusiastically leading the team, but never afraid of the most routine jobs, from phoning worried parents to cannulating a screaming toddler. An amazing example to all!

Charlotte Groves

- Excellent rota - flexible & fair allocation of annual and study leave which helps improve junior doctor performance and morale

Clare Hollingsworth

- Clare is awesome. It is impossible to put into words how fab she is. Clare provides exemplary care at all times. Children and families adore her - she is trustworthy, dedicated and passionate. Clare cannot say no and therefore takes on more and more tasks/responsibilities even though this means her family and social life are affected. Despite this she continues to smile and is always there for colleagues. Clare is the consultant you want when 'the shit hits the fan' (!) and the team relax when she is on duty as they know they will receive the support they need and more. Clare is supposed to work part time, but in reality works way above this, staying late, covering absent colleagues and I cannot count the number of emails I have received from her in the middle of the night when she is not meant to be working (and they are sent from her bed!!). The care Clare provided to one particular family whose son sadly passed away, was exceptional - they are so grateful for her care during his life and support afterwards - they cannot speak highly of her enough. It is an honour to know Clare and work with her. She is an inspiration and needs to recognise how awesome she is. Not only does she work crazy hours being a Dr, she manages to fit in being a mum, cross fit, weight lifting and baking the most tasty cakes for her colleagues. Thank you for all your hard work, dedication and care.
- Seeing Clare makes the day better! She is a constant source of support to each and every member of the team. She is always encouraging and her unlimited enthusiasm and positivity gets the best out of people. Despite having a long to do list she will always make time for you, listens and gives the best advice. We have and will continue to learn so much from her and she is a Consultant who many of us aspire to be like.
- Always there for you

Clarissa Chase

- Clarissa has done a phenomenal amount of work in the short time she's been a consultant in ED, setting up a more formal program of education, starting trauma M&Ms and writing the weekly NERD newsletter (which is often done from home, late at night). She works hard on the shop floor, provides excellent teaching whilst working and keeps a calm overview of the department; all of this whilst the department has changed multiple times during COVID.
- Clarissa is a new consultant but she has already been transformational within the Paediatric Emergency Department. She has instigated lightening teaching sessions and a new lunchtime teaching slot. She has brought the department together through production of the weekly newsletter and is a constant positive influence when on shift. She role models great leadership behaviour and has been fundamental in the progression of the CED. Personally she has also been incredibly supportive and encouraging to me as a more junior trainee.

The Wessex PAFTAs 2020

Consultant Unsung Hero of the Year

Nominees

Clarissa Chase

- An amazing leader during the COVID crisis, communicating the many changes to all staff and ensuring that the education programme still started and flourished. She is the epitome of leading by example.
- Clarissa has a ridiculously gigantic infectious happy energy! She has patiently waited for a Consultant job in Southampton and then started in an explosion of positivity. How she achieves the amount she does is both incredibly inspiring and magically baffling. Clarissa sets her sights high but never fails to deliver, with the underlying beauty of not even knowing how fantastic she is. She has taken it upon herself to transform education in the CED, producing a weekly newsletter, creating a resus run, co-ordinating a trauma M&M as well as numerous other brilliant teaching opportunities. She is a wonderful advocate for children, their families and staff and I feel extremely fortunate to have been able to work with her.
- Clarissa recently joined our team as a consultant. However since she has joined, she has introduced so much improve team building, communication and education throughout the department. She is always approachable and will encourage and support members of staff with new ideas and incentives. In addition, she has set up a news letter which is sent out weekly. This includes achievements from all members of staff, educational sections and changes within the department (which has been crucial in the past few months). As well as ensuring this is distributed weekly, she is the lead for major trauma and paediatrics within the emergency department and will take time to educate staff at all times. She is currently in the process of developing a SIM programme every Wednesday to ensure education within the department is on going.
There are multiple other things that Clarissa is involved in, she is constantly busy helping people with new projects but is still always very approachable, down to earth and present within the department.
We are so lucky to have Clarissa as a consultant in our department, it would be great if we could show our appreciation for all of her hard work and dedication to patients, the department and her team.
- Clarissa has been amazing since covid started. She has been so caring of the whole department and team (including nurses and HCAs). She's been there when we've had a bad day and want to talk or keeping us up to date with all the latest trust information regarding covid. In particular when I was having a bad day she could see something wasn't right so pulled me aside and had a chat to make sure I was okay.
- Since starting her post at UHS, Clarissa has worked tirelessly to revolutionise and reinvigorate the teaching programme in the CED. There is a now a reliable and widely access daily teaching session covering a wide variety of topics. This enables trainees to learn information as well as allowing them to take a turn in presenting and delivering a session themselves. Clarissa has also set up and delivered a weekly newsletter which contains relevant departmental updates, summaries of recent teaching sessions and relevant / new guidelines. There is also a section on getting to know other members of the team well. This has been very well received across the department.
- Without a doubt goes above and beyond to ensure the department is the best it can be. Implements all the teaching and training. Includes everyone in the wider team, always available for a debrief. Really proactive and positive especially during COVID
- SHE IS AMAZING
- Clarissa has joined as a new Consultant to the Children's Emergency Department and has worked tirelessly to help motivate and encourage the multidisciplinary team. Whether that is providing goodie bags to welcome new trainees, an emergency supply box for staff during the Covid pandemic, editing the weekly newsletter and overseeing the daily early morning teaching. She has brought a real enthusiasm and is an inspiration to trainees.
- Clarissa provides pastoral care for nurses, doctors and AHPs.
She created an emergency box for staff essentials during lockdown
- COVID hero- Dr Chase kept the team regularly updated about the frequent changes in PPE use and changing floor layout between cold and hot areas. She arranged practical wellbeing support and was always available as a sounding board for everyone. And she remained cheerful through it all!
- Took a team that was just finding its feet and norming through weekly Covid changes with smiles and cake and innovation and a bucket of in house teaching because with everything going on training is still of utmost importance at Southampton.
- Clarissa is a wonderful consultant who is incredibly supportive of nursing staff. She has helped organise a weekly newsletter to keep all staff updated with the constant changes within the emergency department. She is calm, caring and a huge asset to our team.

The Wessex PAFTAs 2020

Consultant Unsung Hero of the Year

Nominees

David James

- Cheerful team leader, motivates team and recognises when extra support might be needed. Pragmatic decision maker who offers teaching frequently on the shop floor. Provides others the opportunity to take the lead and develop. Recognised as an excellent multi-tasker.
- Dave is constantly striving for improvement, looking out for his trainees and aiming to make UHS ED the best place to work and train ever! In his role as college tutor and facing a shake up and re-birth of the department all in the first few years of being a Consultant he's remained down to earth, patient yet determined and it was pleasure spending time rotating through CED with him as one of a great bunch of consultants!
- Always approachable in children's ED for even the small things. Takes time to listen. Doesn't rush you. A great consultant to work with.

Deepa Shenoy

- Deepa is an unbelievably hard working colleague who gets on with whatever is thrown at her without complaining. She is knowledgeable, approachable and is a fabulous supervisor to many of our GP trainees.

Emma Grainger-Allen

- 1. The brain behind the Rotas at Southampton Children hospital, ensures rota concerns are sorted promptly
- 2. Very supportive of juniors, has an open arm policy to all juniors.
- 3. Always smiling and full of positive energy.
- 4. A great source of strength and encouragement to the team, brings out the best in people.
- 4. Passionate about teaching, goes out of her way to organize extra tutorials/ teaching sessions for juniors when necessary.
- 5. A worthy and reliable guide doesn't even matter if she isn't your supervisor, as long as she identifies a special need she's willing to go all the way to help. Thank you Emma, you are a MEGA star!!

Donna Winderbank-Scott

Faye Hawkins

- Faye is the hardest working consultant I have ever worked with. Her support to juniors, either in her role as college tutor, divisional DME, educational supervisor, or supervisor of MTIs is never-ending. She is always happy to support any junior, provide tea and cake and advice, sympathy, or whatever they need, regardless of whether she really has time to do so or not! Her door is always open to support her juniors, and consultant colleagues, in their time of need. She is quietly diligent, working tirelessly to improve working conditions for the junior doctors in Southampton and responding to their feedback - the improvements in the quality of training and working conditions, and feedback from juniors in the last few years, are due in no small part to her efforts. She never seeks any approbation for her efforts and for me is a true unsung hero.

Huw Jones

- Huw is one of the most supportive consultants I know. He quietly goes above and beyond every day for all members of the team as well as families and will always check that everyone is ok after difficult cases or shifts. He is universally respected by all members of the team and reliably provides everyone with support, wise and considered advice and feedback in all sorts of situations. I hope he knows how many of us notice and appreciate all countless small things he does for everyone else every day – thank you for all that you do for all of us!
- Huw brought a smile to my face everyday I was working with him in Portsmouth. He is such a gentleman, and mucks in when it is busy, so approachable, and so funny! Really a wonderful consultant to learn from, thank you for everything Huw!

The Wessex PAFTAs 2020

Consultant Unsung Hero of the Year

Nominees

Iain Macintosh

- A man of few words but they are wise ones!

James Nurse

- Always ready to step in and support the unit stepping into unfilled shifts both on the consultant and junior rota.

Jean White

- Jean works very hard on the Paediatric ward, she is very supportive and no job is too big! Thank you x

Jennie Rowley

- For writing brilliant rotas, for imparting snippets of wisdom over the course of a shift, for being accessible, supportive and enthusiastic to all the new registrars, and generally just a fab consultant!

Jessica Bates

- As a consultant colleague, Jess is a great sounding board for tricky situations, a fantastic source of support and someone with an enviable amount of positivity. She is a pleasure to work with and someone who I emulate in their communication skills with families and patients.

James Edelman

- James is just great! He's always there when you need him and always cool, calm and collected in an emergency. He's been incredibly supportive to juniors throughout the year and is always there to give a listening ear, be a calming presence or simply get you a coffee when you need one. When you can't get access and you've run out of veins, he's the one you call. When there's an emergency, he's the one you call. When you're technologically inept and can't get the laptop to work, he's the one you call. James had the responsibility of keeping the team up to date with all things Covid and had to deal with us all moaning all year about PPE, swabbing and endlessly changing policies. He's behind the scenes in most things and always works tirelessly to make G floor, Southampton and Paediatrics generally, the best it can be.
- James is an all round amazing consultant. No matter how busy he is, he always has a minute to check you are ok even in passing. He is always keen to teach and incredibly approachable. He is able to bring smiles to faces even on a hard day at work.
- Always very friendly and approachable. Happy to discuss any patient that you are concerned about, and will always come and review.
Brilliant at helping to facilitate safe transfer of patients from PICU to G floor.
Puts in a huge amount of time behind the scenes contributing to PIER, guidelines etc.
- James always goes the extra mile, with everything! He has been fantastically supportive in developing the Paediatric Outreach team and expanding the High Dependency Service across Southampton Children's Hospital. As Medical Lead for the Nurse Practitioners completing their ANP pathway, he provides not only clinical support and education but also endless signatures for the paperwork associated! Always willing to help and a great support to colleagues (especially with technology!) - nothing ever seems too much trouble. He has a great rapport with children and their families and will always spend extra time to ensure questions and needs are answered. James has a great enthusiasm for teaching, whether this be simulations, nursing education programmes or spur of the moment ward-based teaching. He has also been key in driving the introduction of POCUS on G Level, arranging education sessions and competency development. James works ridiculously hard, is always hugely encouraging of colleagues and is an outstanding team player - a fantastic role model for all!
- Always there to help in those tricky moments - PIER tech guru 'extraordinaire' and all round lovely guy.

