



This booklet is about **EPISENTA[®]**▼

EPISENTA[®] is also called
Sodium Valproate

This is an easy read
booklet for people who
are taking **EPISENTA[®]**



This leaflet should be read together with the
Patient Information Leaflet found inside the **EPISENTA[®]** Pack.



Information

This booklet is about EPISENTA[®]



EPISENTA[®] is a medication for people who have epilepsy



Epilepsy is a health condition which affects the brain



**Epilepsy can cause you to have seizures
Some people might call seizures 'fits'**



What is a seizure?



Seizures affect people in different ways
You may feel dizzy



You may get a headache or have pain in other parts of your body



You may feel frightened and not understand what is happening to you



What is EPISENTA®?



EPISENTA® is a medicine to help people who have epilepsy



The medicine comes in a sachet or a capsule



EPISENTA® comes in different size packets and capsules depending on how much you need



How to take EPISENTA®

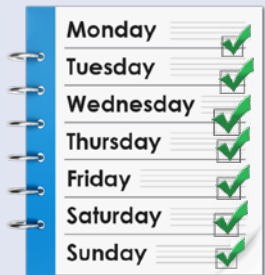


How to take EPISENTA®



Your doctor will tell you when to take your medicine and how much to take

EPISENTA® comes in a capsule or a sachet, they both contain granules



Take your EPISENTA® every day



You can ask your doctor, carer or family to help you with your medicine



You can take EPISENTA® with your food

You can open the capsule or the sachet and sprinkle or mix it in to soft food or drink



Or you can also swallow the capsule with water



How to take EPISENTA®



Do not stop taking
your EPISENTA®



You need to speak
to your doctor if you
want to stop taking
EPISENTA®



If you are feeling unwell
your doctor may reduce
or stop your EPISENTA®



Some people have problems when taking EPISENTA®



Tell your doctor if you
have any of these
symptoms

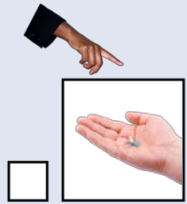


Itchy skin or rash on
your body
If you feel sick or have
pain in your tummy



If you feel sad
If you put on weight
If you feel upset
If you feel tired

This leaflet should be read together with the Patient
Information Leaflet found inside the EPISENTA® Pack



What to do if you take too much EPISENTA®



What to do if you forget to take your EPISENTA®



If you take too much of your medication you must tell someone straight away and speak to your doctor



Take EPISENTA® as soon as you remember



You might feel sick



Take your next dose as normal



You may feel dizzy



Tell your doctor or the person who helps you with your medicine

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IMPORTANT INFORMATION FOR WOMEN AND GIRLS



If you are taking or using contraception you must not stop until you have spoken to your doctor



If you think you might be pregnant you must tell your doctor straight away



If you are taking EPISENTA® you must have a check up with your doctor every year
Your doctor will talk to you about the problems EPISENTA® can cause in pregnancy



You can get more information about EPISENTA®



Never stop taking EPISENTA® without talking to your doctor first



Tell your doctor straight away if you are planning to have a baby



This educational booklet has been developed in collaboration with Desitin Pharma by Linda Hancox Senior Primary Care Liaison Nurse North Devon Learning Disability Service

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in the package leaflet. You can also report side effects directly via the Yellow Card Scheme at www.mhra.gov.uk/yellowcard.

By reporting side effects you can help provide more information on the safety of this medicine.

▼ This medicine is subject to additional monitoring.
This will allow quick identification of new side effects.
You can help by reporting any side effects you may get.
See www.mhra.gov.uk/yellowcard for how to report side effects.

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