



PAFTA

Wessex Paediatric Awards
For Training Achievements

The Winners & Nominees 2019

With Special Thanks to



**The Wessex Paediatric Awards for Training
Achievements 2019**

Winners

Consultant Supervisor

Dr Michael Griksaitis (PICU)

-

Senior Trainee (ST4+)

Dr Fiona Hignett

-

Junior Trainee (ST1-3)

Dr Lauren Bishop

-

Consultant Supervisor Unsung Hero

Dr Katrina Cathie (UHS)

-

Senior Unsung Trainee (ST4+)

Dr Adam King

-

Junior Unsung Trainee (ST1-3)

Dr Brooke Gamble

-

Paediatric Nurse

Andrea Rowe (Salisbury)

-

Special People

Jan Kear (Salisbury)

Dr Abi Sharpe (UHS, Cardiology)



The Wessex Paediatric Awards for Training Achievements 2019



Supervisor of the Year

The Nominees

Akshay Batra

- Excellent supervisor very supportive of junior trainees, very approachable with excellent clinical skills and a good team member.

Alok Sharma

- Hardworking, involved in a lot of projects, mentors the MTI trainees

Cheryl Chainey

- For her dedication to safeguarding children in the emergency department and improving the pathways

Deb Pathak

- Amazingly supportive

Deepa Shenoy

- She is always willing to support junior staff, takes time to read the portfolio. Takes an interest in her trainees life outside of work. She is approachable and supportive

Emma Grainger-Allen

- Emma is always positive. Her door is always open for any trainee to walk in and ask advice.
- For her constantly open door and sorting any training crisis with a smile on her face.
- Always goes above and beyond for trainees. Will always find time for you no matter how busy she is and always with a smile. Has made an awful few months far easier than it could have been.

Hannah Buckley

- Although not my supervisor I feel I must nominate Dr Buckley for consultant of the year for all the help and time she dedicated to teaching us for clinicals practice. She gave up a lot of her time to coach us through the exam and gave helpful and constructive feedback. I felt so much more prepared after her sessions at QA and I am so grateful for her help. Thanks a lot Dr Buckley!

Helen Fielder

Huw Jones

- Caring and very supportive

Juliet Gray

- The best academic supervisor, Dr Gray is the best mentor and supportive supervisor during my academic clinical fellow year. Dr Gray has signposted and guided me to achieve my goal.

Karen Deem

- The most thorough and helpful supervisor I've ever had. She dedicated lots of time to discussing career options, learning opportunities and how to work training around my children. Thank you!



The Wessex Paediatric Awards for Training Achievements 2019



Supervisor of the Year

The Nominees

Katrina Cathie

- Katrina is always a positive role model for the junior doctors on the team and always tries to make shifts more enjoyable. She is very good at considering the morale of the junior team and ensures that everyone is supported and cared for during the work.

Mark Alderton

- Mark is an amazing supervisor, he's always calm and nothing is too much trouble despite all the chaos that comes with running the general paediatric team.

Mark Johnson

- Mark is not even my supervisor, but always very generous with his time, support and encouragement of all trainees. Very approachable and fun to be around.

Michael Griksaitis

- I was very grateful to have Michael as my supervisor, with his keenness to teach and willingness to help. His enthusiasm for Intensive Care medicine is infectious and find myself strongly considering going down this route (something I had not previously thought about prior to PICU). Michael was always approachable and a calming presence in the often fast paced and hectic land of intensive/ critical care medicine. Thankyou
- Michael facilitated a visit to Peppa Pig world for a young girl with Leigh's syndrome who was intubated/ ventilated and being transferred back to Poole for withdrawal of care and her family. Peppa Pig world opened the park especially for this young girl's/ families dying wish, which was a very happy visit providing the family with some special memories for the future. She died later the same day. This is not the first time Michael has gone out of his way to facilitate special moments for families of children requiring palliation and for this he deserves special recognition.
- Michael has been an incredible supervisor. Supportive, motivating and with me nearing cct has helped me navigate what skills I need to work on. He has made what ought to be working in a high stress environment with patients with complex needs a real pleasure. I have felt so supported when I was concerned about my arcp. He really does have your back and has a way to make a stressful situation not stressful and very manageable. He does this as my supervisor but I know he is just like this with all trainees, his consultant colleagues, other health professionals.
- Michael was my mentor during my Advanced Nurse Practitioner training in PICU 2016-2019. He has been supportive, encouraging and innovative in his teaching methods to get me to the standard required for this post. He has gone above and beyond, adapting his approach as required. Michael is always enthusiastic with all trainees, keep to impart knowledge and support education of future trainees. He is patient, kind and the perfect person to have as a mentor in this new and evolving clinical role within PICU.
- Warm, enthusiastic, superb trainer

Olie Chowdhury

- Extremely high level of supervision; accessible, and clear focus on trainee career and professional development; valuable mentorship for career next steps

Penny Mancais

- Penny always takes the time to thoroughly discuss individual progress and performance in supervisor meetings. I always look forward to catching up with Penny who makes an effort to get to know trainees individually. Penny is also keen to involve trainees in decision making on the ward along with discussing cases regularly.



The Wessex Paediatric Awards for Training Achievements 2019



Supervisor of the Year

The Nominees

Phil Hyde

- Inspirational!!!! Goes out of his way to help and inspire. Took several hours out of his own time to help prepare me for an interview. A great teacher and mentor.

Pippa Haywood

- For generally being fantastic & making awesome signs, certificates and stickers for the trainees.

Ramya Ramanujachar

- Ramya is one of the most supportive and caring members of our team, she is always keen to help and ensures that each patient gets the very best treatment that is individually tailored to their needs - she is always very mindful that this care/treatment should be holistic and not just about medicine. Ramya is great with the families and the children, they all love her - especially her fist bumps and high fives! Ramya is keen to teach and takes the opportunity to do this with both the nursing and medical teams that she works with. I have learnt so much from her, her knowledge is invaluable.

Rosemary Dew

- An extremely kind and supportive consultant, always approachable and extremely generous with her time to support and encourage junior colleagues! Thank you for always providing a listening ear and much wise advice.

Rowena Staples

- Brilliant clinical lead
- Row is a brilliant clinician, communicator and role model for female paediatricians. She has high standards of care for her patients, is kind and fun to work with. An excellent leader.

Roy Seivers

- Really listens to trainees needs and is both understanding and proactive in resolving issues. Gives a lot of time to providing useful feedback and thorough with supervisor reports.

Sarah Davidson

- Could not have coped with neonates without her. Whilst she was not my supervisor she took me under her cover and always has time to listen to my problems
- Dr Davidson is amazing, she always has time for people struggling and if there is a problem tries to fix it. She is fair tho and what she will do for one she will do for all. Sometimes I worry when she answers emails so late at night! She is also great to be on-call with and never complains about coming into help us. I hope that she knows how much I think of her.
- Sarah has been so supportive of me and really does go the extra mile. She has spent time listening to me and does not judge me for my issues. I think I would not be still in training had she not bothered to be there for me. She has so many things to do but always makes time for me. I can not thank her enough for all she does for us all but especially for me.

Schuman Haq

- Always really interested in how the trainees are finding things, making sure our working pattern is ok and that we're getting enough training opportunities. Also good teacher who explains his thinking behind decisions.



The Wessex Paediatric Awards for Training Achievements 2019



Supervisor of the Year

The Nominees

Sebastian Gray

- An excellent supervisor, in fact the best I've ever had! Supportive, encouraging and approachable. I wish Seb could be my supervisor every year!

Sumit Bokhandi

- Dr. Bokhandi is an extremely understanding and kind supervisor. He has provided excellent career guidance to all his trainees.
- Sumit is a brilliant paediatrician. He is extremely approachable and always helpful to the wider department. During a challenging time professionally he offered sound, impartial advice to me and was extremely supportive.

Wendy D'Arrigo

- An excellent mentor and supervisor, always approachable ever willing to help. What an excellent community paediatrician too!





The Wessex Paediatric Awards for Training Achievements 2019



Senior Trainee of the Year

The Nominees

Aakarshan Mehta

- Always happy to support others and teach. He seems to know everything and does help out and is a team player.

Abi Sharpe

- Abi works on E1, paediatric cardiology. She is an amazing Doctor with a fantastic knowledge base. Not only does she support the junior Doctors in their training she also makes time to teach the nursing staff through the use of SIM's and on E1 study days. Abi is approachable and always willing to support staff with difficult patients sharing her knowledge and skills. Abi is a highly valued member of the team who always has a smile.
- Very supportive colleague, always goes the extra mile for both patients, their family and other colleagues.
- Dr Sharpe is a very trusted and respected doctor on E1. In addition to her medical skill and expertise, as a unit she has had a unprecedented impact on molding our doctors, nurses, HCA's and students into a team. She is highly enthusiastic about education on E1 and has helped to create a really safe environment where all staff feel that they can ask questions, develop personal skills and experience education in new and exciting ways. She has an approachable and kind personality and is the first to volunteer her services in helping to run simulation and study days on E1. Moral on our unit has been exceptionally low in the last 18months and I believe not only based on my personal experience but also the feedback I receive from SHO's, nurses, HCA's and students working alongside her that she has made them feel welcome, involved and confident in the knowledge that they have. This is something that as a unit, we are very thankful for.
- Abi is an extremely valuable member of our team. She has supported myself and my colleague in improving education on E1. She is always keen to engage with study days, SIM sessions and day to day teaching. She has helped us transition into our new roles. She is approachable and knowledgeable but always listens to concerns without judgement and values other people's experience. She understands the importance of hierarchy in a deterioration and leads the team well with clear instructions, however day to day she bridges the gap between team members and helps us run smoothly as a team, valuing each member as an individual. It is rare to find a doctor who can switch between being a friend and leading a team without being overly authoritarian. It is always a pleasure to work with her, knowing she will try to make the best working environment possible.
- Dedicated to patient cares, also very helpful. Excellent team work
- Abi is the backbone of the paediatric cardiology department, and it's always lovely to hear her voice at the other end of the line when making a slightly dodgy request for an echo! She is incredibly knowledgeable, hard-working, technically skilled and just an all-round wonderful person.

Adam King

- Very dedicated and hard working. Showed keen interest in doing projects, publications and presentations
- Adam is a brilliant registrar. He works hard, sorts stuff, is kind to everyone and has a sense of humour. We thoroughly enjoyed having him in the team.
- Wonderful doctor

Caroline Storey

- For always appearing positive despite stressful/busy shifts. For single-handedly producing the best Paediatrics Podcast available!!



The Wessex Paediatric Awards for Training Achievements 2019



Senior Trainee of the Year

The Nominees

Charlotte Weeks

- Charlotte is an unflappable professional. Calm, knowledgeable and mature beyond her years. She is a fabulous role model to juniors and I have no doubt that she will continue to shine throughout her paediatric training!

Christine Dale

- For dedication to safeguarding children in ED

Clarissa Chase

- A trainee who has continued to pursue excellence in emergency care from pre-hospital prevention to development of trauma services
- Clarissa has persistently gone above and beyond in the last 6 months of her training. She has taken on extra roles within the department and has gone out of her way to come in days meetings and teaching. She is hugely supportive to the wider multi professional team and is an absolute asset to the team.

Emily Tabb

- A very friendly and approachable member of the team. Always wanting to learn and happy to share her knowledge. Lovely to be on shift with!

Fiona Hignett

- Always goes the extra mile for others, one of the most approachable people I know - whether it's supporting juniors from a clinical perspective or her willingness to support all trainees with absolutely everything. Don't know how she does it!!
- Always goes the extra mile and an inspiration to us all! Fiona undertakes so many different roles with dedication and enthusiasm and is always approachable about absolutely everything. Thank you for everything that you do for us all!
- Fiona is quite literally Wonder Woman! Brilliant clinically, lovely, an absolute joy to work with and does SO much for Wessex and Trainees as a whole. I literally have no idea how she crams so much into a 24 hour day! She continues to do amazing work at the College and is a credit to Wessex and Paediatrics as a whole. She will make a fantastic Consultant very soon and any department would be lucky to have her.
- Excellent rapport with the new to area trainees. Warm, welcoming, and seemingly always smiling.
- Fiona is an excellent paediatrician who has overcome significant obstacles and issues in this year and managed to develop significantly as a decision-making senior paediatrician (particularly in outpatient setting). She has demonstrated resilience and managed to take significant positives out of challenging situations which I find particularly impressive
- Willing to go the extra mile for colleagues. Gets trainees together to work as a team

Hannah Watts

- Hannah is hard-working and efficient and always cheerful and keen to help out. She is excellent clinically and is a pleasure to work with.

Heather Deall

- Heather is always calm and cheerful, and quietly confident. She is an excellent leader and role model for junior trainees, and is going to be a fantastic consultant.