The Wessex PAFTAs 2020

Consultant Unsung Hero of the Year

Nominees

Jim Baird

- So dedicated to deliver the best care possible and always goes above and beyond. Great support to new consultants.

Judith Scanlan

- An amazing Doctor who really cares about her patients.

Jummy Awoseyila

- So positive, so supportive, so caring, genuinely looks out for you particular as a junior. Despite the adversity faced, powered on. Passionate about teaching and educating, always up for a laugh.
- Always a fun shift when working with Jummy. She cares so much about patients and is always so approachable when you have problems- but remembers to have lots of fun too!

Kat Pettit

- Great support with a challenging safeguarding case which was massively appreciated.

Kate Graham-Evans

- Kate works tirelessly to ensure both her patients and trainees get the best experience. She is cheerful and supportive, always bringing a positive vibe wherever she is involved. In the middle of a pandemic, she has successfully established Portsmouth as a centre for the Newborn Life Support course - no mean feat. Kate is great!

Louise Collins

- Louise is inspirational for all her trainees. She always goes the extra mile for her patients and her colleagues. She has also greatly managed the rota with the difficulties that arise so often!
- She does an excellent job on handling the junior doctor rotas, whilst also trying to get a team coffee in at least once during her COW weeks. She is also really passionate about her adolescent patients in particular.
- approachable, dedicated and always goes above and beyond for anyone

Lucinda Winckworth

- Lucinda is a really dedicated consultant who makes time for trainees and pushes them in the right way to achieve their potential. She works really hard and is a brilliant advocate for her patients. She always explains her rationale for plans and I have learnt a lot from her.

Madhavi Velpula

- Always available all the time , smiling
- Madhavi is always available for help and advice. She has a great temperament and is full of smiles.

Mark Johnson

- I have no idea how Mark fits everything in! He's very supportive of all of the trainees and particularly encourages those of us with a research interest but is generally just an all round awesome boss and great to work with.

Mark Tighe

- Dr Tighe has recently started the role of the paediatric clinical director at Poole, all while carrying on his multiple research roles and continuing his consultant on-call duties. He is always approachable, kind and extremely knowledgeable. He has a lovely manner with all the patients and parents, no matter how difficult the conversation.

The Wessex PAFTAs 2020

Consultant Unsung Hero of the Year

Nominees

Mary Pedley

- Despite some really challenging times, has been a great support to others and will be great in supporting junior doctors in a pastoral type role.
- Mary is always the most supportive, present and hardworking Consultant. It is an absolute joy to work with her. I know, along with other members of the team, that you can always go to her with a problem, whether it be personal or professional, and can always raise concerns to her and know she will listen. She is always happy to help with other jobs on the ward, moving beds, doing observations when the nursing team are busy, and always brings a smile and laugh to the shift. She also makes a mean milkshake on a night shift to get us through the night!

Nick Ward

- Really helpful and patient during on calls and goes the extra mile To look after the team around him !

Ollie Bevington

- Dr Bevington is always positive, self motivated and willing to 'pitch in' as well as solve issues. He is dedicated to giving outstanding care and supports the team with compassion and kindness. He is an absolute delight to work with.

Patricia May

- Approachable and supportive, very sensible and an excellent advocate for the individual needs of the child especially regarding safeguarding

Penny Mancais

- Penny is always willing to help out with complex patients or parents, and as a junior registrar I felt she was very supportive.

Phil Parslow

- Always there for guidance and support

Phil Ridley

Priya Ilangovan

- A continuing inspiration to all of her colleagues, a whirlwind of energy and an endless source of advice and experience. Her patients love her with a passion.
- Priya has dedicated many years to working in Basingstoke. She ALWAYS has the patients best interest at heart. Priya's work ethic is second to none- always questioning the diagnosis & results, always striving for the best. She has been a huge mentor to all of her colleagues in Basingstoke & when she retires- hopefully never- she will be missed!

Regina Nalliannan

- Sincere and brilliant! Always there for the team.

The Wessex PAFTAs 2020

Consultant Unsung Hero of the Year

Nominees

Reynella Morenas

- Works hard for all and cares about colleagues in a way unlike anyone else. Sympathetic ear only goes half way to describing what a supportive and kind consultant she is
- Extremely supportive and caring, understanding and compassionate - goes the extra mile to help trainees, colleagues and patients

Rowena Staples

- Row has balanced her role as consultant and head of service under extreme circumstances due to Covid. Row has been a great support to the nursing team throughout this time.
- Row remained calm and collected as clinical lead during the Coronavirus pandemic. She was attending multiple daily meetings, often after her resident night shifts, and always stood up for what was best for her junior colleagues (including ensuring that we were redeployed appropriately and for as short a time as possible). She was always a listening ear and never complained about having to clarify the constantly changing advice. She even bought shower gel and shampoo for the staff showers!

Rupjani Banerjee

- Rupa is always available for support. She works really hard to include trainees in important decisions and discussions. You know that she will always be happy to explain her decisions and discuss her plans.

Rahul Kachroo

Sarah Davidson-Lewis

- A pleasure to work with, supportive, kind and approachable. We all know she is a wonderful colleague and consultant, but her 'unsung' skill is master of the rota. Although it's a thankless job, she always goes the extra mile and really seems to care when it comes to swaps, commitments, illness and clearly appreciates the difference a rota makes to someone's life. She seems to always acknowledge the spreadsheet contains people rather than just names and just goes the extra mile, all the time.
- Sarah goes out of her way to make sure the trainees are happy and healthy! Even though she wasn't my supervisor she always made herself available if we needed any advice or support and was very approachable. She genuinely cares about the junior members of the team which shines through. In a high pressured environment it's lovely to have a consultant like her around!
- Who else could manage that rota! I know she always gets praised for that but she does so much else for the trainees too. I know several people have been to her with problems and she always listens and allows us time to work out the problem rather than other consultants who just tell us what to do
- Sarah is fun to work with as lots happen on her shift and she seems to cope with everything so well. She prioritises our training over herself and is hands on and helpful.
- Sarah has worked tirelessly behind the scenes to ensure all the trainees have been well looked after and supported during the Covid pandemic. She is an absolute aspiration to us all of a great team leader - one that ensures their workforce is well looked!
- One of the most supportive consultants I have ever worked with. Always happy to explain her thinking and the calmest person in an emergency. She treats everyone with respect. As a nurse I have felt able to ask her for teaching and we love it when she is on-call.

The Wessex PAFTAs 2020

Consultant Unsung Hero of the Year

Nominees

Sumit Bokhandi

- Sumit has been an absolute rock for me over the past year. He has gone out of his way to provide professional support surrounding an extremely emotive and challenging event. He has balanced acting in my, and the units', best interests. I have felt incredibly supported, with an open door always available for me to utilise. I cannot thank him enough for all that he has done; he is a real asset to both Poole and the Deanery.
- Sumit is fantastic paediatrician and is supportive of all junior members of the team. He is incredibly approachable and makes an effort to get to know all the trainees. He is always happy to teach and give advice (and is never grumpy when you phone him!). Sumit has also spent a lot of his own time helping us to introduce a new rota system into the department which has been very appreciated. Thank you!

Susie Deamer

- It is always a pleasure when Susie is on-Call. She is so approachable and always comes to work smiling. During her time as consultant of the week she is always available and happy to help juniors. She is always supportive of juniors and nurses and encourages everyone to work to the best of their abilities. She also continues to lead a fantastic diabetes service and ensures everyone is up to date with new guidelines and policies through teaching and education on ward rounds.
- Susie is a team player. She is kind, caring, supportive and overall a fantastic consultant. Her love and passion is visible to all. Susie always makes herself approachable and free if she is needed. Susie always makes time for colleagues and patients.

Sarah Williams

- Always goes above and beyond for her patients.

Simon Birch

- He does so much behind the scenes but at the same always there for support. I really enjoy my on call with him

Tracey Farnon

- Continues to inspire & amazing to work closely with as part of CF team. Under-recognised for the lengths she goes to ensuring the junior doctors rota runs smoothly and meets the needs of everyone.
- great colleague. unbelievably supportive of junior doctors in terms of rota, work practice and pastoral. It is very unlikely that our junior team have a full understanding of how much effort and time she spends in support of their work lives.
- Tracey is simply amazing .

Vanessa Stanley

- Vanessa led our covid response in PICU and spent much time writing and re writing our guidelines as things changed daily, always make sure it was clear to those working on PICU what was expected for us to protect our patients and ourselves.

The Wessex PAFTAs 2020

Senior Trainee Unsung Hero of the Year

Nominees

Abi Stapleford

- Abi is lovely to work with and was very supportive to me in this job. I wish we could have done more shifts together!

Alistair Munro

- Fantastically enthusiastic – always!
- Ali has worked exceptionally hard to provide up to date data reviews about COVID in children since the start of the pandemic. He has become now internationally renowned in this field, and continues to provide timely evidence to advocate for children at the highest levels. The majority of this work has been in his own time, in addition to his significant research demands and I feel this should be recognised.
- I've not worked with Ally this year but his research updates via DFTB site / twitter during the covid pandemic have been amazing when it was all getting a bit much to read. I don't think he realises how helpful this was to make sense of all the millions of papers being released so quickly and the impact this was having on paediatrics around the world.

Nye Young

- During COVID and whenever the team requires, comes up and takes responsibility and leads from the front.

Annelies Mitchell

- I have no idea how Mark fits everything in! He's very supportive of all of the trainees and particularly encourages those of us with a research interest but is generally just an all round awesome boss and great to work with.

Becca Moon

- Her phenomenal enthusiasm and commitment to running and modernising departmental teaching

Carla Wesley

- Hard working even when things are tough

Caroline Storey

- Caroline is a paediatric education superstar- she is always happy to teach juniors and organises the formal teaching in Poole. She also makes a fab podcast! Caroline is great to work with and I have learned so much from her over the past 6 months. She is also a generally lovely person!
- Caroline is a fantastic registrar. She is supportive, knowledgeable, hardworking and always has a smile on her face!
When Caroline is on shift I feel supported and feel real teamwork working with her.
Caroline is a good teacher and never makes people feel silly for not knowing something and will spend time teaching her colleagues.
Overall Caroline is a wonderful doctor who is greatly respected
- Caroline continues to help us all learn through her amazing podcast - Fontanelle. She is also a complete pleasure to work with. She is approachable, supportive and understanding of colleagues needs.

Cherry Alvani

- Cherry has had to work from home since COVID restrictions to due to pregnancy. Despite this she has been an integral part of the Paediatric Team. Not only running all her clinics virtually, joining endless 'Teams' meetings always with a smile but continuing to organise the ridiculously complicated rota, sharing her wealth of knowledge in various education forums and arranging a virtual book club to help combat some of the COVID loneliness. Whilst we might not have seen you in person you've still been very much a part of us. Thank you

The Wessex PAFTAs 2020

Senior Trainee Unsung Hero of the Year

Nominees

Dan Owens

- Has worked tirelessly on the Covid vaccine studies providing medical support and organising medical cover alongside other research and clinical commitments.

