

# Parent Priorities in End-of-Life Care for Children With Cancer

Prasanna Ananth, MD, MPH; Meghan Lindsay, MPH; Sophia Mun, MPH; Sarah McCollum, MPH; Veronika Shabanova, PhD; Sophia de Oliveira; Sarah Pitafi, BA; Rebecca Kirch, JD; Xiaomei Ma, PhD; Cary P. Gross, MD; Jackelyn Y. Boyden, PhD, MPH, RN; Chris Feudtner, MD, PhD, MPH; Joanne Wolfe, MD, MPH

# Abstract

**IMPORTANCE** Robust quality measures to benchmark end-of-life care for children with cancer do not currently exist; 28 candidate patient-centered quality measures were previously developed.

**OBJECTIVE** To prioritize quality measures among parents who lost a child to cancer.

**DESIGN, SETTING, AND PARTICIPANTS** This survey study was conducted using an electronic, cross-sectional discrete choice experiment (DCE) with maximum difference scaling from January to June 2021 in the US. In each of 21 questions in the DCE, participants were presented with a set of 4 quality measures and were asked to select the most and least important measures within each set. All 28 quality measures were presented an equal number of times in different permutations. In the volunteer sample, 69 eligible bereaved parents enrolled in the study; 61 parents completed the DCE (participation rate, 88.4%).

MAIN OUTCOMES AND MEASURES Using choices participants made, a hierarchical bayesian multinomial logistic regression was fit to derive mean importance scores with 95% credible intervals (95% Crs) for each quality measure, representing the overall probability of a quality measure being selected as most important. Importance scores were rescaled proportionally from 0 to 100, with the sum of scores for all quality measures adding up to 100. This enabled interpretation of scores as the relative importance of quality measures.

**RESULTS** Participants included 61 bereaved parents (median [range] age, 48 [24-74] years; 55 individuals self-identified as women [90.2%]; 1 American Indian or Alaska Native [1.6%], 1 Asian [1.6%], 2 Black or African American [3.3%], 1 Native Hawaiian or Pacific Islander, and 58 White [91.8%]; 58 not Hispanic or Latinx [95.1%]). Highest-priority quality measures by mean importance score included having a child's symptoms treated well (9.25 [95% Cr, 9.06-9.45]), feeling that a child's needs were heard by the health care team (8.39 [95% Cr, 8.05-8.73]), and having a goal-concordant end-of-life experience (7.45 [95% Cr, 0.21-0.45]). Lowest-priority quality measures included avoiding chemotherapy (0.33 [95% Cr, 0.21-0.45]), provision of psychosocial support for parents (1.01 [95% Cr, 0.57-1.45]), and avoiding the intensive care unit (1.09 [95% Cr, 0.74-1.43]). Rank-ordering measures by mean importance revealed that symptom management was 9 times more important to parents than psychosocial support for themselves.

**CONCLUSIONS AND RELEVANCE** This study found that bereaved parents prioritized end-of-life quality measures focused on symptom management and goal-concordant care while characterizing quality measures assessing their own psychosocial support and their child's hospital resource use as substantially less important. These findings suggest that future research should explore innovative strategies to measure care attributes that matter most to families of children with advanced cancer.

JAMA Network Open. 2023;6(5):e2313503. doi:10.1001/jamanetworkopen.2023.13503

**Open Access.** This is an open access article distributed under the terms of the CC-BY License.

JAMA Network Open. 2023;6(5):e2313503. doi:10.1001/jamanetworkopen.2023.13503

# Key Points

**Question** What do parents who lost a child to cancer prioritize in measuring end-of-life care quality?

Findings In this survey study of 61 bereaved parents, respondents prioritized end-of-life quality measures focused on symptom management and goal-concordant care, characterizing quality measures assessing their own psychosocial support and their child's hospital resource use as substantially less important.

**Meaning** These findings may help set a patient-centered agenda for quality measurement and improvement among children with advanced, incurable cancer.

#### Invited Commentary

Supplemental content

Author affiliations and article information are listed at the end of this article.

### Introduction

The passage of the Affordable Care Act in 2010, followed by the Medicare Access and Children's Health Insurance Program Reauthorization Act of 2015, heralded incentives for quality measurement as a means to enhance care value.<sup>1,2</sup> However, a substantive gap in current value-based payment models is that quality of care for children with advanced, incurable cancer remains unmeasured.<sup>3-7</sup> Consequently, end-of-life care for children with cancer in the US varies greatly in intensity, revealing inequities in care provision.<sup>8-11</sup>

Although a set of quality measures exists for adults with advanced cancer,<sup>12</sup> we previously found that quality measures for adults did not directly translate to the pediatric context owing to developmental considerations in children, the delicate balance of parent and child dyadic decision-making, and what families fundamentally value about advanced childhood cancer care.<sup>4</sup> Hence, to optimize care value, there is an imminent need to establish end-of-life care quality measures that attend to the preferences and priorities of children with cancer and their families.<sup>13</sup>

In 2 previous studies,<sup>4,6</sup> we engaged stakeholders in defining and refining what constitutes high-quality end-of-life care for children with cancer. We thereby derived 28 candidate quality measures and narrowed these subsequently to a set of very important measures. Quality measures in the domains of symptom elicitation and management, meeting patient preferences, optimizing family-clinician communication, and interdisciplinary care team engagement were deemed especially important; measures characterizing hospital resource use were perceived as less important overall.<sup>6</sup> Findings across these studies underscore the need for patient - and family-reported quality measurement. However, a prime limitation of prior studies, particularly those adapting the Delphi technique, is that we cannot distinguish between quality measures of highest and lowest utility to stakeholders.<sup>14</sup> It is also cognitively challenging for participants to rank-order more than 7 attributes in a modified Delphi process.<sup>15</sup> Indeed, across 2 studies using expert opinion approaches to hone measures of end-of-life care quality for children with cancer, several dozen measures were endorsed as important, without a prioritization schema.<sup>6,7</sup>

Given that quality measurement is not yet routine in the care of children with advanced cancer, we sought to advance future research and quality improvement initiatives by investigating which quality measures were of highest priority to implement. Our primary objective was to prioritize among 28 candidate quality measures, involving bereaved parents in a quantitative approach to rank order measures in this set.