The Wessex Paediatric Awards for Training Achievements 2019



Senior Trainee of the Year

The Nominees

Hushi Hu

- Hushi is an absolute pleasure to work with. She is so hardworking, with great attention to detail, yet always has a smile on her face.
- Works so hard and always grinning from ear to ear. We just love Hushi. She's a lovely person and a fantastic neonatal trainee.
- Inspirational trainee who supports all the team. Always smiling and willing to help.

Jackie Gillespie

- Happy and excellent doctor, fun to work with

James Hammond

- It has been an absolute pleasure to work with James this year. He is incredibly hard working and yet never moans or complains. He is so kind and gentle with children and families and is a truly inspiring clinician. He is an absolute professional in all that he does and he will be a fantastic consultant.
- He is great to work with and is the first Doctor to have ever attended a ward meeting. I always want him to be on shift (and often tell him this) as he is calm, ridiculously thorough, has THE best hand writing ever and is just a legend. We will miss him in the west of the region.
- Calm composed and clinically sound
- James is efficient and dependable. He has excellent communication skills and works very well with families. He is pleasure to have in a team.
- James is a fantastic Paediatric registrar, he is hard working, has great attention to detail. Always happy to support junior trainees in learning new skills, teaches when there is opportunity. He is friendly to all team members. Always working hard to ensure the best care for his patients.

Justin Thuraisingham

- Although Justin has now sadly transferred to another deanery, his time in Wessex will not be forgotten. He is extremely well regarded by patients & staff alike and his calm, friendly approach speaks for itself.

Lambri Yianni

- Extremely high level of clinical acumen, organisation and excellent clinical skills - fantastic and enthusiastic teacher, supportive of junior trainees

Lucy Everitt

- Lucy is the ultimate reason why I wanted to pursue a career in paediatrics. There are rare times in your life when you find people that you want to emulate and "grow" up to be like, Lucy is most certainly that person to me. She is diligent, hard working, enthusiastic, rational and an amazing support to junior trainees. As a registrar she balances being a leader and a teacher so well. It's because of her I'm now a paed trainee.

Matthew Jones

- Great guy, hope he likes New Zealand and decides to come back to us! He never complains and has great knowledge

Melanie Johns

- Fantastic clinician, supportive to juniors and certainly helped me continue in my medical career.



The Wessex Paediatric Awards for Training Achievements 2019



Senior Trainee of the Year

The Nominees

Mirna Krishnan

- Mirna is an exceptional trainee and an asset to the NICU. She is extremely supportive of her peers and juniors and always guides them without fail. Takes the initiative with difficult jobs and gets them done. An absolute pleasure to work with.

Natasha Tisovszky

- Natasha is a rare breed: an exemplary role model in professional values and behaviours; excellent clinical acumen, fabulous relationships with both patients and colleagues and so modest. A credit to paediatrics. It is to be commended that Natasha sees the health promotion and well-being of staff as important of that of our patients. Her active participation in promoting well-being at work should be recognized in the current climate of poor staff morale.
- Natasha is a very good role model for a registrar as she always has a positive attitude and is always willing to help and support her colleagues. She has been extremely helpful at covering vacant shifts and always does so without complaint or the need for praise. I am always confident that when Natasha is on shift, she will handle anything that is thrown at her very competently.
- Unswerving support to all around her, confident and competent, a great role model for juniors and her peers. Happy to fill gaps, carry 2201 to help ensure good coverage for patient safety (and staff sanity!).
- Tash is an amazing role model and it's been great to work together again. She always provides a friendly ear and supports nursing and junior colleagues, not to mention picking up various extra shifts when people have been away / unwell

Peta Coulson-Smith

- An inspirational team member

Philippa Thomas

- For her dedication and persistence in raising the nutrition agenda and improving the efficacy of nutrition screening and assessment of nutrition risk.
- Amazing trainee, really supportive of all of her colleagues.
- Extremely competent, excellent team player- picks up extra shifts, covers others and above all is an extremely friendly and fun person. Hugely valued team member
- Pip is always so incredibly thorough. I have learnt so much from working with her this year, in particular from her work and enthusiasm in promoting nutritional assessment. I hope one day I can be as brilliant and inspire other people as she has.

Preethish Shetty

- Preethish has been an excellent trainee. Supportive to fellow trainees, well liked by nursing colleagues and respected by the consultants. He will be an excellent addition to whichever hospital he joins as a consultant!
- Great colleague. Thorough

Rebecca Grieg

- Rebecca has been so fantastic over the last year. She has remained so positive despite having some negative influences around her. The calm and professional way she dealt with this makes her stand out and is why we would love to welcome her back as a consultant colleague in the future.

Rebecca Moon

- Returned from research with renewed vigour and always has the interest, clinical skill and time to work out complex patients



The Wessex Paediatric Awards for Training Achievements 2019



Senior Trainee of the Year

The Nominees

Ruth Margetts

- Approachable, always supportive, great fun and just lovely! I am always so pleased to be on a shift with her.
- Having worked with Ruth on both PICU and Neonates, I have found her to be an outstanding patient advocate, an excellent team player and a brilliant, reliable and consistent communicator with parents. It is a pleasure to work with her.

Sadia Zeeshan

- Sadia always has a positive attitude towards work and works very hard to deliver efficient and effective care. It is always a pleasure to work with Sadia who spends a lot of time teaching others.

Sarah Lodge

- Cheerful and a calming presence, Sarah always seems to have everything under control. Thorough in her work and loads of energy. She inspired me every day!
- Sarah is an excellent Registrar knowledgeable and skillful with a sensible approach and a fantastic approach with families and children.

Tamali Hodgkinson

- Tamali is a fantastic clinician, is very hard working and always positive. She is very reliable, kind and the best kind of person!

Vinodh Vijayakumaran

- Always smiling, always keen and efficient. Will be an inspiring consultant.
- Vinnie is an incredibly hard working trainee, always reliable and approachable. He is an invaluable member of the team. He has taken on a new role this year as the Doctor for the South of England group of Dreamflight and will be amazing at it!
- Efficient, confident and skilled. I never doubt his clinical decision making. He has taught me a lot and is friendly and easy to get along with.
- Vinnie has worked tirelessly during the past 6 months +/- hard working, efficient, stepping up frequently above and beyond anything we should expect to provide service when the rotas have been full of gaps both expected and unexpected 10/10 for professionalism

Vinod Kolimarala

- Although I did not work on the same team as Vinod he was such a great person to have around on G floor. He went the extra mile to help me with my upcoming clinical exams inviting me to his clinics as well as letting me know when he came across interesting patients and watching me examine them. He has a really nice manner with children and parents and I felt I could always come to him for help if needed.

Carla Wesley

- Carla is not only a clinically excellent doctor, her resilience and self care is a true example to others. She has managed circumstances outside of work over the previous months with a real maturity and self reliance which has been admirable. Any affect it could have on her work she recognised and mitigated, finding and creating her own solutions, while ensuring others who need to be informed were kept abreast of the situation.



The Wessex Paediatric Awards for Training Achievements 2019



Junior Trainee of the Year

The Nominees

Abigail Lazenbury

- Abi has excelled given her year of training. She is dependable, approachable and extremely efficient.

Abigail Oliver

- Wonderfully competent, kind and very caring to patients. Helpful to all those on shift where possible. Great at handovers. A good inspiration to her peers

Alyssia Broomfield

- Very ready to be a registrar, works so hard and is a great team member
- Always on top of everything, funny and just gets it done .

Anne Mcgough

- Anne is a very thoughtful and supportive SHO, one example was during a time in both our careers when a patient died who had been under our care for quite some time. In turn we knew the parents very well. We had over a year of getting to know them and feel their frustrations and sadness. Anne managed to remain professional at all times but was also very kind in supporting others in the team during that time.

Brooke Gamble

- Brooke is an extremely competent trainee for her grade, able to treat patients appropriately, kindly and empathetically. She has proven her skills time and time again in multiple areas and is generally loved by all colleagues and nursing staff. In emergency situations she has been able to help with the immediate problem but also have a full view of the rest of the unit in order to keep other patients safe. Simply put, she's the SHO you want to be on shift with...and all that's before the incredible baking!
- Diligent, hard-working and organized. Acts as an excellent example to other juniors in paediatrics
- Very calm and collected. Great emotional quotient. Thoughtful and innovative.

Divya Varghese

- Has settled in so well and is a pleasure to work with

Hannah Steedman

- Goes the extra mile

Joely Clarke

- Hard working and always gives her all, maintaining a smile throughout. She was truly awesome to work with, whilst on neonates in Southampton.

Emily Marsh

- Emily and I worked together on G floor. We had so much fun together and it was an absolute pleasure to work with her, she made me laugh so much at work even during the stressful times! She has a uniquely brilliant of engaging children and patients and parents alike love her!



The Wessex Paediatric Awards for Training Achievements 2019



Junior Trainee of the Year

The Nominees

Emma Lindell

- Emma is a fantastic trainee and I have had the absolute pleasure of working with her during her ST1 year. She works so hard, is always positive and enthusiastic, and is loved by staff and patients.
- Emma is one of the best SHO's I have ever worked with. Full of common sense, efficient and sensible and able to trust her completely. She is working well above her level and it feels like you have an additional registrar working when she is on shift. Aside from that she is always smiling and lovely to work with!

Genevieve Southgate

- Genevieve is a dedicated, enthusiastic, knowledgeable trainee who is able to keep calm even if things are going terribly wrong around her! She always manages to keep everyone's spirits up, and works well with the whole multidisciplinary team. She also genuinely cares about her patients, going above and beyond for them. Genevieve - you are brilliant!

Georgie Stocker

- Georgie is reliable, hard working and working way beyond the level of an ST1. She is a lovely person to work with.
- Georgie is a pleasure to work with, very hardworking, calm under pressure, and keen to learn.

Jess Wilding

- Has shown amazing perseverance this year, great team member and good fun!

Katie Restall

- Katie flourished in her first registrar post. This was in the busiest unit you can work in as an ST3 general paediatric registrar, and one that she had never worked in before. It was incredible to see her flourish from being (appropriately!) scared to death to confident, assertive and independent. Katie has a sensible head on her shoulders, is reliable and extremely fun to work with. Her progress, and her achievements over the last 6 months, have far exceeded expectations. She has dealt with some challenging situations with composure and should be proud of all she has achieved. Katie has set the standard for how one should approach their first registrar job - if only more people could be like her!

Lauren Bishop

- Lauren is professional, hard working and absolutely fantastic - she is a total team worker, engages with the whole family and is absolutely lovely. As the Sister of the ward I am confident in saying I have to work with a more hard working, committed, and fantastic paediatric Registrar.
- Acting way above her grade. Excellent clinical judgement. Great laugh.
- All the consultants love being on with Lauren as she is capable, hard-working and even comes onto night shifts with a smile on her face. She is working at well above ST3 level and is widely regarded as a very safe pair of hands.
- Amazing doctor and working well beyond her ST years. We loved having Lauren as part of our team!
- Fantastic to work with. Calm, efficient and all round great.
- Lauren is an outstanding Doctor. She is friendly, efficient, safe, excellent with parents. She goes above and beyond with everyone staff, patients and parents. She has excellent knowledge for her level of training. I am a new ANP and she has been so approachable when I have been unsure, very patient with me and has taught me something new every time I work with her. She is fantastic!



The Wessex Paediatric Awards for Training Achievements 2019



Junior Trainee of the Year

The Nominees

Lauren Bishop

- Lauren was amazing in her first Reg job. She wowed the Consultant body (who can be a bit fussy!) with her calm "can do" attitude that set her much higher than her ST3 grade suggested. Hard working, infinitely sensible, fun and just amazing. She will do great things. Please come back soon.
- Organised, efficient, fantastic to be on shift with.
- Outstanding clinically, great team worker and very aware of the needs of the team and parents.
- Simply outstanding. She works hard and achieves much. She has been a pleasure to work with
- Excellent trainee thorough efficient calm and sensible. Also keen to improve and seeks feedback. Pleasure to have in the team.
- She really functioned at much higher level. Quick and still careful and knows when to ask for help. Don't know how she does it! Brilliant!

Michelle Fernandes

- Hardworking, diligent, great team player - high level of clinical skills
- Michelle is full of positive energy. She has great enthusiasm for learning and teaching.

Patrick Clarke

- Hard working, reliable, clinically excellent, approachable and great sense of humour - a delight to work with, no matter how bad the shift!
- Enthusiastic, reliable, great clinically and an all round nice guy!
- Keen to learn, teach and above everything always a team player.

Rob May-Miller

- Although only just starting his paediatrics training this year, having worked with him in Basingstoke as F2 it was great to see his enthusiasm and willingness to learn alongside his insight to how much there is to learn! A trusty pair of hands and hard worker he will be a fantastic addition to the paediatric Wessex family and is already steps ahead on this journey.

