



**ESSENTIAL PROCEDURES IN  
PAEDIATRIC INTENSIVE CARE**

## **Weighing critically ill infants**

- Prepare your equipment. You will need class III digital scales and a method of recording the measurement.
- Complete the time out and team brief. If the infant is mechanically ventilated, an extra team member will be required
- Clean the scales
- Check if the scales are level using the spirit level bubble
- If it is not, adjust the feet until the scales are level
- Zero the scales
- Safely transfer the infant to the scales, ensuring no lines or equipment become dislodged
- Remove the nappy
- Hold all lines and monitoring equipment up while measuring
- Read the measure and safely return the infant to the bed
- The process is the same if the infant is mechanically ventilated, but an extra team member will be needed to hold the endotracheal tube at all times
- The tube should be held up gently during weight measurement