## **Methods**

The Yale Human Research Protection Program (HRPP) deemed this survey study exempt from review and waived written informed consent per 45 CFR §46.104 (d)(2)(ii). Verbal informed consent was obtained at the time of participant enrollment, per HRPP guidelines. We adhered to the Strengthening the Reporting of Observational Studies in Epidemiology (STROBE) reporting guideline for cross-sectional studies.

#### **Study Design and Population**

We conducted a cross-sectional discrete choice experiment (DCE) with maximum difference, or bestworst, scaling. Originally designed to estimate consumer preferences in marketing research, this choice-based approach enables better quantitative understanding of the relative importance of each quality measure presented.<sup>16,17</sup> We recruited parents who had lost a child to cancer and whose children received health care in the US. All participants had spoken and written command of English.

#### **Participant Recruitment and Enrollment**

A volunteer sample of bereaved parents was recruited through social media, outreach to communitybased organizations, and snowball sampling. Paid advertisements for the study were posted for 3

months on social media sites (Facebook and Twitter). Concise messages about the study were additionally posted on these sites and Instagram. Using Facebook's direct messaging platform, we contacted 16 administrators of private groups supporting bereaved parents. Subsequently, 3 private groups agreed to publicize the study to their members.<sup>18,19</sup> Embracing principles of community-based participatory research, we forged connections with various organizations through the engagement of a community stakeholder and research team member (R.K.); 4 directors of community organizations publicized the study on their respective social media sites and listservs.

Parents expressing interest in participating were requested to complete an online eligibility questionnaire in which we pursued several strategies to minimize inauthentic inquiries: requiring ReCAPTCHA (a service that protects websites from spam and abuse) verification, eliciting US contact information, asking 4 knowledge-based questions, and tracking duplicate responses from the same internet protocol (IP) address via the host site. A study team member (S.D.O. or S.P.) called eligible participants directly to obtain verbal consent. Enrolled participants were then asked to refer other bereaved parents. We confirmed eligibility of 76 parents, 69 of whom were reached by phone, consented, and enrolled; 61 parents completed the DCE, for a participation rate of 88.4%. There were 8 parents who enrolled in the study but did not participate; these individuals were comfortable with spoken and written English and resided in the US.

### **Sample Size Considerations**

While ideal sample size in a DCE is not well-defined, efficient study design allows for convergence on stable importance scores with relatively small sample sizes.<sup>20</sup> Calculations of sample size conducted for prior studies<sup>14,21</sup> indicated that highest-rated items could be differentiated from lowest-rated items with 30 participants. We therefore aimed to recruit at least 30 parents for this study.

#### **Discrete Choice Experiment Questionnaire**

We constructed an electronic DCE questionnaire through Lighthouse Studio version 9 (Sawtooth Software, Inc).<sup>15</sup> The stem of every question in the DCE was "When thinking about the last weeks of your child's life, what was most important to you and your family, and conversely, what was least important?" In each of 21 questions in the DCE, participants were presented with a set of 4 quality measures from which they would select the single most and least important measures. Quality measures appearing in the DCE were derived from our prior work and spanned 5 domains: hospital resource use, symptom management, interdisciplinary care, meeting patient and family preferences, and communication.<sup>4,6</sup> Using a near-balanced incomplete block design, we presented each of 28 quality measures an equal number of times and equally as often with other measures, ensuring level balance and orthogonality. Lighthouse Studio generated numerous versions of the questionnaire such that each participant received different permutations of quality measures across questions in the DCE, <sup>15,22</sup> At the conclusion of the DCE, participants were asked to self-report standard demographics, including race and ethnicity, and the degree of distress they experienced while answering questions.

#### **Study Procedures**

We administered the DCE questionnaire from January to June 2021. Eligible participants received a unique hyperlink via email. We sent 2 email reminders at 2-week intervals to those who had not yet completed the questionnaire after the initial invitation. Questionnaire access was maintained for 6 weeks. As a token of appreciation, each participant received a \$25 gift card.

#### **Statistical Analysis**

We assessed characteristics of the cohort using frequency statistics and measures of central tendency. Parent characteristics included age, gender, race (American Indian or Alaska Native, Asian, Black or African American, Native Hawaiian or Pacific Islander, and White), ethnicity (Hispanic or

Latinx or not Hispanic or Latinx), educational attainment, and region of US residence. Child characteristics included age at death, cancer diagnosis, and location of death.

Raw results from the DCE reflect each participant's selection of the most and least important quality measures from each permutation set presented across items in the questionnaire. We used these data in Lighthouse Studio to fit a multinomial logistic regression model that estimated the probability that a quality measure would be selected as most or least important among a set of measures, relying on the premise that each quality measure was presented in the context of all other measures in a near-balanced design. The model, implemented in a hierarchical bayesian approach, output probabilities for the entire sample and estimated probabilities for individual participants for each quality measure, with individual values shrunken toward entire sample values. Probabilities were rescaled proportionally from 0 to 100, yielding importance scores with the characteristic that the sum of importance scores for all quality measures equaled 100. This proportional rescaling allowed us to reasonably interpret, for example, that a quality measure with an importance score of 10 was perceived to be twice as important as a measure with an importance score of 5.<sup>15,22,23</sup> For the entire sample, the mean importance score for each quality measure was calculated, along with 95% credible intervals (Crs). Quality measures were rank ordered from highest to lowest mean importance score. At the individual level, we assessed variability in importance score ratings by computing median values and IQRs. Box and whisker plots were created to depict this variation. Analyses were conducted using Lighthouse Studio and R statistical software version 4.0.2 (R Project for Statistical Computing).

