



# PAFTA

Wessex Paediatric Awards  
For Training Achievements

Winners and Nominees 2023



# WINNERS

Junior Trainee Of The Year: Dr Jonny Baker

Junior Trainee Unsung Hero: Dr Sabina Cerutti

Senior Trainee Of The Year: Dr Magali Dubus

Senior Trainee Unsung Hero: Dr Muhammad Najih

Consultant Of The Year: Dr Clare Hollingsworth

Nurse Of The Year: Katie Roberts

Special Person In Paediatrics: Maureen Cummins

Training Unit Of The Year: UHS Paediatric ED

Educational Supervisor Of The Year: Dr Sarah Davidson





# NOMINEES



## Junior Trainee of the Year

Enni Pennti - Enni has taken to paediatric training extremely well and has developed in both confidence and skills in the last year. Her handover and communication is succinct and she has been able to strike a good balance between taking the initiative and realising her own limitations and asking for help. Her bubbly personality also makes working with her a pleasure!

Ryan Lethem

- Because he is a total legend. Brainy and brilliant! Loved by families and colleagues.
- I have seen him growing up so fast in the last 6 months really proud of him

Katie Hodgkinson

- Always keen to help colleagues and chip in! Clearly loves her job and I've never met anyone as well suited to paediatrics as her!
- What an amazing lady, always smiling and happy to help. I've learnt so much from her and can't believe how much she can do in one shift.
- Great clinical skills, a real team player, always offers a helping hand. Happy to help no matter how small the task.
- Katie is an absolute pleasure to work with. She is always happy to attend to any work needed with a friendly smile. Even as a junior SHO she has already developed leadership skills above her grade and supports other doctors. She had a passion for getting Badgernet discharge summaries right and we miss her since she has left us!

Dr Julia Hall - Always a pleasure to work with. She is hard-working, always smiling and a wonderful leader to her junior colleagues. Dr Hall went the extra mile to prioritise her colleagues' well-being during a very difficult shift and it was really appreciated.

Sophie Lewis - Sophie is an amazing trainee and so much better than she gives herself credit for. She is not only good at her job, but she is a great colleague, an all round lovely person and will make a fantastic paediatric consultant in a few years!

Sammy Case

- A great person to work with, incredibly knowledgeable and friendly, making a positive impression everywhere she goes !
- Always a positive can do attitude, reliable and competent clinician, works hard, great team player. Pleasure to work with.

Jonny Baker

- Jonny is an outstanding trainee and all-round legend. Jonny is already an experienced ST1 but what is most impressive is his willingness to learn and to build on the high standards he sets for himself. His clinical skills are excellent and well beyond what would be expected at his stage. When Jonny is on shift, you know things will get done; he is reliable, efficient and goes out of his way to offer help to others. He demonstrates genuine care and compassion to patients, families and colleagues. I have witnessed him frequently taking time out to support junior members of the team to help them adjust to new placements/working environments. Jonny is an extremely well-liked member of any team he is part of. His easy-going personality and sense of humour bring a positive energy to every shift. Despite how amazing Jonny is, you won't find him singing his own praises; he very much remains grounded, unassuming and striving to improve. It has been an absolute pleasure to work with Jonny. He has all the qualities to develop into an exceptional paediatrician and I look forward to seeing what he achieves in the future.
- An all round good egg. Wherever he goes good things happen. A ray of sunshine and always brightens the mood. Great team player.

Sylvia Ogar- Sylvia is an outstanding doctor. She is incredibly hard working, dedicated, skilled and a fantastic colleague.

Abhi Gurung- Such an incredibly supportive and lovely colleague. Has taken time out of her own busy schedule to support me w-ith exam practice and always a helpful and supportive person to talk to.

Claire Rowden Very supportive, kind and patient with junior team members and takes time to lend her knowledge and experience to help other team members even when she is very busy herself.

Josie Bradford- Josie is brilliant to work with. She is calm, hardworking, reliable, keen to learn, and has dealt well with some challenging families.

Nadine D'Silva

- Nadine is all-round great - she is hardworking, reliable, thorough, responsible, shares out jobs when you need a hand and has excellent clinical and practical skills! She gets on with her jobs quietly and does them to a high standard and I am always pleased to be working a shift with her!
- For stepping up into ST3 so confidently and sensibly.

Rhiannon Ball - Rhiannon worked exceptionally hard during her time in CED. She was responsive to the needs of the department and grew in confidence throughout her time here. She is supportive to other members of the team and is keen to share her skills as well as learn from others. She quietly gets on with her work but always asks for help when needed and appropriately challenges when necessary.

Sabina Cerrutti - Strikes the perfect balance between efficiency, confidence, openness and self development. Hard working, insightful and diplomatic.

Keira Hassim

- Is so knowledgeable and able and yet remains so calm and unassuming. A pleasure to work with.
- An incredibly hardworking and diligent SHO with a great sense of humour. An absolute pleasure working with Keira!

Enjy Mohammed- Excellent all rounder

Shreya Chugh- Manages to wear different hats and works towards quality improvement

Nandhika Rabindranathnambi- A really excellent clinician despite only starting her paediatric career.

Jack Hassell- Thorough, competent, friendly. Great to work with. Always uplifting to look on the rota and to see you are working with Jack.

Rhiannon Hoggins- For being amazing and having a positively infectious enthusiasm at workplace.





## Junior Trainee Unsung Hero of the Year



Josie Bradford

- Thrived at Poole despite becoming only ST1 on the rota. Generally cheery disposition and have the foundations to become a great paediatrician.
- For being an incredibly kind, organised and empathetic doctor on neonates. Josie could explain the most terrifying of things to parents in such a logical, calm and kind way that they would feel so reassured. She was always a massive support to the team around her.

Abhi Gurung- So hardworking, humble and kind. Abhi has no idea how good she is!

Keira Hassim- Always cheerful and hardworking, Keira is a pleasure to work with. She is an excellent doctor and can always be relied upon.

Katie Hodgkinson- Is always happy to help out. A real team player. Katie works so hard and never says no!

Rosie Lawrence ANNP on Junior Doctor Rota- Works tirelessly with junior doctors rotating through NICU , postnatal and transitional care supporting staff with cheerful smile , enthusiasm and willingness to help others

Jonny Baker

- A total legend, hard working but unassuming. Friendly and approachable, and always a good laugh!
- Goes above and beyond to help out. If you're thinking it, jonny has already done it. Wise beyond his years. Always a pleasure to be on shift with

Uchechi Ogundele- Has made so much progress and works so hard. I'm so glad she is joining us in run through training as she has so much to bring to Wessex.

Christine Tan- Quietly delivers a really high standard of care to all her patients with compassion and grace.

Chris McQuitty- Chris was a fantastic asset to the team: knowledgeable, caring, excellent rapport with children and families and always willing to get stuck in. We have missed him but he will make a fantastic GP!

Ryan Latham- Works extremely hard, often behind the scenes, helping steer the ship of PREP/organising teaching. In the clinical setting, for ST3 is very knowledgeable and has good clinical skills. Always calm, organised and gets on with the job. Most importantly his dry sense of humour kept the team entertained!

Xavier Ahiuwalia

- I can't believe Xavi is ST1. He has been brilliant on the neonatal unit. He is an excellent team player, communicates with a beautiful manner to families, is trustworthy and gets the job done. We'd love to have him work with us again in the future!
- Always so happy and cheerful! Hard working and will always be keen to help out - no job is too much trouble!

Kate Jordan- Kate is a fantastic member of the CED team. She works hard and is both extremely flexible and reliable. She brings joy to the department, is keen to both learn and teach and is an all round a fantastic human being. She has just become a Wessex trainee in September and I have no doubt she will excel in this role. Kate manages complex situations from very unwell patients to mental health crisis' with empathy and compassion. She has an excellent communication style with all ages of children as well as other members of the CED team.

