



PAFTA

Wessex Paediatric Awards
For Training Achievements

Winners & Nominees

2024

With Special Thanks to





The Wessex PAFTAs 2024



WINNERS

Consultant - Dr Helen Fielder

Senior Trainee – Dr Spandana Madabhushi

Junior Trainee – Dr Keira Hassim

Educational Supervisor – Dr Faye Hawkins

Senior Trainee Unsung Hero – Dr Jemma Shanley

Junior Unsung Hero – Dr Judith Pritchard

Nurse – Lauren O’Shea-Smee

Training Unit – Salisbury

‘Special Person in Paediatrics’ - Kim Thomas

The Wessex PAFTAs 2024

Consultant of the Year

Nominees

Dr Kat Pettit.

- Kat is calm and caring, she communicates gently with children and their families and always prioritises the safety of the children on the unit. She thinks rationally and is always approachable. Her clinical decision making is impeccable and I trust her fully with all of the patients in her care. No matter the situation, Kat always knows how to do the right thing and will always reach the best clinical outcome.

Mary Pedley-Duncalfe

- Missed hugely whilst on maternity leave but great to have her back. Hugely successful with neonatal lead and the positivity and culture of NICU is exemplary because of her. Wonderful to work with and will continue to ensure excellent care delivered to all newborns in Salisbury.

Rowena Staples.

- Row is an incredibly hard working, dedicated, and a thoughtful colleague. Row is a brilliant clinician and leader.

Seb Gray

- He is supportive to juniors and takes account of what is needed for them. He is always approachable and I very much enjoy his tidbits of teaching. I always learn something on his duty week. I appreciate that he offers opportunities and support to his juniors even though it will use up his own time.

Helen Fielder

- I'm always happy when I see it is Helen on a clinical shift at PAH NNU. She is approachable, upbeat and clear with the juniors in regards plans and expectations of the shift. She is supportive with the more acutely unwell patients but equally allows trainees to develop their own clinical skills and clinical decision making on shift. She is one of the consultants who will take opportunities to teach on ward rounds and night shifts - which is incredibly valued by the juniors who work with her. As a junior doctor neonatal ITU can be overwhelming and much of the physiology for the most unwell babies is not taught at medical school or in exams. I think she acknowledges this and is good at explaining things as she makes decisions. She also takes a keen interest in our PD, career plans and changes to the RCPCH curriculum and has been active in helping people applying for paediatric or sub-specialty training. I think she is a key player in making PAH NNU such an enjoyable place to work and would like to see her acknowledged for that.

Dr Alex Novak (Basingstoke and North Hampshire Hospital).

- Alex is an exceptional consultant and a complete joy to work with. Her positive energy and continuous drive to learn and develop further is so inspiring and I have felt very lucky having her as a role model during my year at Basingstoke hospital. Alex goes out of her way to make her patients and colleagues feel like she has unlimited time for them amongst a busy consultant rota. Alex is not aware of the hugely positive impact she has on all those she meets. Alex demonstrates the RCPCH values with ease and is a wonderful addition to the paediatric world.

Dr Annie-Marie Goss

Hushi Hu (Portsmouth Neonates)

- Even on the busiest of shifts Hushi always is there to support the team both clinically and emotionally. She makes time to teach the juniors both formally as part of our local teaching programme, but also informally on the shop floor. She always goes the extra mile to help others. She also has a really lovely manner with families, even in the most difficult of situations.

Dr Rodney Gilbert (paediatric nephrologist UHS).

- He is one consultant I am yet to meet in person but have discussed patients with him a number of times over the phone. He is always very lovely, approachable, and most importantly I feel like I've learnt something new EACH TIME I speak with him. Please don't change!!

Heba Hassan (Paediatric Consultant, Salisbury Hospital)

- Heba is a wonderful new addition to our team of consultants. She is kind, attentive and supportive to her colleagues, her patient's and their families who she cares for. She has a calming, angelic way of explaining procedures or decisions to parents and to the patient's in a way they will all understand. Heba is thorough with her work and will always thrive to do her best in all aspects, which is shown so naturally when working with her. She is able to strongly lead in very stressful situations and provides a real sense of security to the nurses during these environments, ensuring all tasks are completed and everyone is up-to-date maintaining great communication throughout. Heba is a pleasure to work with and I am so pleased she is part of our team.

Dr Tom Cromarty

- for his unwavering enthusiastic about all things bins! Stemming from an interest in sustainability, he has been heading up the Southampton CED Green Team to help improve our carbon footprint. He's also always super approachable, responsive and supportive in moving trainee projects forwards.

Kate Graham-Evans

- When faced with a major power cut on the neonatal unit, Kate very calmly made a contingency plan and then humorously asked if there is time for tea before proceeding to intubate under emergency flashlights. She has a great sense of humour, is always so calm and efficient in an emergency, and overall just has a special way of putting trainees at ease.

Ahmed Osman (PICU)

- always supportive and approachable to members of the team. He is passionate about teaching and makes an effort to provide education both informally on the unit and through excellent presentations. He is a great clinician and provides compassionate care and has an ability to remain calm and direct a team well even in the most high pressure situations.

Clare Hollingsworth (Dorchester)

- An amazing consultant! She's always approachable and happy to help. She goes above and beyond to ensure her patients have the best possible care.

Michael Griksaitis, UHS.

- He genuinely cares about all trainees and LE doctors. He helps in tangible and life changing ways. He finds our individual strengths and motivates us to do our best in work. I have seen him do this for junior and senior trainees across different specialties - adult ICU, PIM, Paediatrics, Anaesthetics. He gives formal and informal feedback regularly and he is respectful and easy to work with.. He completes WPBAs in a timely manner and does not need prompting. He is an excellent teacher and communicator. He cares about patients and their families. He leads by example. In my considerable experience he is a rare gem in the NHS. He has restored my faith in humanity. And he doesn't even know it because he is just being himself and is in all likelihood unaware of the impact he makes, certainly the positive impact he has had in my career and beyond.

Peta Coulson-Smith

- Peta has worked tirelessly in Salisbury to improve the standards of care to children and young people with mental health concerns. She is a great role model, and a valuable advocate for this patient group.

David James

Simon Birch

David Hunt (Clinical Genetics)

Gemma Watts, Portsmouth General Paediatrician.

- Hardworking, approachable and supportive to the whole team. Readily helps with paediatric endocrine patient queries in a cheerful manner no matter how busy. Thorough and sensible approach.

James Nurse

- James is a fantastic consultant. I find working with him not only enjoyable, but also very educational and he really takes the time to teach while he is working (not only on metabolic medicine). He is very approachable and supportive and I always look forward to working alongside him.

Ollie Bevington

- Tireless champion for trainees.

Emma Grainger-Allen.

- Emma is the kindest person I have ever seen, there is no match.

Roy Seivers

Clarissa Chase. Southampton Paeds ED.

- Clarissa is an approachable member of the team. She always makes junior doctors feel welcome in the department, identifies areas for discussion when presenting cases and is encouraging in her approach. She is actively involved in the running of teaching and simulation in the A&E department and goes above and beyond to deliver this. Thank you.