Ed Andrews

- 1. Ed is always the big brother, always looks out for juniors.
- 2. Can ask a million times “are you alright?” always genuinely concerned about the welfare of others.
- 3. Jovial and a team lifter
- 4. Never missed an opportunity to get coffee for the team.
- 5. Thank you Ed!!!

Emily Tabb

- Emily is such a wonderful doctor, she seems to have an untouchable positive attitude which is really inspiring! She works so hard and stays late with no complaints and I am not sure it is always recognised. When I have had a difficult time she really goes the extra mile to help and it really has made all the difference. Thank you for being you Emily!

Heather Deall

- Supportive and highly professional

Jackie Gillespie

- Often would bring in baked goods and always had sound words of advice for the more junior trainees.

Joely Clarke

- Joely always quietly gets on with the job without fuss and with a smile on her face. She is a lovely, positive and supportive colleague who has a very considered and sensible approach. Joely has dealt admirably with a number of difficult cases at work and shown great resilience.
- For always being so positive and supportive whatever the circumstances. She has had a few trickier shifts in her first neonatal registrar role, but managed them brilliantly and almost always with a smile on her face! It always makes me smile to know I'll be on shift with her!

Liz van Boxel

- Liz is a fantastic doctor, and we are so lucky to have her join the Wessex deanery last year. She is always approachable, hard working, enthusiastic and fantastic with patients and the team.

Louise Weekes

- Louise is such a hardworking registrar who doesn't get enough recognition for all that she does. She is so calm during emergencies, and manages to give so much care to each and every one of the patients. She is very clear and logical in her thinking processes. She has a lovely manner with all the patients and parents.
- Louise is a fantastic registrar- she is clinically excellent, great with the kids and always happy to teach. She is the person I would want to be there in a crisis and I am always happy to see that I'm on shift with her! It's a pleasure to work with her and she has no idea how great she is- thank you!
- Lou is a fantastic doctor - conscientious, trustworthy and great fun to be around. She is a wonderful team player and her personality and hard work are appreciated by doctors, nurses and patients.

The Wessex PAFTAs 2020

Senior Trainee Unsung Hero of the Year

Nominees

Maddy Raja

- Maddy is a great registrar, a team player and always looking out for others.

Maha Farah

- Maha is very hard working colleague, very knowledgeable and always with a smile at work!she is a great person to work with !

Meera Shaunk

Natasha Tisovsky

- Natasha is always happy and smiling, kind and patient. She works incredibly hard and is a fabulous advocate for patients and their families. She is a great team player who makes an effort to include everyone and goes out of her way to teach and be taught. She sees the good in people and strives to be the best version of herself which is incredibly inspiring.

Ogho Otabor Olubor

- Olubor is amazing! Is very approachable and always listens to staff. Always has a smile on his face. Great interaction with children and their parents.
- always happy to help, approachable and great with patients

Olivia Falconer

- Olivia is an amazing team player, very kind to patients/staff and very hardworking

Orla Baird

- Doesn't know how good she is! So funny and clinical judgement is spot on.
- Orla is fabulous member of our paediatric team. She is hard working and has a brilliant sense of humour.
- Orla is always cheerful and great fun.
She is highly valued by the whole team and will always go the extra mile to help and support the children, families and her colleagues.

Pip Thomas

- Pip has been phenomenally organised and has done a fantastic job of balancing the rota, teaching juniors at every opportunity and managing sick kids in a calm manner

Praveen Kishore

- Such a calm and friendly person. It was always excellent turning up to a shift and knowing Praveen was the registrar on. He is very approachable and willing to offer help to juniors. He was always finding opportunities to teach about the wonders of neonates. Keeps unbelievably calm during emergencies.

Rachel King

- Rachel is an incredible team member to work with. She is always positive and keen to teach and share learning. She is a pleasure to work with.
- She is a lovely Reg to work for. She is supportive and hardworking and gets the job done. She listens, is a great laugh on shift and is an amazing role model. She makes the shop floor a happier place when she's on shift.

The Wessex PAFTAs 2020

Senior Trainee Unsung Hero of the Year

Nominees

Rosada Justice

- For her enthusiasm during difficult times. For bringing the team together and supporting others.

Ruth Margetts

- Ruth...Having started with her as an ST1 and journeying alongside this training rollercoaster I have seen her work so hard, care and compassion for her patient is evident. I know things didn't go to plan for her year out this year but she continued working with grace, turning her hands to lots of different roles. I know whenever she's on shift things are in safe hands. Keep going Ruth, you're an amazing doctor.

Said Qadri

- Said gets his head down and works consistently hard. He has settled into the CED team very well and is a trusted member of the team.
- Syed has grown in quite confidence and clinical skills over the last 18 months. His communication skills have vastly improved as he has settled into his middle grade role and he has developed into a supportive, cheerful and competent member of the middle grade team. He is often overlooked due to his quiet personality but deserves recognition for the positive changes that he has accomplished over his time at UHS.

Sheeba Anas

- Always willing to help the team

Sji-Mei Kam

- Shi-Mei has been a huge asset to our team in Dorchester. She is very hard working and the whole team benefits from her thoughtful and measured approach.

Paddy Clarke

- Paddy is very confident and possess skills and wits. His manners and relaxed attitude makes him a brilliant leader and inspiring paediatrician.

Tamali Hodgkinson

- Hard working and dedicated.
Always smiling and positive in the morning! A fantastic person to go to if you are having issues and need someone to talk to.
She has put a lot of work into developing and implementing the medical student buddy system, and at the beginning of COVID lockdown she was a huge help in setting up the MS Teams teaching program and making this available to all trainees.
- Tamali has single handedly made G floor a better place this year. She implemented an amazing online teaching calendar, she's listened to us moan all year and even got us a new phone for the office. She's always there when you need her and always willing to support and teach, even when bad things are hitting fans. Absolutely cracking trainee!

The Wessex PAFTAs 2020

Senior Trainee Unsung Hero of the Year

Nominees

Vinod Kolimarala

- Vinod is simply a wonderful trainee, his quiet thoughtful manner puts colleagues and patients at ease - he is a pleasure to work with.
- Vinod has been an asset to our team. He is insightful and caring. He has been exceptionally supportive of other trainees who are struggling. He provides them with guidance and tries to help. He is always warm and friendly.
- I don't think I've ever worked with a trainee quite so insightful as Vinod. Not only is he extremely hard working and an outstanding clinician, he is also unusual in being equally interested and skilled in both his GRID specialty of gastro, and in general paediatrics. He is universally liked and respected by all of his colleagues. However for me it is his unparalleled support of his colleagues that makes him stand out. He goes above and beyond to support particularly trainees having a difficult time, and has an incredibly mature insight beyond that of most consultants into understanding people. He has offered his own time to support trainees in difficulty, without ever being asked to do so, has supported new FY2s remotely even when in quarantine himself and supported any colleague who needs a hand. He is an incredibly humble man who always puts others before himself, and has continued to do so despite his own personal challenges. He really is my unsung hero.
- Vinod is a wonderful person to be on shift with, no matter how busy you always know that things are going to be under control! He is always willing to teach, very measured, supportive, a great team player and always listens to the opinions of the nursing staff and makes them feel valued— a delight to work with!



The Wessex PAFTAs 2020

Junior Trainee Unsung Hero of the Year

Nominees

Anne McGough

- Anne quietly gets on with the job at hand. She is wise beyond her years. A number of very experienced (and some might say, difficult to impress) nurses told me that Anne was the best reg they had worked with- because she made sensible decisions, always told them 'the plan' and knew when to ask for help.

Brooke Gamble

- Brooke is hardworking, always seeking ways to lift the team spirits. An amazing team player, always takes her time to make cakes for the team and her cakes were an absolute life saver during the covid era.

Charlie Reeves

Claire Cuerden

- Put in a massive amount of effort into the SHO rota, which resulted in a great rota for colleagues - probably at her own expense. Great clinical work and very organised.
- Claire is just lovely and quietly gets on with things. She was unbelievably helpful and supportive of the F1s in Poole who stepped up to do more out of hours during the pandemic, staying late to make sure they were supported on the ward whilst I as the Reg was in resus. Although it didn't seem much to her at the time this is "teamwork that makes the dream work" that we all aspire to. Clinically she's great too.

Claire Rawden

- Very approachable, very efficient, nothing appears to be a problem

Dave Gelder

- Dave is a fantastic ST1, has so much natural ability, is really on the ball, takes amazing care of his patients, yet manages to have a brilliant sense of humour and really is the difference between having a stressful shift and one full of laughter and jokes. That is rare, and something you should feel so proud of Dave!
- Great and enjoyable to work with. Just gets on with the job, uses his initiative but knows his limitations, keen to learn. Always has a smile on his face and can lift the spirits of the team.

Esther Odeleye

- Nothing fazes Esther. She is always composed, calm and a hard worker who puts thought into getting the job done.

The Wessex PAFTAs 2020

Junior Trainee Unsung Hero of the Year

Nominees

Elena Fearn

- Elena is an FY2 with an interest in paediatrics, who gained more experience than planned due to covid-19. She can always be found with a smile on her face, checking on others and doing anything to help someone out whether they be a patient, family member or colleague. She is bright and extremely capable with an astute clinical mind. She has challenged herself, successfully performing cannulas in neonates, lumbar punctures and urinary catheters. She is extremely keen and quick to learn. Elena's wonderful personality is extremely well-suited to paediatrics. She puts her patients' parents and carers at ease, and her interaction with children is so natural and a delight to watch. Elena is adored by everyone in the MDT. She has been a real asset to the paediatric unit since December, and to the hospital as a whole when she took on the responsibility of Wellbeing Co-ordinator during covid-19. In this part-time role she achieved so much to improve the lives of all staff within the Trust: three permanent safe spaces, free food & drink, a 24-hr a day, 7-day a week doctors helpline, dance challenges that staff across the Trust participated in, Wellbeing gift bags, screensavers prompting good self care, the list is endless. In addition she was Doctors Mess President, ensuring that the Mess continued to be a central part of the junior workforces' lives, organising virtual quiz nights, regular take away deliveries, a three-times-a-week mess shop and events such as virtual tombola instead of payday parties. Everyone loves working with Elena and we really hope she returns to pursue a career in Paediatrics in Wessex - she's too good to lose.

Gen Southgate

- Wonderful to see Gen being proactive and tackle issues on a national scale (such as the survey). Great to work with and hopefully her reputation for attracting sick patients will not travel with her!

George Hunter

- What a guy!! Funny, hard working, brings the team together. Has the midwives on his side! The best work colleague and I want to work with him again!
- Amazing personality full of enthusiasm, lift the team by his mere presence! Hard working and meticulous!

Georgina Terry

- Goes about her work with a quiet and conscientious attitude. Kind thoughtful and a pleasure to work with.

Hannah Steedman

- Hannah is such a lovely trainee. She is incredibly kind, empathetic and supportive. She has had some incredibly hard shifts during ST2 but has managed these competently and always remains calm and collected. She is someone that has been very supportive throughout the year and can always make you feel better when you're not having a great day!