Sabina Cerrutti

- Who worked efficiently and diplomatically at a level above ST3 without undermining junior registrars working on the tier above and yet making great progress herself at the same time. A challenge Sabina undertook with sensitivity and determination.
- Just gets on with things efficiently and well, no messing around! Works hard, positive attitude and a supportive team player.
- For always being reliable, amazing at work and an excellent team member.

Enjy Mohammed- Staff grade in Salisbury. Enjy is quietly confident and is an absolute pleasure to work with. She is competent, reliable, timely and efficient. We know we can leave Enjy to get on and get things done. She asks for help appropriately and always calls for support if needed. Over the past 18 months she has blossomed into a brilliant paediatrician

Karen Lai- Quietly gets on with the work and cares for her patients really well.

Sarah Mills- Amazing all round achievements- juggled projects, keen teacher and excellent clinician and always has a friendly manner

Nicola Head- Although Nicola is not a trainee, she has jumped right into the QA paed team with both feet and has really swum! She takes everything in her stride, and never seems flustered. She brings a wealth of experience from her previous work in SA and she is a wonderful SHO to work with.

Cristina Verdes- Not actually a trainee (yet!) But as an FY2 and locum SHO she is incredibly efficient, organised and enthusiastic. She's a team player, she's interested and has good clinical judgement. She'll be an excellent trainee when she does have her training number!

Serena Castaldi- After much work by myself and others, Serena committed to a life in paediatric training in the UK - and British paediatrics will be better for it. She is incredibly hard working, and full of hidden talents and it is just a shame those of us who tried, weren't able to convince her into staying in Wessex. Thank-you Serena, and come back soon!!!





## Senior Trainee of the Year

### Nye Young

- Ridiculously efficient and will go any extra miles necessary to deliver the highest of standards to the smallest of patients.
- Nye is such a lovely person to work with - supportive, really listens to the worries/concerns of his peers and is happy to help. Very knowledgeable, no question is too small for Nye!

### Henry Gann

- Very patient and calming presence to families and team in any situation. Always has time for more junior members of the team. Knowledgeable and a pleasure to take handover from or work with!
- Henry is just great. He's always so positive, upbeat, enthusiastic, and calm, which is infectious to the whole team!
- Extremely supportive to colleagues and juniors, has an amazingly mature head on his shoulders, appreciates others' input and plays for the team.
- For being reliable, knowledgeable and approachable.

Joely Clarke - Too many superlatives to describe this fabulous human. Best trainee ever.

Anshul Gupta - Anshul is great to work with, he's always cheerful and hardworking. He is very supportive of juniors, and also has lots pearls of wisdom from his many years of training which he readily shares with the team.

Jonathan Ong - Jonathan is a fantastic registrar and I always look forward to shifts with him. His relaxed and relaxing attitude is one of the characteristics which make him a pleasure to work with and he often goes out of his way to encourage the development of his juniors colleagues. I cannot fault him.

### Magali Dubus

- A friendly face and nothing is too much trouble. She has great knowledge and skills and works so hard.
- Magali went above and beyond not only to teach, but to support everyone on neonates. She helped me get into medical school over a decade ago and she has only gotten kinder, more hard working and more knowledgeable. There is nothing Magali can't do- make complex procedures seem easy, make complicated diagnoses simple for both patients and trainees, publish research and make excellent book recommendations! How Magali juggles being such a well rounded, brilliant doctor with being an exceptional human and two small terrors is beyond me. She is AMAZING.

Magali Dubus (Neonatal Grid trainee) and Jemma Shanley during neonatal rotation, both committed, enthusiastic, cheerful, supportive of peers and nursing team, demonstrates compassionate family focussed principles and has an uncanny ability to see their perspective, supports detailed mortality case reviews with enthusiasm and mature understanding of quality and safety

Kemi Sodipe - Always fantastic to work with, especially on nights! Really supportive, happy to teach and involve others in learning opportunities and the person that you are glad you are on a shift with!!!

Rob May-Miller - Rob is an outstanding trainee (despite his loathing of Kaizen!). I have to regularly remind myself that he is ST5 and not ST8. His clinical acumen is really good, his communication skills are outstanding and he is great at practical procedures. When he finishes his training he will have multiple units (including us) fighting to give him a consultant job!

### Meyram Moawad

- Meryam is an excellent paediatrician and we have been very lucky to have her working in Salisbury. She has brought enthusiasm, clinical skills and cool, calm brilliance.
- Meryam is an absolute dream to work with. She is supportive, knowledgeable, competent and fun to work with. She has shown great leadership skills here in Salisbury - using her quiet manner and easy going attitude, she supports the team and is extremely capable.
- Quietly understated but brilliant

Matt Jones- Always calm even on busy shifts and has been a great support to junior Registrars. If I have a problem Matt will help me think it through and realise that (probably) the world is not going to end!

Emily Marshall- Excellent clinical knowledge & very empathetic with parents/ families. Efficient & shows clear clinical reasoning for her decision making. Incredibly hard-working and a team player. A pleasure to work with.

Gautham Gopalakrishnan (Senior MTI Southampton)- Gautham is an excellent Neonatologist. He has a lovely manner with babies and their families, speaking with compassion and care. He goes about his work with a smile and a determination to get patient care right.

Maharmat Chavoshzadeh- Marharmat is the best! Supportive, kind, very level headed and in general fab to work with!

Hannah Watts- A friendly face on a busy, and as a first time neonatal job, sometimes scary ward. Was always very patient with teaching and discussing cases. She would always talk through reasoning behind decisions to help understand and aid learning. A lovely colleague to have!

Kary (Kang Min Sun)- A great registrar to work with and always approachable!

Ruth Margetts- Legendary reg who is very happy to offer advice and support. Takes time to teach in CED and discuss cases for portfolio. She also does a brilliant job of organising sessions promoting health and well being in CED, this includes offering practical tips that are scientifically evidenced.

Joely Clarke- The most competent and calm doctor Who can go beyond for the patient care.

Paddy Clarke

- Paddy is such a great colleague to work with, always really supportive to juniors whether it is ward rounds, jobs or procedures. He is always willing to lead teaching sessions and has also helped out at PREP sim teaching. He is equally just so amazing with patients and families especially the longer term nephrology patients and he does it all with a smile all the time!
- Paddy is always such a supportive and fun registrar to work with, always has a smile on his face and is seamlessly calm in even in the most stressful situations. Every shift with him is a joy!

Abi Oliver- Outstanding communication and rapport with team members, very supportive to more junior team members and clinically excellent

Ellie Jordan- Ellie worked in CED as the last placement in her training before CCT. She brought with her positivity, enthusiasm and compassionate care. She has skills within sexual health and the SARC and provided excellent education, in sensitive topics, because of this. She is always kind and considerate and managed her team well.

Simone Paulson- Simone is an absolute superstar who just cracks on with the job and does it brilliantly and always with a smile on her face!

David Gelder- David is an approachable doctor who never makes you feel like a question is silly. He is supportive to all colleagues whatever grade. He is always willing to discuss problems and seek out resolutions. He is always wearing a smile.

Harriet Ayling - Hard working, reliable and competent, pleasure to work with. Excellent communicator with colleagues and families. Takes initiative. Enthusiastic about simulation and a popular and highly effective educator for junior trainees as part of regional education.







## Senior Trainee Unsung Hero of the Year



Marhamat Chavoshzadeh- Is an amazing lady who works so hard and is always happy to help others. She has taught me and others so much and has such a nice manor.

Abi Stapleford- Abi is a brilliant doctor - knowledgeable, dependable, very hard working and an absolute asset to the team. I hope she knows how values she is.

Charlotte Weeks - Such a support to everyone on PICU, supports us all with procedures and admissions. Always taking time to teach and explains things really well on PICU. Takes on lots of extra projects around the unit and does it all quietly in the background. Such a supportive inspirational senior trainee

Anne McGough - Anne just quietly gets on with it. Wise decision maker, totally reliable, brilliant doctor.