## **Results**

The study exceeded original enrollment goals and included a total of 61 bereaved parents (median [range] age, 48 [24-74] years; 55 individuals self-identified as women [90.2%]; 1 American Indian or Alaska Native [1.6%], 1 Asian [1.6%], 2 Black or African American [3.3%], 1 Native Hawaiian or Pacific Islander, and 58 White [91.8%]; 58 not Hispanic or Latinx [95.1%]). Children who died were predominantly diagnosed with a brain tumor (28 children [45.9%]) or other solid tumor (25 children [41.0%]); 39 children (63.9%) died at home (**Table 1**). Among 8 parents who enrolled but did not participate, 7 parents (87.5%) had children with brain or other solid tumors.

Most participants (52 parents [85.2%]) reported feeling comfortable or very comfortable answering questions in the DCE. Nearly three-quarters of participants (45 parents [73.8%]) reported little or no distress from the DCE, and no participants reported experiencing a great deal of distress. Many participants (55 parents [90.2%]) reported that participation in this study provided a little, some, or a great deal of benefit to them.

Quality measures receiving the highest mean importance scores included having a child's symptoms treated well (symptom management domain; 9.25 [95% Cr, 9.06-9.45]), feeling that a child's needs were heard by the health care team (communication domain; 8.39 [95% Cr, 8.05-8.73]), and having an end-of-life care experience that matched a family's goals and preferences (meeting patient and family preferences domain; 7.45 [95% Cr, 6.84-8.05]). Quality measures with the lowest mean importance scores included avoiding chemotherapy (hospital resource use domain; 0.33 [95% Cr, 0.21-0.45]), provision of psychosocial support for parents (interdisciplinary care domain; 1.01 [95% Cr, 0.57-1.45]), and avoiding the intensive care unit (hospital resource use domain; 1.09 [95% Cr, 0.74-1.43]). Measures in the domain of hospital resource use were ranked lower in importance overall. **Table 2** presents the wording of quality measures as they appeared in the DCE, along with entire sample importance scores for each quality measure.

Measures with the highest and lowest importance scores displayed the least variability across respondents, as assessed by the length of the IQR. Highly scored quality measures with low variability, as shown by the IQR of the importance score, included having a child's symptoms treated well (0.95) and feeling that a child's needs were heard (1.41). Low-rated quality measures with low variability, as shown by the IQR of the importance score, included avoiding chemotherapy (0.41),

psychosocial support for parents (0.83), and avoiding the intensive care unit (1.32). Midrated quality measures, however, had wider variability, as shown by the IQR of the importance score, with greatest variation in importance scores for care team continuity (5.01) and access to a visiting nurse at home (4.86). These measures pertained to the domain of interdisciplinary care (Table 2; **Figure**; eFigure in Supplement 1).

# Discussion

To our knowledge, this survey study was the first DCE to engage bereaved parents of children with cancer from across the US. We found that parents prioritized end-of-life care quality measures focused on symptom relief, feeling that a child's needs were heard, and having a goal-concordant end-of-life experience. Measures limiting use of hospital-based interventions, such as the intensive care unit, cardiopulmonary resuscitation, or chemotherapy, were perceived to be substantially less important. Provision of psychosocial support to parents was among the least important quality

# Table 1. Demographic and Clinical Characteristics of Parent Participants and Their Children

Characteristic		Individuals, No. (%) (N = 61)		
Parents				
Age, median (range), y		48 (24-74)		
Race				
	American Indian or Alaska Native	1 (1.6)		
	Asian	1 (1.6)		
	Black or African American	2 (3.3)		
	Native Hawaiian or Pacific Islander	1 (1.6)		
	White	56 (91.8)		
Et	hnicity			
	Hispanic or Latinx	3 (4.9)		
	Not Hispanic or Latinx	58 (95.1)		
G	ender			
	Men	6 (9.8)		
	Women	55 (90.2)		
Ec	ducation			
	High school	2 (3.3)		
	Some college	20 (32.8)		
	Bachelor's degree	26 (42.6)		
	Graduate or professional degree	13 (21.3)		
Region of US residence				
	Northeast	14 (23.0)		
	Midwest	15 (24.6)		
	South	21 (34.4)		
	West	11 (18.0)		
CI	nildren			
A	ge at death, median (range), y	8 (0-26)		
Cancer diagnosis				
	Leukemia or lymphoma	8 (13.1)		
	Solid tumor	25 (41.0)		
	Brain tumor	28 (45.9)		
Lo	ocation of death			
	Home	39 (63.9)		
	Hospital	21 (34.4)		
	Hospice	1 (1.6)		

measures; satisfactory symptom management was rated as approximately 9 times more important to parents than psychosocial support for themselves.

