



**ESSENTIAL PROCEDURES IN
PAEDIATRIC INTENSIVE CARE**

Measuring length in infants

- Prepare your equipment. You will need a measuring rod or infantometer, and a method of recording the measurement
- Complete the time out and team brief
- Clean your equipment
- Remove the nappy and place the length rod alongside the infant
- Have someone hold the head in place in the Frankfurt Plane
- Ensure the head is in the correct position, and the rod arm is against the head
- Gently stretch the infant's leg and ensure the feet are flat against the bottom rod
- Record the measurement
- The measurement should be performed three times, and an average taken