University Hospital Southampton NHS
NHS Foundation Trust

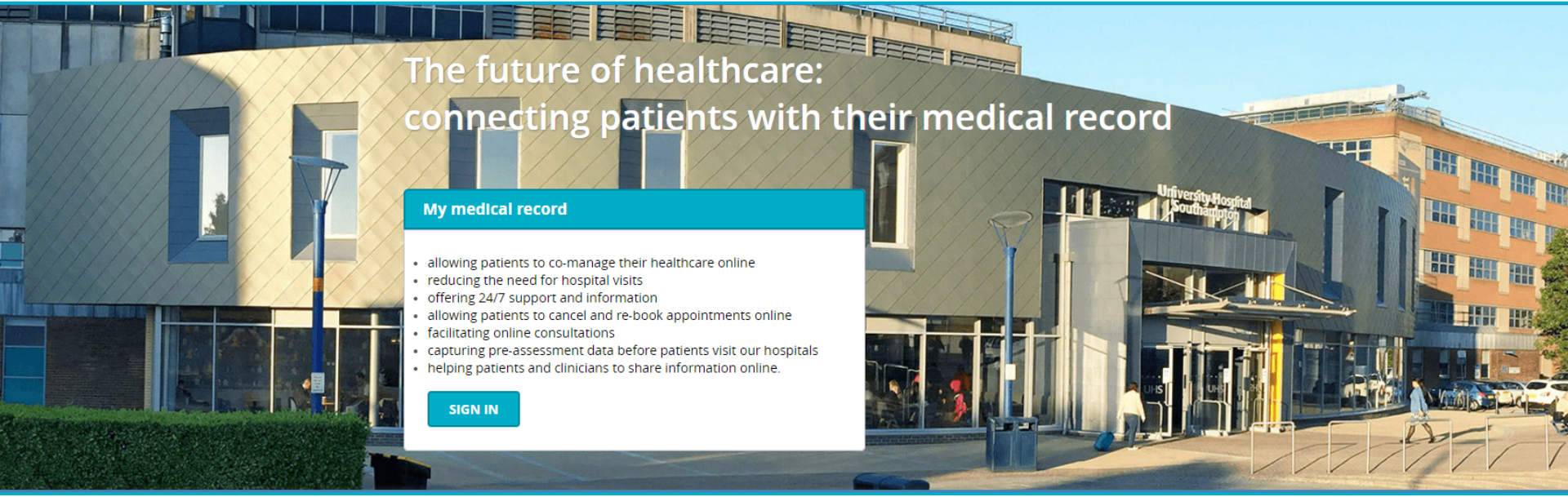
My Medical Record

PIER conference
Winchester
September 2017

Kevin Hamer

My medical record

University Hospital Southampton NHS
NHS Foundation Trust



The future of healthcare: connecting patients with their medical record

My medical record

- allowing patients to co-manage their healthcare online
- reducing the need for hospital visits
- offering 24/7 support and information
- allowing patients to cancel and re-book appointments online
- facilitating online consultations
- capturing pre-assessment data before patients visit our hospitals
- helping patients and clinicians to share information online.

SIGN IN

University Hospital Southampton NHS Foundation Trust
Tremona Road
Southampton
Hampshire
SO16 6YD
Telephone: 023 8077 7222

HSJ 2016 AWARDS WINNER

ehi 2016 AWARDS WINNER

University Hospital Southampton NHS
NHS Foundation Trust

My medical record

The future of healthcare:
connecting patients with their medical record

Get Started

The transactional record

Appointments, documents, Lab results & Radiology result messages, secure messaging