Sarah Warren

- Very thorough and sincere. On a bad winter night shift, she's the SHO I'd want to be working with.

Simone Paulson

- Always goes the extra mile to help, has bucket loads of common sense and I look forward to being on shift with her
- An amazing team player. Always keen to learn and support others to do so. Fabulous work ethic and some great travel tips!
- Hugely hard working, fantastic team player. A pleasure to work with.
- Simone is an inspiration to us all, I don't think I've ever not seen her with a smile on her face! She's an excellent clinician, goes the extra mile for her patients and is a pleasure to work with.

Sushil Sharma

- Great hardworking ST1 who is keen to learn and has hit the floor running in neonates. A good team player who works well and always delivers from the front

Zachary Green

- Zak provides a great positive vibe in the workplace. He is always polite & friendly even during hectic crazy shifts. He demonstrates eagerness to learn & then share that with others. Most importantly he builds fantastic relationships with the children & families he cares for.



The Wessex Paediatric Awards for Training Achievements 2019

Consultant Unsung Hero of the Year

The Nominees



Alok Sharma

- It is no secret that Southampton NICU would not be the unit it is today without our MTI trainees. Dr Sharma has been at the forefront of the scheme since the beginning and having recently finished a rotation through the unit, I can safely say the calibre of trainees he is accepting onto the scheme are of a truly high standard. That aside, Dr Sharma goes out of his way to ensure the trainees settle into British life as quick as possible and is a port of call both in and out of hours. I have had the pleasure of working closely with the MTI trainees/fellows and was amazed to hear the lengths he goes to, and he truly meets the definition of unsung hero. Trainees talk about Alok helping them with housing, finances, social matters and ongoing medical education amongst other things, and all highlight how important he has been in their careers and move to the UK.
Until recently, I was unaware of quite how much he does, but am in awe of all he does. Despite this, he still finds time to be a constant presence on the unit - spearheading the units teaching/simulation training. Wessex is lucky to have Alok, and as a trainee, I am truly grateful for all he has done to support me in my training (both back in my ST1 and my recent ST4 training post)
- Does a lot behind the scene

Christina Dale

- Dedication to safeguarding children

Clare Hollingsworth

- Dr Hollingsworth is one of the kindest, approachable and the most supportive consultants. Clare is always helping juniors and medical students
- Clare is an incredibly supportive, encouraging and kind Consultant. She constantly strives to make every member of her team feel happy and well supported in the workplace, creating a friendly atmosphere. She is an excellent teacher, gives helpful feedback and seeks to provide training opportunities, constantly aiming to improve training experiences for all levels. Clare will frequently go above and beyond for both her patients and for her team. She always makes time for you.
- Since becoming a consultant, Clare has managed to take on more roles than most people do throughout their entire career, and has somehow given 100% to each one! She works tirelessly to improve the care of children in her hospital, never accepting anything less than the best possible practice, using her obvious passion and her excellent interpersonal skills to get others on board. She also provides wonderful support for other new consultants through the Stepping Up programme, reminding us that work can be hard and that we need to look after each other.
What I don't understand is how she manages to do all of this and still fit in all of the insane exercise she does and have such a perfect family life too!?
- Clare is superwoman! She is a new consultant and is already taking on every role she can find, and making a difference to patient care, the paediatric service, and paediatric trainees. In amongst this she is still able to be supportive to colleagues, provide medical student teaching, and be a Stepping Up champion. What makes her even more worthy of this award is that she has no idea how amazing and inspirational she is. Oh, and she's clinically excellent too.
- Her lemon drizzle cake is amazing! Clare works so hard to improve the patient care of every child in Dorchester. She makes juniors feel welcome, supports their learning. She has dealt with many complex cases and on the back of this increased communication and team working between different areas of paediatrics; CAMHs, A&E, Maternity, Medical and surgical specialities. She also has a smile on her face, even when many jobs fall to her. Without her Dorchester would not be such a great place to work, she goes above and beyond to make sure patient care is the best. Encourages team work and looks after us all like her own children. Thank you



The Wessex Paediatric Awards for Training Achievements 2019

Consultant Unsung Hero of the Year

The Nominees



Clare Hollingsworth

- Clare has such a presence on the ward and is both fun and supportive to work with as well as really skilled and knowledgeable. The part I respect most is this is not just limited to supporting Doctors but other members of the team can go to her and she welcomes discussion of any concerns. She is also there to help when its been a tough day and she knows when what you need is someone to talk to and as colleague and friend. Thank you for always bringing cake and being a shoulder to cry on. She is such an asset to DCH and I admire the work she is putting in to making us an integrated team. I genuinely look forward to coming to work if I know she will be on shift as no matter what happens she will have everyone's back.

David James

- Works tirelessly to ensure all the trainees are happy trainees.

Deepa Shenoy

- Deepa is a wonderfully supportive colleague who is always kind and has always got your back! She has an incredible work ethic and never looks for praise or credit - she just gets on with it. She supports junior colleagues and consultants alike and is a brilliant teacher - always willing to share her knowledge in a humble and unassuming way.
- Ever gentle and helpful, happy to be on the floor and sort out stuff. Encourages you to take on challenges with her standing by your side. So helpful with last minute assessments

Eleri Williams

- So knowledgeable, very reasoned in her approach to any clinical problem, completely unflappable and always looking out for trainees welfare
- Quietly goes around supporting colleagues and improving the lives of many children and families.?
- Working tirelessly behind the scenes in her own time to help trainees in difficulty

Emma Grainger-Allen

- All round legend. Rota queen, huge advocate for junior doctors, go to for a sympathetic ear, always smiling. Super-hero!
- Emma works very hard to make sure that simulation teaching for PREP days and other courses runs smoothly and is well coordinated. She is excellent at putting people at ease and getting them to volunteer for sim!
- Emma is always a joy to work with. She is always positive and is able to take most things in her stride without affecting her interactions with others. She has done a fantastic job of co-ordinating the challenging junior doctors rotas and provides fantastic pastoral support when it is needed.

Freya Pearson & Mark Johnson

- For their work at raising the profile of Southampton Neonatal Unit as a centre of nutrition excellence. Following the implementation of the Nutrition Guidelines there has been a consistent improvement in the growth outcomes of preterm infants managed by the team - which has been evidence in a BMJ article last year demonstrating that preterm infants if given adequate nutrition will continue to grow along their birth centile. In addition Freya and Mark have championed the use of breastmilk amongst preterm infants demonstrating that if breastmilk fortifier is provided to preterm infants at home growth is significantly improved at 12 months of age - the peer review paper arising from this work was featured on the BBC News website and is a highly accessed reference.



The Wessex Paediatric Awards for Training Achievements 2019



Consultant Unsung Hero of the Year

The Nominees

Hannah Buckley

- Ever present and supportive. Calm, friendly, and a big Bubbles charity supporter.

Huw Jones

- Incredibly supportive and kind, hard working and always willing to help out the wider team, whatever the task.

Jaspal Singh

- Given excellent support and guidance in portfolio building and careers advice!

Jim Baird

- Works ridiculously hard and goes the extra mile to support registrar outpatient learning

Jennie Rowley

- So approachable, friendly and supportive of juniors.
- For managing the impossible and not only getting an SHO specifically for Paediatrics on nights, but also for her endless rota juggling and magic. So, so grateful! Plus she's always approachable, smiling and happy to help.
- Despite only being with us for a year, Jennie has managed to get us our own Paediatric SHO on nights and has worked magic with the underfilled junior doctor rotas. That definitely deserves an unsung hero award in my opinion!
- For getting a Paeds night SHO for RHCH.

Katie Pain

- Always willing to listen, brings cake to on calls and look forward to being in call with her

Katrina Cathie

- Katrina no matter how busy she is always makes time for you. She provides a listening ear. She tries to find the positive in everything.
- Passionate about the Children's hospital and willing to go the extra mile for her patients and the staff who work with her.
- For her constant support and care for staff of all roles and positions within SCH
- Katrina is always thinking of ways to bring the team together on Southampton G floor. Whether it is writing paediatric love hearts for Valentines day or making a colleague appreciation board. I finished my shift on Christmas morning to find a small present under the tree in the doctors office thanking me for working over Christmas (from Katrina and Kate Pryde). Previously she has ordered in pizza over the weekend and made sure we all have lunch together. She is a huge reason why working on a very busy G floor was actually one of my favourite placements. Thanks Katrina!
- Katrina always goes the extra mile from pizza at weekends or flowers to brighten up handover she really invests in making the working environment the best it can be, helping remind us of all the positive things at work #paedsrocks

Katrina Cathie, Kate Pryde and Francesca Steadman

- Can't choose one of them! As a group their endless enthusiasm and positivity has really made G floor an incredible place to work.



The Wessex Paediatric Awards for Training Achievements 2019



Consultant Unsung Hero of the Year

The Nominees

Kelly Brown

- Kelly has been instrumental in doing a lot of QI work on the postnatal ward. A great colleague to work with and has silently done a huge amount of work to improve the care of babies on the postnatal ward and the neonatal unit with her work on Antibiotics and EOS. Instrumental in getting our sepsis guidelines on the road and has done a lot of teaching and training in this regard especially with our junior doctors. Extremely innovative (Think 30) and a silent worker in the background who gets the job done without a fuss.

Louise Collins

- Always supporting juniors on shift, off shift, day and night! You never feel like you have a stupid question or an unreasonable request and just quietly gets on with being amazing.
- Where to start...there are not enough words to describe how amazing Louise is. Every time she bounces onto the ward, she is full of smiles and brings such a positive and happy atmosphere. Louise has so much compassion; not just for her patients but also for her colleagues including the nursing team. It's widely recognised and I know we speak on behalf of the whole nursing team when we say we are so grateful for her! Louise so deserves to be recognised for everything she does for us all; we are so lucky to have her as one of our consultants. Louise has the biggest heart of anyone we know and all the children and their families adore her when they meet her. Providing team debriefs and regular catch ups ensures that everyone has the opportunity to discuss their thoughts, feelings and worries that may have arisen with our patient caseload. This has proven to be of great benefit to morale and makes us feel valued as a nursing team. Louise has gained our complete trust; and we know that all our concerns are listened to and actioned upon appropriately. We could go on and on about all of Louise's wonderful traits, but to conclude; we do not believe there is anyone more deserving of such recognition and hope she realises just how amazing she is!
- Since taking on her role has been so supportive to help out with young people with mental health issues. Always there to support the young person and the nursing staff dealing with them on a daily basis.

Madhavi Velpula

- Calm and collected, very helpful and gets stuck in with the trainees on CAU.

Mark Alderton

- A great inspiration to all those working with him. Dr Alderton is unswervingly calm, kind to patients, their families and staff, compassionate and competent. He completes work place based assessments, hardly ever takes thanks for doing so when its offered! Cheers up handovers and oncalls with anecdotes and always seems willing to go the extra mile supporting juniors and his colleagues in the workplace.

Mark Johnson

- Mark is a very reassuring presence on the Neonatal Unit. His clinical prowess is fantastic and he is a genuine team player, listening to the opinions of doctors and nurses alike. Mark is very well respected by the parents of the babies on the Neonatal Unit. Mark is also involved in research and CIS as well as running the junior doctor's induction. He is a huge asset to UHS!

Nick Ward

- A genuinely great clinician and leader who has the best interest of his patients and staff central to all he does. With challenges of big consultant body, PAU/ED changes he leads by example.



The Wessex Paediatric Awards for Training Achievements 2019

Consultant Unsung Hero of the Year

The Nominees



Olie Chowdhury

- Olie has been hugely helpful in supporting juniors with projects. She has spent an enormous amount of time reviewing abstracts, proof reading and providing general support. Without that input, I wouldn't have been able to boost my CV with presentations and (hopefully!) publications.

Ollie Bevington

- Ollie is hard working, professional, supportive to the whole team and absolutely brilliant - he engages children and families in such a humbling a compassionate manner. Ollie reflects a culture of compassion and kindness in his work and I am incredibly proud to have him in the ward team. Ollie is huge asset to the oncology families in his care, to the staff the team and to the whole unit.

Ramya Ramanujachar

- Ramya is one of the most supportive and caring members of our team, she is always keen to help and ensures that each patient gets the very best treatment that is individually tailored to their needs - she is always very mindful that this care/treatment should be holistic and not just about medicine. Ramya is great with the families and the children, they all love her - especially her fist bumps and high fives!
Ramya is keen to teach and takes the opportunity to do this with both the nursing and medical teams that she works with. I have learnt so much from her, her knowledge is invaluable.
- I have had the privilege to work with Ramya on many occasions and I have to say she has been incredible! Her support to families when their children have been diagnosed with cancer and the lengths she goes to to ensure everything is covered is just amazing. I have heard so many families give her praise for the work she does. She is truly an outstanding consultant. She also supports me when I was look after our high dependency patients. I was new to oncology and she never made me seem like I knew nothing, she has been a massive factor in supporting me this last year and she encouraged me, for this I thank her. Ramya holds so many traits that make her an outstanding consultant.

