

18 March 2020

Dear Parent / Young Person

This explains the relevant terms in the attached document.

Definition of CKD (Chronic Kidney Disease) stages:

CKD stage 3 is an estimated GFR between 30 and 60

CKD stage 4 is an estimated GFR between 15 and 30

CKD 5 is an estimated GFR less than 15 (some will already be on dialysis)

Most of the patients in the low clearance clinic will be CKD stage 4 and 5

Children currently taking immunosuppression, or within three months of stopping immunosuppression (or within 12 months of Rituximab)

* For example, those with:
  + Kidney transplant
  + Nephrotic syndrome
  + Lupus nephritis
  + Some other forms of glomerulonephritis
  + Atypical haemolytic uraemic syndrome (HUS)
* Immunosuppression includes:
  + Prednisolone
  + Mycophenolate mofetil
  + Tacrolimus
  + Siroloimus
  + Everolmius
  + Eculizumab (ongoing treatment)
  + Rituximab in last 12 months
  + Levamisole
  + Cyclophosphamide

If patient is over 18, the attached advice is applicable for them if they have CKD stage 3 even without other health problems.

Finally, please keep a very close eye on the official NHS website as this is where changes to recommendations will appear first:

**www.nhs.uk/conditions/coronavirus-covid-19/**

You may also find these useful:

**what0-18.nhs.uk/popular-topics/coronavirus**

**what0-18.nhs.uk/parentscarers/worried-your-child-unwell/cough-and-cold**

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