Susie Deamer

- Wonderful consultant and all round fab person! Very supportive to juniors and always happy to be present and help however she can and always wants to help you learn and improve!

Sarah Williams

- Personal and professional support to trainees.

Dr Charlotte Groves

- Dr Groves has been really inspirational and taught me a lot whilst I worked in Portsmouth NICU. Her leadership of the whole neonatal unit, and her investment into the care of these infants is why I am nominating her. Throughout my time there, Dr Groves has consistently led from the front, getting stuck into jobs and negotiations that have led to the betterment or maintained the high standards of care that Portsmouth is known for. In times of need, Dr Groves comes in, showing her support and finding ways to help all staff. On a personal level, even though at times my procedural skills would be lacking, Dr Groves offered constructive critique on how to improve and these are techniques I will continue to use. Often it can be difficult for women to be in these leadership positions, but to me Dr Groves has shown it can be done, and it can be done well.

Dr Ed Hind

- Dr Hind is an exceptional consultant who ensures his patients are at the forefront of everything he does. He has managed some extremely busy flow shifts really well and has helped to alleviate pressures on the nursing team. He is a doctor that we can all rely on and all of the nurses appreciate his organisation!

Adleen Arshad (Neonatal Associate Specialist)

- Supports juniors with learning opportunities. Even at the end of a busy night shift she took the time to talk through and support with carrying out a procedure. So friendly and approachable, it's a good shift when Adleen is on! Excellent neonatologist and someone I would aspire to be like as a senior

Phil Parslow

- for always been cheerful, friendly and generally awesome.

Jummy Awoyesila, Basingstoke HHFT

- Jummy is a fantastic asset to the team in many ways, as a superb clinician, supportive colleague, research lead, and from a trainee point of view - trust simulation lead. In this role she has worked to develop multi disciplinary simulation training across all of HHFT, and still finds the time to regularly set up and lead general paediatric and neonatal simulation within her department, adapting scenarios and developing and educating all of the team in resus and emergency practice. I am in no doubt that her perseverance and focus has contributed significantly to the patient's safety and care of the very unwell children in HHFT. In addition to all of this she has recently agreed to temporarily take over as college tutor for paediatric trainees to step in for an absent colleague. Thank you Jummy!

All of the consultants across Wessex within the Wessex Paediatric Endocrinology Network because you provide excellent care and support to patients across the region, are fabulous are responding to emails and supporting our requests for investigations/bloods/reviews etc, and are always friendly and helpful when contacted for information. A wonderful network to work within.

Dr Fiona McHugh

- Dr McHugh practices and delivers care so compassionately and it is always clear she puts the patient at the centre of her care. She is a really lovely, approachable consultant who is always happy to help in any way she can. Fiona always listens to any of the teams concerns and tries to offer solutions where possible.

Lucinda Winckworth, HHFT

- Lucinda remains one of the most passionate paediatricians i have ever met and continues to love medicine, even with the current challenges. She is an excellent doctor and has high standards, which can sometimes feel daunting as a trainee. I have always felt very supported by Lucinda and think her pastoral care to trainees is excellent. Lucinda does give trainees constructive feedback as she wants us to reach our potential and this is delivered in a sensitive way. Lucinda also gives positive feedback directly to the trainee, which is incredibly important to help us feel appreciated and valued.

Dr James Edelman

- James is an extremely dedicated consultant who provides excellent support to trainees, other consultants and nursing staff. He is always willing to help with deteriorating patients/difficult procedures putting the needs of patients first.

Ed Andrews

- Ed is always calm, cheerful, approachable, and seems in control. He spends extra time providing teaching for trainees, medical students, and other health professionals. His knowledge is excellent. He is a fantastic colleague and well liked by nurses and doctors, aswell as by patients and families. He gives up time outside of work to support children with diabetes on the annual diabetes camp.

Julia Shaw

- Julia has the extraordinary ability to cope with enormous levels of pressure and workload and still continue to deliver exceptional patient care. She is extraordinarily efficient whilst being compassionate and supportive. She has the extraordinary ability to cut through the noise and get to the heart of the issue and provide sensible solutions. Julia has the extraordinary ability to lead without dictating what people do because she serves to lead and her team will follow her anywhere. Julia has the extraordinary ability to be available to anyone whilst maintaining a work life balance, always looking fabulous and never late or flustered! She goes out of her way to acknowledge other people's work and support her team. I keep using the word, or variations of, extraordinary, because Julia is extraordinary. I have come to the conclusion that the must be more than one of her, it is the only explanation.

Kimberley Jefferies Consultant Neonatologist

- amazing person , calm considerate , committed hard working and passionate about improving care and experiences for families , wonderful colleague and pleasure to work alongside

Louise Collins



Dr Anshul Gupta (Consultant, Basingstoke and North Hampshire Hospital).

- Anshul is an excellent consultant with a huge breadth and depth of clinical knowledge. He has done our junior doctors rota this year and has done such a brilliant job at this. Always going out of his way to accommodate requests where possible and filling shifts at last minute when needed. He does all of this with a big smile on his face and he is always a positive and inspiring person to work with. Constantly checking in on junior trainees and ensuring that they are happy and enjoying our jobs whilst teaching us in amongst very busy ward rounds. I have really enjoyed working with Anshul this year and am very grateful for all he has taught me.
- Anshul is the master of the junior doctor rota. He has worked tirelessly to create a rota that provides more doctors at busy periods and at the same time provides doctors with a more sensible and predictable work pattern. He creates solutions to short term rota gaps, supporting the attending consultant. What Anshul doesn't know about rotas isn't worth knowing.



The Wessex PAFTAs 2024

Senior Trainee of the Year

Nominees

Greg Jury

Matt Jones

Marisa McMillan

- just a ball of enthusiastic positive energy that boosts morale and enables better care for CYP. Takes tasks by the horns and has some of the quickest turnaround times I've ever seen. As she approaches the end of training I have no doubt that there will be many departments begging the finance departments for funding for another consultant post!
- Marisa is a ray of sunshine - energetic, passionate and completely brilliant. She is a great team member and is fantastic with parents, CYP of all ages and is a joy to work with.

Jemma Shanley

- Jemmas leadership of the trainees in her role as Wessex RCPCH rep has been exemplary over the last year. She constantly goes above and beyond to advocate for trainees whether it is with rota compliance, SDT time, well-being or changes to progress+. Jemma has invested so much time into ensuring that she is up to date with all new paediatric training developments so that she can answer questions from the Wessex trainees and/or relay questions to the TPDs. Somehow she has navigated us through to progress+ and leads the Wessex trainee rep group by example, striving to improve things for current and future trainees.
On top of this Jemma is a brilliant clinician, organised, diligent and holistic in her care. I honestly don't know how she manages all that she does but she deserves to know how appreciated she is! Thanks Jem.