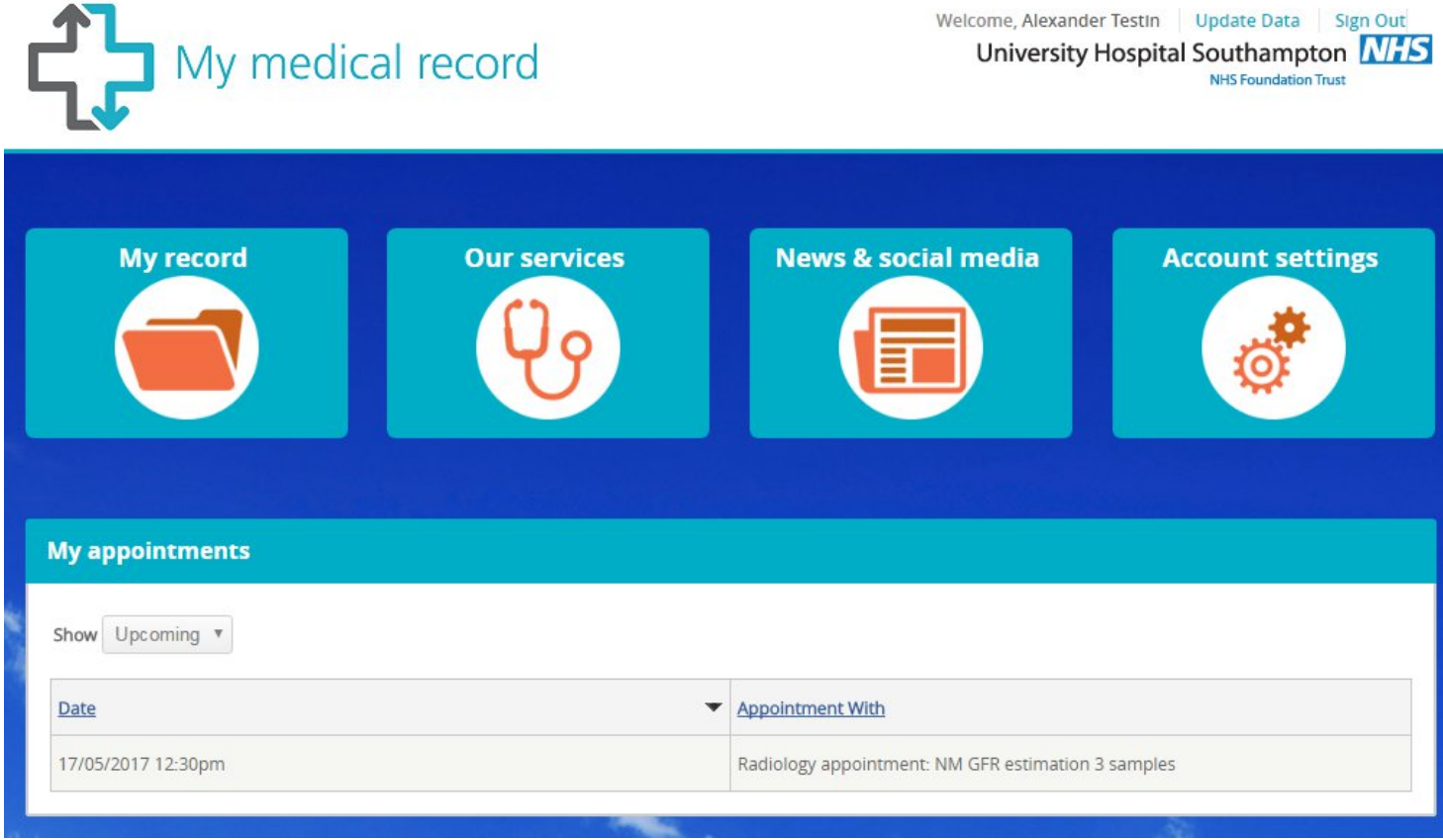
UHSFT

My medical record

Patient

Appointment cancellations, updated demographics, allergies, medications etc.

Journals and surveys, secure messaging


My medical record
Welcome, Alexander Testin
Update Data
Sign Out
University Hospital Southampton NHS
NHS Foundation Trust
My record
Our services
News & social media
Account settings
My appointments
Show
Upcoming
Date
Appointment With
17/05/2017 12:30pm
Radiology appointment: NM GFR estimation 3 samples

My medical record

Welcome, Alexander Testin | Update Data | Sign Out |
University Hospital Southampton NHS
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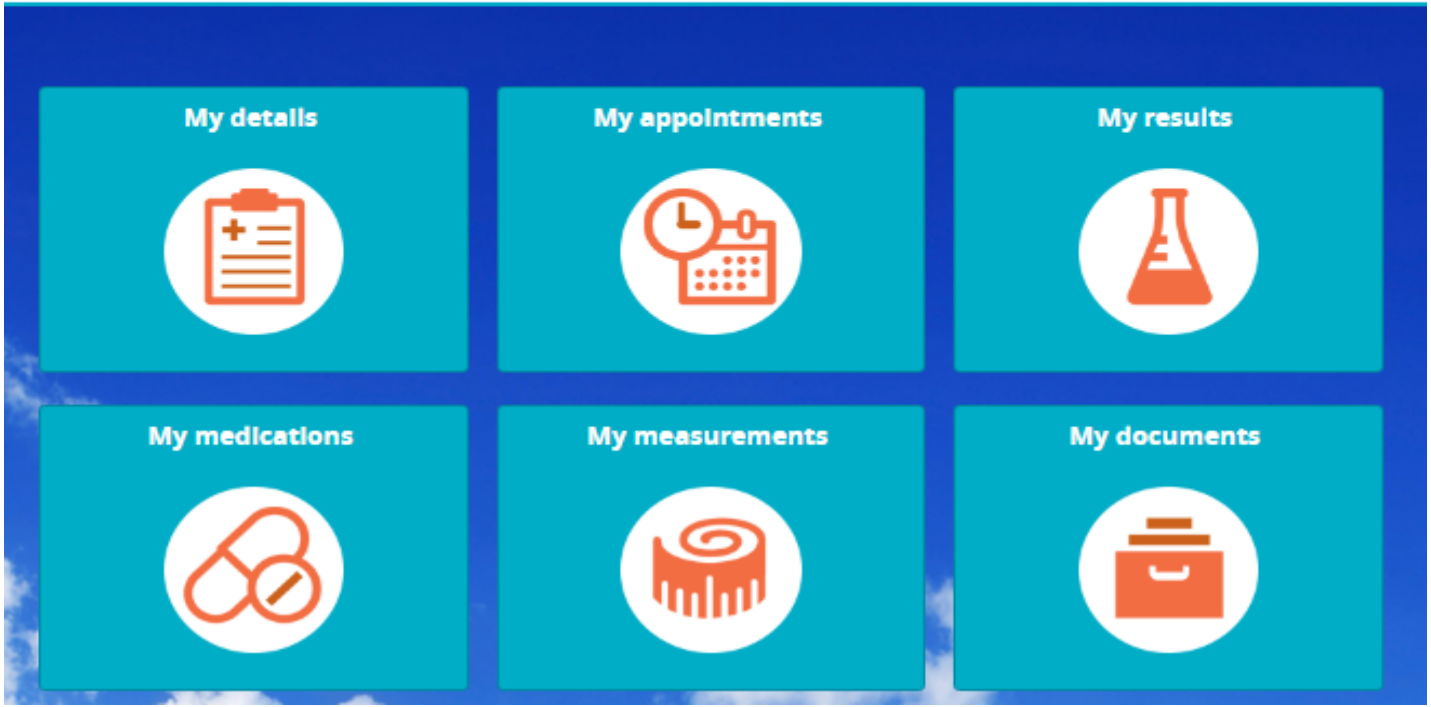
My record