Parents rated symptom relief as the highest priority for their children near the end of life. Prior pediatric studies<sup>6,14</sup> similarly found that symptom relief was of great importance to stakeholders, reflecting the burden of multiple symptoms and symptom-related suffering experienced by children with advanced cancer.<sup>24,25</sup> Simultaneously, we found that psychological support for parents was deprioritized. These findings echo those of several studies exploring good-parent beliefs among caregivers of children with serious illness. Studies have found that parents frequently deferred their own needs in favor of focusing on the needs of their child, remaining at their child's side, and ensuring that their child felt loved.<sup>21,26</sup> It is critical to view this relative prioritization in context because the results do not imply that psychological support was unimportant to parents. On the contrary, families facing advanced childhood cancer have previously identified that they valued integration of psychosocial care into overall cancer care.<sup>27</sup> Parent psychological distress was found to be pervasive and may have exacerbated suffering among children.<sup>28</sup> Moreover, children and families experienced a range of lasting psychological sequelae.<sup>27,29-31</sup> Given these findings, consensus standards in pediatric oncology recommend longitudinal involvement of psychosocial clinicians throughout the

#### Table 2. Mean and Median Importance Scores for Quality Measures

Quality measure <sup>a</sup>	Domain	Importance score, mean (95% Cr)	Importance score, median (IQR)
Having my child's symptoms treated well	Symptom management	9.25 (9.06-9.45)	9.25 (8.86-9.81)
Feeling that my child's needs were heard by the care team	Communication	8.39 (8.05-8.73)	8.67 (7.97-9.38)
Having an end-of-life care experience that matched our goals and preferences	Meeting patient or family preferences	7.45 (6.84-8.05)	8.48 (6.30-9.38)
Doctors communicating directly with me, a parent/legal guardian, about preferences for care	Communication	7.12 (6.74-7.50)	7.39 (6.31-8.27)
Having my child die in a place of our family's choosing	Meeting patient or family preferences	6.39 (5.70-7.08)	7.02 (4.78-8.78)
Doctors communicating directly with me, a parent/legal guardian, about prognosis	Communication	5.90 (5.45-6.34)	6.17 (4.69-7.13)
Receiving support from a palliative care team	Interdisciplinary care	5.68 (5.00-6.36)	5.96 (3.90-8.20)
Having the same oncology team take care of my child throughout the course of treatment	Interdisciplinary care	5.34 (4.65-6.03)	5.57 (2.87-7.88)
Receiving guidance about what to expect in the dying process	Communication	5.29 (4.61-5.97)	5.99 (2.68-7.15)
Receiving hospice services	Interdisciplinary care	4.10 (3.49-4.71)	4.22 (1.64-5.64)
Being asked regularly about my child's physical symptoms	Symptom management	4.05 (3.36-4.75)	3.99 (1.64-6.22)
Being able to stay in the hospital for care whenever needed	Hospital resource use	3.14 (2.49-3.80)	2.84 (0.59-5.16)
Having a visiting nurse help at home	Interdisciplinary care	2.96 (2.20-3.72)	1.77 (0.24-5.10)
Doctors communicating directly with my child about preferences for care	Communication	2.64 (1.86-3.41)	1.40 (0.27-4.36)
Psychosocial support for my child	Interdisciplinary care	2.60 (1.97-3.23)	1.78 (0.52-4.64)
Having an advance care plan	Meeting patient or family preferences	2.47 (2.02-2.92)	1.91 (1.09-3.45)
Having experiential wishes (ie, Make-A-Wish, vacations, or trips we wanted to take) fulfilled	Meeting patient or family preferences	2.13 (1.48-2.77)	0.94 (0.14-3.28)
Avoiding a ventilator	Hospital resource use	1.86 (1.24-2.47)	0.74 (0.22-2.71)
Having a private, spacious hospital room near the end of my child's life	Meeting patient or family preferences	1.82 (1.19-2.44)	0.43 (0.12-2.77)
Having access to ancillary staff on evenings and weekends	Interdisciplinary care	1.69 (1.15-2.22)	0.65 (0.27-2.35)
Receiving support services following my child's death	Interdisciplinary care	1.66 (1.25-2.07)	1.05 (0.29-2.57)
Psychosocial support for other children in my house	Interdisciplinary care	1.63 (1.06-2.20)	0.74 (0.10-2.11)
Doctors communicating directly with my child about prognosis	Communication	1.42 (0.87-1.98)	0.50 (0.15-1.85)
Avoiding cardiopulmonary resuscitation	Hospital resource use	1.39 (0.93-1.85)	0.67 (0.21-1.65)
Being able to take my child to the emergency department	Hospital resource use	1.22 (0.79-1.64)	0.46 (0.15-1.85)
Avoiding the intensive care unit	Hospital resource use	1.09 (0.74-1.43)	0.51 (0.24-1.56)
Psychosocial support for myself	Interdisciplinary care	1.01 (0.57-1.45)	0.30 (0.10-0.93)
Avoiding chemotherapy	Hospital resource use	0.33 (0.21-0.45)	0.17 (0.06-0.47)

Abbreviation: Cr, credible interval.

<sup>a</sup> Quality measures are worded as they appeared in the administered questionnaire.

care of children with cancer.<sup>27,29,32,33</sup> Nevertheless, substantial barriers exist to receipt of psychosocial care by parents, including reluctance to leave their child's bedside, difficulty in accessing psychotherapy, time or transportation constraints, and a low number of evidence-based interventions.<sup>33,34</sup> Commonly held beliefs, barriers, and underlying heuristics may be factors associated with the prioritization schema we observed.<sup>35</sup>

The 2 top-rated quality measures prioritized in this study, symptom management and feeling that a child's needs were heard, map directly onto measures recently endorsed by the National Quality Forum for ambulatory palliative care in adults. As part of the Palliative Care Quality Measures Project, the American Academy of Hospice and Palliative Medicine, RAND Corporation, and National Coalition for Hospice and Palliative Care jointly developed and tested quality measures pertaining to patient experience.<sup>36</sup> The 2 patient-reported measures center on feeling heard and understood and receiving sufficient help for pain. These measures have yet to be adapted for use in pediatrics. Although patient experience measures are imperfect, implementation of validated patient experience instruments may be associated with improved clinical outcomes and equity and potential reductions in unnecessary health care use.<sup>37,38</sup> Given the high priority attributed to patient experience measures in our study and a national call to enhance patient-centeredness of care,<sup>39,40</sup> next steps in our work include developing a robust instrument to enable children and parents to report on their care experiences in prioritized domains.