Dr Laura Croucher

Spandana Madabhushi

- Spandana has been an amazing registrar. Apart from being a treasure trove of clinical knowledge (well beyond expected for her level), she has excellent communication skills with everyone around her - I am so in awe of the rapport she develops with families and she always puts parents at ease when she is on the ward round. She is a great registrar as she is reliable, approachable, uses every opportunity to teach, and no job is too big or small (apart from maybe the handover lists!) In our first shifts together, she really pushed me and by example, has encouraged me to work on my own assertiveness. She has innate leadership qualities and will not hesitate to correct people or speak up when things are not up to the mark. Always great banter on shift and is the person you want around in an emergency!
- Always a pleasure to work with - cheerful, positive and proactive attitude. Calm registrar, leads from the front and hugely supportive to the wider team no matter how busy the shift. Works hard and capable in an unassuming and affable manner and always keen to learn and improve. Will miss working with her.

Jan Pearce

- is incredibly helpful and approachable and supportive of juniors. She provides excellent patient care with a lot of dedication.

Gautham Gopalakrishnan

- An excellent senior to have around. He has brilliant knowledge and skills at the level of a Consultant. I could always ask for advice and get a sensible and sound answer. He really works well in the team and supports junior trainees. He would always push me outside my comfort zone. He would make sure trainees were given the opportunity to get involved with procedures - e.g. purposefully coming and saying there's an LP that needs to be done who would like to do it.

Sophie Cottam

Jisoo Kim

Olubor.

- The long line King!

Chris Bakewell

- Chris is an amazing registrar and an excellent role model for his colleagues for a number of reasons. He is responsible and always available for support in work; makes clear, reasoned plans, taking input from the rest of his team and communicates this very well to patients and families. He develops excellent rapport with families and children of all ages and advocates for the best treatments and investigations for the individual. I have regularly seen him working within not only the gastroenterology MDT but also the wider specialist MDT when discussing patients and find the way he approaches these instances to not only be logical, but also done in a way that makes the process unconflictual, while maintaining the patient in the centre of everything. Chris is also a fantastic teacher and regularly takes the opportunity to informally teach on the ward, as well as providing excellent more formalised teaching sessions. He is also a great advocate for his juniors and pushes them to grow and improve and I am sure he will make an outstanding consultant.

Harriet Ayling

- Leads by example, a great team player and calm leader. Very supportive to all in the team and excellent communicator with families. Lovely bedside manner, strong work ethic, sensible clinician and great teacher.

Rachel King

- Rachel delivers very high standards of care, giving so much time and energy to making sure the right thing is done by her patients, and in the right way. Always helpful and willing to go the extra mile, making sure families are up to date and on board with what's happening. Great technical skills, she makes the environment one where more junior trainees are free to ask questions and to learn. Very hard working and dedicated! A complete asset to her patients.

Tim Lewis

- Tim has been an excellent addition to the general Paeds team at UHS over the last year. He was dedicated to his education role and was seen frequently teaching medical students on the wards. He developed and grew as a clinician during the year and gained experience and confidence as a senior trainee and this was fantastic to see. He is a really lovely guy who fitted in with the team well. He was positive and encouraging to others and very supportive of the more junior team members as well as other MDT. He was well liked by families and children and was very good at managing some of the more tricky situations encountered on the wards. He will make an excellent consultant.

Janice Pearce and Gen Southgate

- are one of the best seniors I have worked with. They are absolute stars and I always feel supported under their supervision. I would take them as an inspiration.

Emma Woolley.

- Emma has been extremely supportive of me whilst working in Paeds ED. She is a very confident and clear clinician, making efficient clinical decisions. She is a supportive member of the team, teaching junior members and providing guidance, whilst also listening to nursing concerns. She communicates well with patients and their families and she will make an excellent consultant.

Patrick Clarke

- Skilled, so knowledgeable, and a really hard worker.
A brilliant team member, always there to help out. A pleasure to work with.
Interacts brilliantly with parents and patients, a favourite doctor with many patients!
Always comes in with a smile on his face and a greeting for everyone.

Vicky Iverson

- Vicky was invaluable at introducing new juniors to Portsmouth. She was a supportive presence for us all and a fantastic teacher and mentor when required. Thanks Vicky, your friendliness and common-sense approach helped enormously!

Emily Gentle

- Emily is calm, cheerful, friendly, approachable, and unflappable. She is also unbelievably efficient, and can manage crazy winter oncalls without breaking a sweat! She supports her junior colleagues, manages the acute team well, and is lovely with patients and families. She is still early on in her senior training, but this is certainly not apparent.

Meryam Moawad.

- Reliable and always will to help. Keeps calm under pressure. Will be a fantastic consultant

Esther Mulatya

- has been in neonates in UHS for 2 years and has developed enormously over this period adapting to the NHS, building her confidence, neonatal expertise with vigour and enthusiasm becoming a well established member of the team .. well done Esther amazing seeing you develop and grow over this time

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Junior Trainee of the Year

Nominees

Emily Gentle

Dr Jack Hassel (ST3, Basingstoke and North Hampshire Hospital).

- Jack is an excellent junior registrar and I have been so impressed by quite how competent he is in his new step up role. Jack is a pleasure to work with and is very supportive to junior doctors always going out of his way to teach when time allows. Jack has lots of neonatal experience and this was of huge value in a DGH hospital this year. He works well within a team and leads by example. I have learnt a lot from Jack and I am sure he will go on to make a brilliant senior registrar and consultant in the future.

Jessica Plumbley-Jones

- Jess is a fantastic individual, who is so attentive and truly cares. Her clinical work is always to the best of her ability and she strives to do her best during every shift. Jess is a strong team player and has a personality you can't help but adore. She is not afraid of getting stuck in with any tasks - whether they are typically for a dr, a nurse, or housekeeping! She is so supportive to her peers - clinically and non-clinically, and that really shows within her work. Whenever I would be on shift with Jess, I felt a sense of relief and safety, as I knew that regardless of how our shift would plan out, things would be ok because of how supportive Jess is. She is a ray of sunshine and provides a cheery, positive attitude when coming into work and mirrors this onto the care she delivers to her patients too with her wonderful bedside manner.
- Jess has always been a pleasure to work with. She not only works exceptionally hard to provide gold standard care for patients and their families but also never forgets the impact that this has on her nursing colleagues. She is a positive advocate for all that she meets and always has a smile on her face. She embodies all of the values expected of a medical professional and goes above and beyond to ensure that everybody is supported whilst at work. She builds positive relationships with ease and is a fabulous example of how to behave within the healthcare environment. Nothing is ever too much and I respect her greatly for this.

Khatija Farooq

- so sad that she will be leaving Wessex to begin her specialty training but has been one of the best junior doctors we've ever had in Salisbury. Hard-working, diligent, keen to learn, great with CYP of all ages and a huge joy to have around for the whole MDT. A shining star and we hope to see her back in Wessex in the not too distant future!
- Khatija is the epitome of a positive mental attitude. She brings positivity and good vibes to every single shift and is always ready to boost the team with her never fading energy. She is able to think with a level head and always knows what she should do to make things better for the patients, their families and her team. It is never dull with her around and her wealth of both professional and personal experience brings no end of power to the ward. She an honest yet humble practitioner who will no doubt move mountains one day. Thank you so much for allowing us to get to know you and we wish you the best of luck in your next position, Kings Lynn are lucky to have you.