Home > My record



NHS

My medical record

Welcome, Alexander Testin | Update Data | Sign Out

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NHS Foundation Trust

Personal information

Home > My record > Personal information

Personal Information

Name: Alexander Testin

Ethnicity: British (white)

Date of birth: 09/03/1964

Blood Type: -

Gender: Male

Marital Status: -

Tremona Road

Allergies

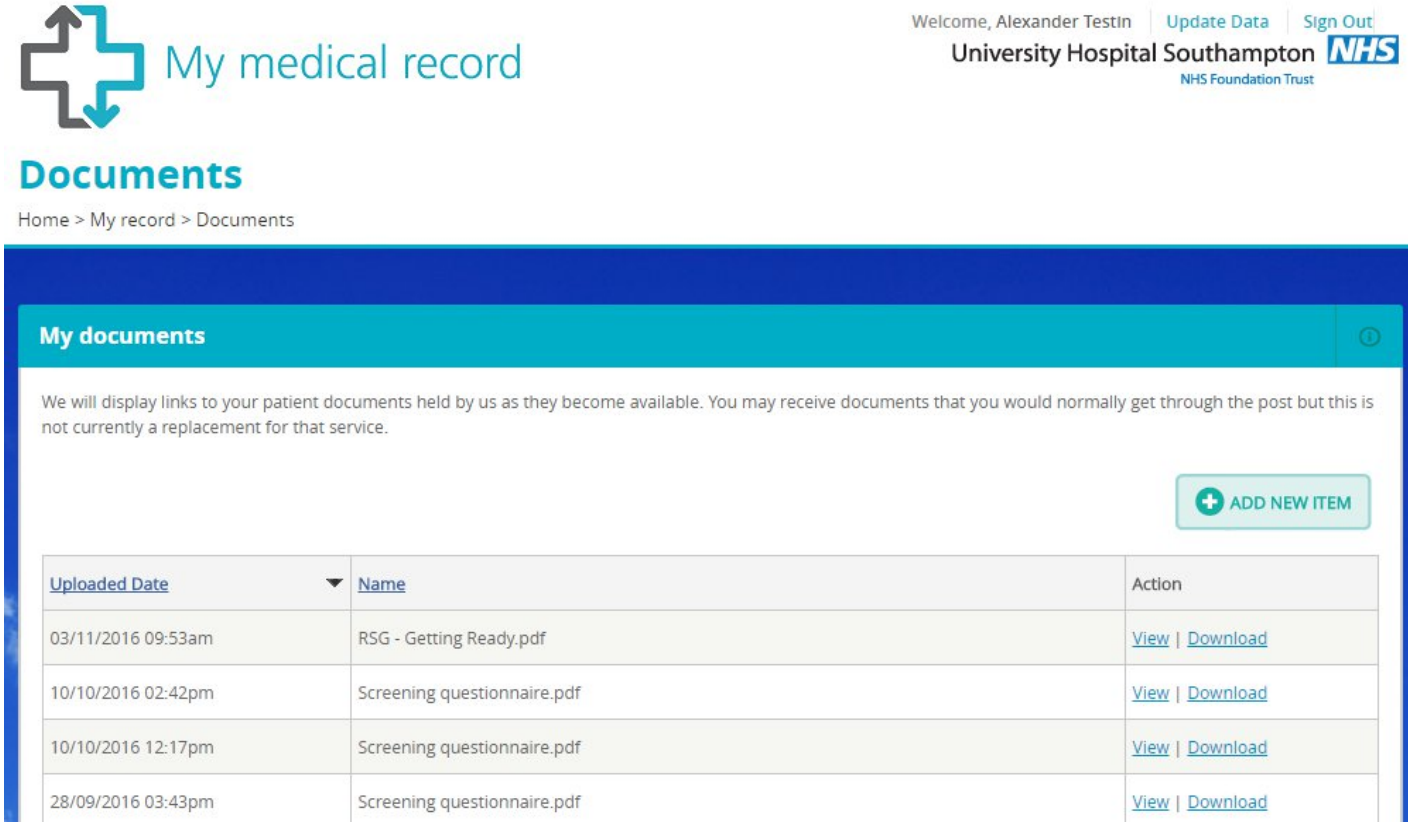
You can use this section to list your allergies. It may useful for your clinician if you keep this up-to-date.