Hannah White

- For being so quietly confident, always getting on with things, spending time to teach juniors and nursing stuff, and a love of PICU and all things acute that even gets me interested in it! Oh, and she makes great cakes too!
- Worked really hard, made sound clinical decisions and always thorough. A joy to work with as awesome team member and great work ethic.
- Excellent clinical judgement, always working hard and supporting the team around her. Always great to be working with.
- amazing resilience and attention to detail

Jemma Shanley

- Jem has faced her challenges this year head on and done an amazing job! Her role as an ST1 was dramatically changed due to the COVID-19 pandemic but despite the curve ball she's ploughed on in the face of a year of Postnatal on-calls for which she 100% deserves an award. She's hard working and dedicated.

The Wessex PAFTAs 2020

Junior Trainee Unsung Hero of the Year

Nominees

Jonny Baker

- Not quite a trainee (yet) but an absolutely excellent FY2/3 in Southampton. Hard-working, extremely reliable, excellent team player and all round good egg.

Lillie Parker

- Lillie is great clinically and a fervent advocate of fairness among trainees. She is not afraid to stand up for what she thinks is right
- Lillie is really hard working and takes on a lot of responsibility. You can see how she has good insight into the overall situation in the department and it's always great to see you're down to work on the same shift! She's also put a lot of effort into the rota and has preferentially given others shifts to the detriment of her own schedule.

Maddie Culverhouse-Mathews

- Coped incredibly with COVID-19 and not being allowed direct patient contact. Always keen, enthusiastic and has been massively helpful with a number of different audits/ projects. Would make an excellent paediatrician!
- Maddy has done amazing work behind the clinical scene to help work done efficiently. All the admin work related things she has done might not be easily noticeable, but saved us many hours of complicated referral letters or discussions.

She is personally warm person who would bring in cakes/ scones to cheer up the team.

Paddy Clarke

- A great team player, always patient, always hard working. Fun to be on call with. Nothing is ever too much trouble.

Rachael Wright

Rachel Day

- Rachel has worked really hard in the last 6 months, she has had to adapt so much to rota changes and has been pivotal in ensuring rota issues were dealt with for all the juniors.

Simone Paulson

- It was great working with Simone. She is hardworking and a great team player. When she is free, always offers help to others. when ever she is free / in PAU , she was the first person to take interest in writing all the pending discharge letters / files in PAU. Always helping juniors. She is a pleasant colleague to work with.
- At ST3, Simone stepped up to the challenge of being a registrar at a really busy NICU. She has a thorough clinical approach, combined with great enthusiasm for learning. She always demonstrates compassion and kindness towards her patients and their families as well as her colleagues. We are so glad to have Simone as part of our team. She is an excellent young doctor with great potential.
- Simone has a wonderfully positive and calm can do attitude. She has stepped up to the registrar role well and managed the transition admirably. Although she has solid clinical skills, she always remains humble and is always looking to learn from others.

Sophie Lewis

- Sophie is a Badger summary champion! She is always conscientious in making sure our systems work in the best interests of our patients. She is a thoughtful practitioner who will consistently probe, question and challenge decisions to make sure we are doing the best thing for our patients and to maximise her learning opportunities.

The Wessex PAFTAs 2020

Paediatric Nurse of the Year

Nominees

Ali Freeman (Salisbury)

- Ali has been instrumental in developing and running a paediatric home sleep study service at the Trust - a new development as previously all sleep studies were performed on the paediatric ward. Poor bed availability would limit numbers of studies performed (especially in winter months) and would lead to last minute cancellations, and result in poor quality sleep studies due to decreased quality sleep in an unfamiliar environment.

Ali has liaised with various specialties and hospital departments (and between hospitals too) to develop paperwork, protocols and procedures to enable the home-based studies to get off the ground - much of which occurred during COVID19. She is also responsible for educating the families in use of the equipment. This has allowed the service to continue in a non-hospital environment despite lockdown restrictions and has resulted in improved outcomes and quality of service for patients and families. This has all been done in her normal working hours and deserves recognition for the effort and initiative she has displayed. Thank you Ali!

Alison Green (Poole)

- Ali has been super supportive of trainees and consultants alike, is always thinking of the child first and has led from the front in managing the care of children who are admitted for a long period of time on the wards

Alison Tait (Winchester)

- always positive and provides fantastic support for whole department

Amy Tiller (Salisbury)

- Amy has recently had a secondment to Sisters post and she has been passionate about improving the service to meet patients needs she has demonstrated good leadership skills and showed care and compassion to her colleagues as well as her patients and their families, proving to be an excellent positive role model

Andrea Rowe (Salisbury)

- Coped incredibly with COVID-19 and not being allowed direct patient contact. Always keen, enthusiastic and has been massively helpful with a number of different audits/ projects. Would make an excellent paediatrician!
 - Maddy has done amazing work behind the clinical scene to help work done efficiently. All the admin work related things she has done might not be easily noticeable, but saved us many hours of complicated referral letters or discussions.
- She is personally warm person who would bring in cakes/ scones to cheer up the team.
- Nurse of the year from last year and continues to shine despite a lot of change amongst the senior nursing team. I love working with Andrea!
 - Always looks after the needs of patients above and beyond

The Wessex PAFTAs 2020

Paediatric Nurse of the Year

Nominees

Andrea Malone (Basingstoke)

- This Paediatric Diabetes Specialist Nurse has taken on some of the most complex and challenging patients, who give her the best feedback. She works extremely hard.

Andrea McDonald (Poole)

- Andrea is a fantastic nurse. She is kind, caring and supportive to all. Andrea is a hard worker and always looks at the unit as a whole always helping her colleagues out without a question. She is a skilled nurse and a great asset to the team

Angela Conway (Salisbury)

- Angela has all the qualities you would most wish for in a safeguarding named nurse. She makes herself available on the ward, and is always concerned, caring and insightful about how to manage cases. Her wealth of experience and community perspective always make it worthwhile discussing cases with her. She sets such a great example to the whole team, and her leadership both on the ward and in training sessions means that everyone on the ward feels confident and empowered to make MASH referrals when appropriate. She manages to do all this, and still find time to make everyone laugh with her dry sense of humour - she is an irreplaceable member of the team!

Becky Joslin (Southampton)

- Works incredibly hard as part of the education team- leading education for nurses, doctors and students.
- So much help with organising PREP, with all the Covid complications could not do it without her

Beki and Gill (Portsmouth)

- Beki and Gill run our PACT (Pact Ambulatory Care Team) - they are amazing. They work so hard to ensure our ambulatory patients receive excellent care, liaise with clinicians to chase results, and are always happy to help. They run an incredible service and we are so grateful to them

Cara (Basingstoke)

- Hardworking, efficient, sensible clinical plans and always supportive to the doctors she is working with. A great nurse to have on shift with you

Carolann Dunkason (Poole)

- Such a lovely supportive nurse among a team of truly amazing nurses. Carolann is kind and empathic as well as having great clinical sense. She looks after everyone - patients and parents, not to mention doctors!
- A really special paediatric nurse! A great presence to lighten the mood on a night shift, while being calm and dedicated to giving good quality care to the patients.

Caroline Colasanti (Southampton NICU)

- Could not have got through COVID this year without people like Caroline who worked tirelessly and kept the morale high.
- Carolyn remains calm even when the going gets tough! She is a constant source of kindness, reassurance and good sense - a leadership example for all of us.

Catherine Crocker (Southampton)

- Clear leader within the nursing team. Finds solution to problems. Brings teams together. Almost goes the extra mile to put patients first. Clear exemplar of someone who holds up the trust values

The Wessex PAFTAs 2020

Paediatric Nurse of the Year

Nominees

Chanel Williams (Southampton PED)

- Since becoming a band 4 Chanel has continued to develop as a fantastic children's nurse. She is always so keen to learn new skills and to develop. she is great with patients and their families and great fun to work with. She is a credit to our department.
- She has been a Nurse Associate band 4 and has been absolutely amazing at her job role, a real team player, has had to work in some difficult situations and has stepped up to the mark and has been able to hold her own even though she is a band 4 not a 5. She safely escalates where necessary is a real team player and helps everyone out when needed. Doesn't ever need to be asked twice and she is already being proactive and doing what needs doing. Amazing with the Children and has been successful at interview to top up her qualification at Uni to become a band 5!!

Chloe Johnson (Southampton PED)

- Chloe is a brilliant paediatric nurse and is always an advocate for her patients. She is so good at recognizing sick children and gently guiding the inexperienced juniors to give the correct therapy and seek senior support, without making them feel embarrassed. When she is in charge the department is run very smoothly.

Community Nursing Team (Dorchester)

- The CCN team are incredible. They work very hard behind the scenes to keep children out of hospital. Despite being significantly under staffed, they provide exemplary care. They all work over and above their paid hours to ensure children can stay at home. They often support families out of their working hours even if this impacts on their personal lives.
When end of life care is needed, they all go work crazy hours to ensure children can be in their chosen place. Recently an on call service was set up and running within 2 hours of the call from the tertiary oncology team for a child with a sudden deterioration. They went above and beyond to provide exemplary care 24/7 and managed (somehow) to keep the office/community based work going.
The amount work they do which should be done by a consultant is outstanding - if they did not do this, the consultant's workload would increase exponentially.
Incredible team, incredible staff.

Claire Bebbs (Portsmouth)

- Claire is brilliant to work with! Always feel more safe when she is with you on a shift. Hard working, very supportive and always with a smile however busy it is!

Claudia (Southampton PED)

Ella Ryan Gray (Southampton PICU)

- Ella takes everything in her stride and keeps her composure even with the sickest patients. She has a fab sense of humour and is always kind to patients and their parents.

Emily Stacey-Cox (Salisbury)

- Brilliant nurse and we're lucky to have her in Salisbury. Will make an excellent leader & a pleasure to work with. I have no doubt she will thrive on DAU!

Emily Wase (Salisbury)

- Really suited to community nursing and seems so much happier and relaxed working in the CF team.

The Wessex PAFTAs 2020

Paediatric Nurse of the Year

Nominees

Emma Woodhouse (Portsmouth NICU)

- Emma works tirelessly to support families on the unit, and especially through some challenging times, but also to support educational activities on the neonatal unit, including simulation and NLS. She has been instrumental in helping co-ordinate the local response to current difficult pandemic times and for supporting the rest of the team in adapting to fast paced changes. She is very generous with her time and support for others and always quietly gets on without expecting any thanks. Thank you Emma for all your hard work and support!

Fatima Ahmed (Portsmouth)

- Fatima is an excellent member of the paedics team, she will always go the extra mile and very supportive of her colleagues.

Gemma Davies (Portsmouth)

- Gemma is a great asset to our team, she is a great role model for students and the fellow nursing team. She encourages staff to reach their full potential and is always there to pick people up when they are down.
- Bloody Brilliant Nurse. Great at being a team lead. very aware of her surroundings and ensuring her team is well supported. In stressful situations she always seems to remain calm. Always thoughtful and happy to help anyone!
- always happy to help, great with patients, goes above and beyond for everyone

Grace Croft (Basingstoke)

Hannah with curly hair (Basingstoke)

- I was starting to feel quite despondent about the training treadmill, when I met Hannah in an ophthalmology clinic. She explained that no matter what, she was determined to give every child who came in a positive experience of being in clinic. And I could see that she really meant it, believed it and delivered it. That was quite an inspiration and definitely improved the way I approached the rest of that placement. I think she's moved on now, but I know she will be an absolute credit to her new colleagues and patients!