Freddie Speyer

- Freddie is an exceptionally competent registrar who demonstrates excellent leadership skills in emergency situations. Alongside this he regularly finds time to teach junior colleagues opportunistically on the shop floor, encouraging submission of portfolio assessments with useful feedback given to aid further learning.
- Boundless enthusiasm and positive attitude. Great educator and team player. Pleasure to work with.

David Lim - He is hard working and approachable. He is very supportive and junior colleagues.

Alex Novak - Alex is an exceptional registrar who has been the backbone of the Basingstoke registrar rota over the last 6 months. She is not only a joy to work with but is committed to the journey of all of her patients and does not settle until they have received the care which they require.

Sophie Harbour - Sophie has had a challenging year (returning to work after illness) but has approached this with determination, enthusiasm, and positivity. She has not only successfully returned to clinical work, but has supported juniors with projects, got involved in audits, and started to develop a special interest. She is well liked by all members of the team and by the families she treats. She is hardworking, reliable, approachable, and caring. She also has no idea how great she is, so really deserves this nomination!

Jo Yelland- Jo deserves to be in the "senior unsung hero" as her experience and dedication to neonates is equal to that of a consultant. She's highly regarded in her team with good reason. She leads resuscitations and stabilisations of extreme preterms effortlessly, carries out procedures with the speed of light and in addition to that she loves to teach and makes the working environment as fun and positive as possible.

Muhammad Najih

- Works relentlessly with the rota and always willing to help out colleagues. Takes a lot of rubbish from consultants but always has a smile on his face. His knowledge is insane and he's a great teacher to his juniors.
- It is no secret, Southampton cardiology would not survive without Najih. He is one of the most hard working doctors I have ever met. Najih writes and runs the rota, as well as being central to all cardiology teaching. He is inspirational to listen to, and I admire his dedication to both his job and family. I literally have no idea where he finds the time to do all that he does, and hope that the cardiac department recognises the space he fills. Thank you Najih - you are awesome and always go above and beyond!!

Abi Oliver- Sensible,hard working, compassionate and empathetic. One of the most capable trainees I've had an opportunity to work with.

Marisa McMillan- Is such a bubbly person who makes even the worst shift easier to cope with

Abi Sharpe- Abi is very approachable, knowledgeable and takes time to teach juniors even whilst busy. She consistently goes above and beyond in her practice and is much appreciated by her colleagues.

Georgina Bough- She is always helpful when referring patients and supportive to her neonatal colleagues.

Joely Clarke - Joely is a wonderful reg to work with - so lovely and supportive and always looking out for others!

Gen Southgate - Gen has worked tirelessly for the benefit of trainees through her work with organising PREP days and PIER. Above all, Gen is an amazing human being who's actions are a testament to her care and compassion. I have every faith she will continue to flourish as she embarks on her next stage of training.

Orla Baird - She is awesome. Always happy to pitch in and help in every situation. She is a great team player but also a great team leader. Orla always makes sure the rest of her team are supported - from the newest GP SHO to the busiest duty consultant. She is a great paediatrician with a wealth of experience and our unit is very lucky to have her working with us

Samantha Cheng - An absolute pleasure to work with, works so hard and always with a smile on her face!

Dan Owens - For his ever calming presence and sense of humour. (Also should add for the amount of hard work he does spinning a lot of plates between the research world, PICU and CED)

Dr Gautham Gopalakrishnan- Gautham has worked on the Neonatal Unit for just over two years, completing his MTI scheme. He has been an absolute asset to the team, covering numerous locums and helping out at short notice. No ask is too much. He works extremely hard and has been a great support to his junior colleagues. Thank you so much.

Caroline Crehan- Superb clinical acumen, stands up for what is right, very supportive of juniors





## Consultant of the Year

Bala Thyagarajan- Always cheerful, calming and valuing all members of the team , readily steps in to cover colleagues with enthusiasm , always has time for chat and discussion , dependable hard working valued colleague

Hushi Hu

- Always encouraging and kind to the whole team, a great role model to look up to
- Hushi has recently become a neonatal consultant at Portsmouth Hospital and with this has taken on numerous new roles which she has excelled at. From a junior colleagues perspective, she is an approachable hard-working consultant who is exceptionally supportive and encouraging of juniors decision making skills and procedural skills development. Her communication skills with parents are also a great role model for juniors to observe. She is an absolute pleasure to work with and learn from.

Clarissa Chase

- She has created many educational opportunities for all team members within ED. She is a big voice for our nursing team, empowering us to develop in our careers. She created the NERD newsletter to keep everyone up to date, extra short AM educational sessions, packed lunch session all to share knowledge, educate and keep staff up to date on new evidence ultimately putting patients first. She is a wonderful colleague and a fantastic team player.
- Been an amazing PEM training leader. Organising lots of useful teaching and helping the PEM trainees with career guidance in her spare time. But also an awesome clinician at work too.
- Innovative, friendly and fun! Plus she is an excellent Doctor!

Kimberley Jefferies

- She is just so lovely. Anybody who does the rota never gets enough recognition for the tireless efforts to meet deadlines and meet training requirements, honour annual and study leave, self development time and PREP days. But Kim manages to do all of that. She is always so kind, understanding and accommodating and will go to every effort to help with rota requests, and it's a huge rota to organise. She never pushes shifts on people, is always so appreciative and treats you like a human. Not just rota acknowledgement but acknowledgement for her commitment to being so supportive on the unit to trainees of all levels of experience, especially in the midst of chaos. She is a calming force and a the best cheerleader to have on shift.
- Enthusiastic Neonatal Consultant demonstrates fabulous multidisciplinary team skills working with others to garner consensus, developing neonatal guidance and innovative pathways of care .
- Really supportive to juniors when on call and very approachable, Manages the rota in a really fair manner trying to facilitate everyone's needs and wishes.

Deepa Shenoy- Deepa is fantastic! She is kind, supportive and always cheerful! Nothing phases her and nothing is ever too much trouble!

Rowena Staples- Row is an amazingly skilled paediatrician. She is very knowledgeable, skilled and quietly brilliant. I have learned so much for her and can only hope to be a bit as good as her in my clinical life!

Michael Griksaitis - Michael is an excellent consultant, he always supports the team and gives brilliant teaching. You always feel that you can ask him any question and get a sensible answer.

Phil Parslow - Cares a lot. Great doctor.

Huw Jones

- I'm not sure I've met a kinder, calmer and more helpful consultant. Huw is always available for patients, families and trainees and no job is too small for him to do. I've really valued working with him.
- Dr Jones is one of the nicest consultants I've ever met. It's amazing listening to him speak about neonatology and he has an infinite amount of knowledge that he loves to share. In his role as college tutor he offers support and guidance to all trainees and it's been an absolute honour working with him.

William Ward- For his undue effort and hard work with the diabetes team

Justin Davies and Anitha Kumaran - For continuing to provide an excellent paediatric endocrinology service despite being one consultant down for a large part of the year.

#### Rebecca Broomfield

- Works so hard to ensure trainee wellbeing and education is paramount in the department. Has managed difficult rare cases, survived and shared the learning.
- Becki is awesome. She is clearly invested in the learning and wellbeing of juniors, and shows this through teaching and supporting juniors to take on responsibility safely. She champions health and well being in CED, this includes the way she managed the rota which had trainees best interests in mind. She is also just generally a lovely, fun and positive person to be on shift with. Thank you Becki!
- Becki is an amazing consultant! She gives excellent clinical care in highly stressful situations and always keeps caring for the patient and their families at the heart of what she does. She also cares deeply about the team and works extremely hard to truly promote our wellbeing and make sure we take care of ourselves while we are taking care of others. Whenever I am on the shop floor with her I know we are going to have a great day!!

Trudie Pestell- Continually committed to education-organising training days and weekly education in the department including “pick ‘n’ mix’ education program.