ADD NEW ITEM

Allergy	Reaction
Bee Sting	anaphylactic shock

Emergency contacts

NHS


My medical record
Welcome, Alexander Testin
Update Data
Sign Out
University Hospital Southampton NHS
NHS Foundation Trust
Documents
Home > My record > Documents
My documents
We will display links to your patient documents held by us as they become available. You may receive documents that you would normally get through the post but this is not currently a replacement for that service.
ADD NEW ITEM
Uploaded Date
Name
Action
03/11/2016 09:53am
RSG - Getting Ready.pdf
View | Download
10/10/2016 02:42pm
Screening questionnaire.pdf
View | Download
10/10/2016 12:17pm
Screening questionnaire.pdf
View | Download
28/09/2016 03:43pm
Screening questionnaire.pdf
View | Download

My results

Date Range All

Showing 1 - 3 of 4

See earlier tests

	30/06/2016	27/06/2016	23/03/2016
Laboratory Name	Southampton Pathology	Southampton Pathology	Southampton Pathology
Ordered By	Southampton Pathology	Southampton Pathology	Southampton Pathology
Full blood count result set			
Hb	152 g/L Ranges:130 - 170 105 g/L Ranges:120 - 150		151 g/L Ranges:130 - 170 151 g/L Ranges:130 - 170
MCV			
MCHC			
White blood cells	6 /cumm	38 /cumm	
Platelets	193 10*9/L Ranges:150 - 400 254 10*9/L Ranges:150 - 400		298 10*9/L Ranges:150 - 400 298 10*9/L Ranges:150 - 400

My medical record

Welcome, Alexander Testin | Update Data | Sign Out

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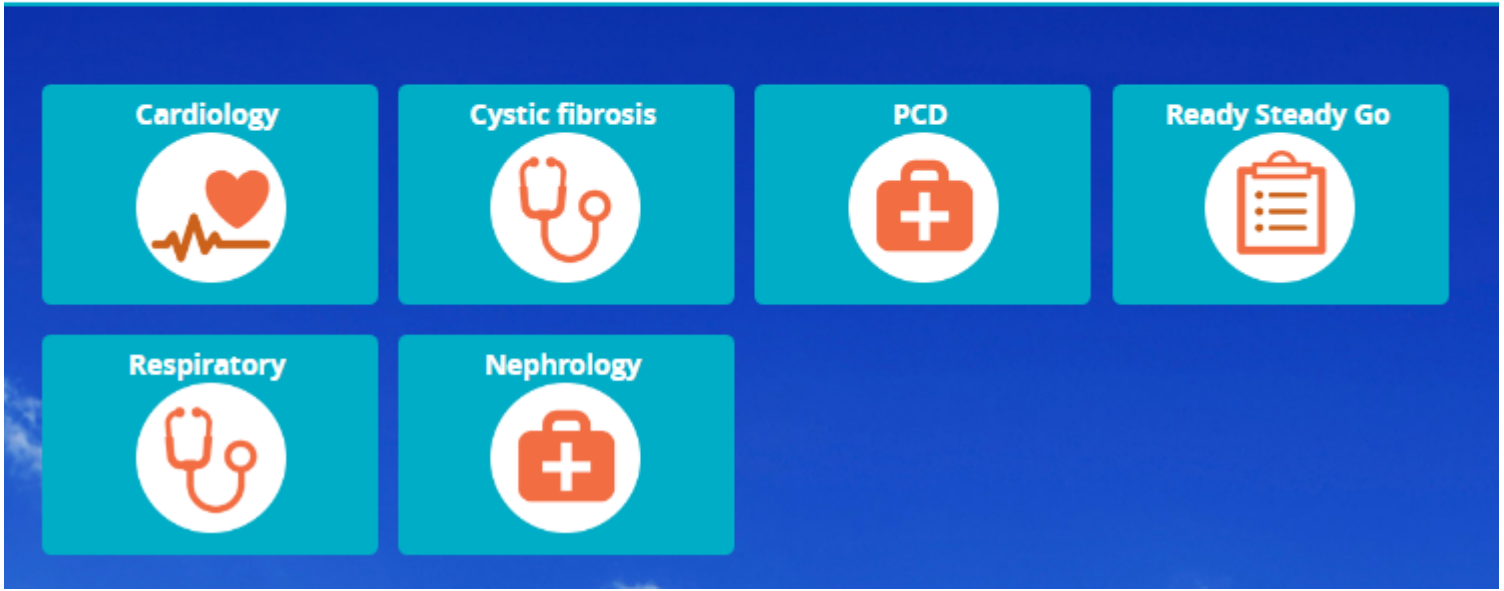
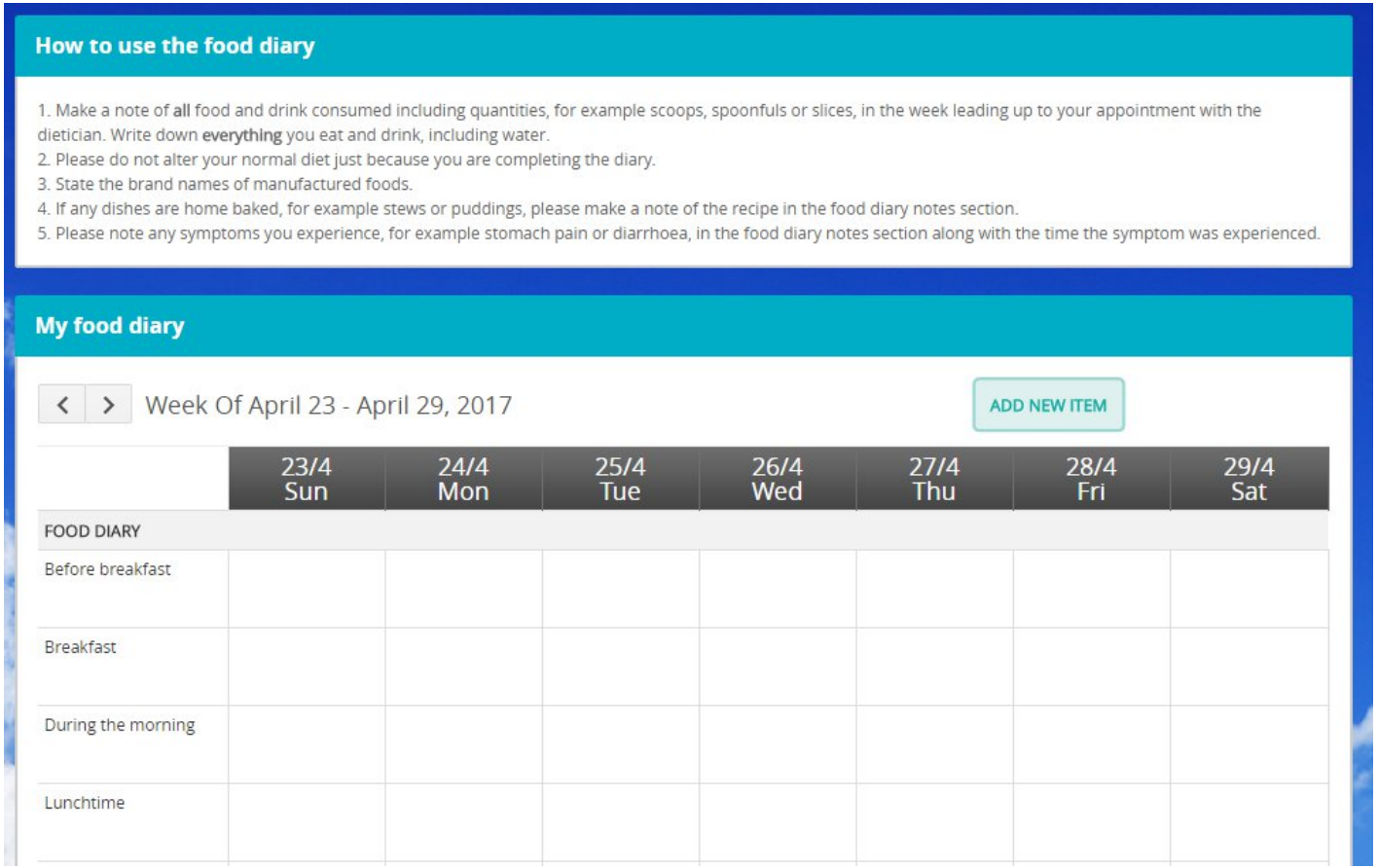
Children's services