Quality measures pertaining to goal concordance, including having an end-of-life care experience that matched a family's goals and preferences and having one's child die in a place of the family's choosing, were among the top 5 most important measures in our study. The priority placed

#### Figure. Variation in Importance Score Ratings for Quality Measures



Quality measures are rank ordered from most to least important. Boxes indicate IQR for importance scores, with the left edge depicting the 25th percentile and the right edge depicting the 75th percentile; open circles, outliers (defined as importance scores

exceeding 1.5  $\times$  IQR); vertical lines within boxes, median scores; whiskers, minimum and maximum importance scores; + sign embedded within boxes, mean importance scores for each quality measure across all participants.

on goal concordance corresponds to widely accepted notions of preference-sensitive end-of-life care. <sup>41,42</sup> However, operationalizing and concretely measuring goal-concordant care requires researchers to overcome several challenges. Measurement of goal concordance typically requires elicitation of goals and preferences followed by documentation in an electronic health record. Unfortunately, documentation across health systems is neither systematic nor standardized, and interoperability is lacking across different electronic health record systems. <sup>42,43</sup> Often, documented preferences were found to be nonspecific, rendering it difficult to ascertain post hoc whether decisions were consistent with patient or family preferences. Goals may also shift over time. <sup>41,42,44</sup> Novel tools that can be used to measure goal concordance may include prospective patient and family experience questionnaires, retrospective questionnaires engaging bereaved caregivers, and artificial intelligence-based methods to capture content in the electronic health record. <sup>41,43,44</sup> These tools have not yet been implemented in childhood cancer care.

Measurement of hospital resource use ranked low in priority for parents in our study, even though such measures are commonly used to assess population-level end-of-life care quality for individuals with cancer.<sup>3,10,12,45,46</sup> Other studies similarly found that families expressed ambivalence on measures of hospital use.<sup>4,6</sup> There may also be unintended consequences of predicating quality on hospital use measures given that many factors, including systemic racism, social determinants of health, and financial incentives for health systems to adhere to publicly reported measures, greatly impact the dynamics of end-of-life care.<sup>47,48</sup> Taken together, these studies prompt clinicians to reconceptualize high-quality end-of-life care for children with cancer, with a greater emphasis on person-centered measures.<sup>5</sup>

#### Limitations

This study has several limitations, including the relative racial, ethnic, and gender homogeneity of participants despite multipronged outreach to parents across the US. To enhance generalizability in subsequent studies, it is imperative that we explore the experiences of fathers, parents who speak languages other than English, individuals who identify as members of historically marginalized groups, and those who may have limited health literacy.<sup>11,49,50</sup> Mirroring the characteristics of study participants, 8 parents who enrolled in the study but did not participate were comfortable with spoken and written English and resided in the US; the children of 7 of these parents (87.5%) had brain or other solid tumors. Although we did not collect further reasons for nonparticipation from these parents, findings from a prior study<sup>51</sup> suggest that prolonged grief and cognitive load of questionnaires may be associated with lower rates of study participation among bereaved caregivers. Another limitation of our study was sample size. Albeit sufficient for conduct of a DCE, the small sample size prevented us from pursuing latent class analyses or other analytic approaches to investigate how preferences varied by subgroup. To ensure high questionnaire completion rates and minimize burden on bereaved parents, we did not collect detailed data on parent and child characteristics or evaluate associations between specific family experiences and parent responses. These are crucial considerations for future studies. Notably, few parents in this study cited distress from participation. Most parents reported that the study offered at least some benefit to them,<sup>52,53</sup> suggesting that it may be feasible in forthcoming research to explore the association between patient and family experiences and end-of-life care preferences. Additionally, we did not hear from patients directly. Knowing how patients with advanced childhood cancer rank these measures may greatly inform future efforts to measure and improve care quality.

## **Conclusions**

A central challenge to quality measurement in advanced childhood cancer is measuring what families prioritize and balancing family priorities with evaluation of the care delivered by health care teams, hospitals, and health systems. Faced with finite resources and enormous complexities in cancer care delivery, systematic quality measurement has not been implemented for children with advanced

illness. As the eminent nineteenth century physicist Lord Kelvin once stated, "If you cannot measure it, you cannot improve it."<sup>54</sup> By eliciting priorities from families directly affected by advanced childhood cancer, this survey study's findings may help clinicians begin to reframe the dialogue around what constitutes high-quality end-of-life care, implement quality measures, and ultimately improve care for thousands of children with advanced cancer who face incurable illness each year.

#### **ARTICLE INFORMATION**

Accepted for Publication: March 23, 2023.

Published: May 15, 2023. doi:10.1001/jamanetworkopen.2023.13503

**Open Access:** This is an open access article distributed under the terms of the CC-BY License. © 2023 Ananth P et al. *JAMA Network Open*.

**Corresponding Author:** Prasanna Ananth, MD, MPH, Department of Pediatrics, Yale School of Medicine, 330 Cedar St, LMP 2082C, New Haven, CT 06510 (prasanna.ananth@yale.edu).