Regina Nalliannan - For being an incredibly kind, calm and relaxed consultant, a friend to everyone on the neonatal unit, a staunch advocate for teaching, training and babies, and for always knowing when to appear in a time of need! Regina supported me when she had no need to do so as I wasn't even working in Southampton anymore, gave career advice and just generally managed to cheer me up for the whole year. She works so hard behind the scenes and deserves acknowledgement for everything she does for trainees and babies!

#### Emma Grainger-Allen

- Emma is the most supportive consultant, who genuinely cares about the well-being of her juniors. She makes you feel so loved and supported. Her simulation sessions are always so educational and fun and a complete safe space. She has helped countless juniors pass their clinical exams with her fabulous communication skills teaching and sets an amazing example herself. I think I echo many of us when we say that if we are anything like Emma when we become consultants, we would be thrilled!
- Emma is a truly wonderful human, very approachable and caring. She is an excellent clinician and a great supervisor. She has been incredibly supportive during some difficult times and helped facilitate important next steps in my career.

Dr Seb Gray - Very supportive of juniors and supports them to gain confidence and leave their comfort zone. Happy to teach and explain even on a night shift. Ensures people know when they are appreciated which really helps morale.

#### Dr Madhavi Velpula:

- Always helps when the unit is very busy and very helpful to her juniors. Never scared to call her and ask for advice which is always very clinically sound. Overall a very supportive consultant who allows her registrars the right level of freedom.
- Worked tirelessly to implement Progress plus within the Trust, cool headed and always supportive of trainees who need help.

#### James Edelman

- James is an amazing doctor to look up to- so valued by patients and their families, and always approachable as a member of the general paediatric team. The PIER website is a super resource, and his work on this to support the region including the introduction of the Eolas app is well above and beyond. James has also run great sim days for PREP, with a lot of time put into this to support trainees.
- Always puts 110% into supporting others across Child Health whether that is providing education via PIER, supporting the PHDU and Outreach teams or coordinating rotas! James has been particularly integral in the recent HDU / G3 refurbishment moves and ensuring the support of all the teams and patients involved!

Katrina Cathie- She is an inspiration. Not only is she an incredible clinician and researcher but she is the most insightful, compassionate and mindful person when it comes to her trainees and staff. She just gets it. She understands the importance of being cared for and that in turn makes you feel valued. This often goes amiss as supervisors/consultants are too fatigued or too busy to be invested in their trainees. But Katrina is fully invested in her team and I wish others could learn from her and emulate her practice.

Sarah Davidson- Is an awesome consultant who has shown me the consultant I want to be when I finish my training. Nothing is too much for her even when she should be off work.



Dr Tara Brown- Has done an amazing job keeping the rota afloat, often pulling out of the bag last minute cover. Stepped down to cover shifts. Always calm in emergencies, takes the time to explain rationale and teach. Sets an amazing example of how to balance priorities.

Helen Rutkowska- Helen is clinical lead in CED. She is supportive and available to all members of the team. She leads exceptionally well with fairness and diplomacy. She is through, kind and manages difficult situations with ease. Helen lead the CED through the Group A Strep December surge ensuring patient safety, escalation of concerns and looking after the wellbeing of her team, all while working exceptionally busy clinical shifts. She balances conflicting needs of multiple situations and is able to communicate these when necessary. Helen has also lead through the strike period. She is able to provide compassion and empathy while maintaining standards, safety and patient outcome. She is an excellent clinical lead.

Donna Winderbank Scott- Donna quietly contributes so much to the Neonatal department. She works with the MDT not only in Southampton but across SHIP, leading on Preterm Optimisation. She is a champion for QI and is passionate about making improvements for our babies and their families, including brightening areas of our tired neonatal unit with her art and murals. Donna deserves to have some recognition and praise :-)

Ed Andrews - Approachable & supportive. Values input from all members of the MDT. Engaging & keen to teach others. Very hard working & my favourite consultant to work with!

Dr David James

- Such a pleasure to work with, virtually unflappable, despite the pressures of a busy ED. Always ready to listen and to help, and goes out of his way to help trainees with assessments and learning.
- Goes out of his way to support trainees, showing genuine care and consideration for their specific training and personal needs.

Ian Rodd - Ian is one of the most dedicated consultants I have ever met. He cares deeply for his patients and ensures juniors feel supported. He models holistic care on the wards and shows true compassion to all patients and families. He will always take time to teach colleagues and he explains concepts clearly in a way that even I can understand! Thank you Ian.

Clare Hollingsworth

- Amazing person and all round good egg. Whenever she was working the mood of everyone lifted tenfold. Supportive, encourages independent practice but is also there immediately when needed. The family's she works with are so so lucky to have her as their Consultant. She gives her all, is open, honest and personable supporting families through some of the hardest times of their lives.
- So supportive, kind and inspiring. Amazing with patients and fun to work with.
- Clare goes above and beyond to ensure her patients wishes are met. Recently a family couldn't thank her enough for providing them with advice over the phone while they took a 5 week road trip across the UK ending up in Scotland to be able to make memories with their daughter before she sadly passed away. Having Clare at the end of the phone meant they could spend time together as a family which they will not get back and meant they could enjoy their time without any hospital admissions or having to come home early. This is only one example of how amazing Clare is. She goes above and beyond for all of her patients as well as always looking after all the staff around her.

Mark Johnson

- Very supportive of junior and senior staff, always approachable even on busy and stressful shifts and overnight when on call
- As neonatal clinical lead, Mark does an incredible job juggling demands on the neonatal unit. He is extremely approachable and handles disputes in a calm and compassionate manner. His leadership is an inspiration and despite everything that is thrown at him, he always manages to make light of a situation with a little joke! Thanks for all that you do.

Julia Shaw - Julia has done a fantastic job as clinical director in Basingstoke. The team have had a challenging time of late but Julia has been exceptional in providing strong leadership. Julia is an excellent clinician. Her high standards demonstrate how much she cares for her patients. She is an outstanding communicator with children and families. I have witnessed her navigate some very difficult, emotionally-heavy conversations with such compassion, sensitivity and kindness. Julia is an inspiring paediatrician who is fully deserving of this nomination.

Chrissie Jones

- One of the nicest consultants to work with, shows great care for all her trainees and research fellows!
- Chrissie is always so supportive, approachable and just one of the nicest people you could work with.
- Extremely kind, considerate and dedicated supervisor.



Antonia Hargadon-Lowe - Extremely hard-working. Juggling so many additional balls in addition to clinical work. Always happy to explain things.

Roy Sievers - Exceptionally hard working, patient, thorough and frequently goes the extra mile for everyone - all colleagues, patients and families, medical students. Deserves to be recognised - thank you.

Simon Struthers- I have had the pleasure of working with Simon at multiple stages in my career, from being introduced to paediatrics as a Southampton medical student, an ST3 in my first registrar post and more latterly as a senior registrar. His experience, wisdom and insight is invaluable, and I have learned a lot of life lessons through working with him. His calmness and management of emergency situations is amazing to watch and be a part of. The more I learn about Simon's career, the more I find myself excited by the prospects of life as a paediatrician and hope to follow in some of Simon's footsteps. Thankyou Simon, and all the best for your 'retirement' whatever that looks like!





## Paediatric Nurse of the Year

Claire Bebbington (QAH Gen Paeds)

- Bebb is always very supportive and keen to help where she can. She has made incredibly busy shifts much more manageable by volunteering to do all the bloods and cannulas needed (of which there were many) without any complaints, freeing up other staff to do reviews and make treatment decisions.
- Very knowledgeable, friendly and supportive
- For being such a wonderful person, always smiling and nothing is ever too much for her!

Rachael Cutting (Southampton CETD)

- She is a senior nurse who is a fantastic role model to the team, always putting Patients first. She ensures all the teams wellbeing is managed appropriately and always a supportive approachable manager. She organises all our emergency stock and created procedure trollies for easy access to emergency equipment. This is vital when providing life saving expert care. She ensured all stock is ordered and works closely with the stock team, this is a thankless task but again vital in providing the expert care for sick and injured children. Not only this she is hardworking and a fantastic nurse with clinical expertise, compassion and kindness. She does a lot behind the scenes for the department that we do not see.
- Rachael is an amazing band 7 at CED UHS. She is able to run a shop floor like nobody else and provide support for both the more junior nursing team and the medical team at the same time. She is enthusiastic and compassionate and has the ability to diffuse difficult situations and handle very unwell children with ease. She is often a patients advocate and put them at the centre of everything she does.