Kate Jordan

- I am delighted to nominate Kate Jordan for the Pediatric Trainee of the Year award. Kate is an outstanding colleague whose kindness, humility, and dedication set her apart as an exceptional pediatric trainee.
Kate's is always committed to helping others. She consistently goes above and beyond to support her colleagues, patients, and the entire healthcare team. To add tot his, Kate shows wonderful compassionate care in the way she interacts with patients and families. Even with her knowledge, skills and experience, Kate remains incredibly humble and approachable, always willing to lend a hand or contribute to shared learning. Her ability to make time for everyone, regardless of how busy she is, speaks volumes about her character and dedication to the field of pediatrics.
In addition to her clinical responsibilities, Kate serves as a less-than-full-time representative on the Wessex Trainee Board, further showcasing her commitment to improving the experiences of pediatric trainees and her drive for making a positive impact beyond her immediate duties.
Kate's positive energy and supportive nature have made her an invaluable asset to every departmental team she works with. She brightens the atmosphere wherever she goes.
- Kate is always full of enthusiasm and joy for paediatrics, taking every opportunity for learning and developing new skills. She can be completely relied upon to deliver the best care to babies. She is an excellent support for her colleagues, always available with a listening ear and some tasty snacks to pick anyone up if they are struggling. She has a lovely manner with all healthcare professionals as well as the families we care for.
- A brilliant ST1, very hardworking, so much common sense and an excellent team player who values everyone on the team. Always cheerful, calm, capable yet humble and keen to learn. Brings a smile to everyone's face even on the busiest of shifts, a joy to work with.

Dr Amr Ismail (ST1, Basingstoke and North Hampshire Hospital).

- Working with Amr has been such a joy and he is an excellent doctor, who goes out of his way to help others within a team for the benefit of patient care. He is first to cover a shift when needed and does this with enthusiasm and positivity. His interactions with both colleagues and patients are hugely respectful and he truly represents the core values of the RCPCH. He is a wonderful addition to paediatric medicine and has made a very impressive start to his paediatric training.
- Amr was a joy to work with. He was hard working and would always offer to help. Even when busy, Amr remained calm and was always smiling. He was supportive and encouraging to his colleagues

Rhiannon Ball

Rhiannon has been amazing throughout her time in QA NICU. She has grown in confidence over the past 6 months, and always remains calm, collected and conscientious through it all. She is such a kind person and will go out of her way to support anyone she comes across- patients and peers! Always a pleasure to be on shift with her - her sense of humour and wit always guarantee a laugh while on shift!

Lucinda Doyle

- Lucinda has been an exceptional member of the G floor team this summer. She is a pleasure to work with, brightens the mood in any scenario, and is very hard working. She is fantastic with children of all ages and develops excellent relationships with them and their families. She has, on multiple occasions, gone out of her way to cover several different teams at once while working on G floor, and does so proactively and in an always positive manner, which is one of the many reasons that working with her has been a joy. I am very pleased that she will be starting ST1 in paediatrics this summer and Wessex is lucky to have her.

Nadine D'Silva

- Calm, considerate, reliable, excellent team player and developing leader - will make an excellent registrar. Doesn't shirk responsibility and works very hard to her own high standards. Hugely supportive in stepping up role to her peers and wider MDT.

It's really really hard picking one person among the absolute legends I worked with in the last one year. Some of them that came to my mind are Xavier Ahiuwalia, Josie Bradford, Hannah Angell, Nandhika Rabindranathnambi, Rhiannon Hoggins, and Enni Pennti. All have excellent clinical knowledge, always thriving, great communication with parents, and ensures the best care provided.

Nicola Head

- Keira is an excellent trainee, definitely working above the level of an ST3. She has been a huge support this year. She works incredibly hard and is a fantastic team player. She is supportive of all colleagues and keen to give juniors the opportunities to grow and learn. Keira has a lovely bedside manner with patients and families.
- is probably the best new registrar I have ever worked with. She has every attribute the whole team and of course the patients could wish for in their paediatrician. She is cheerful, organised, knowledgeable and kind. She has maintained these qualities during a placement that coincided with significant challenges for the department, that were entirely out of her control. Her no nonsense, cheerful attitude had a significant positive impact on the entire team and was hugely appreciated.
- the epitome of how to step up! Unbelievable that she was in her first registrar job with us. An absolutely excellent registrar who could easily pass as per-CCT. Excellent communication, can-do attitude, willing to get stuck in and loved by peers, colleagues, the whole MDT and most importantly the CYP, babies and families. Will be an absolute superstar of the future and will have hospitals clamoring after her as a consultant if not wooed by Australia. We were so lucky to have you in Salisbury and would love to welcome you back again in the future! Should win this category absolutely hands down.
- Keira was an ST3 with us and displayed a consistently excellent standard of work across all areas of neonatal care, from postnatal ward to intensive care. The nursing team had complete confidence in her abilities, and NICU nurses are a hard lot to please! Keira's open and helpful nature makes her an asset in any team. She is sensible and hardworking, always willing to lend a hand where needed. She treats children and their families with kindness and communicates clearly and respectfully. Keira demonstrates qualities of natural leadership - she can be relied on to step up and take responsibility and ensure the job gets done.
- Keira is an absolutely brilliant trainee. Hardworking and dedicated, the 'excellence' domain for the nomination speaks for itself. I was hugely impressed with an approach to work recognising that some of the less glamorous aspects of a neonatal post still need to be done well to ensure high quality care for the smallest of patients. You know when you see her name on the rota that you'll have a good shift, no matter how busy it gets!
- Keira really hit the ground running in her level 3 neonatal rotation, and would be helpful to all members of staff whether junior or senior. She was an embodiment of teamwork, and took initiative in patient management decisions but also knew when to ask for help. I think what really impressed me was Keira had clear goals of what she wanted to learn, and actively sought out opportunities for this. On a personal level, Keira has really helped me feel welcome and eased the transition when I didn't know anyone in the area.

Xavier Ahluwalia

- Xavi is a brilliant trainee who always has a smile on his face. He is conscientious,, hard working and shows great initiative. He is a brilliant member of the team, going above and beyond to help out and support his peers. He communicates really well with families and the MDT and is well liked by everyone. He puts the patient first and is prepared to be flexible and adaptive in order to maintain a good relationship with the patient and the whole team. He is a pleasure to work with.
- Xavi has a sensible and relaxed approach to medicine which dissipates amongst the medical team. Even when busy, he goes about with a positive step. Xavi often tries to help out other teams with their workload.
He has an excellent rapport with parents and children, and has made real efforts to calm a particularly nervous patient, who did not want blood tests. Using a calm manner and plenty of distraction, he won her over and efficiently performed the procedure.
- Thorough, professional mature approach to any situation. The right level of confidence and competence as a junior trainee very ready for the next step. A great member of the team!
- fantastic SHO, loads of initiative, just gets on with it but asks questions when needed and appropriate. Can be relied upon to sort patients out when needed.