Richard Thwaites

- Exemplary clinician and teacher, takes time to explain scientific and clinical rationale to juniors, excellent mentor for junior trainees.

Rowena Staples

- Row is excellent at her job she has an incredible way of ensuring her patients and their families feel listened to educated and empowered. Row will ensure she is available to support her patients even if it means re organising her day particularly for paliative patients. Rowena has also taken on a lot of additional work to develop the unit as Medical Director of paediatrics in Salisbury.
- Row also has excellent communication skills with the multi professional team. Row is one of the best general paediatricians I have ever worked with. Her attention to detail is second to none and the times she spends listening to patients and families demonstrates her caring nature. She helps develop and nurture junior colleagues and offers sound and encouraging advice.



The Wessex Paediatric Awards for Training Achievements 2019

Consultant Unsung Hero of the Year

The Nominees



Roy Sievers

- Roy is a wonderful doctor. He has a lovely bedside manner where he will stay with patients and families for long periods of time ensuring they fully understand everything and have all their worries met. He is incredibly thorough and attentive and always leaves parents feeling like he has listened to all their concerns- however trivial or long the list might be! He frequently stays late without any moans and is very supportive as the consultant in charge. Personally I think he works like a Trojan and if my children ever needed medical care I would want Roy to be their consultant.

Sarah Davidson

- Always has time for anyone in need (even though she has loads of jobs to do). Make sure we work and learn but have time to relax and develop. Sarah is an excellent doctor but it is her relationships and conversations with parents I have learnt most from.
- Always there for us and is fair. Says what she feels to make sure baby gets best care. Learnt a lot from her. Invests so much time in trainees and answers emails at all times.

Schuman Haq

- Committed to teaching, providing a quality service for his patients and helps the team achieve high standards.

Richard Thwaites

- Exemplary clinician and teacher, takes time to explain scientific and clinical rationale to juniors, excellent mentor for junior trainees.

Rowena Staples

- Row is excellent at her job she has an incredible way of ensuring her patients and their families feel listened to educated and empowered. Row will ensure she is available to support her patients even if it means re organising her day particularly for paliative patients. Rowena has also taken on a lot of additional work to develop the unit as Medical Director of paediatrics in Salisbury.
- Row also has excellent communication skills with the multi professional team. Row is one of the best general paediatricians I have ever worked with. Her attention to detail is second to none and the times she spends listening to patients and families demonstrates her caring nature. She helps develop and nurture junior colleagues and offers sound and encouraging advice.

Sebastian Gray

- Seb is a constant positive influence on the multi-disciplinary team. He goes above and beyond to help a colleague. Seb recently implemented some QI teaching, this was for all Nurse's, HCA's, Consultants, Admin team members and Physio's. The QI projects have really helped our ward, not only by improving it but by inspiring the team to go the extra mile. Seb is able to multi-task whilst still doing an excellent job at everything. He is innovative and I know a lot of the staff look up to him for guidance.



The Wessex Paediatric Awards for Training Achievements 2019

Consultant Unsung Hero of the Year

The Nominees



Sumit Bokhandi

- Sumit is a fantastic consultant to work with. He strikes a perfect balance between providing educational opportunities for junior staff and appropriately dealing with tasks himself. When faced with uncertain clinical scenarios he will, without doubt, ask trainees for their opinion and advice, thus strengthening the feeling that we are a team. When he is Consultant of the week he always ensures his famous tin of biscuits makes a daily appearance, and will often take all of us to Costa for a drink and cake on him! Sumit provides excellent support for senior trainees faced with an emergency situation, but does so without stepping on their toes. He is a listening ear, a shoulder to cry on (I did this early in the job!) and very much an advocate for junior staff within the wider Child Health team. He gives sound advice, but most of all he is approachable, sensible and kind.

Tim Scorer

- Always calm, collected and supportive whatever the situation. Keeps the team in good spirits too with an uplifting degree of characteristic dry humour! A great teacher to junior colleagues and always willing to share his vast level of experience. Really dedicated to his patients and families who hold him in high esteem.

Tracey Farnon

- Tracey always gives 100% to all her patients and their families. Tracey is always smiling and happy and boosts everyone's mood when she is around. Tracey is an absolute joy to work with, even in busy situations Tracey creates a calm and positive outlook. Tracey always has a great supply of cakes her flapjacks are delicious.
- Just incredible to work with and so modest - has no idea how supportive she is and how much we all value her - thanks Tracey.
- Tracey works tirelessly on the rota to make it as fair as possible. She goes above and beyond to accommodate everyone's requests, even when numbers are short. On top of this, Tracey is a brilliant clinician who truly cares for her patients. Always approachable and happy to listen/offer a shoulder to cry on, I feel that bit more positive and able to face the next challenge after a pep talk with her. She is my role model! Qualities of general excellence, common sense, always having a correct considered approach to other people's issues.
If trainees properly understood the effort she puts into supporting their workload and rota then she would win this award every year
- She is fantastic at communicating with all members of the team, top to bottom (!) and is always motivated in sharing her expert knowledge and utilising/guiding the wider team in decision making. She always makes herself available to her patient group and colleagues, even when the Eurovision Song Contest is on....

Tracey Coelho

- Extremely kind, supportive and quietly keeping the service and team working.



The Wessex Paediatric Awards for Training Achievements 2019

Consultant Unsung Hero of the Year

The Nominees



Will Verling

- Will is always the Consultant I would go to for both advice and support whatever it is about. Any clinical matters he always helps and explains everything to create a discussion for the benefit of the patient's care and enhances my insight and knowledge. He is great as Consultant of the week as ward rounds are efficient and fun and he is also great during a bed crisis due to his ability to make sound decisions. He is the one to go to if I just need general advice about work life and often life in general (what other Consultant advises us on what our next life challenge should be such as a marathon). I have a lot of respect for his enthusiasm for education especially involving nursing staff and I really value having him as a colleague I can go to for advice and just a general chat to reduce my stress levels. Everything a Consultant should be.

Karen Deem

- For her listening ear to trainees and colleagues alike, for her thoughtful and measured advice. For her professional courage when challenge is needed.





The Wessex Paediatric Awards for Training Achievements 2019

Senior Unsung Hero of the Year

The Nominees



Aakarshan Mehta

- Part of the furniture on the NICU. Extremely supportive of all levels of staff and extremely helpful when the NICU has gaps. Loves teaching and has been instrumental in implementation of the neonatal hypoglycaemia guideline. A great mentor to all trainees on the NICU and an exceptional masterchef who brings more than just teaching to the shift work.

Abigail Stapleford

- Abi has shown a huge aptitude for Community Paediatrics since starting this post. She has a natural affinity for the complex and often vulnerable children and families that we see in our clinics and has great communication skills. Abi has helped out a lot within the team, covering clinics for an absent team member and has done so cheerfully and very competently. Abi saw two new patients with unexpectedly complex presentations recently and I was really impressed with the way she researched possible diagnoses and put in place appropriate investigations.
- Excellent to be on with - hardworking, efficient and doesn't realise how much of a difference being on with her makes!

Adam King

- Hard working and approachable. Calm and great team player. Always makes amazing very creative end of placement baked goods too - multi-talented!!
- So enthusiastic and willing to learn. Patient and reliable. Kind and generous.
- Just gets on with the job and always performs to a high standard.

Carla Wesley

- Happy and smiley! Works hard and never complains, helps out less experienced colleagues willing, and is always willing to give advice/teach about patients. Whilst doing the junior rota she invested a lot of time helping us work out swaps so that we could get to family events/conferences etc.
- Carla is an absolutely amazing member of our team and one of the best doctors I have had the pleasure of working with. She is always approachable and reliable, going the extra mile for her patients and their families. She is compassionate and caring to her team and really supports everyone.
- Carla impressed me hugely during her 6 months at QAH. She is efficient, organised, approachable and good fun to work alongside. A valued colleague +++

Charlotte Weeks

- Charlotte is a great paediatrician, with excellent interpersonal and clinical skills, and is always a pleasure to work with. She calmly makes sure that everything is done, never complaining and never showing off, even on the numerous occasions that she does fantastic things!
- I have known Charlotte for many years now, and have enjoyed having her as a colleague but more importantly as a friend. She was my clinical exam buddy, and was always there for me, helping me/us to get through. Her enthusiasm and love of paediatrics in infectious, and I really hope to work along side her soon. She is stupidly hard working and a truly lovely person. Charlotte you are awesome! .

Meera Shaunack

- Calm under pressure, very efficient and clinically excellent
- Meera has always been incredibly kind and helpful to junior colleagues. She has gone out of her way to help teach and support juniors, especially out of hours. She is always willing to explain things and help juniors understand clinical problems. Her friendly and positive attitude makes everybody's day a bit brighter.



The Wessex Paediatric Awards for Training Achievements 2018

Senior Unsung Hero of the Year

The Nominees



Ed Andrews

- Quietly very confident, competent and a super colleague. Hugely valued and very bright.

Emily Edwards

- Emily is quiet and gets on with the job, and I have never seen her get grumpy or stressed, which is great for team morale.

Jackie Gillespie

- Amazing, knows what to do and always supports everyone with a smile. I respect her so much.
- Lifts Morale

Jahnaky Suththanantha

- Jahnaky is an incredibly hard-working, capable and just plain brilliant registrar, who somehow always manages to keep a smile on her face despite some frankly horrendous and short-staffed shifts! Her good humour and loveliness is infectious, and lifts the spirits of the whole team - everyone is always excited to see that she is on!

James Ashton

- James is not always on the "shop floor" due to academic commitments, but when he is, he is a great influence to those around him and clearly loves his job. He is competent, calm even in the face of unfolding chaos, reassuring to juniors and families. I think this is hard given he is also doing his academic work, and I find his balancing the two roles so competently inspiring!

James Hammond

- James has such dedication to his job, he is very thorough in his clinical approach. He really brings a team together, supporting his junior staff. Teaching anyone who is interested in learning.

John Tolliday

- John is a great registrar to work with, he will always be around to help out and is a very calming presence on the team. He works very hard for his patients and is a great support to the junior members of the team. Will also help you out with your fantasy premier league team if needed as well!

Laura Croucher

- Looks out for others, takes on responsibility for difficult cases

Maha Farah

- Excellent clinical skills and judgement, provides high level of mentorship to junior trainees, effective team player and team leader, works very well even in difficult and stressful conditions, always cheerful and takes time to check on others
- Maha strives to do the best for her patients. She is excellent with practical procedures. She is upbeat and full of energy.

Marhamat Chavoshzade

- Awesome lady, fixes everything and never seems flustered



The Wessex Paediatric Awards for Training Achievements 2019

Senior Unsung Hero of the Year

The Nominees



Matthew Jones

- Amazing doctor, made my neonates much better than expected!

Neeraj Bhangu

- Very supportive colleague. Given excellent guidance and encouragement in portfolio building and careers advice! .

Olubor Otabor

- Olubor is not a registrar in training but has been working as a staff grade in Portsmouth and is an invaluable member of the team. Nothing is ever too much trouble and he is great clinically. Fills gaps endlessly on the rota and will be a great paediatrician.

Peta Coulson-Smith

- Fantastic advocate for patients and trainees.

Philippa Thomas

- Pip is a fantastic role model. She is always willing to help, whether that be clinically or preparing for speciality job interviews. She gives her own time up after work to help. Her outlook is always rationale and sensible and she is very supportive. I'm very lucky to have worked with her and met her .
- Dedicated, passionate and constantly hard working. She's a great member of the team

Praveen Kishore

- Praveen is one of the most humble doctors I have ever worked with. He is incredibly knowledgeable but is always looking to learn more. He is so supportive of his colleagues and always has a word or encouragement or thanks. I would love to be as calm and collected as Praveen appears - he is a pleasure to work with and has taught me a lot this year.
- The happiest of Doctors even when under pressure. Just a delight to have on shift
- Praveen works quietly very hard behind the scenes. He is always keen to be involved and is interested in furthering his learning. He is a supportive team member.

Tamali Hodgkinson

- Tamali is a joy to work with. She is calm, supportive and incredibly focused. She copes with everything admirably and never complains.

Vasiliki Balodima

- Helpful and hardworking but always away from the spotlight

Vinnie Vijayakumaran

- For always smiling and making everyone around him smile too

Vinod Kolimara

- Vinod is an invaluable member of the team. He is calm and efficient and a pleasure to work with. He is very supportive of junior team members.
- Incredibly hard working, quietly gets on but always supports the wider team. Just a really lovely person and sensible clinician.