Hannah Stewart (Solent)

- Hannah's work is incredibly thorough and she always has excellent ideas- she works so well in the team and has the patience of a saint!

Hannah Taylor (Southampton)

- Hannah is quite simply AWESOME. Everything will be fine if you are on a shift with her. She genuinely has the most can do attitude of anyone I've met. Absolutely everything is met with a smile. From making tea to running a complex resuscitation, providing the most patient centred care at the end of life, supporting students (& consultants!!) when they haven't done something before Hannah will be at your side willing you to be the best you can be and most of all make sure the child and their family get the best possible care. You really are a star.
- What can I say about Hannah to make her win this PAFTA? I'll be here all day! Hannah is an absolutely incredible nurse; she's always there when you need her, she sorts problems before you even know where was one and she's incredibly supportive, empathetic and just a great human! Hannah is always willing to help with patients, she always supports staff and she'll even fight a fire at 3 in the morning if needed. You couldn't ask for a better person on your team. An absolute credit to paedics!
- Always a joy to be on shift with Hannah. No task is too big. Hannah approaches everything with a smile and a 'yes' and is such a pleasure to work with.
- Hannah is just the best! Her attitude, her willingness to help, her humbleness and her tea-making abilities make her a joy to work with and always makes a shift feel in safe hands.

The Wessex PAFTAs 2020

Paediatric Nurse of the Year

Nominees

Helen Redding (Portsmouth NICU)

- Helen is a really key part of the unit- not least because she makes sure we all have enough tea and coffee! She is so welcoming, patient and supportive. She has really made us all feel part of team.

Jenna Burchmore (Southampton PED)

- Jenna recognised that some of the nursing team were struggling at the start of COVID especially with helping out in adults and so she volunteered to do more adult shifts to maintain the morale amongst her team. She was also key in ensuring changes were communicated to all the MDT.

Jenna Wisniewski (Southampton PED)

- Incredibly hard working paediatric nurse and will always go the extra mile for her patients. She is very supportive of her colleagues.

Jess (Southampton)

- Very hardworking, proactive. Displays good knowledge and goes all the way for her patients.

Jess Chapman (Salisbury)

- Enthusiastic and very keen to develop skills and experience in CF and respiratory care. I look forward to continuing to build up Jess' skills and knowledge over the next few years as she would make an excellent specialist respiratory nurse.
- For having an amazing "Can Do " attitude and being a fantastic team player

Jess Winter (Southampton NICU)

- Has taught me so much and is generally amazing.

Jo Byron (Portsmouth)

- For always being adaptable and helping others.
- Jo is such a lovely person. She never complains and just cracks on with anything that is thrown at her. She is always soooo keen to learn new things and will grab every opportunity. You are a great nurse Jo!

Jo Hemmings (Southampton NICU)

- Jo has done a phenomenal amount of non clinical work in the past months, and where she's not been around, these contributions probably aren't fully appreciated. It's so great to see her back on the unit and running some sims!

Jo House (Southampton PED)

- Jo is always enthusiastic, hard-working, competent and supportive. She embraces new members of the team, teaching them how the department works and showing them the ropes. Jo is clinically very skilled. She is able to perform a variety of procedures and investigations independently and has the knowledge, confidence and expertise to appropriately escalate care for those requiring it. Jo is always a pleasure to work with and has been an outstanding and well-liked team member.
- Jo is an awesome paediatric nurse and practitioner - everything is so organized when she is in charge

The Wessex PAFTAs 2020

Paediatric Nurse of the Year

Nominees

Karen Baker(Poole)

- Karen is a brilliant sister and an asset to the team at Poole! As a junior you know you can trust her 100% and her experience is invaluable. She's a whizz with bloods and cannulas (which is unendingly helpful) and has an amazing empathy with parents and patients. When you see she's on you just know the day/night is going to be managed well - she tells it how it is and is a brilliant advocate for patients and their families.
- Karen is always a smiling face I am happy to see when I come onto shift. She is experienced, knowledgeable and always keen to offer to do bloods and cannulas. She is kind and builds a good rapport with every patient and family.

Katie Hulbert (Winchester)

- Came back from maternity leave to COVID, but continued to keep Sophie's Place sorted out despite numerous changes!

Katie Nash (Southampton)

- Embracing change and highly challenging, new and emotive situations with great courage, composure and maturity with resounding benefit to a group of patients and their families.

Katie Roberts (Basingstoke)

- The winter was particularly busy, and Katie was always a bright and cheery presence on the assessment unit. She's hard working and very willing to help out with bloods and cannulas.

Katy Trerise (Basingstoke)

- An absolute gem, when she's on I had no fear because Katy was here. Incredibly experienced ANNP, all round top girl, top human and kind caring soul. So hard working, I learnt so much from her.
- Katie is our ANNP. She has made a huge difference already to our NNU- providing an amazing level of care. Sometimes I don't think we show how much she is appreciated- truly she is! Great skills & knowledge, always hardworking & goes out of her way to support her colleagues in the department.
- Katy has gone over and above what is expected of her to support the Neonatal Unit as well as the junior and senior medical team. She has been a consistent and reassuring presence for the unit and shown immense flexibility to provide quality service to our babies and families.

Laura Gray (Southampton)

- Always there to support parents and the child through difficult diagnosis, stay numerous times past shift, takes time to play with children and have a cuppa with parents. she always remains so calm during heavy workload.

Laura Green (Winchester)

- Always smiling and supportive to doctors of all levels

Lisa Leppard (Southampton NICU)

- Just amazing, all the time. She supports so many people and is invaluable to the NNU. All departments should have a Lisa!

Lorraine Warwick (Portsmouth NICU)

- Lorraine always has a smile on her face, no matter how busy it gets on NICU. She is always there to lend a helping hand. She has a calming influence on any situation.

The Wessex PAFTAs 2020

Paediatric Nurse of the Year

Nominees

Lucy Buckingham (Dorchester)

- Lucy is an excellent paediatric nurse. She is incredibly supportive to the whole team, as well as being very efficient and organised. She has been involved in some challenging cases over the past 6 months and has dealt with these in her stride and in a professional manner. She is keen to learn, work hard and be involved. I am always thrilled when I'm on shift with Lucy!
- professionalism

Lucy Drew (Salisbury)

- Lucy is a fantastic nurse, always calm and in control of whatever situation comes her way. She is kind and friendly.

Mel Squires (Poole)

- Mel has recently been promoted to a band 6 nurse and has been influential in improving care for children with mental health issues. She has ensured over 100 staff have engaged in the we can talk training and is currently organising study days to compliment this. In her clinical role she supports staff in caring for this group of patients. Very close link with CAMHS team and together they have provided education sessions on specific topics suggested by staff.

Natalie Warren (Poole)

- Natalie is such a joy to be on shift with!! She is a fantastic nurse, has really good clinical judgement and is great fun to be around. COVID may have ruined her travel plans but New Zealand's loss is Poole's gain!!

Nicky Limbachia (Poole)

- Very hard working and has great insight into everything that's going on in the department. I have really valued her input into some difficult cases.

Nick O'Reilly (Poole)

- It has been wonderful to watch Nick's career grow. He is a pleasure to work with and keeps everyone cheerful! He's just the person you want around when things get busy as he stays calm and keeps us all in check! Thank you Nick, you're totally fab!
- Nick is a great guy. He's kind and is a pleasure to work with. You know that you're in for a good shift when he's on because he's hard working, and dedicated to the patients. He also wants to learn more about the conditions that he's managing and that sort of enthusiasm is great to see. He is also very encouraging to the doctors and let's you know you're appreciated (even if he did swap out of our last shift together!)
- Nick is always such a pleasure to work with. He is happy, motivated and always willing to get stuck in and help out. He goes out of his way to ensure his patients get the best care and always does it with a smile. Nick has spent the entirety of lockdown living away from his family, and has never once complained. What an absolute super star of a nurse. Definitely deserved of Nurse of the Years award!!
- Nick has not been a nurse for long but his enthusiasm to learn means that his abilities far exceed his experience. He is always keen to challenge himself, and did so recently by volunteering for a stint in the ED. Nick's approach to work is a true 'can-do' attitude and he always seeks out the rationale for a decision or management plan rather than just following it. He appropriately challenges decision-making at all levels, and does so respectfully. He is a real advocate for his patients and a really positive member of the team. I do not know of anyone who does not like working with Nick. His infectious laugh, his support of those around him and his love for any task (no matter what it is) make him a true asset to the team. During covid Nick has been through considerable personal challenges but you would never know - his smile has remained in place and he continues to insist that nothing is too much trouble. If only all units could have 'a Nick'.

The Wessex PAFTAs 2020

Paediatric Nurse of the Year

Nominees

Nick O'Reilly (Poole)

- Many kids have a smile on their face when they are returning to CAU because they know they'll see their friend Nick again. But so do the junior doctors when Nick is on the shift.
Hats off to Nick who had to shield his family members during the lockdown and move away from his home to stay at the hospital. But we knew you were great even before this!
- Nick, like many others across the country, moved out of his family home during lockdown to protect his family members who were shielding which must have been an unbelievably difficult decision. He put the safety of his family and patients way above his own wishes and continued to come to work with a smile on his face and was always positive whatever was going on at work or at home. The wonders of the #nhsfamily.
- Nick is an amazing paediatric nurse and a fantastic person. Always with a smile on his face and genuinely passionate about his job. Happy to take on new challenges, such as working in ED or in a new environment. Creates excellent relationships with all of his co-workers and makes himself loved through his character and positivity.
I believe Nick truly deserves this award for all of the reasons mentioned above but also because he's demonstrated great resilience and ability to cope in the last few months when 2 members of his household had to shield, therefore he lived in an accommodation room at the hospital for over 2 months, far from his children and family. Despite this, he never complained or lost optimism. He truly is amazing and this award would be a celebration of all of his hard work.
- Always helpful, organised, optimistic. Knows prioritising well
- A great nurse. Even the family was shielding he worked whole heartedly during the pandemic peak
- Nick is an amazing nurse and all round great guy! The kids love him and he always goes out of his way to help everyone. He has also made big personal sacrifices to protect shielding family members during COVID19 yet still turns up every day with a smile on his face. He is great fun to be around and has been a pleasure to work with during my time at Poole.

Pauline Bolitho (Salisbury)

- Pauline is the star of Sarum DAU - when she's around, everything runs really smoothly and she's constantly looking for ways to improve the working environment and processes. She's also a fantastic advocate for patients, often finding innovative ways to make sometimes unpleasant treatments more bearable.