Home > Our services > Children's services



NHS

Some practical uses... Online journals



How to use the food diary

1. Make a note of **all** food and drink consumed including quantities, for example scoops, spoonfuls or slices, in the week leading up to your appointment with the dietician. Write down **everything** you eat and drink, including water.
2. Please do not alter your normal diet just because you are completing the diary.
3. State the brand names of manufactured foods.
4. If any dishes are home baked, for example stews or puddings, please make a note of the recipe in the food diary notes section.
5. Please note any symptoms you experience, for example stomach pain or diarrhoea, in the food diary notes section along with the time the symptom was experienced.

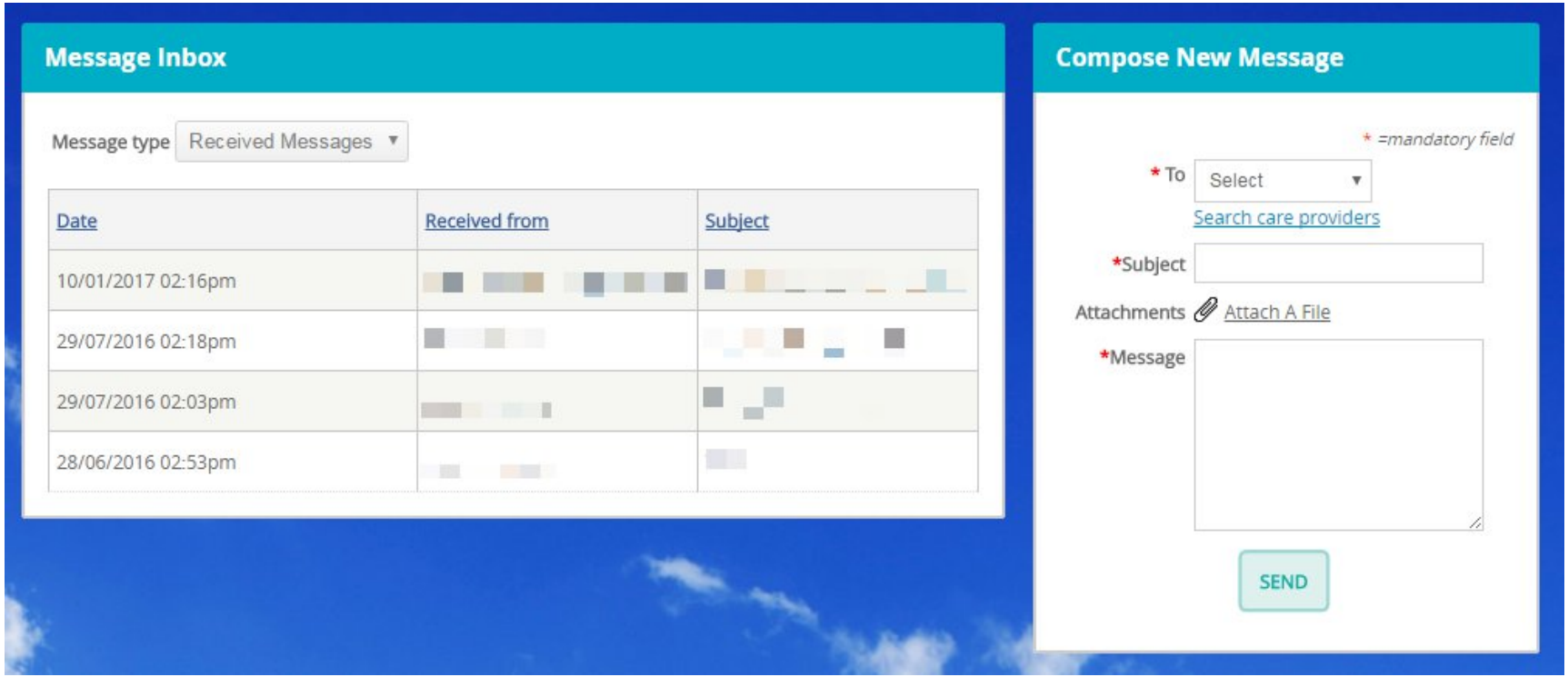
My food diary

Week Of April 23 - April 29, 2017

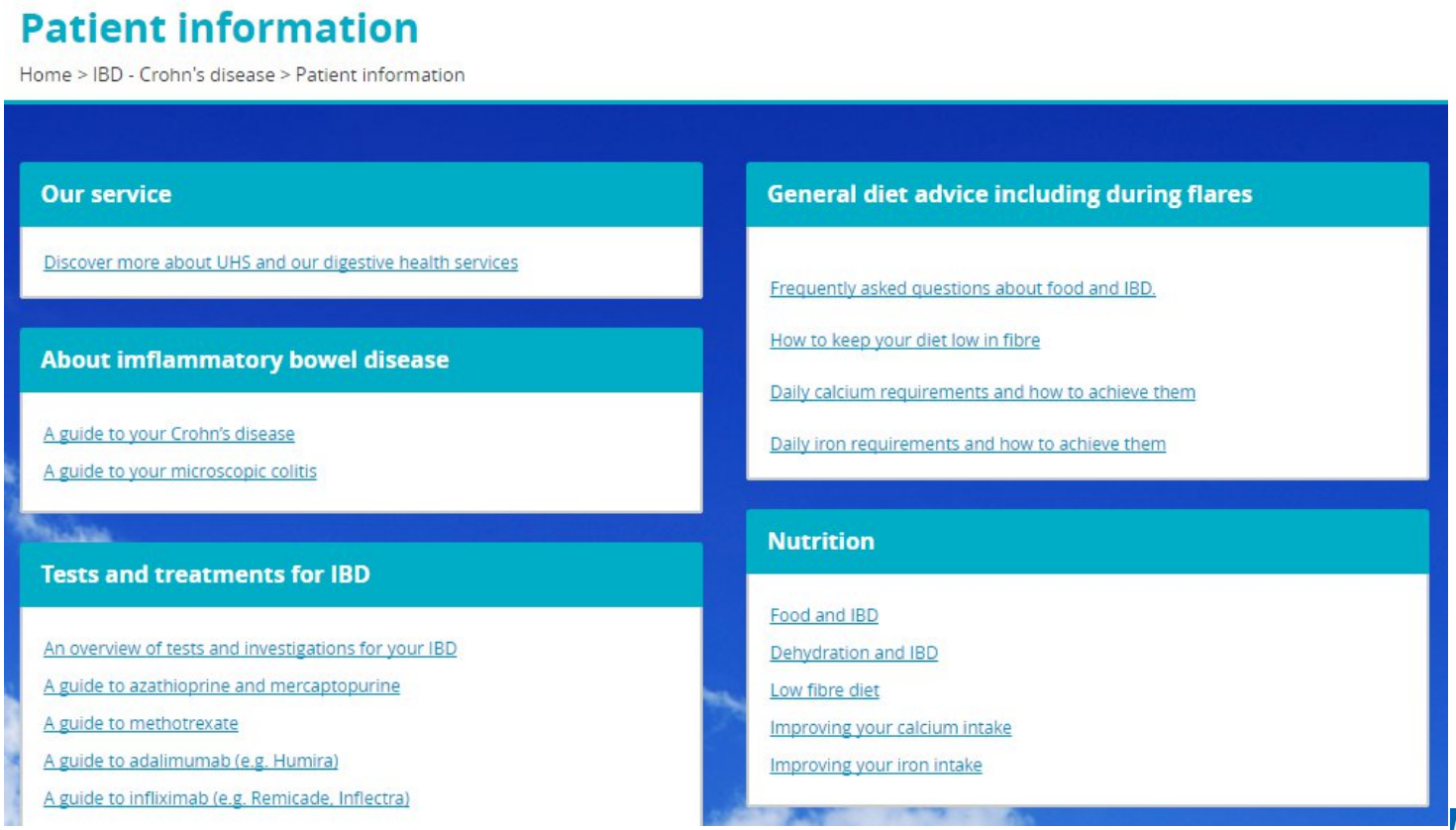
ADD NEW ITEM

	23/4 Sun	24/4 Mon	25/4 Tue	26/4 Wed	27/4 Thu	28/4 Fri	29/4 Sat
FOOD DIARY							
Before breakfast							
Breakfast							
During the morning							
Lunchtime							