The Wessex Paediatric Awards for Training Achievements 2019

Junior Unsung Hero of the Year

The Nominees



Abigail Lazenbury

- Abi is always the person you want to be on shift with, she's quietly confident, gets on with everything without making a fuss and has often done it before you've even thought of it and an absolute pleasure to work with
- Abi is extremely hardworking, caring and a great team player. It has been an absolute pleasure working with her over the past year, she is an absolutely lovely person and I know we can always have a laugh together! Cheers Abi!

Abigail Oliver

- Advocate for her patients (who love her!). Great team player and hugely hard working.
- Abi is a huge asset to the team. She works hard and always puts patients first. ! .

Alyssia Broomfield

- Works so hard, is always smiling and an absolute pleasure to work with
- Fantastic team player

Brooke Gamble

- Brooke is a fantastic trainee to work with. She is dedicated, extremely hard-working and very knowledgeable. Her abilities far outshine someone at her level of training. Working alongside Brooke is like working alongside a fellow registrar, even though she is currently ST1. Her ability to put both parents and children at ease is amazing, and you can see just how much she really cares about their experience. Brooke is so humble and always plays her achievements down - I just wish she saw what the rest of us see!
- Brooke is an incredibly hard working, diligent and efficient trainee. She is a pleasure to work with, very keen to learn and to improve skills. She is well liked by all staff and is always friendly and approachable.
- Today Brooke came up to G floor and introduced herself to the team as one of the paediatric cardiology doctors... and gave us some homemade brownies and cookies. And she doesn't even work on this floor! It definitely made us all feel better about a hard day at work! Amazing!

Emily Marshall

- Emily has worked very hard coordinating monthly M+M meetings and has put a lot of time and effort into this. She has supported other colleagues in preparing presentations for these, gathering all of the data and has filled in when other team members were not able to attend. She is a great team member and I will miss working with her!
- Works hard, gets annoyed about the right things and always help out.

Esther Odeleye

- Hardworking and efficient

Genevieve Southgate

- Having seen her evolve into an ever more competent and confident trainee, keep up the good work.



The Wessex Paediatric Awards for Training Achievements 2019

Junior Unsung Hero of the Year

The Nominees



Jess Palmer

- Hard working, efficient and lovely!
- Jess is a fantastic paediatrician. She goes about her work with quiet determination and her conscientiousness and ability to manage any situation she is faced with have not gone un-noticed. Fantastic work Jess - thank you for being your fabulous smiley self.

Jonathan Ong

- Jonathan is quietly brilliant. Gets on with his job without fuss, efficient with beautiful notes and a good team player.

Lauren Bishop

- Lift's everyone's spirits

Marisa McMillan

- Can't believe she is only a ST1! Knows loads and never stops working. She is amazing! Love working with her.
- You would not know she was only a ST1! Always sticks up for people and works so hard

Martins Aso

- He is an extremely hard working ST2 who has done extremely well in the background this year. Gentle with the babies and nice to parents. He works silently in the background and has been a great member of the team without always getting recognised for this.

Patrick Clarke

- Amazing in roles on the ward in which I have worked in whilst I have qualified. Goes above and beyond for his patients

Shi-Mei Kam

- Always quietly gets on, but is very hard working, makes sensible decisions and is great to work with.
- Quietly spoken and never makes a fuss, but always works hard, makes very sensible well thought out decisions and is a reliable and lovely team member.

Simone Paulson

- Excellent team player
- Simone is an excellent member of the team. She will always look out for any of her colleagues who might be struggling and see what she can do to help them.



The Wessex Paediatric Awards for Training Achievements 2019



Paediatric Nurse of the Year

The Nominees

Abbie Croucher and Hollie

- Both Abbie and Hollie were so welcoming to me to G floor, both work extremely hard, they are both so caring to patients and the staff.

Ali Freeman

- Ali is a valued member of the team. She is bringing staff wellbeing to the fore front by teaching the staff some mindfulness techniques. Ali is always a sympathetic ear on a tough day and we always look forward to working with her.
- Incredible enthusiasm - has been instrumental in making the home sleep service a reality

Alison Tait

- Supportive and considerate to all
- Alison is an amazing nurse and leader. Positive, encouraging, supportive and above all kind. I have seen her support some exceptionally emotionally distressed young people on the ward with care and compassion when many would've shied away. She is also supportive of her staff, acting as their advocate, encouraging and promoting them. She is also cares for the Consultants and can be guaranteed to find you a cup of tea and a stolen sandwich when the ward round has gone terribly wrong and you're flagging! Just amazing. We're so so lucky to have her.

Alyson Pearce

- Solent- community asthma nurse covering Portsmouth. worth her weight in gold- invaluable support for families, GPs and the hospital service. We just need more nurses like her out there.

Amanda Jackson

- Amanda is an extremely hard working nurse who works tirelessly on her shifts as well as neonatal transport. One of the best coordinators on the NICU. She remains calm in even the most stressful of circumstances and stands up for her team when in difficulty.

Andrea Rowe

- Kind, caring, supportive, a team leader while also being a team player, keeps the doctors in line and a smile on everyone's face.
- Grabbed the opportunities of QI with both hands and has really run with it making improvement, left, right, centre (and also for loo breaks!). Always cheerful and unflustered - love working with this superstar!
- Excellent care of both baby and child who collapsed with incredibly rare complication from a pulmonary artery band. She remained calm and collected. She assisted with placement of cannulae and IO needles. She reassured the parents throughout the stabilisation process. She kept the rest of the team calm in an incredibly stressful and prolonged resuscitation. She supported the nursing student who was involved and made sure she was not frightened or overwhelmed. She was a fantastic part of the team and should be celebrated with an award.
- Andrea has led by example, encouraging her district general paediatric nursing colleagues to gain knowledge and confidence in their ability to deliver tertiary level paediatric burns nursing care to children and their families.
- Goes the extra mile to make sure the whole team is happy and then some. From renovating the toilet to dental health QI projects, Andrea really puts effort in and is massively appreciated (as well as being great fun to work with).



The Wessex Paediatric Awards for Training Achievements 2019



Paediatric Nurse of the Year

The Nominees

Carina Turner

- Carina is always friendly and approachable. She has provided excellent support to trainees and a great helping hand in times of emergencies when her experience has been so valuable. She is calm and thoughtful, making sure that all members of the team, including doctors, are able to take breaks. You know that if she is in charge then you will have a good shift, no matter how many retrieval calls there are!

Carla Dougall

- Lovely kind manner. Always bright and cheerful. Works really hard on both assessment unit and ED. Encouraging and supportive to nursing colleagues and junior doctors.

Charlotte Misselbrook

- Charlotte is one of the most fantastic nurses I have had the pleasure of working with. She is always calm, approachable and compassionate, even on the busiest of shifts. She cares so much for her patients and their families, often staying late and going the extra mile for them. She is supportive and encouraging to all her colleagues and makes every shift that bit better.
- Charlotte goes the extra mile for her patients on a daily basis and does it with the biggest smile on her face. She works incredibly hard, always challenging herself and improving her knowledge to be a better nurse. She is a fantastic team player and a pleasure to work with.

Clancy Carvalho

- Always goes the extra mile to help peers and patients, always willing to help with a smile, cheerful and clinically very astute. Makes the time and effort to incorporate meaningful clinically relevant positive changes via QI projects.

Daisy Fahy

- Daisy uses her personal experiences to go above and beyond for her patients, is great to work with and great support to others, and she always has a smile on her face

Diamond Lynch

- Diamond is a staff nurse on PHDU, and was a valued member of staff on a very challenging shift, where 3 paediatric patients deteriorated very quickly resulting in 3 crash calls within a few hours of each other, 3 intubations on the ward and 1 emergency chest drain insertion. This is a very rare occurrence for PHDU but it was managed calmly and effectively. Diamond worked well as part of the team maintaining the safety of all 6 patients at all times (3 of which were stable) and the deteriorations were escalated appropriately. Diamond showed excellent communication skills, working with others to draw up intubation drugs, which is a skill not often performed on PHDU. The care provided to these patients was excellent and the whole team worked well to ensure the patients got the care needed. Not only was the situation a challenge but she also aided in the coordination the ward post the crash calls to enable patients from PICU to be admitted to the now empty beds to ensure that PICU could also be staffed and managed effectively.

Emily Etheridge

- Will stay after her shift to help with bloodtests because she knows the patient has bonded with her. The patients all love her! So happy and smiley and good fun! Quick to recognise deteriorating patients and bring them to the attention of a doctor.



The Wessex Paediatric Awards for Training Achievements 2019



Paediatric Nurse of the Year

The Nominees

Elizabeth Jarvis

- The reason for this nomination is because this person goes above and beyond to help the ward. They will stay late almost every shift to make sure everything is done and the patients and their families are happy and that their colleagues feel supported. Even though she is in charge a lot of the time she will always get stuck in when helping a HCA do a pad change or make a bed. She will sit with a family for an hour just to make them feel more at ease. I appreciate this sister a lot however will never make her a cup of tea because it'll always be cold before she gets to it because she can't say no. She puts every patient before herself.

Emma Fisher

- Fantastic nurse, great band 6!

Emily Wase

- Has been a real asset to the Sarum team and will be missed sorely

Felicity (Dorchester)

- Very approachable and friendly, always keen to help others.

Fran Demain-Griffiths

- Brilliant to work with and full of enthusiasm to drive improvements

Gemma Davies

- Always there to support staff, a great team member and all round great Nurse.

Geoff Dunning

- Geoff has facilitated staff development by encouraging both senior and junior nursing and medical staff on the neonatal unit to enhance their clinical skills and take on projects to improve the environment in which we all work together. He is open to ideas from those he works with and considers the impact of decisions on the wellbeing of others. This has encouraged a positive working environment and great team working.

Hannah Hiscock

- Organised, kind, patient & family focused, with the best stickers ever and the patience of a saint. My job would be so much harder without Hannah's brilliant help.

Hannah Howell

- She's just doing an amazing job on the ward as well as in the background. keeps the team morale up
- Hannah (acting matron, nurse practitioner) consistently works above and beyond her role. She is an inspirational team member who is supportive (especially of new consultants!) and is fun. She places patients and families at the centre of her work and is a fierce advocate for them. Thank you for being such a motivating, inspiring member of our team!
- Hannah is a fantastic nurse, with so many additional skills. She does not shy away from work and is the first to help support complex cases. She is enthusiastic every single day (I'm not sure entirely how). She brings the team together and this results in the best possible care for her patients.
- For her sheer devotion to her patients and their families. she is always ready to help out in what ever way she can



The Wessex Paediatric Awards for Training Achievements 2019



Paediatric Nurse of the Year

The Nominees

Hannah Taylor

- Hannah is a joy to work with. She is always happy and will take on any task without any complaint. She is a massive support to the junior doctor and consultant teams when she is on shift in Southampton and I have full confidence in her abilities to manage even the most complex patients. Most importantly of all, Hannah always makes a tray of tea for handovers! Although not a vital clinical skill, it should not be underestimated at how important and valued this is in boosting morale in the department!
- Perpetually happy, always proactive in helping, hugely popular amongst medical and nursing colleagues. Always seems to be at work, but never says anything negative about it!

Hayley Matthews

- For someone who is still in the preceptorship programme she is wise beyond her nursing years. I've never met anyone quite like her. Many of her colleagues often forget what stage she is in her career and have high expectations of her as a result. This is echoed from both Doctors and nursing staff. This can mean she sometimes does not get the recognition she deserves however she deserves to so much more and she is fantastic at all that she does. She is keen to develop new roles on the ward and is very caring. She is really enthusiastic and I really admire this about her.

Helen Blundell

- Helen is our clinical facilitator and she goes the extra the mile, I have been lucky to have her to support me through my preceptorship year. From the moment I started and even now as I finish my preceptorship she has been there. From ensuring we were all allocated study days to supporting us during our supernumary shifts she has been an asset. Days when the ward is busy and we need support Helen is always willing to help us out. It has been amazing to have Helen and to see her support fellow newly qualified nurses in the same way just goes to show how dedicated she is.

Helen Green

- Helen has set up the ambulatory OPAT clinic facilitating the early discharge of patients from hospital, freeing up much needed hospital beds but also significantly improving patient and parent satisfaction and hospital experience. She has trained and develop two new specialist nurses who are now fully trained to insert PICC lines and run OPAT clinics

Helen Redding

- Excellent clinical sense, ruthless efficiency and an unflappable yet wonderfully cheery and approachable manner. Always in safe hands if Helen is on and a great team spirit!

James Smith

- James goes above and beyond every day in his role. He manages very complex young people and situations and always puts the patient at the centre.