Rachael Cutting (Southampton PED)

- A wonderful human. Always happy to go the extra mile for everyone. Always smiling, even though we can't see it now!
Goes and above and beyond her role. Prepped the CED for Covid. supports her team outside of work after significant events.
Always happy to take on new projects.
- Stepped up into more managerial work during the pandemic.
Has worked tirelessly to improve pathways and processes in ED
Always supportive of the whole team
Never ending compassion and professionalism for the patients
- Rachael has been a big support to the whole of Paeds ED, stepping up to the mark when required to ensure that the department is run correctly, (management off sick long term) supporting individual team members to keep morale up. She is a great leader and works hard. She ensured that during the pandemic that Paediatrics was a priority and was our advocate. Not only that she is a fantastic nurse with great knowledge giving compassionate, empathic care to many children and their families.
- Rachel is so supportive of YP presenting with MH crises, she is an awesome ENP and general all round superstar nurse

Samantha Roberts(Southampton)

The Wessex PAFTAs 2020

Paediatric Nurse of the Year

Nominees

Sarah Cadey-Osment (Salisbury)

- Sarah has completed the step up to band 6 and has made a great start to supporting simulation events in the neonatal and labour ward environment. She demonstrates total common sense and a wonderful sense of calm and enjoyment to the neonatal unit.

Sarah West (Winchester)

- Sarah has been a great addition as an ANNP at Winchester. She really cares for the babies and families and it shows in her work. She is a pleasure to work with and she has grown in confidence and ability in the last 6 months.

Scott Penfold (Southampton PED)

- He is hardworking, knowledgeable, makes shifts run smoothly, great with patients and all staff, pragmatic, sensible and a joy to work with.

Siobhan Vincent (Winchester)

- For being a friendly face on every shift, for brilliant clinical skills and supporting the new registrars on a busy PAU shift!

Sophie Dean (Southampton PED)

- Sophie is an incredibly kind member of the nursing team. She has empathy for all the children who pass through the ED department and places them at the centre of her care. She is a calm member of the team and always has a positive outlook. She consistently performs above her band level and is skilled in a variety of different emergency situations. When with a sick child she is reassuring to the parents and fantastic with her clinical knowledge supporting the nursing and medical team. She is a very competent nurse who is a pleasure to work with.
- An excellent paediatric nurse - calm in a crisis and with such a kind approach to children and families. Recognises a sick child and escalates to senior staff in a timely fashion, and appropriately highlights if this is not acted on or if a second opinion is required. Great clinical knowledge - showing initiative when identifying patients for nurse lead discharge as well as suggesting possible (correct) diagnoses which more junior doctors may not have considered.
- This was a hard choice...so many great nurses especially those adapting to changing units and roles both in COVID times and beyond. I first worked with Sophie on PAU as junior junior...and now as a slightly more senior junior valued her patients, support and challenge as needed working alongside her in CED. Some how she has managed to balance the need to drive and push flow through the department with taking extra time, supporting those vulnerable families and being a voice of sense at times when something isn't clear. Thanks mate, keep up the good work.

Sue Messer (Southampton PED)

- Sue started in paed ED in September when the PAU team merged with ED. She had been on PAU, and was appropriate anxious about starting in the emergency department, and of the change in nursing this would bring. I watched Sue over 6 months embrace this change, and learn new skills and knowledge with enthusiasm: cannulation, wound management, plastering, whatever the skill, Sue would pursue all opportunities to acquire it. She has brought a huge amount of advocacy for children with additional needs, setting up sensory boxes and sign language resources, and has become an excellent hybrid of PAU and Paeds ED, whilst also being a pleasure to work with.
- Sue is always so kind and compassionate towards children, families and other members of staff. She is very good at de-escalating situations whether is a CAMHS patient getting agitated or a upset/angry parent. She is also very easy to talk to and I know I can talk to her if I am struggling with someone or not sure what to do.

The Wessex PAFTAs 2020

Paediatric Nurse of the Year

Nominees

Sue Webb (Portsmouth NICU)

- Sue, you have been so welcoming the whole time I spent in Portsmouth NICU, and genuinely I knew that if I was on shift with you I would be good hands. You made me feel so much confident in myself, despite still being so junior and relatively inexperienced. Your laugh is infectious, you bring joy to all your colleagues around you and I think you should feel really proud of that!
- For always having the biggest smile, being so incredibly welcoming, supportive but also fun to work with! Everyone always looks forward to when Sue is working!

Tamsyn Crane (Southampton NICU)

Tara Hugill (Winchester)

- Tara is the most fantastic ANP any paediatric unit could ask for! Will happily take one for the team and do the most mundane and boring of tasks as well as getting her teeth into challenging cases, is truly wonderful with the families, supports and teaches the juniors doctors and nursing staff and is all round an amazing person to have on shift.

Tia (Dorchester)

- Loves a challenge or unwell patient. Always keen to learn new things, and wants to understand the reasons behind decision. Also is hilarious!

Toni Chilton (Southampton)

- During the COVID-19 pandemic Toni went above and beyond. Not only did she adapt to remote working to continue supporting her patients and their families, she also managed a heavy workload through challenging times. On top of this, she also organised with local sewing groups to provide fabric items such as wash bags, ear savers, scrubs, and hats to staff across the entire Trust. She was incredible throughout, professional, friendly, and always smiling! Her rapport with her patients and their families was so supportive, and she is a pleasure to work with as a colleague.

Tracey Rumbold (Portsmouth)

- Tracey always goes the extra mile to give her patients and their families the best care. She is an amazing member of the team!

Wendy Crawford (Portsmouth)

- For taking on the infection control Role of our Cau during Covid. She was helped by the whole cau team and did it with great professionalism and calm.

Zoe Rebecca (Poole)

Zoey Fry (Dorchester)

- Zoey's passion for her patients and their families is infectious. She cares for an enormously complex case load in the community alongside academic study to increase her expertise. She supports her colleagues at all levels and is an all round fabulous human.

The Wessex PAFTAs 2020

Paediatric Training Unit of the Year

Nominees

Dorchester

- Small but mighty!

Poole

- Poole has adopted a flexible approach to training and found innovative ways of providing the trainees help and support in reaching their training goals. The consultant body is cohesive and helpful. There is a good mix of didactic teaching and experiential learning.
- Very organised / excellent team members.
- Poole has a great range of knowledgeable and supportive consultants, all who are approachable, skilled in their roles.
Poole is a busy unit and allows for lots of learning opportunities ranging from a busy CAU, ward patients and HDU.
- You've made so many Foundation Doctors cry this year... They cried when they were leaving the unit as one of them said "it had become like a family to me". No wonder they have sworn to come back to Paediatrics again as soon as possible, as Paeds Trainees. In the age of the falling number of applications you've made the best speciality in the word irresistible once again!
- I was lucky enough to be in Poole for 8 months because of Covid. The department warmly welcomed me, and I have greatly enjoyed my time there. Every member of the team is so friendly and approachable, and I feel that I have learnt so much. I have been given the support I need and opportunities for development. I have always felt that the care towards patients has been excellent.
- Poole is an absolutely amazing place to work and I learned so much during my time there. The consultants and fellows are all lovely and prioritise education. The nursing team and allied healthcare professionals are also all incredible and are really welcoming to the rotating doctors. There is a true team spirit and morale is always high. There has been a really big focus on trainee wellbeing during COVID19 and lots of positive changes on a hospital-wide basis. I hope I can come back as a SpR!
- Poole is the gem in the crown of Wessex!

Portsmouth General Paeds

- The best place to work all around! Very supportive and caring environment.
- Training has been difficult to co-ordinate this year and there has been a move towards interactive online training opportunities. In clinical practice Seb Austin has led simulation teaching sessions which have been fantastic!
- Plenty of opportunities to gain experience. Good junior led teaching timetable with consultants always happy to offer ad hoc snippets to juniors. Great sim sessions. Clinic time built into rota.
- We were short-staffed and numerous sick leaves, yet everyone worked hard to provide high standard care.

The Wessex PAFTAs 2020

Paediatric Training Unit of the Year

Nominees

Portsmouth NICU

- Portsmouth NICU is an extremely well organised department which offers a real wealth of clinical training opportunities and experience in an extremely well supported environment. I have been on the unit at a number of stages in my training and have loved it and learnt so much from the entire team every time - am very indebted to them for everything they have taught me, for being generous with sharing their time and experience and for the unwavering support and encouragement. Especially through what has been a difficult year for everyone, and a particularly challenging time with medical staffing on the unit, the whole NICU team have really pulled together amazingly to keep the unit running smoothly, maintain team morale and continue to support and encourage trainees through some difficult times.
- Excellent training opportunities and supportive with learning and development
- I have had a great experience working in Portsmouth NICU, and a real laugh. The consultants were very supportive and the nursing staff brilliant throughout. The support workers and ward clerks were outstanding, the admission process is unparalleled compared to anywhere else I have worked! Thank you!
- For being a great place to learn with such a variety of cases. The team have been brilliant in challenging you to learn, giving you so many opportunities to develop your skills but all in a really well supported environment. Have learnt so much, become so much more confident but most of all really enjoyed working there!

Salisbury

- The team of consultants are a dream. Nursing staff are exceptional. Passionate child safeguarding team.
- Salisbury is a great Place to work. All the consultant Body is very very supportive and Promotes teaching. Salisbury offers extra training in managing burns, cleft babies -as its a referral centre for burns and plastics. Get gentle and more exposure in dealing with NAI / safeguarding issues as well. All the consultants are very knowledgeable, easily approachable and great teachers. Salisbury is a good place for trainees, as it offers good exposure and training opportunities in general Paediatrics , Neonatology , Oncology, CF, burns, plastics, Trauma etc.,
- covid has been a bit of a pain in the arse this year with what I feel is a mostly negative impact on acute paediatric training opportunities in most places. Despite this, Salisbury has managed to deliver excellent levels of supported outpatient experience as well as reinvigorate its teaching rotas (included increases zoom teaching headed by Dr Gray). Whilst reduced patient footfall in early covid has reduced patient numbers seen, hopefully the above has allowed improved trainee experience in other areas.
- The team are always ready and willing to assist each other and new people joining the trust.
- The whole team have supported me through my final 6 months, allowing me to participate in several difference roles and aspects. every member of the nursing team have treated me with respect and have trusted my ability. I owe my belief in myself them the team in Salisbury they have given me the confidence to succeed as a NQN
- The team at Salisbury are so incredibly welcoming and supportive- giving you a supported way to learn whilst also challenging you. Salisbury gives you so many learning opportunities, especially in clinics something which being a junior reg are initially pretty intimidating.
- I loved working at Salisbury. All the Consultants, nurses and support staff were very friendly, supportive and enthusiastic. The team go above and beyond for their patients, their families and each other. Great team work!
- Salisbury was just the most supportive and welcoming unit anyone could ask for. Everyone was very approachable and keen to help seek out educational opportunities, even during the height of the pandemic. Extra teaching sessions were set up when the workload allowed it, and provisions made to continue attending clinics as juniors even when there were less face to face clinics going on. Even as a rotational doctor, you felt completely part of the team and included in decision making.