Author Affiliations: Department of Pediatrics, Yale School of Medicine, New Haven, Connecticut (Ananth, McCollum, Shabanova); Yale Cancer Outcomes, Public Policy and Effectiveness Research Center, New Haven, Connecticut (Ananth, Lindsay, Ma, Gross); Kaiser Permanente Washington Health Research Institute, Seattle (Mun); Yale University, New Haven, Connecticut (de Oliveira); University College London, London, United Kingdom (Pitafi); National Patient Advocate Foundation, Washington, District of Columbia (Kirch); Department of Chronic Disease Epidemiology, Yale School of Public Health, New Haven, Connecticut (Ma); Department of Internal Medicine, Yale School of Medicine, New Haven, Connecticut (Gross); Department of Family and Community Health, University of Pennsylvania School of Nursing, Philadelphia (Boyden); Justin Michael Ingerman Center for Palliative Care, Children's Hospital of Philadelphia, Philadelphia, Pennsylvania (Boyden, Feudtner); Departments of Pediatrics, Medical Ethics, and Health Policy, Perelman School of Medicine, University of Pennsylvania, Philadelphia (Feudtner); Department of Pediatrics, Massachusetts General Hospital, Harvard Medical School, Boston (Wolfe).

Author Contributions: Dr Ananth had full access to all of the data in the study and takes responsibility for the integrity of the data and the accuracy of the data analysis.

Concept and design: Ananth, Pitafi, Kirch, Feudtner, Wolfe.

Acquisition, analysis, or interpretation of data: Ananth, Lindsay, Mun, McCollum, Shabanova, de Oliveira, Ma, Gross, Boyden, Feudtner, Wolfe.

Drafting of the manuscript: Ananth, Lindsay.

Critical revision of the manuscript for important intellectual content: All authors.

Statistical analysis: Ananth, Lindsay, McCollum, Shabanova.

Obtained funding: Ananth.

Administrative, technical, or material support: Lindsay, Mun, de Oliveira, Pitafi.

Supervision: Ananth, Gross, Wolfe.

**Conflict of Interest Disclosures:** Dr Ma reported receiving consultation fees from Bristol Myers Squibb outside the submitted work. Dr Gross reported receiving grants from Johnson & Johnson and the National Comprehensive Cancer Network with funding from AstraZeneca and a grant from Genentech outside the submitted work. Dr Boyden reported receiving grants from the National Institute of Nursing Research during the conduct of the study. No other disclosures were reported.

**Funding/Support:** Dr Ananth was supported by grant 1KO8CA259222-01 from the National Cancer Institute and by the National Palliative Care Research Center and St Baldrick's Foundation.

**Role of the Funder/Sponsor**: The funders had no role in the design and conduct of the study; collection, management, analysis, and interpretation of the data; preparation, review, or approval of the manuscript; and decision to submit the manuscript for publication.

**Meeting Presentation**: This study was presented by Dr Ananth as an oral abstract at the 2022 State of the Science in Hospice and Palliative Care meeting, sponsored by the American Academy of Hospice and Palliative Medicine; February, 12, 2022; virtual.

Data Sharing Statement: See Supplement 2.

Additional Contributions: The authors wish to express gratitude to the parents who contributed their perspectives to this work.

#### REFERENCES

1. Parikh RB, Wright AA. The Affordable Care Act and end-of-life care for patients with cancer. *Cancer J.* 2017;23 (3):190-193. doi:10.1097/PP0.00000000000264

2. Jones RT, Helm B, Parris D, Grubbs SS, Choy H, Kapetanovic K. The Medicare Access and CHIP Reauthorization Act of 2015 (MACRA) made simple for medical and radiation oncologists: a narrative review. *JAMA Oncol.* 2019;5 (5):723-727. doi:10.1001/jamaoncol.2018.5631

**3**. Henson LA, Edmonds P, Johnston A, et al. Population-based quality indicators for end-of-life cancer care: a systematic review. *JAMA Oncol.* 2020;6(1):142-150. doi:10.1001/jamaoncol.2019.3388

**4**. Ananth P, Mun S, Reffat N, et al. A stakeholder-driven qualitative study to define high quality end-of-life care for children with cancer. *J Pain Symptom Manage*. 2021;62(3):492-502. doi:10.1016/j.jpainsymman.2021.01.134

5. Ananth P. Reenvisioning end-of-life care quality measurement for adolescents and young adults with cancernovel patient-centered indicators and approaches. *JAMA Netw Open*. 2021;4(8):e2122323. doi:10.1001/ jamanetworkopen.2021.22323

6. Ananth P, Mun S, Reffat N, et al. Refining patient-centered measures of end-of-life care quality for children with cancer. *JCO Oncol Pract*. 2022;18(3):e372-e382. doi:10.1200/OP.21.00447

7. Johnston EE, Martinez I, Wolfe J, Asch SM. Quality measures for end-of-life care for children with cancer: a modified Delphi approach. *Cancer*. 2021;127(14):2571-2578. doi:10.1002/cncr.33546

8. Liao JM, Lavizzo-Mourey RJ, Navathe AS. A national goal to advance health equity through value-based payment. *JAMA*. 2021;325(24):2439-2440. doi:10.1001/jama.2021.8562

9. Ananth P, Melvin P, Feudtner C, Wolfe J, Berry JG. Hospital use in the last year of life for children with lifethreatening complex chronic conditions. *Pediatrics*. 2015;136(5):938-946. doi:10.1542/peds.2015-0260

10. Johnston EE, Alvarez E, Saynina O, Sanders L, Bhatia S, Chamberlain LJ. Disparities in the intensity of end-oflife care for children with cancer. *Pediatrics*. 2017;140(4):e20170671. doi:10.1542/peds.2017-0671