Jan Aherne

- Jan is one of the ANPs on ward G3. Orthopaedics was often without a regular junior doctor but having Jan there always meant the ward was under control. She has a beautiful manner with all the children on the ward and is extremely hardworking. Her dedication and efficiency is simply amazing.



The Wessex Paediatric Awards for Training Achievements 2019



Paediatric Nurse of the Year

The Nominees

Jenny Bull

- Jenny has developed and led the Paediatric Outreach service for the past 8 years. On top of leading a team of nurses that provide expert clinical support to both the nursing staff and medical teams within Southampton Children's Hospital (SCH); improving clinical outcomes by delivering and teaching and empowering others to deliver expert clinical care, Jenny also promotes SCH through both regional and national work with groups such as National Outreach Forum and the National PEWS group. However she does so much more than this. In her everyday working life, Jenny provides development and emotional support to many staff members using her unmentionable number of years experience to guide others in their professional development. She also works as part of the care group management team within SCH and is often instrumental in developing and initiating new ways of working. developing new clinical pathways and the purchasing of more up to date clinical equipment. Her friendly demeanor and approachability means the office is never short of visitors seeking support and a friendly ear. Basically she is Brill ! On a more personal level, she is my personal rock. Always there to guide, support or just listen over a cup of team when everyone else has gone home.

Jenny Weddell

- Invests so much time in training us and is always happy to help with projects

Karen Baker

- Karen is an absolute superstar. She is deputy sister on Poole hospitals CAU. When she is on shift you always know that things are going to get done and get done efficiently! She is a wonderful team player. Karen is always striving to improve, to learn and to develop her skills. She has recently successfully completed the history and physical examination for advancing practice course at BU. Her approach to this was phenomenal. She was able to combine clinical work with learning opportunities, and was often making use of the 5am lull in order to practice her skills on us. Karen is humble, kind and always plays her achievements down - it's about time someone ensured she shone!
- Karen is a fantastic paediatric nurse and role model to all her colleagues. She is supportive of junior colleagues and helped make me feel very welcome in the department. She has a great sense of humour which is enjoyed by staff and patients alike.

Katie Hulbert

- Simply fantastic. Great clinical and management skills.

Kayleigh Arscott

- Kayleigh works so hard as a junior sister in supporting her nursing team. She goes out of her way to educationally encourage people and support their development and has a great sense of humour to keep the team upbeat!
- Kayleigh is always striving for positive changes within the workforce and ward. She is a calming influence on her colleagues. Kayleigh's ability to multi-task managing a ward whilst helping her colleagues is incredible. She is always looking for ways to help staff wellbeing on the ward. Kayleigh never shy's away from a challenge and is always keen to learn new skills. She is a pleasure to work with and would be a well deserved winner.
- Kayleigh always goes above and beyond for her patients and team on Sarum Ward. She is an amazing sister and the ward is always under control with her in charge despite what mayhem is occurring. We also are always leaving to go home on time as she ensures everyone is up together and will help others to allow them to complete documentation. The ward would not be the same without her!
- Full of energy and always smiling - a pleasure to work with



The Wessex Paediatric Awards for Training Achievements 2019



Paediatric Nurse of the Year

The Nominees

Kelly Pike

- Kelly has worked tirelessly to ensure the smooth integration of the new electronic medical records system on PICU, and has done it with good humour throughout. She has also been in charge of the unit during some difficult shifts, and has made sure everything has gone well and all the staff have been looked after. Kelly is a fantastic nurse, and a credit to PICU!

Kelly Rutherford

- Having recently rotated back through the neonatal unit in Southampton, Kelly is a true constant within the department. Her clinical skills and knowledge are second to none, and is a pleasure to work with. Kelly is a great laugh, fun to work with and easily approachable for all those silly questions. Southampton is very lucky to have her, and hope to work again with her in the near future.

Laura (Sophie's Place)

- She works extremely quick and cares for all patients. Has very kind manners and is a great team player.

Leigh Carter-Shaw

- Support to colleagues across the whole of SCH and for leading an outstanding service

Lorraine Foskett

- Dedicated to making things better for the CF patients and their families - great team player

Lucia Lazzeri-Ford

- Lucia manages G3 incredibly well. She is positive and encouraging. She goes out of her way for patients and colleagues

Lucy Buckingham

- Lucy is conscientious, motivated and has brought energy and fun to our unit since joining. She is so kind and families love her!

Lynne Wilson

- Lynne always goes the extra mile on shifts and has taken on training the Neonatal Unit staff in Adult BLS. A great team player.

Maddie (G Floor UHS)

- Maddie has been a great team leader whilst in secondment as a band 6. Her clinical knowledge and skills are fantastic and she is always so supportive to both other nurses and doctors. I always looked forward to days when she was working and hope to get to work with her again in the future.

Paediatric Nurse of the Year

The Nominees

Mandy Frisby

- Mandy is employed as the ward manager for G2Neuro ward. Earlier this year it became apparent that we required an interim manager to take charge on our 16 bedded Paediatric medical Unit. Although we had advertised this job and received 2 very good applicants we were concerned that due to the current situation on the PMU, it might be difficult for someone with no or little previous Band 7 experience to lead this ward. So we approached Mandy who has an unmentionable number of years experience at Band 7 ward manager level, if she would work alongside the interim Matron and help support and lead the PMU. She willingly accepted this request and for the past 5 months has led the PMU alongside her permanent role as Band 7 ward manager for G2Neuro. In this time she has successfully empowered the PMU Band 6 team to develop within their role as clinical leaders resulting in improved patient care delivery, improved morale and staff retention and promoted positive change in culture within the ward environment. She is highly visible and approachable within the ward environment and extremely committed to developing and supporting the nursing and multi professional team within this ward environment. She is extremely highly respected within her Band 7 peer group in Southampton Children's Hospital and the Care group management team for her dedication to both improving patient and family centred care and service development within the Children's Hospital. On a personal level, I find it a great pleasure to work alongside her.

Mel Drewett

- Knows everything and sorts out the surgeons. Teaches and makes sure the babies get the best care.

Morag Gulay

- Morag is a pleasure to work with. She is always calm, no matter how many babies get admitted during the shift, and if you ever have a sick baby when she's on you know they're in very good hands!

Natalie Morabito

- Natalie is a brilliant nurse and has worked very hard, much in her own time, to train as a nurse specialist in epilepsy. She is the sort of person you see on the ward and feel glad - know it'll all be okay on that shift.
- Natalie is a fantastic nurse with such a calm and sensible approach to clinical situation. She is organised, forward thinking and totally reliable with task completion. She has essentially self started herself to develop skills as an epilepsy specialist nurse with no limits on what she is prepared and able to take on. Natalie remains immeasurably modest but has made enormous impact on the quality of epilepsy service provided in Salisbury with great feedback from our patients.

Nikki Fryer

- Lucia manages G3 incredibly well. She is positive and encouraging. She goes out of her way for patients and colleagues

Rachael Cutting

- Rachael is a truly fantastic paediatric nurse. She combines excellent clinical skills with highly organised approach and great communication skills. During the work towards building the new children's ED she has been instrumental in bringing the teams together and has been a constant reassuring presence throughout.



The Wessex Paediatric Awards for Training Achievements 2019



Paediatric Nurse of the Year

The Nominees

Rebecca Holding

- Rebecca was in charge of PHDU during a very challenging shift, where 3 paediatric patients deteriorated very quickly resulting in 3 crash calls within a few hours of each other, 3 intubations on the ward and 1 emergency chest drain insertion. This is a very rare occurrence for PHDU but it was managed calmly and effectively by Rebecca as the nurse in charge. The safety of all 6 patients was maintained at all times (3 of which were stable) and the deteriorations were escalated appropriately. Rebecca also supported her junior members of the team during the shift. The care provided to these patients was excellent and the whole team worked well to ensure the patients got the care needed. Not only was the situation a challenge but she also coordinated the ward post the crash calls to enable patients from PICU to be admitted to the now empty beds to ensure that PICU could also be staffed and managed effectively.

Rebecca Joslin

- Becky is a fantastic teacher. Along with a member of the medical team she has brought SIM training to E1 on a regular basis. Something which the staff are grateful for! She is calm and clear with her teaching and shows enjoyment for what she does. The knowledge that she shares has allowed staff to gain confidence in the area in which she is teaching and has allowed staff to develop their clinical skills. Becky is a fantastic nurse and thoroughly deserves this recognition.
- Simulation is an education experience on E1 that we haven't had before. When it was first discussed on the unit, it was received with a lot of negativity but from the beginning Becky created a safe environment where people felt they could engage with no judgement. As a clinical facilitator on E1 I receive endless positive feedback, excitement surrounding the next simulation and staff coming to me with ideas and suggestions. Becky is very flexible, even if we have a date/time she understands that the clinical environment is fluid and forever changing and unconditionally makes it work. She uses an environment that isn't perfect for simulation but this has never seemed to matter! She has been a great support to myself and my colleague as new clinical facilitators on E1. Thank you.
- Becky is new to being involved in the E1 team. She has supported myself and my colleague in our new education roles. She has engaged with the team by running SIM sessions in both cardiac and general paed scenarios.. She has been flexible, especially when we have had poor staffing or been delayed. She comes to the unit for teaching to enable the maximum number of people to attend. There has been lots of positive feedback about her sessions and she has helped staff feel safer in caring for sick children.

Rhiannon (Southampton NICU)

- So friendly and knows everything. Saved me on several occasions!

Ruth Steele

- Always helpful to the staff around her and her experience and manner are completely invaluable to the haemodialysis service.

Sarah Harrington

- Excellent clinical skills and attention to detail, families appreciate her support

Sarah Hartfree

- Paediatric specialist rheumatology nurse who goes well above and beyond expected duties for her patients and their families. She considers all their needs including arranging charity funded parking tickets for families struggling to pay, organising parties at summer and christmas for patients and their families to gain support and a network around them, aswell as supporting the rest of the MDT. Kind, compassionate, inspiring and fun to work with!



The Wessex Paediatric Awards for Training Achievements 2019



Paediatric Nurse of the Year

The Nominees

Sarah Jones & Emma Page

- Both Sarah and Emma took on their roles of practice educator on E1 around April this year. They have both shown such passion and commitment to their role. They ensure staff can make it to their study days, they support VLE completion, they organise the allocation of EPLS/PILS and other course's. They are both involved in the new E1 monthly run Study days planning and organising speakers. They also plan and run days for our new students and for the HCA's. Education on E1 has progressed and is continuing to progress because of the time and effort both Sarah and Emma have given to the ward.

Siobhan (Sophie's Place)

- Siobhan is really kind, considerate and helpful. I am always really happy to see her on Sophies.

Southampton Outreach Nurses

- A great supportive team of Nurses, who help you out with their expertise with sick patients and when it is busy! lways speaks up for her patients, great team player and genuinely lovely person.

Sue Webb

- Incredibly sensible and experienced sister, approachable and wise and an all round lovely person who supports all around her through every situation, whether it's tears or laughter!
- A tower of strength and support to everyone on the unit!

Sue Webb and Emma Woodhouse

- Year after year they are generous with their own time to support and educate our simulation programme.

Tara Hugill

- Tara has gained her ANP qualification and immediately benefitted the children coming into Sophie's Place and Northbrook Ward: her professional approachable nature meant children and families engaged with her and enabled their care to be delivered in a timely and caring manner benefiting the child and family. Tara is an absolute star.
- Tara does not appreciate how good she is and does not give herself credit for what she has achieved and what she could go on to achieve.
- Despite being new to her role as a nurse practitioner Tara stepped into it seamlessly, she's a great team player, so hardworking and really good fun to work with!

The Congenital Cardiac Liason Nursing Team

- The Paediatric Congenital Cardiac Liaison Team are simply amazing - and deserve recognition for all of their years of hard work. They provide parents with a life line of support through difficult and challenging times both in and out of hospital, before and following birth. Parents (and staff) rely on them for the special type of support, care and empathy they provide.

Tracey Rumbold

- An excellent nurse, always reliable and knowledgeable. Hugely trusted by parents and supportive to all other members of the team

Zoe Woosey

- Great work with nursing education around the region and at HDU level

Training Unit of the Year

The Nominees

Dorchester

- Dorchester have been working hard to deliver multidisciplinary education and are running a series of HDU based teaching days throughout the year. This has been evaluated very well and as a DGH we have included paediatrics, ED, Outreach, ICU and Theatre staff. The Consultants have all been amazing at coming forward to deliver sessions and to build on team working after the event as well which was great.
- As a GP trainee I've had a fantastic experience here, my training has been fantastic. I've been supported to work independently and gain experience and confidence in the clinical management of children.