Katie Roberts (Basingstoke)

- Katie is a superb paediatric nurse. She has excellent clinical skills and is a great support to the medical team highlighting deteriorating sick children. She will often initiate appropriate nursing management in advance of the medical team review meaning that our job is easier to perform and the patients journey is much smoother. She is an asset to the team, brilliant communicator with children and a pleasure to work with.
- Katie is an outstanding nurse in an already outstanding department. What sets her apart is her level of anticipation for the next steps of a patient's journey, her clinical nose for a sick child and her willingness to question dubious decision making. She is often ahead of the decision making for patients and has already put in place appropriate actions for patients before they are even seen. Alongside this, I have seen her spend significant amounts of time teaching nursing colleagues and students about various subjects, from blood gas interpretation to DKA assessment and management. She could easily expand this into teaching the doctors on the ward as well and she is more than knowledgeable enough to. In short, she is a brilliant nurse and a magnificent role model to all around her.
- As a trainee who has rotated through several units in Wessex, simply put, Katie is easily one of the best nurses I have ever worked with. Clinically, she is absolutely brilliant. Katie is the go-to for difficult cannulas. Basingstoke CDU can be a relentless stream of work but Katie takes everything in her stride and will lead a shift with calm and control. She is vastly experienced and her opinion is always greatly valued by the team. She is proactive and takes initiative to initiate management; often she will have already done something way before you have asked her do it. It is so helpful for the senior doctors to have her as a sounding board and equally helpful for the juniors to have her guidance. One of Katie's most outstanding attributes is her passion for and dedication to teaching. Whenever there is a quieter moment on shift, I have witnessed her taking the opportunity to spend 30 minutes teaching on sepsis or DKA or asthma. She is a super talented educator - she is patient and knows how to ask the right questions to help learners to understand a topic better. I know this is greatly appreciated by the nursing team and especially the student nurses on placements.

Jess Winter- (ANNP) A real asset to the NICU. She is brilliant and is great at teaching and supporting others.

Natalie Morabito (Salisbury NHS FT)- Natalie is an incredibly committed, dedicated and brilliant epilepsy specialist nurse. She works tirelessly, is a fun and dependable colleague and is part of the Salisbury paediatric fabric.

Donna Austin (PICU ACCP)- Donna is so supportive and always helpful to all trainees in PICU. She is always happy and makes any shift better!

Lu Wilson (Portsmouth)- Lu is such a kind an amazing person - happy to help anyone - always cheery and nothing seems to faze her

Kirsten Jenkinson (DCH)- Kirsten is a wonderful nurse. She has a level head and faces challenges head on with a smile on her face. Role model.

Lucy Buckingham (DCH)- Lucy is a wonderful human being. She is the most supportive colleague and we all love being on shift with her. She is totally calm in a crisis and has the biggest heart

Christine Desmond, Steph Kerr, Sarah Harrington and Kathryn Jayne (Paediatric Endocrinology Nurse Specialists UHS)- For organising the doctors and keeping the service running despite consultant shortages, always providing a great cup of tea when needed and being prepared to listen to us moan (and help sort out the reason for moaning!).

Naomi (CDU Basingstoke)- For always being smiley, cheerful and kind; doing her absolute best to teach the trainee nurses and the junior doctors; being an absolute dream with all the children, and still challenging herself to always improve even on days when everything seemed overwhelming.

All the Neonatal Nurses at Salisbury- What an invaluable resource they are - supporting new SHOs in their introduction to the wonderful world of neonates and new registrars in leading resuscitations & managing the unit. They will go out of their way on a busy shift to help the medical team and always have a cup of tea ready when you just need to sit and breathe!

Basingstoke CDU Team- This group of nurses are the most outstanding nurses in the whole region. They all routinely perform venepuncture and cannulation and train student nurses to do so to. They have excellent clinical acumen and are able to initiate management without being asked to. Without them, some shifts in Basingstoke would become unmanageable, particularly with the patient load and the demand of overseeing the ward, neonates and ED. It is inspiring to come to work each day and witness the level of care they provide to children and young people. They are an absolutely brilliant group of girls who are so hard working but perhaps don't get the recognition that they deserve. They are a joy to work with and I hope they know they are richly appreciated.

Charlotte Leach (Basingstoke)- Charlie is a brilliant nurse. When she is in charge, she makes sensible decisions and ensures that the team is supported. Her caring and gentle manner makes patients feel at ease and her positive attitude gives a real lift to the team when you are on shift with her.

Zoe (Basingstoke)- Zoe is extremely knowledgeable, experienced and leads by example. She stays calm when situations can get a bit chaotic. She is meticulous in her work and cares deeply for her patients. Zoe's opinion is trustworthy and always greatly valued.

Sam Roberts (Southampton)- Sam is excellent with patients and very supportive. She works well with the medical and nursing team.

Katie Trerise (BNHH ANNP)- Katie is an amazing ANNP who effectively runs the neonatal department at Basingstoke. She is a fantastic teacher and often goes out of her way to help the juniors doctors learn neonatal medicine and is a pleasure to work with. She carries a lot of responsibility on her shoulders and is vital to the delivery of neonatal care at Basingstoke.

Theresa Howell (Salisbury NICU)- So knowledgeable, reliable and supportive of junior doctor colleagues. Always willing to teach.

Helen Redding (QAH NICU)- Kind, approachable, knowledgeable - fantastic to work with!

Sophie Cadnam- Strong compassionate advocate for family integrated care , promoting and providing personalised care for parents and their families , holistic considered approach

Sue Clements (Basingstoke)- Goes above and beyond to help, no matter how small the task. Always a smiling friendly face. Provides great support to families and their young person. A pleasure to work with.

Hollie Reynolds (UHS)- Has really developed over the past year as a senior nurse on her ward. Is always friendly, approachable and works well in difficult situations and when in such situations, still makes sure that her team feel supported and are ok. A great role model as a nurse in charge and developing leader.

Kelly Rutherford (ANNP Southampton PAH)- Kelly works as an experienced ANNP in Southampton neonatal unit. Not only is she brilliant with her patient care, she also leads and supports our Wessex paediatric trainees and MTI's who rotate through the unit, who learn so much from her.

Rhia (Neonatal and Transport Nurse in Southampton)- She is always keen to teach other nurses and junior doctors. No matter how stressful and busy the situation she just tackles all the jobs with a positive attitude and is always incredibly supportive and kind.





Clancy (Portsmouth Neonates)- I am always happy to Clancy on the unit if I am on shift. She is knowledgeable and supportive of staff - both nurses and doctors. Even in the busiest of shifts she has a smile on her face and I cannot emphasise how much that is appreciated on a tough day.

Tara Hugill (PANP extraordinaire at Winchester)- Tara is simply brilliant. She super efficient and just gets on with whatever needs doing. She keeps the consultants on track during a ward round (never underestimate this power!) and is generally an awesome person! Thank you Tara!

The ANNPs in Southampton NICU- Kelly, Jess, Tash, Rosie and Jo. They are all so amazing!! So wonderful to work with and a fountain of knowledge and experience! Always supportive and keen to give you learning opportunities to help you learn and develop!

All of the ANNPs at Princess Anne - they are all so lovely to work with, very supportive and great teachers

Hannah Howell and Kate Hopkins (Dorchester)- Without these 2 gems, Dorchester would be a different place. They keep both Kingfisher Ward and SCBU running smoothly, getting stuck in with jobs, social meetings, family support and supporting staff. As ANP's/ANNP's they embrace whatever role they need to perform for that day, whether it's nursing support, undertaking SHO roles or performing at Registrar level. You are both amazing!