11. Johnston EE, Alvarez E, Saynina O, Sanders L, Bhatia S, Chamberlain LJ. End-of-life intensity for adolescents and young adults with cancer: a Californian population-based study that shows disparities. *J Oncol Pract*. 2017;13 (9):e770-e781. doi:10.1200/JOP.2016.020586

**12**. Earle CC, Park ER, Lai B, Weeks JC, Ayanian JZ, Block S. Identifying potential indicators of the quality of end-of-life cancer care from administrative data. *J Clin Oncol*. 2003;21(6):1133-1138. doi:10.1200/JCO.2003.03.059

13. Bogetz JF, Rosenberg AR. Adults are just big children: what we can learn about quality end-of-life care from pediatrics. *Cancer*. 2021;127(14):2393-2396. doi:10.1002/cncr.33548

**14**. Boyden JY, Ersek M, Deatrick JA, et al. What do parents value regarding pediatric palliative and hospice care in the home setting? *J Pain Symptom Manage*. 2021;61(1):12-23. doi:10.1016/j.jpainsymman.2020.07.024

15. Cohen SH. Maximum difference scaling: improved measures of importance and preference for segmentation. Sawtooth Software, Inc. Accessed April 5, 2023. https://sawtoothsoftware.com/resources/technical-papers/maximum-difference-scaling-improved-measures-of-importance-and-preference-for--segmentation

**16.** Flynn TN, Louviere JJ, Peters TJ, Coast J. Best-worst scaling: what it can do for health care research and how to do it. *J Health Econ*. 2007;26(1):171-189. doi:10.1016/j.jhealeco.2006.04.002

**17**. Ryan M, Gerard K. Using discrete choice experiments to value health care programmes: current practice and future research reflections. *Appl Health Econ Health Policy*. 2003;2(1):55-64.

18. Wasilewski MB, Stinson JN, Webster F, Cameron JI. Using Twitter to recruit participants for health research: An example from a caregiving study. *Health Informatics J.* 2019;25(4):1485-1497. doi:10.1177/1460458218775158

**19**. Wilson RL, Usher K. Social media as a recruitment strategy: using Twitter to explore young people's mental health. *Nurse Res.* 2017;25(3):36-41. doi:10.7748/nr.2017.e1478

20. de Bekker-Grob EW, Donkers B, Jonker MF, Stolk EA. Sample size requirements for discrete-choice experiments in healthcare: a practical guide. *Patient*. 2015;8(5):373-384. doi:10.1007/s40271-015-0118-z

**21**. Feudtner C, Walter JK, Faerber JA, et al. Good-parent beliefs of parents of seriously ill children. *JAMA Pediatr*. 2015;169(1):39-47. doi:10.1001/jamapediatrics.2014.2341

22. Sawtooth Software, Inc. The MaxDiff system technical paper: version 9. Accessed April 5, 2023. https:// sawtoothsoftware.com/resources/technical-papers/maxdiff-technical-paper

23. Orme B. Hierarchical Bayes: Why All the Attention? Data Jobs. Accessed April 5, 2023. https://datajobs.com/ data-science-repo/Hierarchical-Bayes-[Bryan-Orme].pdf

24. Feudtner C, Nye R, Hill DL, et al; Pediatric Palliative Care Research Network Shared Data and Research (PPCRN SHARE) Project Group. Polysymptomatology in pediatric patients receiving palliative care based on parent-reported data. *JAMA Netw Open*. 2021;4(8):e2119730. doi:10.1001/jamanetworkopen.2021.19730

**25**. Wolfe J, Orellana L, Ullrich C, et al. Symptoms and distress in children with advanced cancer: prospective patient-reported outcomes from the PediQUEST study. *J Clin Oncol*. 2015;33(17):1928-1935. doi:10.1200/JCO. 2014.59.1222

**26**. Maurer SH, Hinds PS, Spunt SL, Furman WL, Kane JR, Baker JN. Decision making by parents of children with incurable cancer who opt for enrollment on a phase I trial compared with choosing a do not resuscitate/terminal care option. *J Clin Oncol.* 2010;28(20):3292-3298. doi:10.1200/JCO.2009.26.6502

**27**. Weaver MS, Heinze KE, Bell CJ, et al; Pediatric Palliative Care Special Interest Group at Children's National Health System. Establishing psychosocial palliative care standards for children and adolescents with cancer and their families: an integrative review. *Palliat Med*. 2016;30(3):212-223. doi:10.1177/0269216315583446

28. Rosenberg AR, Dussel V, Kang T, et al. Psychological distress in parents of children with advanced cancer. *JAMA Pediatr*. 2013;167(6):537-543. doi:10.1001/jamapediatrics.2013.628

29. Pao M, Bosk A. Anxiety in medically ill children/adolescents. *Depress Anxiety*. 2011;28(1):40-49. doi:10.1002/ da.20727

**30**. Law E, Fisher E, Eccleston C, Palermo TM. Psychological interventions for parents of children and adolescents with chronic illness. *Cochrane Database Syst Rev.* 2019;3(3):CD009660. doi:10.1002/14651858. CD009660.pub4

**31.** Boyden JY, Hill DL, Nye RT, et al; PPCRN SHARE Project Group. Pediatric palliative care parents' distress, financial difficulty, and child symptoms. *J Pain Symptom Manage*. 2022;63(2):271-282. doi:10.1016/j. jpainsymman.2021.08.004

**32**. Jones BL. Companionship, control, and compassion: a social work perspective on the needs of children with cancer and their families at the end of life. *J Palliat Med*. 2006;9(3):774-788. doi:10.1089/jpm.2006.9.774