Some practical uses... Secure messaging



Some practical uses... Clinician approved patient information



Screening questionnaire

These questions ask you about a wide range of medical conditions, now and in the past, that will affect your care

	Yes	No
Have you ever had or are you currently being treated for high blood pressure?	○	○

	Yes	No
Have you ever had a heart attack?	○	○

	Yes	No
Have you ever had or are you currently being treated for angina?	○	○

	Yes	No
Have you ever had or are you currently being treated for irregular heart rhythms or do you have a pacemaker?	○	○

NHS

Screening questionnaire

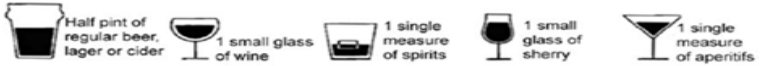
Do you smoke?

- Yes
- No

How often do you have a drink containing alcohol?

- Never
- Monthly or less
- 2 - 4 times per month
- 2 - 3 times per week
- 4+ times per week

This is one unit of alcohol...



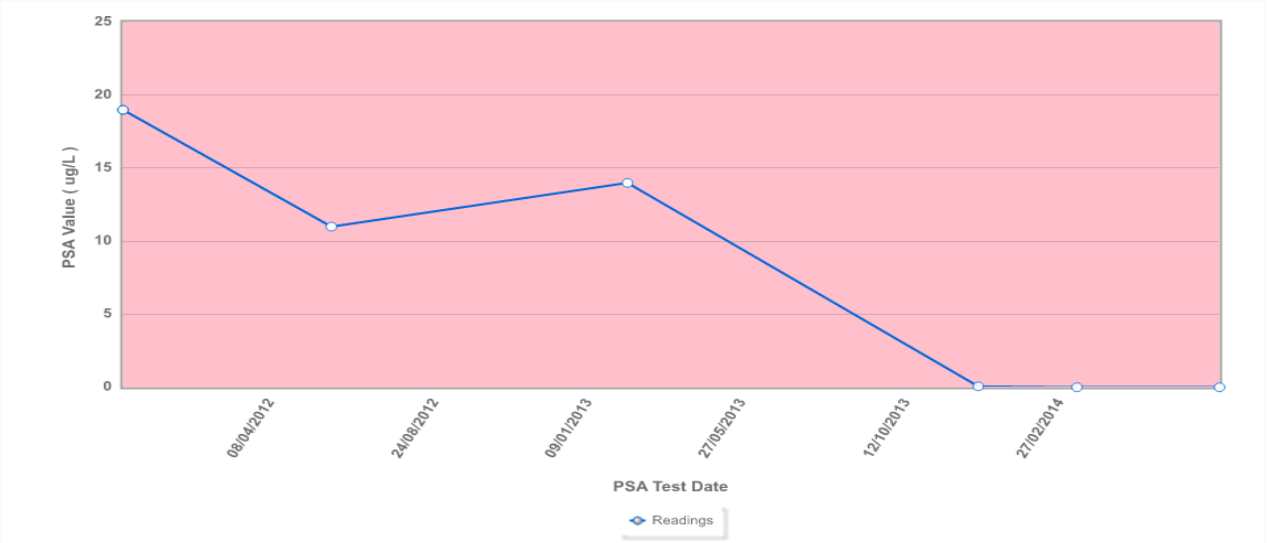
...and each of these is more than one unit

https://myhealthrecord-prostate2.uhs.nhs.uk/Patient/MyPSA.aspx?recordid=c6431d4a-4431-4d15-9169 - Windows Internet Explorer
https://myhealthrecord-prostate2.uhs.nhs.uk/Patient/MyPSA.aspx?recordid=c6431d4a-4431-4d15-9169-377d7210c733
Favorites
Web Slice Gallery
https://myhealthrecord-prostate2.uhs.nhs.uk/Pat...
Page
Safety
Tools

My PSA results

Date Range : All

Date	Value
11/07/2014	0 ug/l
07/03/2014	0 ug/l
11/12/2013	0.06 ug/l
08/02/2013	14 ug/l
21/05/2012	11 ug/l
22/11/2011	19 ug/l



Done
Internet | Protected Mode: Off
100%

At Scale

My Medical Record

1. Co-production leading to efficiency
   - Pre assessment for surgery

2. Demand management
   - Prostate cancer saving outpatient appointments

3. Self care with no business case
   - Quality and reputation bonus

In a year...