Clare-Marie Smith (Salisbury Foundation Trust)- Clare is a fantastic nurse. She always gives her patients 110% and her expertise in general paediatrics is unrivalled. She is a fountain of knowledge and a pleasure to work alongside. She supports the team without limitation and advocates for her patients despite high acuity and pressurised environments. She brings a calming presence to support the ward with every shift that she works. Thank you for all that you do.

Daniela Olusutien (Queen Alexandra Portsmouth)- Goes above and beyond to ensure patients and their families have the best journey possible.

Jo Vernazza (Allergy CNS at UHS)- Jo is a wonderful caring and enthusiastic nurse. She is great with patients, incredibly reliable and has a passion to learn and help improve our service. She is a valuable addition to our team and I really enjoy working with her.

Emma Woodhouse (Portsmouth NNU)- Emma supports Portsmouth NNU trainees in developing practical skills and at deliveries (births), implementing quality improvement and practice change, such as using new equipment and practices, in parallel with providing moral support.

Winston Buendia (Southampton Emergency Department)- Winston came to work with our team from overseas, he has settled in well with our team, he is kind, compassionate and a fantastic nurse. He works so hard in the department nothing is a problem, he shows respect to the Senior members of the team.

Hayley Holland (Paediatric Community Nurse Salisbury)- She is the lead community children's nurse for the Salisbury area. She is also the lead paediatric oncology nurse. Hayley is absolutely brilliant with the oncology patients we look after. She will bend over backwards to ensure they spend the most possible time away from hospital and lead as normal a life as they possibly can. She is a great member of our tiny oncology team and the lynch pin to us getting everything done. We could not manage without her. She is fantastic!

Emily Cornish (Research nurse, UHS)

- Emily works really hard to deliver high quality research for patients, she does all this with great care for the research participants and her colleagues.
- Southampton research, I'm not sure how we'd function in research without our fabulous nursing team! Emily is unbelievably organised, always so cheery and a delight to work with.
- Hard working, highly competent and enjoyable to work with.

Kirsten Jenkinson (Dorchester)- Always has a huge smile, positive attitude and happy to help. A pleasure to be on shift with.

Charlotte Wilson DCH

- Charlotte has been qualified for just under a year but has been faced with a tough run of shifts over the last few months. She has remained calm and professional throughout and has always remained positive. Charlotte is a pleasure to work with and always works incredibly hard whatever challenge she is faced with. She is a pleasure to have as part of the team.
- Charlotte is definitely the unsung nurse hero of the year. Quietly goes about her work and often doesn't recognise the impact she has on the patients and the team. She is contentious and thorough. She is wise beyond her years and I think she needs to be recognised for this.



Emily Stacey-Cox (Salisbury)- Always calm in emergencies & genuinely cares about making things better

Zoey Fry (Dorchester)- Zoey is a passionate paediatric nurse who strives to improve care for patients across West Dorset. She champions change which will bring best outcomes for all patients. She is a supportive leader who encourages the nurses around her to be the best they can be.

Kevin O'Brien (Poole)

- Amazing sense of accuracy in identifying sick kids, extremely helpful Our own "gentle giant"
- For always being attentive for his patients - recognised Anaphylaxis and initiated treatment while crash team were on their way. Saved a 12-year old's life, by getting urgent review, which needed emergency splenectomy.

Loz O'smee (Salisbury)- Despite having a difficult and stressful time outside work Loz has remained a cheerful and supportive colleague. She is a complete pleasure to work with and advocates so well for the team and her patients.

Sue Webb (Portsmouth NICU)- Always approachable, supportive, full of wisdom, great hugs. A rock for colleagues and families alike.

Allison Ahvee (University Hospital Dorset)- Allison is currently our Paediatric Transformation Education Lead but until August was Sister for the Children's High Dependency/Step-down in patient ward. She has been an inspirational leader for HDU provision within the DGH setting, leading her staff and indeed the unit in developing a dedicated HDU environment and skilled nursing team who aspire to provide the highest standards of care for the acutely sick child. She has is passionate, determined and caring and is loved and respected by all her team and the CYP/parents as well.

Rose (Winchester Northbrook Ward)- Unflappable whether it's bed pressures, medical emergencies or mental health crises. Good for a chat too! Exactly who you want around on a night shift.

Alison Harris (Winchester)- A great nurse and leader - always brings a smile to my face when on shift with her! Here's to many more years of working together!!





## Special Person in Paediatrics

Charlotte Ellis (HCA, Southampton CETD)- She works incredibly hard, always smiling and delivering, kind, compassionate and expert care to Children and their families. She is always 10 steps ahead and nothing is ever a problem. She is a fantastic colleague to work with, as she is safe, and ensures that the patients are first!! She is someone you always want on your team! And a big asset to CETD.

### NICU Ward Clerks (QAH)

- Always happy to help!
- So incredibly efficient, I've never seen a ward clerk team work better. They are super organised and everything gets done before you ever ask for it or realise you need it! All with a huge smile on their faces !

Sarah Oak (Ward Clerk, Salisbury)- Sarah is so much more than a ward clerk - she is an incredible support and source of strength for the entire unit! Sarah is kind, compassionate, hard working and focusses on the needs of the children and their families in the ward. We are so lucky to have her.

### Catherine Arrow

- Catherine has recently retired from Ward clerking but continues work to work in our team - she is hard working and a complete asset to the ward clerk team - she is like the oracle of ward clerking - I feel in all her time at working here she doesn't really get the recognition she deserves so i feel she deserves a nomination for her hard work and commitment - she really helped me recently during a difficult time in my life - she goes above and beyond - colleague and friend
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Samantha Houston (Nursing Apprentice, Portsmouth)- She is in her third 3 training & the support and work she puts into her course and role within NICU is amazing. The Quality of care she delivers remains exceptional throughout her training and she is a credit to the NICU team.

Kelly Falconer (Housekeeper, Portsmouth) - Kelly has worked as a housekeeper for a long time = happy helpful and always makes sure all the children a fed - goes above and beyond to help our little people with their requests

Cath Kopecky (Paediatric Physiotherapist, Dorset County Hospital)- Cath always goes above and beyond for her patients. The wisdom and experience she shares with families is second to none. We are so blessed to have her as part of our therapy team!

Hannah Foote (HCA, DCH) - Hannah has no idea how brilliant she is. The kindness and team spirit she brings to the ward is phenomenal. She builds up those around her. She has the most amazing ability to support patients in the right way for them, listening, encouraging and caring.

### Helen, Emily and Anne (Echo Technicians, UHS Cardiology)

- Always friendly, and very willing to teach and train the registrars in echo skills. Their input is probably undervalued and greatly appreciated!
- Amazing teachers for the junior staff and always helpful when it's super busy! Always so friendly and approachable and most importantly patient with their teaching!

Tracey Fordham (Play Specialist, Poole Hospital)- Tracey has been a vital member of the play team during a period of change where staffing levels are low, despite being the only active member of the team for a few months, Tracey continues to offer play opportunities for children who need hospital treatment, she has a wealth of knowledge and is a senior member of staff that everyone calls on for support on a daily basis.

Megan Higham (Secretary, UHS)- For being a fantastic secretary and seeming to be able to respond to emails almost before you've even sent them :)

Amy Cox (Basingstoke CDU)- For being an incredibly kind and helpful HCA with a heart of gold and a wicked sense of humor! It's impossible to have a bad day when Amy is around and she is the most reliable person on the planet. You will always leave a shift with Amy feeling cheerful and like everything has been done perfectly. She clears up so many potential disasters with ease and does it all with a smile. I have never felt so supported by anyone!

Crickle (Ward Clerk, PMU Southampton)- Crickle is always helpful and excellent with patients.