Shreya Chugh

- Shreya is very hardworking and goes above and beyond in both her clinical and non-clinical roles. She takes on extra responsibility and always goes above & beyond for patients, families and colleagues. She is a well-liked member of the team. She manages to balance various leadership roles (such as working as one of the school board reps) whilst also delivering excellent clinical care and teaching to colleagues, supporting more junior members of the team.

Rosie Chandra

- super lovely and amazing SHO to work with - great with patients and families and can always be relied on no matter what the task!

Josie Bradford

- dedicated and hardworking.
So friendly and cheerful to work with, always willing and ready to help those struggling.
Truly bonds with patients and parents, has a lovely manner with families.
Comes across as skilled and able behind her years of training, always puts the patient first, a real advocate for children.

Charlotte kohn

- she is a fantastic team member and I'm always glad when she's on shift as I know patients will be cared for with a very high standard. Her clinical decision making is excellent and has grown and grown in her management of more complex patients. She is a pleasure to watch communicate difficult topics with families and builds rapport easily.
- Excellent trainee, works well with colleagues and the wider team , communicates really well with patients and families , a pleasure to work with , holistic and committed to patient care and learning , fantastic trainee attention to detail clinical history second to none

Amr Wasfi

- Amr always shows so much enthusiasm in all of his work, ensuring patients are at the centre of his care. His caring personality ensures he has a happy team around him, who all appreciate his hard work and proactive manner. He has helped make a lot of shifts run smoothly and he definitely makes a difference! Good luck Amr in the rest of your training, you are brilliant.

Jack Hassell

- Jack has been a fantastic junior trainee, and stepped up to his first registrar post with competence and confidence. He has excellent clinical acumen and was able to juggle a tough rota well. He is always approachable to others, including nursing staff and other resident doctors. He has a lovely manner with patients and their families as well.
- great ST3. Embodies team working. Great clinician

Tish Jervis (ST1 Basingstoke)

- Tish was a huge asset to the team and to the patients during her time in Basingstoke. She is efficient, thorough and always sees jobs through to completion, taking care to communicate excellently with colleagues and consultants about their patients to ensure appropriate care and follow up. No request was too much trouble and Tish approaches everything with a patient focus and clear understanding of priority and clinical need. She was hugely supportive of her peers and the wider team and was a pleasure to work with, engaging in clinical discussions, happy to speak up to clarify understanding and express her views, all with a respectful and mature approach and good sense of humour. She would often step into the breach for rota gaps but was also able to protect herself when needed. She will make a fantastic paediatrician who does the best for her patients, and will work within and lead teams very effectively as a trainee and beyond.
- Tish is an all round fantastic junior doctor and colleague. She is clinically excellent, including knowledge and clinical acumen. She is continually looking to improve herself despite performing far and beyond her level of training. Her communication skills, including documentation, are phenomenal. She is the most supportive colleague I have worked with. She has been a rock to our IMG registrars and supported them through difficult night shifts and made sure they are supported emotionally. She takes responsibility for tasks and looks after everybody in the team. She is wonderful with children, young people and families, and goes out of her way to ensure families receive a high standard of care. Tish embodies everything that a paediatrician should be. Above all, she is humble and goes out of her way to recognise other people's achievements and efforts. She has such a positive presence in a team due to her kindness and generosity. She is just a super human being and a brilliant paediatrician. This nomination only scratches the surface of Tish's work over the last year and I wish I had the words to do her more justice. She is 8 years my junior and I look up to her and want to be more like her.

An incredible trainee and exceptional ST1

- Tish's level of clinical and developmental maturity tempted many to leave her in charge. She was not in charge but was in charge! Would never complain but just get on with the job regardless of how hectic. Tish demonstrated sound clinical judgement and took responsibility for any given patient or task. Would never stop half way. Closed loop demonstrated by excellent documentation. If it was Tish, you're certain to have clarity even if you haven't seen patient yourself. Tish took time to study her patients and each shift giving her massive situational awareness. It always felt like she was in control. Completely selfless, empathetic, sought the good of her colleagues and never put anyone down even when she had reasons to. Tish supported more grown up colleagues and just filled in any gaps there were. Nothing was done hypocritically, Tish wore and she spoke compassion! She truly cares about the patients and her families. Not only is Tish an excellent clinician. She is well organised and looked after her portfolio. She's is such a model for forthcoming ST1s and the sky is really no limit for her. Thank you for all you give!

Jen Appleby

- Jen is an excellent paediatric doctor. She is knowledgeable and interested in every aspect of our work. She is quietly diligent and efficient. She takes responsibility for her work and communicates well with the team. She is empathetic with families in distress. She is a great asset to any team she's part of.

Judith Pritchard

- for being a fantastic support to junior peers during their first neonatal rotation. Judith is kind, approachable and sensible and was an incredibly reassuring presence to have around.

Alice James

- Undoubtedly, one of the best ST1s I have ever worked with. Professional, diligent and hardworking, she is a huge asset to the team. Regularly working at a level above her grade, she is excellent clinically, ably assessing patients and making safe and sensible plans, whilst always asking for help when needed. She is very organised with administrative tasks, and always keeps the list up to date! Demonstrating a keenness to learn, she sought numerous educational opportunities where others did not. She is kind and caring to patients and their families, and the rest of the team. I look forward to seeing where your career takes you, and hopefully I will get to work with you again!

Enni Pentti

- Enni has been an excellent trainee on G floor and a safe pair of hands. She has an eye for detail and is meticulous with her reviews of her patients. She is not afraid to advocate for the patients in her care. This includes highlighting medical concerns to the medical team but also considering and speaking up about non-medical issues such as involvement of play team for difficult bloods, or struggles that the family may be facing. She can do this because she spends times getting to know her patients. Enni has a kind demeanour and is well liked by both nursing and medical teams with confidence in her abilities. She gets stuck into the medical workload. I would be more than happy if she was caring for my child.

Rachel Groome

- Rachel is an excellent trainee, doctor, and person. Nothing is too much trouble, she is always calm, organised, polite, and keen to help. She is supportive of other resident doctors and her colleagues, and not surprisingly is well liked and respected by the medical and nursing teams. She has a lovely manner with families. She managed to complete an impressive proportion of the competencies on her eportfolio during her ST1 year because she has been so committed to learning (and filling out eportfolio!). Busy shifts felt more manageable when she was working.

The Wessex PAFTAs 2024

Educational Supervisor of the Year

Nominees

Victoria Puddy

Bronach King

- Just excellent, kind and caring, actually comes alongside and supports all staff and has particularly been fab in supporting us newly qualified nurses. She has tried her best to get better equipment for the ward and has trained people up in using some of the new equipment!! This has been a huge help, for example implementing the airvo 3. Bronach is enthusiastic and encourages us to be excited about our jobs and the opportunities we have available in different training too.

Donna Winderbank- Scott

- Donna is approachable, kind and responsive when it comes to being an educational supervisor. It's clear she takes this role seriously and goes out of her way to provide suggestions and support for your personal development as a trainee. She was really approachable and quick to respond when I sought her out for an extra meeting and ensured that I felt fully supported. She has also made some incredibly helpful suggestions in line with my career aspirations. Thanks Donna!

Dr Kishani Wijewardena (Basingstoke and North Hampshire Hospital).