The Wessex PAFTAs 2020

Paediatric Training Unit of the Year

Nominees

Southampton Paediatrics (G-Floor)

- Overall incredible unit to work on, the team work is seamless. Educational opportunities are vast and senior support is never far.
- The variety of training offered on G floor is amazing. Whatever your interest or needs it can be found. Everyone has worked exceptionally hard to make education accessible through COVID and ironically there is so much you could spend all week at educational events!
- Excellent supervision
- In Covid times, the rules and policies seemed to change more than once a day. Despite this the consultants, nursing staff and trainees have managed to simply just deal with it and carry on. G floor has managed to implement an online teaching programme despite the uncertain times and trainees are now getting more teaching than ever. Training opportunities have actually probably increased. Staff throughout G floor have been incredible, always supportive, always willing to teach, and most importantly, always willing to have a laugh!
- There were some challenges during covid that G floor rose to!
- The G Level Paediatric Education team (both Nursing and Medical) have put so much work into continuing education despite COVID; setting up Teams training, continuing nursing student Support via Zoom, virtual training sims and overall expanding the audience by allowing staff to access recorded speciality teaching which they may not have approached before.
- Having been around the houses through training a bit, it's always fun to head back to 'the mother-ship'. G.Floor is a unique kind of place - full of dozens of specialities and characters - but in a funny sort of way working on G.Floor brings together the best of Wessex. The MDT working within and between teams within and outside the children's hospital is so important for patients and colleagues alike. There are learning opportunities at every turn and always a great bunch of colleagues to pick you up and guide you through the trickier times!
- Showed great teamwork during COVID and ensured training opportunities were not lost with teaching all going online. This is now easier to access from home and when not on shift which increases learning opportunities for trainees.
- Really supportive of the whole team throughout the difficult year we have had.

Southampton NICU

- Such a supportive department, to everyone who goes through the doors. I have had a wonderful experience, been so supported, had so much fun, learnt a huge amount and feel I have come so far and it is all because of the fantastic team they have. I have never felt in an unsafe position, but have always been supported to work independently and felt trusted to do so. The consultant body as a whole show keen interest in the juniors experiences and education. In all honesty, I went into NICU with dread knowing that I would have to 'do my time', I'm now sorry to have to leave!
- Friendly and helpful service
- Fabulous team to work with who go above and beyond for patients and their families.
- Despite covid they really tried to ensure our rotas were not changed too much and as much as possible teaching happened. Sarah made sure that where there were gaps in the rota the juniors did not do all the postnatal shifts - thanks! I learnt so much and they are such an amazing team thank you! I will be back!
- I could not think of a better place to work during the pandemic. As trainees we've been well looked after, with our AL honoured to ensure we got adequate rest. Everyone was extremely supportive. They found innovative ways of delivering teaching and journal club remotely.
- Incredibly lovely department full of lovely consultants. No animosity. Warm happy environment to work in despite the high pressure and intensity. Great teaching and learning opportunities both from consultants, ANNPs and fellows. The rota is a dream, thanks to Sarah Davidson, who is so considerate and so perceptive and always wants to improve things for you.
- A great place for doctors and nurses to learn together
- Great atmosphere, very good environment to learn and train.

The Wessex PAFTAs 2020

Paediatric Training Unit of the Year

Nominees

Southampton PED

- CED has been through a tough time and it has taken a lot of hard work and commitment from the senior medical and nursing teams in order to make it a positive place to work.
- To cope with being newly formed and working out how to run as a Paeds ED, with staff who are used to working a completely different way, and then to completely change it with Covid, to give up their specially designed area, and work be flexible enough to adapt to helping with adult patients where needed, all without dropping the ball on patient safety, patient experience or education and training speaks for itself. The Southampton CED team are a shining example to all. They are incredible.
- Excellent team and excellent place for learning!!! Simply THE BEST!!!
- They have dealt with a number of changes including becoming single front door and then COVID. They have taken on board improvements that could be made from previous changes and negotiated recent changes with the least amount of stress while still maintaining education and training of staff.
- Daily teaching, weekly updates on what teaching is available within ED and paediatrics in general. I have never felt so welcomed and so well integrated into a team. Weekly departmental news letter helps with both of the above.
- Over the last 12-18 months, the CED has been through many changes in pathways, systems, staffing and estates. The team has been flexible, supportive and constructive in managing all of these things. Having pulled together, the environment provides rich and varied learning opportunities for both junior and senior staff throughout the day. There is a weekly newsletter contributed to by many, that provides updates, teaching information, guideline review and staff 'getting to know' each other information. There is a successful daily teaching programme contributed to and accessible to all layers of the medical and nursing team which receives constant positive feedback. This has been running despite the challenges of COVID, to give all trainees and nursing staff the educational experience that they deserve. There is a monthly meeting with learning from adverse incidents and interesting cases and feedback for all of these opportunities has been overwhelmingly positive.
- We have absolutely gone above and beyond to ensure that staff (even though all formal training was cancelled by the trust) had on the shop floor training in real time and SIM based plus every morning we now have teaching for 20 mins and do a resus run simulation to embed good practice and set us up for the day.
- The Southampton Children's ED has been excelled in the past year from the challenges of co-locating a Paediatric assessment unit in Sept 2019 it has responded to concerns raised by trainees and has worked tirelessly to provide an environment in which trainees from both Emergency medicine and Paediatrics can develop skills in managing acutely ill or injured children and a department in which trainees now want to come and work as Consultants.
- WHAT A FANTASTIC TEAM
- The unit has been through enormous change in the last 12 months. It has realised its potential in delivery of local and regional teaching. It has embedded clear communication throughout the MDT as part of its 'being'. This has proven priceless as the significant changes to its footprint and ways of working just keep coming! A true example of the Trust values of 'Patients first, working together and always improving.

The Wessex PAFTAs 2020

Paediatric Training Unit of the Year

Nominees

Southampton PICU

- Despite challenges during COVID (I.e. moving department, new rotas etc), the consultant team in PICU have embraced new ways of working, delivering almost weekly half day teaching sessions on a wide variety of topics using Zoom. This teaching has been fun and informative, and of such high quality that it now attracts learners from all over the region, and sometimes further afield. PICU would have been very challenging without this essential education program, and the consultant team, led by Michael Griksaitis and Ahmed Osman, have done a fantastic job of keeping it going.
- A great place to work! They make you feel one of the team very quickly. They were very quick to set up virtual teaching during lockdown, and provide weekly lecture days. Very supportive of their juniors.
- Very supportive consultant and nursing teams. A fantastic place to learn lots!
- Early adopters of Zoom amidst pandemic chaos. Held a series of quality teaching sessions accessible to all.
- Supportive environment and actively encouraged to learn new skills. Plentiful teaching.

Winchester

- A fantastically supportive consultant body and brilliant nursing teams make this unit an enjoyable place to work and learn.
- For the whole team - consultants, nurses, HCAs, play specialists and receptionists all being a brilliant, enthusiastic team, working together to deliver great care, especially with all the changes needed during covid. They look out for each other and their wellbeing and welcome trainees as part of the family. The consultants are extremely supportive for new registrars and all take on the role of teaching as part of their everyday job, with great advice on all things paediatrics! Couldn't have had a better team during lockdown!
- Winchester feels like home! Always welcoming, always good fun and it is great to be team member there.



The Wessex PAFTAs 2020

‘Special Person’ in Paediatrics

Nominees

Alan (Basingstoke – Support Staff)

- He is always working! Happy, hardworking and seemingly always in the hospital. Has kept going with a smile on his face despite COVID!

Ali (Portsmouth NICU – HCA)

- Ali you make the post natal days go from being absolutely awful to efficient, fast, and actually a good laugh! Thank you for being so organised, and helping us rotating through feel so well supported! The days you aren't there are really noticeable! You are a super star!
- What a postnatal Ward superstar!!! Ally keeps us all going and makes even the busiest days there more manageable and enjoyable. She is a wealth of knowledge for new trainees, incredibly efficient and just brilliant!

Amy Savage (Southampton - AHP)

- Amy is psychologist that works mainly on Piam Brown. Amy does amazing work with the patients and their families throughout care pathways. Not only does she work with patients, she also supports all staff. There is a regular tea and cake drop in sessions which staff are encouraged to attend and talk through things without fear of judgement. Amy has supported me during an incredibly testing time and went above and beyond.

Angie (Southampton – Ward Clerk G4)

- Reliable, dependable and always helpful!!!

Anita Harris (Salisbury – Admin Staff)

- Anita is quite simply an exemplar of what is best about the NHS. She has delivered 30 years of fantastic contribution to the paediatric department and has just finished as ward clerk (her role for the last 4 years). She is always nice to everyone (including the consultants she has had to work for!) and is fantastically supportive of the entire team in so many different ways. She is calm, sensible with excellent advice and always looking to see the best in people. She is irreplaceable and will be much missed.

Anne Whiting (Salisbury – AHP)

- Key member of the CF team and always goes above and beyond for her patients. A pleasure to work with.

Catherine Barlow (Portsmouth – HCA)

- helps everyone, always happy, no job is to big or to small

Charlie Ellis (Southampton PED– HCA)

- Despite having caught COVID at the start of the pandemic she has been a solid member of the team able to be relied on at every opportunity. Will always go above and beyond to help out with anything asked of her, a real team player.

The Wessex PAFTAs 2020

‘Special Person’ in Paediatrics

Nominees

Carol Paterson (Southampton PED – Ward Clerk)

- Carol has been a ward clerk on G floor for a long time, and has a huge amount of experience in all things paediatric. Now in paed ED, she remains incredibly supportive and knowledgeable, and nothing is too much trouble, whether it's providing advice on how something is done, or organising follow ups it's done quickly and efficiently. She provides an incredible service to children and their families, and is approachable at all times, whilst maintaining a wicked sense of humour that brightens even the darkest shift.
- Carol initially worked in Pau but has since moved down to the emergency department. She is an asset to our team and will always go out of her way to help patients and her colleagues.
- Always there to help with the morale of the team and keeping an eye out for us all. Has kept her smiles, despite her working environment not being quite where it should be at the moment - but it will soon be back!

Cheryl Page (Portsmouth–Admin Staff)

- Cheryl is a calm organised efficient effective vital member of our team. She looks after consultants, juniors and all her fellow admin staff with such compassion. She also provides parents with a wise comforting and knowledgeable voice at the end of phone.

Chloe Burch (Salisbury- Admin Staff)

- Has made a big difference to DAU and is always cheerful and chatty - a wonderful addition to the Salisbury paediatric family!
- Chloe keeps everything working in the department. Always willing to lend a helping hand, supremely cherry and always a delight to all staff

Claire (Southampton –Play Therapist)

- She really goes the extra mile with the oncology children to make them feel at ease with new procedures and gives them a chance to express themselves, when they have been struggling with their feelings.

Claire Cranston (Nursery Nurse)

- Claire is an excellent member of our paediatric team. She is always very supportive of our patients and their parents and is always cheerful!

Claire King (Salisbury – Admin Staff)

- Key member of the CF team and always goes above and beyond for her patients. A pleasure to work with.

Dale (Dorchester– Support Staff)

- Dale always has a good story to share! He brightens a miserable day, bringing a warm welcome or a word of encouragement. He is cheerful and smiley (you can tell even behind a mask) and our ward is so lucky to have him!

Di Medforth (Portsmouth NICU– Admin Staff)

- Di works tirelessly to provide constant behind the scenes secretarial/admin support to what seems like the entire neonatal department and often goes above and beyond to support the team with wider educational activities as well.
- Di functions as secretary to lord knows how many consultants and is always cheery and helpful, despite her workload. She does not hesitate to lend a helping hand with admin for courses and special clinics. I am so grateful to have her around.