Stella Waddington (Salisbury)

- Stella is the most fantastic medical secretary, she is so efficient and nothing is too much trouble for her. She is also so supportive and understanding of new trainees, thank you Stella!
- My work life would fall apart without her - one in a million

Colin (Pharmacist, QAH NICU) - Colin is a fantastic support to the neonatal team at Portsmouth. He actively seeks out TTOs in advance ensuring there is no delay to patients discharge. He's also a friendly voice on the end of the phone with medication queries and will seek out the answer to something if he is not sure of it himself.

Caroline (Ward Clerk, E1 UHS)

- Caroline is the queen of all ward clerks. She gets everything done behind the scenes before you've even asked for it. She runs the smoothest sailing ship that is E1! Without Caroline, we would almost certainly sink!
- Is the backbone of our unit, E1 Ocean Ward. Caroline works incredibly hard, and is always prepared to go above and beyond.
- Caroline consistently goes above and beyond for all her colleagues and patients. She is a familiar and friendly face to so many families when they arrive on E1. Caroline has also taken on an extra role of working with Sophie's Legacy to ensure parents on E1 are fed, she will make sure that none of our parents miss out on a meal. I cannot think of a single person more deserving of recognition for their dedication to their role than Caroline.

Walter Fajardo Brown (Neonatal Pathway Coordinator/ Neonatal Secretary)- Cheerful enthusiastic personality, welcoming to everyone, nothing is too much trouble, vibrant and cheerful

Maureen Cummins (BNHH)

- Maureen is vital to the paediatric department at Basingstoke and I do not think it would run without her. Despite her importance at a departmental level, she still took the time to help me settle into life at Basingstoke and went out of her way to make the administrative side of things as straightforward as possible. It's so rare to get this level of help and support from an administrative individual and I think Maureen deserves every single award she can get.
- Keeps the ship afloat, can solve any problem, always a friendly face. Goes above and beyond to help.
- Maureen is the most integral person to the running of the Basingstoke team. She seems to know everything about everything and is always the go-to person to ask for help. More than that, she is so friendly, approachable and always happy to help. Any team would be extremely lucky to have her.
- Winchester has been through a lot when it comes to rota co-ordinators, and Maureen consistently keeps both Winchester and Basingstoke running. Filling gaps between co-ordinators, answering emails promptly and keeping the system running. She goes above and beyond, and her role seems to continue to expand to keep HHFT running smoothly. Thankyou!!

Jo Vine (Children's Outpatients HCA, Poole)- Jo is always cheerful and helpful, and nothing is too much trouble. She puts children and families at ease before they come into their consultation, which makes the doctor's job easier. There have been some challenges in outpatients (children's outpatients was out of action for several weeks) and Jo (and the rest of the children's outpatient HCAs) has been particularly helpful with this as she never appeared stressed and would always go above and beyond to help the clinic run smoothly, even in an unfamiliar setting.

Taylor (Dietician, E1 UHS)- Always helpful and enthusiastic. She's new to the team but settled in so well and always friendly and accessible for advice.

The Oncall Paeds Radiographers at Princess Anne who come any hour day or night to neonates and are always helpful. This has not gone unnoticed.

Kelly (Play Therapist, CED UHS)- Kelly is excellent at her job and excels at making children feel comfortable and confident in difficult situations. She is always keen to help and will often provide an alternative viewpoint to a difficult situation

Rishi-Nayan Varodaria- Rota legend! Rishi is organised, knowledgeable and efficient with answering questions. He must be so busy and yet always takes the time to sort things out properly. Thank you Rishi!

Adele (Dellie) (HCA, Winchester Sophie's Place/OPD)- Hard working and always has a huge smile. An absolute ECG wizard (no one else can get such a steady baseline!), alongside so many other indispensable skills.

Charlie Ellis (HCA Band 3, UHS)- A lady that is always smiling and goes out of her way to ensure that the children in her care are well supported and attended to. Nothing is ever too much trouble and Charlie will always volunteer to

do the jobs that no one else does. Reliable, uses her initiative and a joy to have with you - well deserving of this accolade.

Hannah Howell (Paediatric ANP, Dorchester)

- So lovely to work with and made any day infinitely better when she was around! & she will always go above and beyond for patients!
- Hannah is an incredible asset to the team at DCH. She covers a range of roles as well as her own of ANNP and lead nurse for child death. She supports every member of the team no matter what role they are in and whatever the challenge is that she's facing. Hannah goes above and beyond to help the nursing team during short staffed shifts, helps escalate staffing gaps to senior members of the team and has covered both the nursing and doctor strikes this year. Kingfisher would be lost without Hannah.

Sue Billingham (Portsmouth NICU)- Sue is an incredible person and has a wealth of knowledge and experience. Her work in the feeding support team as a lactation consultant is so so valuable in the care for all the premature infants born in Queen Alexandra. Her kind and warm demeanor put families at ease and she really does care for the families and their infants. She was always a pleasure to work with, I always enjoyed being on shift with Sue.

Philippa Harvey (Ward Clerk, Basingstoke)- Philippa is a brilliant ward clerk and an integral member of the team. She has an eye for detail and works incredibly hard. Every shift with Philippa is a good laugh.

The CEW team at QAH, Sophie, Debby, Jess, Rebecca provide an incredible service together!

Tess Grainger (HCA, UHS)- Tess is a wonderful member of the allergy team. She is kind, great at her job, and brilliant to work with. She is always keen to learn and develop her role further. She is invaluable to us!

Winston Buendia (Paediatric Nurse, Southampton Emergency Department)- Winston came to work with our team from overseas, he has settled in well with our team, he is kind, compassionate and a fantastic nurse. He works so hard in the department nothing is a problem, he shows respect to the Senior members of the team. He is a great role model to the junior team members, follows the nmc code and always ensures his patients are put first. He inspires me, as he is working in a different country, without all of his friends and family, but he does not let that phase him. He shows resilience, compassion, kindness and determination. I'm proud to say he works in my team.

Jodie (Paediatric Pharmacist, Sarum Ward Salisbury)- Jodie joined the team 18 months ago and has been an absolute star! She is always on the end of the bleep to answer any bizarre/unusual query. She liaises with community pharmacy to ensure the oncology patients get the correct drugs. She rocks her purple pharmacy scrubs!

Kim Thomas (Dorchester)- Kim is a key cog in paediatrics at Dorchester. Her job title does not reflect the huge part that she plays. She is always willing to help in anyway she can whether that is with the team she directly works with or the wider paediatric team. The patients are always at the forefront of everything she does. Anything you are unsure of Kim normally has the answer. Thank you Kim for everything you do!!

The ANNPs on the Neonatal Unit in Princess Anne (Jess Winter, Tash Rutt, Jo Hemmings, Kelly Rutherford, Rosie Lawrence) I would like to say an extra special thank you to all the ANNPs working on the neonatal unit at the Princess Anne Hospital. They are exceptionally hardworking and dedicated. They work tirelessly to cover extra shifts and gaps in the rota and their flexibility is greatly appreciated. They hold the unit together during junior doctor changeovers and help support their medical colleagues settle into the department and find their feet. They are committed to improving the care of babies on the unit and are actively involved in QI and guideline updates. I am only sorry that I cannot nominate you all individually as you all deserve personal recognition. Thank you so much for all that you do.

Komal Raval (Physician Associate, Poole Hospital)- Has applied herself to paediatrics really well. Always has a cheerful attitude and went out of her way to help during the industrial action.

Lucia Santos (UHS)- The pillar of paediatric neurology, no more needs saying really!

Liz Riley (Health Care Support Worker, Solent NHS Trust)- Liz works so hard and is so good at her job without realising how valuable she is. Nothing is too much trouble. She has such a good grasp of what is going on with patients and is so brilliant in supporting in clinic. You are an unsung hero of the NHS and are worth your weight in gold.

Gemma Chalmers (Ward Clerk, Portsmouth NICU). Always approachable and helpful, no matter how busy and always with a smile on her face.