- Kishani has been our educational lead at Basingstoke for the last year. She has run our induction to the department, overseen all of our portfolios, organised our integrated care community days and gone out of her way to point us in the direction of some hugely beneficial opportunities. The departmental induction is brilliantly designed and delivered and I felt that this set me up well for my rotation as this hospital. Kishani would send us weekly emails of interesting medical articles relevant to paediatric care and would help us identify which areas of the portfolio this additional reading would be best tagged to. I thoroughly enjoyed my integrated care days as I got to experience aspects of paediatric medicine I never knew existed before hand. Kishani is an excellent educational supervisor to a number of trainees and a brilliant educational lead who goes out of her way to help us develop as junior paediatricians. I am so grateful for all she has done for us this year.

Dr Edward Andrews

Dr Hannah Buckley (consultant paediatrician QAH).

- She is excellent to work with, very knowledgeable and has a way of keeping things calm in the midst of a storm. A role model!

Hushi Hu

- Hushi is the best supervisor I have had in my training. Not only does she know to use Kaizen effectively, but she takes the time to look through one's portfolio before the first meeting and really seeks to understand your career path to find goals that will tie in with them. She also ensures to do a mid-point meeting to catch up, and writes really detailed constructive feedback. I cannot emphasise enough how much it makes a difference that she just really listens. She always checked in with me whenever we crossed each other in the corridors, and always seemed to remember things or important dates I had mentioned in passing (exams, interviews, life events) - despite being extremely busy and always having so many other things going on! She even stayed up post a horribly busy 24hour on-call to ensure she had filled in all my forms before my ARCP - something I have rarely experienced before. She does really strive to improve things and is generally chasing after admin on emails to help improve the grumbling processes that surround induction to new hospitals - I hope she knows how valued she is!
- Approachable and kind, ready to offer support and helpful advice where it may be needed. Excellent teaching sessions pitched at the right level which help to demystify neonatal medicine. Excellent clinician

Munisha Balain (Dorchester)

- An excellent consultant. She is supportive but also pushes you to learn and develop.

Ahmed Osman

- takes time to teach, is patient, calm, and an excellent communicator. He is approachable and always ready to support and offer professional and personal guidance in meaningful ways. Ahmed's EPPIC videos and PaedsCards against humanity game are such useful educational tools. It is always a pleasure to attend simulation teaching sessions run by him and his peers. He completes WPBAs in a timely manner and does not need reminders to do so. He is well liked by the wider team.

Kelly Brown

- I felt Kelly really supported me both professionally and personally. She helped set a realistic PDP looking at all aspects of training at the start of the rotation. When involved in a difficult case she checked in on a personal to see if I wanted support. She made sure to attend the SHO teaching session I was delivering to pass on feedback which was really helpful. Thank you!

Shuman Haq

Vinnie Vijayakumaran

- Supportive and approachable, makes an effort to support trainees.

Andy Ho

- Approachable, keen to teach and support, generous with his time and expertise. Supportive supervisor for generations of cardiology SHOs.

Dr. Faye Hawkins, UHS

- Faye has been an excellent supportive supervisor. She quickly identified useful activities to meet the my educational needs as a senior trainee. This included introductions to management meetings and provided confidence to speak up at these meetings. She also arranged to shadow me on her COW week - a massive learning opportunity as a senior reg. She always had time for a cup of tea with me or one of her previous trainees.
Faye uses quiet diplomacy to try and improve trainees lives. She secured £10000 funding to improve the junior doctors office, and despite a number of barriers along the way, is making sure this money is not lost. We now have comfortable chairs, a microwave, fridges for food and some crockery; with more improvements to come! Faye takes time to educate trainees about work schedule and exception reporting both to empower trainees to use these resources. She has also gained evidence from such tools to fund more SHO posts and improve the balance of the rota.
Faye helps coordinate postgraduate teaching in the paediatric department which includes a variety of weekly teaching. She hosts both child protection cases and interesting medical cases sessions. She encourages participation from both consultants and trainees which enhances these sessions.

Katrina Cathie

- is an excellent supervisor, she is supportive both professionally and personally, but the two go hand in hand for a sustainable career in medicine. She advocates for you when you feel small and quiet and also ensures your wellbeing is of personal importance to her. As a researcher she is supportive of research education in training.

Cherry Alviani.

- You can clearly say Cherry puts so much efforts to help her trainees.

Ren Manias.

- Ren was a fantastic supervisor for me during my time working on the oncology ward at Southampton. She identified where my learning needs were in order to develop during my time with them and made sure that I had opportunities to achieve my objectives (such as allowing me time to perform lumbar punctures on the day unit). She is thoroughly involved in teaching and encouraged me to present at the regional meeting in order to further my teaching and governance skills. She is professional at all times, teaching when she can during the ward round and is a pleasure to work with! Thank you.

Regina Nalliannan

- truly cares about her supervisees. Goes above and beyond to make sure the IMGs feel welcome and supported, solving all problems. Will check in with supervisees if knows they've had a tough day on the unit which is unlike any support I've have previously and it is greatly appreciated. Provides clear targets for professional development and how to achieve them. Is always keen to teach whether at the bedside or offering extra tutorials.

Dr Ollie Chowdhury

- Ollie is one of the few supervisors who thinks about what learning can take place when managing a particularly unwell infant or complex case. She regularly offers assessments to trainees, and completes them in a timely fashion. Ollie is incredibly compassionate to the needs of her trainees, understanding their anxieties and supporting them in their placement so they can achieve as much as possible in their rotations. For senior trainees, I liked how she would often sound-board ideas and take on our suggestions for management, and if she didn't agree it would be a conversation about how best it would be to approach a situation. I've attended a few of Ollie's teaching sessions and these are always very clearly laid out, with good interaction and excellent explanations.

Anitha kumaran

- oozes with knowledge and a desire for teaching and supporting in a complex speciality. The only supervisor I've had who's wanted to schedule educational tutorials, is keen to impart knowledge and unstanding throughout the clinical work and has compassion as understanding when things are pretty tough for their trainee!

Jummy Awoseyila

- Jummy is a fantastic paediatrician, and well loved by her team. She is always keen to share learning with juniors, and approaches all her teaching and simulation sessions with great enthusiasm. She is always approachable, and has stepped in as a supervisor at the last minute, forgoing hours of her time!

Kate Pryde

- Kate has been my educational supervisor for over a year. She has provided excellent personal support during a difficult time and has helped me reignite my enthusiasm for paediatrics specifically and medicine in general. She has enabled me to improve my medical skills and become significantly better at quality improvement (to the point where I have had 2 posters accepted at PIER!). Her example has been one of an excellent pediatrician and mentor.

Clare Hollingsworth

- was a brilliant support to me. Always cheerful and encouraging and helped me feel confident to push myself.

Pippa Haywood

- Pippa helped me discover my love of community paediatrics, for which i will always be grateful. She continues to encourage and support me, whilst allowing me to develop my own style and independence. Pippa is honest and kind in equal measures, which are qualities that the families she supports and I appreciate. Recently, when i have faced difficulties, Pippa has been my biggest supporter and continues to take time to teach me and allow me to grow, even in the face of significant services pressures. Thank you, Dr Haywood.