Poole

- The breadth of training opportunities in Poole is fantastic. Thought and consideration is made to your level of training and how best to support your professional development. All staff are friendly and supportive and there is excellent communication and support from all allied health teams. The weekly Xray meeting is a highlight, particularly for senior trainees.
- Supportive supervisors, excellent training opportunities in all aspects of paediatric training, exposure to a large variety of subspecialties within a DGH. Well staffed rota.
- Such a fantastic place to train. You get an incredible experience at Poole - lots of clinics, independence when on-call, managing emergency situations etc. The unit is busy and provides a wealth of exposure to a wide spectrum of clinical cases. The consultants are extremely supportive but never micro-manage. Poole has a happy, supportive and extremely cohesive team - it is a place where trainees can flourish.
- Incredibly supportive. Very cohesive team

Portsmouth General Paediatrics

- What a place to learn Gen Paeds! One winter at QA and you could work anywhere in the country. Also excellent and effective PAU nursing staff, some excellent consultants and wonderful support team. You are doing an amazing job
- Friendly team who work well together. Lots of informal teaching during ward rounds, on CAU etc, and a wide variety of pathology in the patients.
- Busy, manic, fun, super nurses, supportive, positive, caring

Portsmouth NICU

- I have had a huge amount of support from the consultants at Portsmouth to be able to take more clinical responsibility for sick babies, as well as opportunities for developing teaching, completing projects and QI initiatives.
- Great place to develop clinical skills and experience in an extremely well supported environment with a dedicated and close knit team who work well together.

Salisbury

- Supportive consultants, excellent outpatient experience
- Salisbury is the most wonderful place to work! I have loved every minute of working with the doctors, nurses and allied health professionals who have created such a fun and positive atmosphere. I have grown in confidence and learnt a lot about myself, as well as developing my clinical knowledge and skills. There is a drive for service improvement and excellence with people taking pride in doing a job well. The team in Salisbury have helped me to fall back in love with general paediatrics and I hope to work with them again in the future.
- Incredible opportunities to learn, embrace new evidence and debate openly on what is best for each and every patients. Nowhere else has such an open, inviting platform.
- All paediatric nursing staff and doctors in Salisbury work collectively to provide excellent quality and supportive mentoring to students and newly qualified nurses.

Training Unit of the Year

The Nominees

Southampton G Floor

- Supportive, really keyed in to maximising teaching opportunities and team working, patients always the focus of work. As a department really keen to promote evidence based learning, teaching colleagues, sharing in research opportunities and involving people of all grades to really be a part of the team. G Floor is a delightful place to work.
- Great supportive team who all pull together especially when it is busy!
- Gets a bit of a bad rep but really well supported by the general paediatric team, great educational opportunities and very interesting pathology.
- G floor often gets a bad rep it's busy and complex and this year with the merge with ED has come with uncertainty and challenges but everyone really is working to make it all better. The consultants have been incredibly supportive, particularly to those more junior regs and I've had a wonderful year!
- Despite being made up of lots of different specialties, G floor functions as one big team. The consultant body is so supportive (especially the general paediatrics consultants) you feel like a valued member of the unit wherever you work.

Southampton NICU

- Great opportunities for learning, organised, fair rotas, very interesting and supported clinical work.
- Best place to train, consultants are the best at supporting and rota is done with us in mind
- Best place to learn, consultants take time to train you not just clinically but also develop your CV. I don't want to leave!

Southampton PICU

- It's a great unit to work in, you learn a lot whilst being supported in a way that always you to grow as a paediatrician and feel confident in acute emergencies
- I had a truly awesome time when rotating through PICU as an ST4, despite having never done it previously and found myself loving the work we do on the unit, and even considering applying for GRID training. The unit is filled with amazing and experienced nurses, whom are both fun in and out of work. They help make the PICU environment fun but also less scary, when faced with decisions or conditions that seem well outside your comfort zone.
The consultants have a great sense of humour and are all VERY dedicated to their job and the department. All are approachable, and I found them all very supportive. I thoroughly enjoyed my 6 months as their trainee, and their willingness to teach and help me achieve new skills was something I was very grateful for. Thank you all for your help in making my time in PICU fun, memorable and a new potential career prospect
- Excellent teaching and so much time spent training and developing us. It didn't feel like service provision.

Winchester

- Really supportive consultants and lovely place to work!
- For always ensuring the trainees get clinic time, training days and learning opportunities despite massive rota gaps.
- Fantastic consultant team!
- Doing reg-step up job in Winchester was fantastic, such a lovely supportive unit.
- Despite massive junior doctor gaps, the consultants at RHCH are fantastic at covering rota gaps to ensure trainees don't miss out on education, clinic time and training days.
- Care about individual trainees.



The Wessex Paediatric Awards for Training Achievements 2019



Special Person in Paediatrics Award

The Nominees

Alex Beck – Physiotherapist (Salisbury)

- Alex is always smiling and positive when seen around the ward. She recently did a QI project and taught the nurses how to use suction in different ways. We always appreciate the teaching and support she gives us.

Ana Neto – Dietician (Southampton)

- Ana is relatively new to the organisation and paediatric dietetics - she previously worked as an adult dietitian. Ana has spent the last 12 months working in PHDU/ CF which she has really enjoyed. Ana is dedicated to patients she encounters and has gone over and above what would be expected particularly with a number of children with life limiting conditions.

Angela Johnson – Dietician (Portsmouth)

- Angela goes the extra mile as a paediatric dietician. She is always ready to help and puts parents at ease with her relaxed and friendly manner.

Angela Conway – Safeguarding Lead (Salisbury)

- Makes safeguarding as fun as it is possible for safeguarding to be - massively supportive and always puts a smile on my face

Animal Assisted Intervention Team (Southampton)

- This is a special recognition for not one but four people Lyndsey Uglow, Karen Ramsay Liz Wilkinson and Hannah Ramsay and their dogs jointly who make up our Animal Assisted Intervention Team. As Volunteers they tirelessly give up their time to support our children, young people, families and staff to brighten their day with doggy visits, support them through difficult procedures, be a listening ear or simply support a child at the end of life. The children have nominated them as their Heroes, but they will try their best to support any child they are referred or simply visit on the ward. This could be coming earlier in the morning or later in the day. Over the last year or so I have been lucky enough to manage this amazing team on Child Health and seen the work they do. Its success is due to their dedication and boundless enthusiasm to show the power of animal interaction. The children collect a sticker and card for each dog they see or even receive a card saying happy birthday or thinking of you from the dogs if they move to another hospital. This can be difficult for a child especially if they have been with us for a while so to receive a card from their doggy friends means the world and a touching reminder they are being thought about. The Team have also sent cards to parents whom they have worked with and the child has died. One of the verses read "Dogs have a way of finding the people who need them the most, filling a special place that only a paw can reach". The handlers and their dogs are an integral part of Southampton Children's Hospital and this is our way to highlight and say thank you for the work they do.

Anita Harris – Ward Clerk (Salisbury)

- Anita is not just an ordinary ward clerk. Firstly she is the best ever ward clerk. nothing is too much trouble and she knows absolutely everything there is to know about the unit. She is also the person who can lend a listening ear or a shoulder to cry on. She is the go to person on the ward when there is an unsettled baby and she can often be seen sitting behind the nurses station quietly soothing a baby. She is an invaluable team member who is quietly understated but very special to us all here in paediatrics.

Anne Whiting – Physiotherapist (Salisbury)

- Super-Physio - does everything and we would fall apart as a CF/ respiratory team without her!



The Wessex Paediatric Awards for Training Achievements 2019



Special Person in Paediatrics Award

The Nominees

Anya – OPD HCA (Southampton)

- The families and patients really appreciate Anya and her support during and in the lead up to endocrine clinics

Ayio Obaseki – Trust SHO (Salisbury)

- Ayio brings joy to the team. Since joining Sarum ward, he always goes that extra mile for his patients and colleagues. He is always smiling and brings great morale to the team. He communicates well with the children and their families and always reassuring. The parents are grateful for his super friendly face and finds he makes their experience a lot more pleasant.

Becky Clarke – Administrative Staff (Southampton)

- I am nominating this individual for constantly being our unsung hero of the ward, she makes every day working with her run smoothly. She is dedicated, hard working, polite, supportive, helpful and always has a smile on her face. She will always go above and beyond in her role to ensure the smooth sailing of the ward whether that's helping us raise money, making things for our charity days or coming in on her day off to do some extra work. Our ward wouldn't be the same without her and she is an asset to us.

Carol Blake – HCA (Salisbury)

- Carol (although actually known to all as 'Luvvy') - is known and loved by everyone in Salisbury. Staff, patients and parents alike know that Luvvy will always be there to help if needed or offer a reassuring smile or hug. During a difficult shift, she can be relied upon to have the right words or actions to keep you going. The best things come in small packages.....!

Carol Gwynne – HCA (Dorchester)

- Carol has worked in Dorchester for a number of years and has so much experience. She gets involved in clinical care, always keen to use her extra skills such as blood taking and distraction. She works very hard and will do any job asked of her, she is always smiling and clearly loves what she does. She always communicates with children and family members to ensure they are clear of what is happening. She really deserves some recognition for all this hard work. It's been a pleasure working with her and she makes a massive difference to the team.

Carol Patterson – Ward Clerk (Southampton)

- Always helpful and supportive to those around her. Efficient and willing to help in any way she can.
- Carol continues to be a hugely (if not the most) valued member of the PAU team. Always happy, funny and works very hard. Never ignore Carol's desk triage of ill patients. Any administration (or G-level based) problem, Carol will fix it. Contributes so much beyond her role as a ward clerk. Unreplaceable.



The Wessex Paediatric Awards for Training Achievements 2019

Special Person in Paediatrics Award

The Nominees



Caroline Groszewski – Ward Clerk (Southampton)

- The ward literally comes to a stand still when Caroline is on Annual leave! Caroline ensures that the ward is running smoothly, notes are together, appointment's are made and the phone is answered. Caroline is always thinking ahead and is aware of what the nursing staff need for the coming days making admissions easier. Caroline goes above and beyond when it comes to helping to make the ward run smoothly.
- Caroline is the backbone of E1, without her as a unit we COULD NOT run. She is highly skilled at her role and is unbelievably helpful to all staff, parent, patient on E1. I don't believe we could ever fully replace Caroline; she has an infectious laugh and is a kind and gracious individual. I think the role of a ward clerk can be very unforgiving as she can be the forefront of a lot of negative interaction but somehow Caroline is always able to resolve conflict and make the situation better. She is forever needing to troubleshoot and I think that is something that doesn't always get recognised. Caroline, you are an incredible human being!
- Caroline holds E1 together. When she is away on A/L nothing gets done to the same standard. She excels at her job and is always helpful despite having multiple jobs going on at once. She ensures all the patients get their appointments and makes our workload easier by responding to phone calls, emailing GP's and CCN's anticipating admissions and organising notes etc before they arrive, especially if it will be after she has gone home. on the days she is not here the ward does not run the same or as efficiently. We have had other ward Clerks join her over the years but none have come close to the level that she works at.
- Caroline on E1 is amazing, not only is she extremely good at her job but she is the life and soul of E1. She makes me laugh every day and I found myself doing my work at the ward clerks desk just for the little chats we used to have on a daily basis.

Charlene Murray – Administrative Staff (Portsmouth)

- She manages the trainee paperwork, sickness, admin tasks, plans and arranges all the ST1 teaching, answers numerous queries from us and does it all with a friendly hello and a smile - whilst also doing rotas and similar for the Obs and Gynae trainees too! Generally just hard working and making sure things go as smoothly as possibly when new trainees start and throughout their placement in Portsmouth.

Chloe Davies – PICU Pharmacist (Southampton)

- Chloe has been incredibly helpful to all of us on PICU. She has helped us to prescribe unfamiliar and sometimes daunting medications! Even when phoned out of hours for help when she is very busy, she is happy to help and very friendly. She goes out of her way to track down medications for patients or to find dosing protocols and always makes sure that the patients are getting the best care possible.

Claire Pickett – Play Therapist (Southampton)

- Claire's role is vital on our ward, the extra activities she organises to the time she spends with the patients on the ward her value is simply priceless our patients and their siblings and parents all love claire as much as we do and they look forward to when she comes to do activities with them. Her play prep also has a huge impact she has the ability to put a child at ease which is just amazing. She is great with all ages and connects with everyone she arranges so much and I feel she doesn't get enough credit for what she actually does.



The Wessex Paediatric Awards for Training Achievements 2019



Special Person in Paediatrics Award

The Nominees

Crumble and Nicola – PAT Team (Dorchester)

- Nicola brings Crumble the PAT dog to the children's ward to see us on a regular basis on a voluntary basis - the magic Crumble works is very much appreciated by the young patients and families. The staff equally benefit from Crumble's visit and enjoy his calm nature. Crumble has a special rapport with the ward sister!