145,000
inpatients

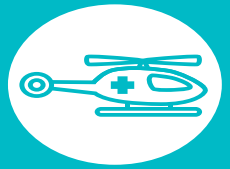
560,000
outpatients

116,000
visit the emergency department

2.5m
samples processed in our labs

533,000
items dispensed by our pharmacy

35,000
units of blood issued



365
air ambulances land

6014
babies born

21,000
patients enter clinical trials

21,000
operations

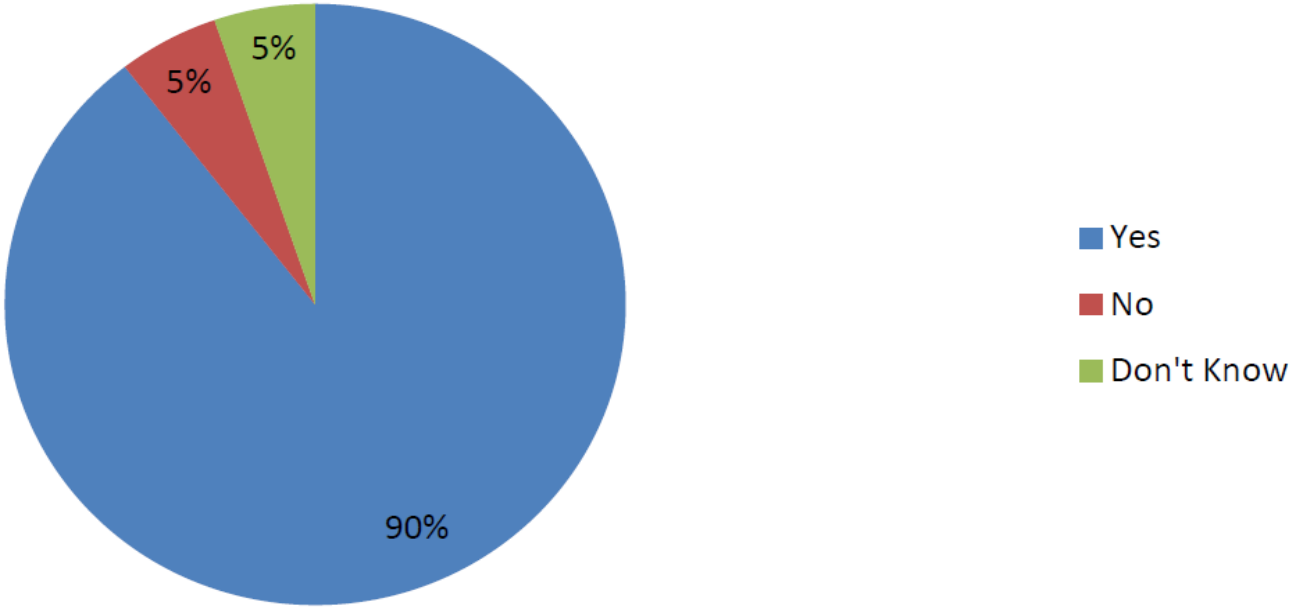
123,000
attendances at our training courses

95%
of patients would recommend us to their friends and family

Edinburgh
Glasgow
Paisley
Livingston
East Kilbride
Londonderry County Borough
Newtownabbey
Bangor
Belfast
Craigavon
Carlisle
South Shields
Washington
Hartlepool
Darlington
Stockton-on-Tees
Morecambe
Fylde
Keighley
Halifax
Leeds
Wakefield
Southport
Rochdale
Scunthorpe
Manchester
Sheffield
Lincoln
Dublin
Irish Sea
Galway
Tallaght
Liverpool
Runcorn
Crewe
Mansfield
Newcastle under Lyme
Nottingham
Stafford
Loughborough
Shrewsbury
Cannock
Limerick
Tamworth
Corby
Great Yarmouth
Lowestoft
Stourbridge
Birmingham
Kidderminster
Redditch
Leamington
Bedford
Hereford
Bletchley
Stevenage
Harlow
Clacton-on-Sea
Cork
Rhondda
Hemel Hempstead
High Wycombe
London
Barry
Kingswood
Battersea
Chatham
Margate
Weston-super-Mare
Basingstoke
Maidstone
Bristol Channel
Taunton
Guildford
Ashford
Eastleigh
Waterlooville
Worthing
Hastings
Calais
Roeselare
Roubaix
Bognor Regis
Weymouth
Torquay
Villeneuve-d'Ascq
Dunkerque

Feedback

When you have had your PSA blood test, have you looked at the 'My health record' website to see your result?



"*I was invited to use My health record and asked to weigh myself using the digital scales once a week. As I was going through a rough patch it was good to know that there were people keeping an eye on how I was doing. If my weight went down too low then I would automatically get contacted by a member of the clinical team.*

I also used the messaging function in the system. It is comforting to have a simple way of telling people you are not feeling well" – IBD patient

“I hate this issue of being in the dark all the time, as I said, we live from result to result, and that period in between, we are left in the dark. I’m not any longer, I’m there, I’m with them, I’m up there with them. Any query, any issue, it’s like going to the board meeting isn’t it where decisions are being made and I can be part of those decisions being made. I really feel I am now part of the team, if you like, and not waiting for the answers, I’m up there with them now, and that’s what team work is all about, isn’t it” – Prostate patient

What about Paediatrics?

Our service

Discover more about the Ready Steady Go programme:

Ready Steady Go

SOUTHAMPTON
Children's Hospital

Ready Steady Go programme

Hello to adult services

NHS

Children's cardiology under 12 months

Children's services

- Ready Steady Go
- Cardiology
- Nephrology
- 'MR play' across the network
- Cystic Fibrosis
- Respiratory
- 'red book' functionality

We have to continually be jumping off cliffs and developing our wings on the way down.
— Kurt Vonnegut —

Thank You

Email: mymedicalrecord@uhs.nhs.uk

Twitter: @mymedrec