Professor Graham Roberts

- Very supportive and accessible supervisor who has provided excellent career guidance.

Gemma Watts

- I have been so lucky to have Gemma as my educational supervisor for the past 18 months, she has been amazing! She is interested and invested in my training, ensuring that I had plenty of ideas and opportunities to tick off some of the trickier parts of the curriculum. She is the only supervisor I have had where during supervisor meetings we have gone through a printout of the whole curriculum, both of us making action plans. On discussing my career plans she has suggested individuals I should meet with for OOP opportunities and potential future jobs. She encouraged me to start thinking about my CV and to look at consultant application forms early to make the process a little easier when I eventually get there, whilst also encouraging me to not rush, make the most of training and the opportunities it offers. She is kind and caring, supported me through return to training after maternity leave and through a period of upheaval at home. It felt like she went above and beyond and I am so grateful. Thank you!

The Wessex PAFTAs 2024

Senior Trainee Unsung Hero of the Year

Nominees

Aneurin Young

- Nye goes above and beyond his role as a NNU registrar: he is a part of the nutrition ward round, oversees journal club and chairs the junior senior meetings. He is extremely knowledgeable and enjoyable to work with.

As a more junior member of the team he is approachable and will teach when on clinical shifts. He is also very holistic, always considering parents and the wider family in his care. I think he is an incredibly professional neonatal doctor and clearly passionate about his work. He provides essential leadership to the junior doctor team and is much valued by the consultants.

Olivia Falconer

- cool, calm and hard-working. Has persevered with SPIN and getting published balancing the challenges of work-life extremely well. Always a relief to see her in the handover room when on duty!

Orla Baird

- just doesn't know how good she is and valued by all of the consultants. She basically is another consultant but too modest to acknowledge this. Loved by the whole MDT.

Abi Stapleford

- Abi is hard working, dedicated, knowledgeable, dependable and quietly gets on with being fab.

Esther Andrew (paediatric cardiology)

- Esther works tirelessly for the team and for her patients. Her assessments are thorough and dutiful. Her communication is excellent as well as her teaching skills. I have very much enjoyed working with her.

Dr Sharon Doyle

Raghu Gulur Bheemanna

- Raghu is an all-round star! His quiet polite demeanour means that he is sometimes misunderstood but he is a very competent resilient registrar and I know that no job is left undone when we are on shift together.

Esther Oyedele

- Quietly competent. Always working hard for patients, with kindness and grace. Happy to answer any questions or senior review a patient without any fuss.

Tim Lewis

Spandana Madabhushi

Harriet Ayling

- An excellent registrar who deserves recognition for her hard work - dependable, organised, attention to detail, sensible decisions and fantastic communication skills with colleagues and families. Harriet is always keen to learn in all areas and generous with her time in supporting others with their learning - she is a patient and approachable teacher to more junior colleagues and has led some extremely well received regional communication/simulation teaching (thank you!). A pleasure to work with.

Elena Kurteva

- I don't think I've ever met a more unsung hero than Elena. She has given an awful lot to the on call running of G floor over the last year, and does so without any complaint. She is lovely to work with and really supports her juniors and the nurses during her shifts, and is always available to discuss patients with.
- Very committed and hardworking registrar who is supportive of other team members and always puts the needs of her patients first.

Olubor Ogbo

- Deserves recognition for all his hardwork and flexibility, covering shifts, supporting colleagues, usually with a smile on his face. Reliable, sensible and always calm.

Jisoo Kim, UHS.

- Jisoo is passionate about Nephrology, she is literally the glue that hold the renal unit the last one year. Going above and beyond for her patients and for nephrology is always her.

Jemma Shanley.

- I don't know how Jemma manages to do it all! She is the chair of the trainee committee and is extremely proactive in identifying and reacting to trainees' concerns, advocating for others at all times to improve all of our experiences in training.
- So, so dedicated to her role and to us as trainees. I do not know where she finds the time and energy. I don't know what state Wessex training would be in without her. Keeps fighting the corner for trainees, despite her own difficulties, she's always there to support each and every one of us. Thank you Jemma, for all the unseen graft you do!

Louise Weekes

- for being a wonderful advocate for community paediatrics whilst also being a brilliant paedics reg on on-calls.

Amy Rushbrook

- Amy is an excellent trainee and has demonstrated that with passion, determination and drive, anything is possible. She is dedicated to holistic, high quality patient care and I look forward to working with her as a Consultant in her chosen speciality. Congratulations Amy.

Madiha Akram (senior clinical fellow in Poole) -

- Madiha is quiet, hardworking, bright, and has excellent clinical skills. She has correctly diagnosed a couple of rare conditions before consultants (Guillaine Barre, rheumatic fever) and been proven right (and been very graceful about this!).

Gautham Gopalakeishnan MTI Neonatal Clinical Fellow

- amazing person , kind considerate collegiate . Going above and beyond to step in helping colleagues . Committed to developing his neonatal skills and gaining UK accreditation . Such a lovely person , kind and considerate

Greg Jury

Sophie Cottam



The Wessex PAFTAs 2024

Junior Trainee Unsung Hero of the Year

Nominees

Katie Hodgkinson

- Katie is a joy to have on shift and really cares about her colleagues as well as her patients. She is extremely good at time management and not forgetting patients that need to be re-reviewed or need an update. Katie ensures she does everything she can to try and help the unit as a whole and she is greatly appreciated.

Christine Tan

Enjy Mohammed

- very hard-working and conscientious. PAH have gained a huge asset for her next post!

Khatija Farooq - Salisbury

- Khatija has come to join our team from Pakistan and very quickly embedded herself in our department. She is great at teaching, continually enthusiastic and no job is too big or too small for her to get stuck into. She has shown huge resilience in moving across continents and joining us here in Salisbury

Keira Hassim.

- Keira is a very gifted paediatrician who is practising well beyond the level of an ST3. Keira is hard working, has excellent clinical knowledge, intuition and is responsive and reflexive. I have loved working with her in Salisbury and know that she will excel wherever she takes her career.
- works incredibly hard, looks after patients and families well, brings a team together and works well in the team, making it a joy to work with her, confident, competent, caring and kind, a real support and communicates well with nursing staff. Gets things done efficiently but also well.
- Keira has stepped up to her reg role with brilliance. She has the exact level of confidence needed and is also so friendly and kind to both colleagues and patients. She is reliable in any situation and I trust her decision making.

Dr Jemma Parratt

Osasere Osayimwen (FY2 Paediatrics Department, QAH).

- Osas is not a paediatrics trainee, but she has shown to be quite comfortable in dealing with paediatrics patients and picking up relevant skills. She interacts well with patients and I feel "safe" working with her. I do hope she considers paediatrics: I have no doubt that she will excel in this field.

Dr Amy Hutton - EM ST3 working in Southampton CED.

- Amy worked with us in CED for 6 months, then undertook a number of locum shifts after finishing. She had a fantastic aptitude for Paediatrics and it was clear that she enjoyed working with children. On one particular shift, she was able to de-escalate a complex mental health patient who had been trying to abscond, demonstrating the breadth of skill that she has. Amy has now stepped up into a registrar role and we hope to see more of her in the future!

