



- During CPR**
- Ensure high-quality CPR: rate, depth, recoil
 - Plan actions before interrupting CPR
 - Give oxygen
 - Vascular access (intravenous, intraosseous)
 - Give adrenaline every 3-5 min
 - Consider advanced airway and capnography
 - Continuous chest compressions when advanced airway in place
 - Correct reversible causes
 - Consider amiodarone after 3 and 5 shocks

- Recommended PPE**
- Level 2 PPE
- Disposable gloves
 - Disposable apron
 - Fluid resistant surgical mask
 - Disposable eye protection
- Level 3 AGP (aerosol generating procedures) PPE
- Disposable gloves
 - Disposable gown
 - Filtering face piece (FFP3) respirator
 - Disposable eye protection

- Reversible Causes**
- Hypoxia
 - Hypovolaemia
 - Hyper/hypokalaemia, metabolic
 - Hypothermia
 - Thrombosis (coronary or pulmonary)
 - Tension pneumothorax
 - Tamponade (cardiac)
 - Toxic/therapeutic disturbances