**33**. Kazak AE, Abrams AN, Banks J, et al. Psychosocial assessment as a standard of care in pediatric cancer. *Pediatr Blood Cancer*. 2015;62(S5)(suppl 5):S426-S459. doi:10.1002/pbc.25730

34. Kearney JA, Salley CG, Muriel AC. Standards of psychosocial care for parents of children with cancer. *Pediatr Blood Cancer*. 2015;62(Suppl 5):S632-S683. doi:10.1002/pbc.25761

**35**. Renjilian CB, Womer JW, Carroll KW, Kang TI, Feudtner C. Parental explicit heuristics in decision-making for children with life-threatening illnesses. *Pediatrics*. 2013;131(2):e566-e572. doi:10.1542/peds.2012-1957

**36**. Rollison J, Bandini JI, Gilbert M, Phillips J, Ahluwalia SC. Incorporating the patient and caregiver voice in palliative care quality measure development. *J Pain Symptom Manage*. 2022;63(2):293-300. doi:10.1016/j. jpainsymman.2021.08.001

**37**. Anhang Price R, Elliott MN, Zaslavsky AM, et al. Examining the role of patient experience surveys in measuring health care quality. *Med Care Res Rev.* 2014;71(5):522-554. doi:10.1177/1077558714541480

**38**. Anhang Price R, Elliott MN. Measuring patient-centeredness of care for seriously ill individuals: challenges and opportunities for accountability initiatives. *J Palliat Med*. 2018;21(S2):S28-S35. doi:10.1089/jpm.2017.0452

**39**. Whittington JW, Nolan K, Lewis N, Torres T. Pursuing the triple aim: the first 7 years. *Milbank Q*. 2015;93(2): 263-300. doi:10.1111/1468-0009.12122

**40**. Institute of Medicine Committee on Quality of Health Care in America. *Crossing the Quality Chasm. A New Health System for the 21st Century*. National Academies Press; 2001.

**41**. Halpern SD. Goal-concordant care—searching for the holy grail. *N Engl J Med*. 2019;381(17):1603-1606. doi:10. 1056/NEJMp1908153

**42**. Unroe KT, Hickman SE, Torke AM; AAHPM Research Committee Writing Group. Care consistency with documented care preferences: methodologic considerations for implementing the "measuring what matters" quality indicator. *J Pain Symptom Manage*. 2016;52(4):453-458. doi:10.1016/j.jpainsymman.2016.04.015

**43**. Curtis JR, Sathitratanacheewin S, Starks H, et al. Using electronic health records for quality measurement and accountability in care of the seriously ill: opportunities and challenges. *J Palliat Med*. 2018;21(S2):S52-S60. doi:10. 1089/jpm.2017.0542

**44**. Sanders JJ, Curtis JR, Tulsky JA. Achieving goal-concordant care: a conceptual model and approach to measuring serious illness communication and its Impact. *J Palliat Med*. 2018;21(S2):S17-S27. doi:10.1089/jpm. 2017.0459

**45**. Mun S, Wang R, Ma X, Ananth P. Sociodemographic and hospital-based predictors of intense end-of-life care among children, adolescents, and young adults with hematologic malignancies. *Cancer*. 2021;127(20):3817-3824. doi:10.1002/cncr.33764

**46**. Ananth P, Lindsay M, Nye R, Mun S, Feudtner C, Wolfe J. End-of-life care quality for children with cancer who receive palliative care. *Pediatr Blood Cancer*. 2022;69(9):e29841. doi:10.1002/pbc.29841

**47**. Wachterman MW, Luth EA, Semco RS, Weissman JS. Where Americans die—is there really "no place like home"? *N Engl J Med*. 2022;386(11):1008-1010. doi:10.1056/NEJMp2112297

**48**. Tang M, Bruera E. Hospital deaths a poor quality metric for patients with cancer. *JAMA Oncol*. 2020;6(12): 1861-1862. doi:10.1001/jamaoncol.2020.1043

**49**. Umaretiya PJ, Li A, McGovern A, Ma C, Wolfe J, Bona K. Race, ethnicity, and goal-concordance of end-of-life palliative care in pediatric oncology. *Cancer*. 2021;127(20):3893-3900. doi:10.1002/cncr.33768

**50**. McNeil MJ, Baker JN, Snyder I, Rosenberg AR, Kaye EC. Grief and bereavement in fathers after the death of a child: a systematic review. *Pediatrics*. 2021;147(4):e2020040386. doi:10.1542/peds.2020-040386

**51**. Lykke C, Ekholm O, Schmiegelow K, Olsen M, Sjøgren P. Anxiety and depression in bereaved parents after losing a child due to life-limiting diagnoses: a Danish nationwide questionnaire survey. *J Pain Symptom Manage*. 2019;58(4):596-604. doi:10.1016/j.jpainsymman.2019.06.025

**52**. Snaman JM, Helton G, Baker JN, et al. Engaging parents of children who died from cancer in research on the early grief experience. *J Pain Symptom Manage*. 2021;61(4):781-788. doi:10.1016/j.jpainsymman.2020.09.014

**53**. Kreicbergs U, Valdimarsdóttir U, Steineck G, Henter JI. A population-based nationwide study of parents' perceptions of a questionnaire on their child's death due to cancer. *Lancet*. 2004;364(9436):787-789. doi:10. 1016/S0140-6736(04)16939-0

54. Albrecht E, Brummett CM. If you cannot measure it, you cannot improve it. *Anaesthesia*. 2021;76(10): 1304-1307. doi:10.1111/anae.15480

#### SUPPLEMENT 1.

eFigure. Distribution of Importance Score Ratings for Quality Measures, Rank Ordered from Most to Least Important

#### SUPPLEMENT 2.

**Data Sharing Statement**