## Training Unit of the Year

### Southampton NICU

- Due to the effort they put in to improving things for trainees. I've had a great experience and really value all that I've learnt. I've established what kind of consultant I want to be even though that's not in neonates it's been a great 6 months thanks.
- For making sure everyone got a chance to do every procedure, celebrating every single win for every trainee (big or small!), constant support and career advice, and for continuing to support and train trainees even once they have left NICU.
- Fantastic welcoming place to work , supportive of trainees and all staff , with training opportunities

### PICU

- Everyone is so supportive, friendly and willing to teach. Consultants and nurses are all amazing and so dedicated to the patients often going above and beyond for them.
- Excellent teaching, a great team and the best glucose drawer in Wessex.
- Regular educational sessions rostered into the rota. Some flexibility around SPA days. Access to previously held sessions via saved recordings if unable to attend a teaching session. Good number of ongoing projects available to get involved in.

Winchester!! Supportive, friendly and full of learning opportunities

### Dorchester

- Still small but mighty! We'll surely win it one year!?
- A bunch of highly supportive Consultants who are keen to teach and train their juniors in a supportive and approachable manner.

### Salisbury

- The most supportive and welcoming team I've ever worked in, despite some challenging situations this year.
- Salisbury- they provide great opportunities and support to develop professionally but are also kind, supportive and caring and make trainees feel valued members of the team.

### NICU QAH

- Great unit altogether, the good working relationships between all members of the team is evident very quick. That creates a really nice environment to work in and the learning curve, although steep, I feel its of the highest quality.
- A very welcoming unit with a real team atmosphere. Rota coordination was seamless with leave granted and changes communicated in a timely manner. The consultants were supportive of juniors ensuring procedure opportunities were distributed fairly among colleagues and training needs were met. The senior nursing team were extremely welcoming and the retrieval nursing role is incredibly helpful both for deliveries and on the postnatal ward to support the junior doctors. And the all important tea and toast at the end of a long night shift was always so appreciated!

### CED at UHS

- Excellent education, supportive environment and fantastic team.
- Supportive approachable seniors - Real thought put into trainee experience and quality of life - Vast amount of structured teaching available, and additional opportunities taken to teach in clinical setting whenever able - Constantly aiming to improve practice through studies , research, new resources, etc - Sensible well organised rota with awareness of trainee commitments - Great MDT communication and all round great place to work
- It's an amazing place to work- great evidence-based medicine, great teaching, great team. It's a truly positive work environment where trainees can learn so much and develop as clinicians while also being treated with kindness and respect!!
- Incredibly proactive at organising teaching, looking after our wellbeing and completing assessments for us.

University Hospitals Dorset (Poole)- For making the unit of units "Progress Plus friendly", incorporating NICU training into both junior and senior posts, managing a good mix of clinic and ward work, allocating protecting admin time to senior trainees and working towards offering SPA time in line with the RCCPH trainee charter.

QAH General Paeds- It is always a massive pleasure to return to work with the paediatric team at QA. Everyone truly works together for the best patient experience possible. It can be busy (understatement to say the least!) at times, but everyone always chips in, and you are never felt you are alone! An amazing unit to train in, the consultants really do work together as a cohesive team/ unit and the nursing staff are fantastic. Thank you!



## Educational Supervisor of the Year



### Sarah Davidson

- Is the best and works so hard to ensure neonatal training in Wessex is constantly improving. I've seen how she has developed things at PAH over the last few years and she should be proud of the improvements to our training.
- Sarah has quite literally saved my career about a thousand times this year. Whether it is spotting a trainee who needs a bit of extra support, a kind message after a hard day or just going the extra mile to get to know trainees, Sarah goes above and beyond. She was the only person I felt I could turn to after a particularly rough period, and she set aside time every week just to check in and check I was still smiling. Even once I had left she was still making sure things were going well and that I had the support I needed. Whether it was career advice, help with procedures or just her calm unwavering belief that we would be okay and that I'd turn out to be a good trainee, Sarah is the kind of mentor, supervisor, doctor and friend I can only hope to become.

Roy Sievers- Puts so much effort and thought into this role and has the trainees best interests at heart

Rowena Staples- Row has been an amazing support and cheerleader over the past two years. I am so grateful for her support and guidance clinically, professionally and personally. Thank you.

### Kimberley Jefferies

- Kim was there when I needed her and even took a phone call on her day off. She was so supportive and gave great advice when things were tough. I'm so grateful for her guidance and the time she put in to be a great supervisor.
- Such a supportive and helpful supervisor all whilst being a brand new consultant and organising a very complicated NICU rota

Kate Graham Evans- Very supportive and attentive to her trainees needs. Coming up with really good plans to help you achieve what you want and supports you all the way through.

Rebecca Joslin (UHS NHS Foundation Trust)- In the last 12 months Becky got promoted to lead of the children's hospital education team. Becky is always kind, supportive and ambitious, despite facing multiple substantial challenges, learning the role of a new post and soaking up additional full time roles. As a member of the education team, I feel lucky to have Becky as our manager.

Susie Deamer- She has been so supportive and kind to me during my return to work after illness. She made what could have been a very stressful period feel relaxed and enabled me to concentrate on getting better. I'm so grateful to her.

Regina Nalliannan (Southampton PAH)- Regina leads on our MTI recruitment at Southampton Neonatal unit. Her work does not stop at recruitment, when the overseas doctor arrives she ensures that they find accommodation, are settling into life in the UK, know where the nearest supermarket is and how to sort banking. I believe she goes above and beyond her job plan to ensure that we recruit suitable staff and provides pastoral care for them.

Karen Deem- Karen has been so approachable as a supervisor. She takes time to listen and gives thorough and thoughtful feedback. Her advice regarding training has been practical and helpful

Natasha Tisovsky- Tash goes above and beyond as an Educational Supervisor. She cares about our careers and our well being. She helps her trainees find opportunities to develop themselves and is very supportive whenever she can be.

### Clare Hollingsworth

- Clare is wonderful and an amazing educational supervisor! She is kind and will not only give the best patient care but will go out of her way to make all juniors feel supported!
- No matter how busy (she is always beyond busy!), she always, always finds time to support colleagues/juniors. No problem too big or small, always there to help, will sit down, listen and give honest advice. It was a pleasure to work with her.

Kelly Brown - Amazingly supportive and responsive supervisor. Didn't feel I had to chase her at all. Really constructive meetings and positive encouragement.

Dr Rachel Lachlan (Poole Community)- Rachel works tirelessly to arrange an entirely bespoke set of opportunities for the community registrar. She manages to fit in experience of all different areas of community life meaning even as a LTFT trainee the whole curriculum is covered. She also gave lots of specific input for ways to improve my portfolio which was essential for successful transition from ST5 to ST6. Thanks!

Seb Gray- Seb is one of our educational and clinical supervisors here in Salisbury. he supervises GPVTS, junior registrars, senior registrars and trust grade doctors. All of these require different styles of supervision/websites/forms/reviews. He is extremely organised and is very supportive in helping his trust grade doctors attain training posts.

Ahmed Osman- Ahmed has been a great support and mentor for me while on PICU, he has really helped me grow in confidence and develop my clinical and non-clinical skills.

Phil Parslow (Dorchester)- So supportive, kind and helpful. Encourages Juniors to grow and develop and always happy to listen.

Susie Deamer- For working tirelessly in supporting senior paediatric trainees who needed help. For chalking out an incredibly detailed Progress Plus programme of teaching for ST1s

Danielle Rowley- Danni really cares about the experience that trainees get and advocates for us. She always has time to discuss clinical or personal questions no matter how busy she is. Danni is great at supporting while letting independence grow. Thank you

Huw Jones- Highly dedicated supervisor and college tutor - goes the extra mile to support trainees.

Pippa Haywood- On top of all the requirements and Kaizen things as well as incredibly supportive in finding educational opportunities and ensuring training actually happens during clinics.

Lucinda Winckworth (Winchester)- A great paediatrician, who seemingly has a never ending skillset. She consistently helps the team in Winchester strive for better, and guides both her trainees and juniors to get the most out of their time in general paediatrics in Winchester.