Debbie Hurry – CAMHS Team (Salisbury)

- DEBBIE IS AWESOME. She has the most incredible way of relating to and engaging with vulnerable young people. we would be lost without her.
- Debbie is awesome, she has an incredible ability and skill to empathise, communicate and engage our vulnerable young people. Debbie has a pro active approach and puts the Young person at the centre of her approach.
- Debbie is extremely conscientious. She goes above and beyond for children and young people and does so in such a kind and nurturing way. She is extremely intuitive and recognised when I wasn't myself and more than one occasion took time out of her already hectic day to make sure I was OK. We all need more Debbies in the world.

Donna Austin – PICU Advanced Nurse Practitioner (Southampton)

- Donna is a fantastic ANP, but doesn't realise just how great she is! Her clinical, technical and interpersonal skills are top notch, and are all wrapped up in a hilarious package of dry humour tempered by kindness. Donna - you are great, and you need to know it!

Eira Parsons – Administrative Staff (Southampton)

- Such a shame she has gone. Hugely understanding rota manager who makes life far easier than it could be for junior doctors having a difficult time.

Eliza Wood – Administrative Staff (Winchester)

- She is the best secretary ever. She somehow can guess what needs to be done. Very efficient and cares for all patients. Always friendly with a honest smile. Manages the most challenging phone calls.
- Eliza is not only a very efficient and hard-working paediatric secretary but is incredibly empathetic and has a wonderful telephone manner. My patients and families are forever telling me how wonderful she is - how she listened to them when they were at the end of their tether, comforted them when they phoned in tears or just went the extra mile to chase up on a result or an appointment for them. We are very lucky to have her on our team.

Emma Woodhouse – Senior Sister NICU (Portsmouth)

- Amazing nurse, teacher and great leader

Glandon Jones – NICU technician (Southampton)

- Seems to work all the time, sorts everything out and knows everything! A true gentleman with a great sense of humour.

Ian Chapman – NICU technician (Southampton)

- The spine of our technicians team and actually a person who goes out of his way to help people. Has greatly benefited the NICU over the years through his work, securing charitable funding and cost improvement initiatives. An absolute asset to our NICU and someone who goes above and beyond.



The Wessex Paediatric Awards for Training Achievements 2019



Special Person in Paediatrics Award

The Nominees

Jan Keah – HCA (Salisbury)

- Jan works tirelessly to ensure the smooth running of the ward, and supports all new and existing members of staff without fail. She is an integral part of Sarum ward. If Jan can't find it, it doesn't exist!
- Jan is such an important part of our ward, we would be lost without her. She goes above and beyond to keep the ward going and will always help us out when we are in need. Thank you
- Jan is an outstanding person always ready to help, she is always willing to offer her skills and knowledge to all new staff. She will also spend any extra time playing and interacting with the children.
- Jan is very friendly and a welcoming person, Jan goes the extra mile for all families on Sarum ward. Jan goes above and beyond her job role on a daily basis. Jan ensures the ward runs smoothly and nothing is ever too much trouble. Jan is very creative and always makes the most amazing seasonal displays which she engages the children with. Jan is a very highly valued member of the team and we wouldn't know what we would do without her.
- Jan is the backbone of the whole ward, without her the ship would sink! She is always going an extra mile for the patients and team members. Making the ward look beautiful with her forever changing displays, that she has had the children participate with. We would not cope without her and the ward would not be the same!

Jean White – HCA (Portsmouth)

- A great Assistant to keeping the ward afloat. She is so helpful. Parents and Children also love her, especially her toast and butter.

Jill Thistlewaite – Education Lead (Southampton)

- Jill has a passion for all aspects of improving the education & learning opportunities for all levels of nurse. She has re-vitalised the education strategy for nurses within SCH & has been integral in education networking across Wessex & Thames Valley. She represents true professionalism in all that she does frequently doing that little bit extra to make a huge difference.

Jo – Support Staff (Winchester)

- Jo is an absolute gift to families on the ward - she offers kindness and care way beyond her job to families, she supports us as nurses when we are beyond tired. She orders equipment we didn't know we were short on, and does 'all those jobs', that makes the ward run so well, and she always has such a smile and warmth in her nature. Jo is absolutely brilliant and we are lost without her! Thank you Jo!

Jo Hirst – Play Therapist (Winchester)

- Transforming lives of children with chronic soiling and eating disorders

Karen Lavery – NICU Ward Clerk (Portsmouth)

- Makes a problem disappear in the click of a computer mouse. Always a friendly face on a gloomy day.
- Amazingly efficient ward clerk, always smiling and supportive to staff and families alike.

Kelly Green – Support staff (Portsmouth)

- All round, excellent member of the team, huge support to all. Nothing too much trouble, just gets on with it! A lovely person

Kerry – Ward Clerk (Southampton)

- Always happy to help even though she is super busy. Very efficient and friendly to everyone.



The Wessex Paediatric Awards for Training Achievements 2019



Special Person in Paediatrics Award

The Nominees

Leanne Hart – Administrative Staff (Winchester)

- Always willing to help and provides amazing care for children through her administrative wizardry and patience with parents

Leo and Quinn – PAT dogs (Southampton)

- They lift everyone's spirits and make everyone smile. A bit of normality in the lives of people who are having a hard time.

Linda Wilcocks – Undergraduate Education Lead (Southampton)

- Linda is integral to undergraduate education within child health. I feel that her behaviour inspires doctors of the future to choose paediatrics. She will always help you out.
- Linda is a real inspiration. She has looked after medical students doing paediatrics for decades now. Linda is the lynchpin in our course. She is always kind, really cares about their welfare, is very organised and has nurtured some of my colleagues since their fourth year project to now being consultants! She has helped many of us become better teachers and share our enthusiasm for our specialty with the next generation. I think she is one of the reasons why Southampton medical school has relatively high numbers of graduates choosing paediatrics as a career. She is retiring this year and our department will be bereft without her. I would like to thank her for all her hard work.
- Linda has been coordinating the paediatric placements at UHS for medical students for over 20 years. She works tirelessly in this role and has made a huge difference to all the students who have passed through by organising their timetables and ensuring they have tutors, teachers, lectures, bedside teaching, ACCs etc. She is totally an unsung hero and deserves recognition as she is coming up to retirement.

Liz Hickson – Clinical Psychologist (Poole)

- Jo is an absolute gift to families on the ward - she offers kindness and care way beyond her job to families, she supports us as nurses when we are beyond tired. She orders equipment we didn't know we were short on, and does 'all those jobs', that makes the ward run so well, and she always has such a smile and warmth in her nature. Jo is absolutely brilliant and we are lost without her! thank you Jo!

Louise Oliver– Play Therapist (Southampton)

- Lou, where do i start.... i have never met anyone more dedicated, more caring or more passionate about the care they provide. Lou does not just "play" with the patients; she provides a space that is fun, happy, caring and simply everything that being in hospital isn't. Her energy and enthusiasm is incredible and Lou regularly stays beyond her contracted work hours to give time to the patients and families that adore her. If there was one person in the hospital i could give a pay rise to it would be her because i (and many many others) think that she is worth her weight in gold a million times over. Lou's is a rare gem that G floor is so lucky to have and i think every children's ward needs a person like Lou.
- Lou is just one in a million and the best Play leader I have ever worked with. She goes above and beyond her role to ensure the children get to be children while in hospital. Nothing is impossible for Lou to do she is very creative ! Lou is never scared to get messy , make a fool of herself and always goes home covered in glitter ! Lou just doesn't play she is also so supportive of the children, parents and Staff and has a great listening ear ! She always has a smile on her face and hug up her sleeve and lights up every room she goes into!

Marciej Gach – NICU technician (Southampton)

- Maciej is always there quietly beaver away in the background making sure that the kit works and is where we need it to be. He drives our ambulance to make sure the babies are where THEY need to be and is generally a wonderful, calm, kind and helpful presence on the unit.



The Wessex Paediatric Awards for Training Achievements 2019



Special Person in Paediatrics Award

The Nominees

Melanie Connett – PICU Advanced Nurse Practitioner (Southampton)

- Mel is just brilliant all round! Her clinical and practical skills are second to none, yet she remains modest about how great she is. She runs the PICU junior doctor rota fairly yet compassionately, making sure everyone gets time off when they need but the patients are still kept safe, despite this being a completely thankless task. On top of this, she is absolutely hilarious and lovely! Mel - you rock!

Nicky Lockyer – Administrative Staff (Southampton)

- Works extremely hard behind the scenes. Thank you

Perry Danvers – HCA (Poole)

- Perry is a fantastic team-player. He has worked at Poole for a number of years and is a vital member of the HCA team. In addition to his ward-based work he has recently developed a role within the children's blood clinic. I love working with Perry - he has a fantastic sense of humour, always gets stuck in and will any job no matter how big or small. The patients (and parents) absolutely adore him. This last year has not been easy for Perry but you would never have known it. At work he has conducted himself with decorum and been the definition of professional. Perry is a huge asset to child health, and he really deserve recognition for all he has achieved and all that he does.

Professor Howard Clark – NICU Consultant (Southampton)

- Valuable mentorship to trainees

Lou Pitman - Pharmacist (Salisbury)

- The most amazing pharmacist you will ever meet & boosts morale of everyone around her.

Karen Lake – Physiotherapist (Salisbury)

- Integral part of the CF team with a wicked dry sense of humour

Marciej Gach – NICU technician (Southampton)

- Maciej is always there quietly beaver away in the background making sure that the kit works and is where we need it to be. He drives our ambulance to make sure the babies are where THEY need to be and is generally a wonderful, calm, kind and helpful presence on the unit.

Saf – Paediatric Radiographer (Southampton)

- Calling Saf is always a delight. He goes above and beyond, nothing is ever too much trouble. He is always so friendly and helpful whatever time of day or night you call him. I think everyone should aspire to have a little bit of Saf's attitude!

Sam Giles – Administrative Staff (Dorchester)

- Sam is one of a kind. She is the person I will ask when no-one else knows the answer! She is fiercely loyal and incredibly protective of our unit - because she cares about the kids and families we look after. Sam has always got my back and her laugh is infectious!

Sarah Oak – Ward Clerk (Salisbury)

- The most amazing ward clerk ever. Goes above and beyond and is always so friendly and chatty with an "Ola" or "Ciao" whenever I pass. Instrumental in making Think Drink happen for the benefit of so many - a true gem
- Always smiling and welcoming with an "Ola" - great person to front Sarum and a pleasure to work with



The Wessex Paediatric Awards for Training Achievements 2019



Special Person in Paediatrics Award

The Nominees

Sharon Doyle – Clinical Fellow (Poole)

- Sharon is extremely hardworking and very helpful. Bends over backwards to cover the unit so trainees can attend PREP days

Suzy Compton – Play Therapist (Dorchester)

- Suzy is the most dedicated person I know - her enthusiasm and passion for making the children, young people and families journeys that little bit better is second to none. The energy Suzy has is amazing, her patience is commendable, she is always smiling, and nothing is too much trouble. Suzy not only looks after the families but considers the staff needs also, she frequently checks in to make sure nurses have had drinks and breaks! Thank you Suzy you are truly amazing!
- She makes an unpleasant experience more tolerable for the children and their parents, always willing to help out in any way she is able even when it's "not her job". Always smiling

The Giggle Doctors – (Southampton)

- For keeping all staff, parents, patients and siblings smiling no matter what :D

The PAT dogs – (Southampton)

- The service provided by these wonderful dogs has become synonymous with SCH. They are seen daily walking through the Children's hospital visiting children and families and have become a well recognized part of the MPT. Through their work they are providing tremendous and invaluable emotional support to young children who are facing extremely scary clinical procedures which in turn provides very welcome support to the clinical teams attempting to carry out these scary procedures. Through the social media coverage (they are frequent tweeters) they are also promoting SCH as a clinical area of excellence for Paediatric medical care.

The Secretarial Team at Dorchester

- Very helpful and effective. So very kind to newcomers too

The NICU Ward Clerks – Portsmouth

- There is a small, but dedicated team of Ward Clerks on the neonatal unit. They can often be seen late in the evening, just waiting for that baby to deliver so that they can smooth out the admission process. I've never seen stickers produced so quickly! They are very hard working, good fun and a great team making a real contribution to the daily running of the unit.

Tor Whitty – Medical Secretary (Winchester)

- Best secretary ever

Wendy Attride – Medical Secretary (Winchester)

- Fantastic secretary. Cheerful helpful manner at all times. Always looks for solutions not problems.

Katie Gilson – Dietician (Basingstoke)

- Katie is an outstanding dietician and provided great support to staff during a particularly challenging time on the ward, when multiple complex patients required her care.