The Wessex PAFTAs 2020

'Special Person' in Paediatrics

Nominees

Diana Harrison (Solent –Admin Staff)

- Diana always goes above and beyond to help everyone-patients and staff. She stays late every day and throughout lockdown made every effort to look after the mental well-being of everyone. Thank you Diana!

Dom Sheehy (Dorchester - AHP)

- Dom is incredibly skilled and talented clinically. He is incredibly supportive of the medical team and encourages their development despite being able to perform tasks/skills himself.
He is incredible in an emergency - calm, supportive and thinks ahead to prepare for potential possibilities.
He brings testosterone to the unit which balances out the oestrogen overload!
Overall he is a fab nurse, ANNP and manager.

Dr Priya Ilangoan (Basingstoke –Doctor)

- Dr Ilangoan has dedicated 35 years of her life to Paediatrics and especially Child Health services in Basingstoke. It will be fair to say that her dedication, devotion and hard work remains unparalleled and also that her patients and their parents 'worship' her for the outstanding, flexible, family friendly service that she provides, especially to her long term patients with chronic illnesses.
Dr Ilangoan is now winding down her clinical hours towards retirement, however, with her foresight, vision and wealth of experience, she is continuing to guide and inspire the next generations of Paediatricians to put our services on the bigger map.
I am sure I can say this on behalf of my colleagues and the whole of Paediatric department in Basingstoke, that we are honoured to have practised Paediatrics in the 'era' of Priya and 'alongside' her.
Priya will remain a 'special' person not only in the lives of her patients and their families but hundreds of her colleagues who have known her and have had the benefit of her knowledge, experience, warmth and care.

Eliza Wood (Winchester – Admin Staff)

- Very effectively manages two very different consultant's work, whilst also being a font of knowledge for registrars which aids them into organising their own time whilst on community.

Faye (Southampton – Bed Manager)

Phil (Southampton PED –HCA)

- She's smiley, hardworking and a trooper. She works incredibly hard when on shift and goes above and beyond to keep things running smoothly. She does jobs because she spots them and doesn't need to be asked. She is amazing.
- Skilled HCA- really integral to running the dept- goes out of her way to help colleagues and patients

Ian Chapman (Southampton NICU - Technician)

- The unit would fall apart without him
- Always there to support the Neonatal team in every technical issue, and have it solved in no time at all! Our in Hospital transfers are a meticulous and safe due to one man's effort!

James Smith (Southampton –AHP)

- James has provided the CAMHS liaison role at UHS for many years and works tirelessly to help those young people in acute mental health crisis or with significant behavioural problems. He has done this often without the support of a Consultant and managing risk that is often well above his normal role.

The Wessex PAFTAs 2020

‘Special Person’ in Paediatrics

Nominees

Jamie-Leigh Allen (Southampton – AHP)

- Jamie-Leigh has brought so much energy to the speech and language team. Loads of fresh ideas and initiatives. Clearly puts the patient first

Jan Keah (Salisbury –HCA)

- Jan always goes above and beyond in her role. If Jan doesn't know where it is, it doesn't exist.

Jean White(Portsmouth – HCA)

- The world falls apart without her. She is always 'on it!' and her toast is on point. The children and parents love her and so do we!

Jo Alford (Winchester –Support Staff)

- Ask Jo for help with almost anything and she will find a way to be of assistance. Never says no!
- Jo is amazing. She supports our children and families on the ward with her kindness and caring nature. The teenagers open up to her and she is a really important part of our team. Jo will often provide an insight that is vital to the medical and nursing teams in making decisions and planning care. She is so kind to all the team, and we are so pleased she is in our team on Northbrook ward.
- Jo is a support worker on the general ward and provides constant cheerful support to the children on the ward. Her brightness and personality really helps lift staff and patients alike

Jon Fox (Dorchester –Admin Staff)

- Juggles billions of rota queries, always understandable with requests and as flexible as he can be. Makes it all a lot less stressful!! Thanks Jon!

Josie Arnold (Poole - HCA)

Karen Lai and Christina Navarro (Poole –Doctors)

- Karen and Cristina spent 8 months this year as the paediatric FY1s in Poole. Due to COVID they ended up spending more time here which was a complete blessing because their hard work and seamless smiles kept the whole team together when things got challenging. They were an asset to the team when other juniors were being re-deployed and stepped up when asked to fill in the SHO rota, taking on nights and week end on calls, without hesitating and with no promise of immediate reward. The nurses and other health professions all love them and as a paediatric trainee you could trust them to get the jobs done as ask appropriately when they needed help. I really can't single one out above the other as they came as a pair, left as a pair and were equally as brilliant in all they did!

Karen Lake (Salisbury– AHP)

- Wonderful member of the CF MDT & great fun to work with

Katie Gilson (Basingstoke–AHP)

- Katie is one of our paediatric dieticians who has very quickly become an integral part of the team. She has developed great skill in managing children with eating disorders on the ward which has provided a bridge between what has been traditionally CAMHS & paediatrics. Such a help in managing often very complex problems.

The Wessex PAFTAs 2020

'Special Person' in Paediatrics

Nominees

Kazeem (Southampton– AHP)

- Always approachable, happy to help and usually smiling!

Kerry and Angie (Southampton –Ward Clerks G4)

- G4 is a dynamic mix of so many different kinds of patients and teams. Without doubt, it only works because these 2 lovely ladies know everyone, know everything and are always there to help with a smile and a cheeky quip! They are the superstars of G-Floor.

Leo and Siblings (Southampton– PAT dogs)

- Brought smiles to the faces of many children and staff on PICU pre pandemic

Lisa Cunningham (Portsmouth–Nursery Nurse)

- Lisa has been such a star for families on the unit especially through COVID19 with all the changes and uncertainty. She has also supported me through a really really difficult time with weekly check ins and kind messages. She is just amazing.

Lisa Leppard (Southampton NICU –AHP)

- Lisa has been such a star for families on the unit especially through COVID19 with all the changes and uncertainty. She has also supported me through a really really difficult time with weekly check ins and kind messages. She is just amazing.

Lorin Taranis (Poole –AHP)

- Lorin has been a very much needed support during covid . He offered both face to face and telephone counselling to many staff members who were anxious and distressed for a wide range of reasons. He held regular debrief sessions for child health staff who were seconded to adult ITU. Also provided telephone support to staff with follow up if he felt this was needed. At the start of the pandemic he gave the senior team practical informative tips on how to support staff .

Lou Pitman (Salisbury– AHP)

- Fountain of knowledge & great fun to work with
- Lou is Sarum ward's wonderful pharmacist who is always around for support and guidance. She is always keen to teach those new to paediatrics, or to advise on less commonly used drugs and therapies. She's always looking at ways to make prescribing more straight forward - her post op analgesia advice sheets were a total winner. Lou is an integral part of the Sarum ward team, we'd be lost without her!

Louise (Southampton – Play Specialist)

- Louise is the epitome of a child-centred professional. She puts in amazing amounts of work with children and their families, supporting them through challenging times. She is endlessly emphatic and will always go out of her way to make a situation the best it can be for her patients. I have been very grateful to her for adding her support to patients on the Paediatric HDU and I hope that she realises her value in the care of children in Southampton.

Macej Gach (Southampton NICU – Support Staff)

Matthew Davies (Southampton NICU – Admin Staff)

- Always happy to help even when it's not really his job. Patient and kind, very approachable. If he doesn't know how to fix it, he knows who does and will always go the extra mile. A pleasure to work with and an unsung support to many doctors (who don't even know it!)

The Wessex PAFTAs 2020

‘Special Person’ in Paediatrics

Nominees

Nichola Beaven (Salisbury – AHP)

- Excellent knowledge of Burns and responsive to patients needs and particularly responded to the additional needs of Covid and adapted her work practices to meet the patients needs. Excellent at teaching others and this enthusiasm has influenced others in their interest in burns

Nuno Simao Soares Lopes (Southampton–Admin Staff)

- Nuno came to G-floor to cover maternity leave- little did he know immediately into the COVID pandemic. He has been an amazing staffing administrator- really on the ball, fair with allocating leave and has been incredibly busy working hard to find last minute shift cover.
- Nuno joined the g floor team in early 2020 on secondment for maternity cover for the junior doctor medical administrator role. Little did he realise that with the smallest number of junior doctors that g floor has ever had, and the advent of COVID-19, he was walking into such a challenging job! However he has more than risen to the challenge - I have never seen anyone pick up a job so fast, with so much enthusiasm, and attention to detail. He has worked tirelessly to ensure the rotas have remained covered, supported the junior doctors through a really difficult time and ensured fairness and parity across the floor with their covering additional shifts. He has been always accessible to them, picked up issues promptly to ensure shifts were covered as far ahead as possible. I certainly could not have done my job without him! And all this despite having to deal with quarantine issues around travelling to his home country, rearranging his wedding around the COVID-19 restrictions, and working in a totally new environment and role. He really has been a superstar!

Perry (Poole –HCA)

- Happy to help the team

Phil Mitchell (Southampton PED– HCA)

- Amazing manner with children - both those who are young, injured and scared as well as adolescents who may be in emotional distress or whose behaviour may be challenging. Knows the department inside out. Reliably available for practical procedures such as plastering for fractures. Recognises sick children and escalates appropriately. A lovely member of the team who everyone is pleased to see.
- Phil is a fantastic member of the CED team. She has the ability to communicate with a wide variety of patients including supporting and calming down adolescent patients. She is a member of the FERF team and takes a vital role within the general team wellbeing. She works incredibly hard and is amazing at what she does.

Portsmouth NICU Ward Clerks

- For being so incredibly efficient and admitting babies before you've even had chance to get them in an incubator. For always having a smile on their face and cheering up the team!

Sandra Clarke (Winchester– Admin Staff)

- Sandra is not just a ward clerk! She keeps NNU running and always knows the answer to where things are (including the biscuits!) She is always a busy bee but always with a smile on her face and makes time for a nice chat in the coffee room. It has been such a pleasure working with you and you are worth your weight in gold.

Sarah (Salisbury –Admin Staff)

- Never without a smile. She always happily offers search documents for you/ any info even if it's a busy time.

The Wessex PAFTAs 2020

‘Special Person’ in Paediatrics

Nominees

Sarah Airdie (Southampton –AHP)

- Sarah has been an amazing support to PICU during the last 6 months. Moving quickly in getting more wellbeing support for staff set up running in the light of the big changes we all faced during the initial Covid phase. Nothing we asked of her was too much she adapted and developed as needs of staff changed along with the situation. All whilst continuing to offer support to families in a very different way to normal

Sue Hall(Portsmouth – Admin Staff)

- Sue has recently taken on a new role within the department and is doing a great job! She is always very friendly and keen to learn.
- Always there to help no matter what.

The Blood Clinic Team (Poole)

- This team are very hard working, doing a whole range of bloods and cannulas on patients booked in to their clinic, as well as on the assessment unit and on the wards. As a doctor, I have really appreciated the whole team, as they have been very helpful in spreading the workload when it's been busy.

Wendy Edwards (Poole– Admin Staff)

- Wendy is the backbone of the paediatric trainee rota. She is proactive, engaging and always ready to help. Great team worker and fabulous human being.