Lucy Whittaker

- Lucy has made tremendous strides this year as an ST1. She is quietly confident but her hard work and enthusiasm to learn does not go un-noticed.

Karnik Bangaru

- Karnik is an excellent junior doctor. He is competent, dedicated, and hard working. He is always happy to lend a hand and a great team player.

Charlotte Kohn

- Charlotte works incredibly hard. She has done a lot of work this year helping to organise ST2/3 PREP.

Charlotte Saunders

- Quietly competent. Always working hard and reliable and great to have on shift.

Tish Jervis

Sylvia Ogar

Judith Pritchard

- Reliable, organised with great attention to detail, calm and hardworking. Judith will make an excellent registrar. She has excellent communication skills with colleagues and families and always just quietly gets on in an efficient and unassuming manner - deserves recognition for all her hard work, which does not go unnoticed and to know how good she is.
- Quietly gets on with all the jobs and has a good oversight of what's going on. She'll make an excellent consultant in years to come.

James Woodward (F2 - SGH):

- James has been fantastic in his first F2 and paediatrics job. He has been thrown in the deep end with quite a short staffed rota on G floor in August and has held his own in covering numerous different specialties. Alongside this he is lovely to work with and has a great work ethic: he is very hard working and knows exactly when to escalate to his seniors but hasn't been afraid to work outside of his comfort zone. It would be great to see him choose a career in paediatrics.

Gemma Channell at Salisbury.

- Gemma has recently completed her Band 4 training and is growing in skills and confidence all the time. She is so supportive to work with, reliable and helpful. Gemma had taken on running of 2 Paediatric phlebotomy clinics per week which has freed up medical staff for other tasks, and does so brilliantly, providing a slick and well managed service for often anxious children and families.

Alice James

- Very capable ST1, gets on without fuss, takes the initiative and a proactive can do attitude. Completes jobs to a high standard and has high expectations of herself.

Jess Plumbley-Jones

- Jess has just started her ST1 training but has been working at Salisbury as an F3. She is a ray of sunshine who always brings her A-game to work. She is kind to her colleagues, extremely conscientious and always puts a smile on her patient's faces! I was particularly impressed with her sparkly sticker collection!

Jonathan Baker

- Through the years, we see Jonny growing as more and more confident physician. He will be one of the finest Paediatricians the region has seen.

Nicola Head

Enni Pentti

- Enni is an excellent trainee. She is friendly and approachable. She works well as part of a team and is well-liked by staff members. She is very hardworking and listens to other people's concerns. She communicates well with children and their families, and goes above and beyond to help them. She is a very good paediatrician.

Rachel Groome

- amazing ST1, organised, efficient and keen to learn! always great to know she's on with you!

Nadine D'Silva

- Nadine is a quiet but conscientious trainee, which is why I feel she should be nominated for this award. She supports her IMG colleagues knowing the hardships they faced and works with the national Soft Landing Team in devising ways in how best to ease the transition. I think it would be a disservice if I didn't mention that Nadine was one of the trainees on a night shift who supported the staff when an unexpected power cut in the middle of a night led the team to move critically unwell babies to a new location in the hospital. She not only considered the babies needs, but those of the staff and was able to communicate well in this time of stress.

Emma Fake

- Emma has no idea how great she is. She juggled her ST1 year with a horrible commute, and despite this was consistently amazing to work with. Her clinical skills are great, she is calm, hardworking, and a great team player. She is quietly excellent and well liked and respected by nursing and medical colleagues.

Winnette Akpobire

- What a pleasant colleague Winnie is. So gentle and soft spoken and so very much loved. The nurses would always look forward to having Winnie on their shift. Quietly gets on with the job. Would do anything to improve patient experience including helping nurses with nurse type procedures where she had the competency including doing nappies. She is very kind at heart, generous and never complains. Made time out to support IMG socially and emotionally. Winnie got on well with anyone. Good luck Winnie!

Kirsty Foster - Junior Clinical Fellow PAH NNU

- Kirsty is such a pleasure to work with and it's hard to believe she has not even started ST1 yet! She is upbeat, organised and proactive and you know that any task you ask her to complete will be done to a high standard. She is also a great team player, happy to muck in and help others out if the unit is busy. She has developed a really good level of knowledge in neonates during her time at PAH but equally knows when to escalate for senior review or support. She is holistic in her care and always considers the family when caring for babies. I've really enjoyed working with Kirsty and know she'll do brilliantly when she joins us as a Wessex trainee this year

Amr Ismail

- brilliant- always happy to help, very competent, great teaching skills already

The Wessex PAFTAs 2024

Paediatric Nurse of the Year

Nominees

Lauren O'Shea-Smee. Salisbury

- Los has stepped up to the role of Band 7 earlier this year and has shown solid and consistent leadership to her team. She works unquestionably hard to support all her staff and those in the MDT that work alongside us. Her open door policy means that she is accessible and aware of what is going on, and always available to help in times of stress or crisis. Los provides a positive role model to those around her and celebrates success in her team, encouraging us all to develop as professionals so that we can give the best possible care to those that need our service. Los is a regular clinical presence of the ward and a proactive resource and support to parents and a real support to CYP in mental health crisis.
- Los can be counted on in any situation and I trust her judgement and will come running if she is worried about a patient! She is also excellent with our teenagers who can be challenging to care for at times.
- Hard working, dedicated, strives for excellent, brilliant leader, strong, resilient and all-round good egg!
For being the most supportive nurse - she kindly stepped into the ward manager role this year and has been doing an excellent job looking after us all as a team and helping improve how the ward operates. She has supported each and every one of us and fights for the things that are important for us as a team and the ward as a whole. She also steps in to help when needed.
- Los is relatively new to the Senior Sister post but the difference that she has made over the past few months is phenomenal. She puts the team at the heart of everything she does and not only does she advocate for fairness, equality and wellbeing, she champions putting each and every one of us first. She genuinely cares about the well being of her staff and encourages change to ensure that everyone is supported. She opens doors to opportunity and does far too much on her days off to continue supporting the ward.
She is approachable and honest with the type of sense of humour that only a fantastic nurse can have. Things aren't always simple but she manages to carry herself with composure and dignity. An empathetic Nurse who makes a big difference to the Ward.
- Lauren (Los) has stepped up to be Sarum wards senior sister this year, and has chosen a difficult year to do so. However, whatever challenge has come her way, Los has stepped up to it no questions asked, and solved it without so much as blinking. She has been a shoulder to cry on, a leader to turn to and a great friend to the whole team. I couldn't go through my work day without her advice, and funny remarks!

Jo Yelland - QAH NICU

- Jo is the consummate team player. Great clinically, a real safe pair of hands who's seen it all before. Very often filling rota gaps at short notice to ensure the department is covered. Simply put: she's brilliant.

Rhiannon Wigman ANNP neonates

- recently newly qualified ANNP who has embraced the role with enthusiasm and vigour , gaining experience , confidence , hard working and has integrated into the wider diverse medial workforce really well . Well done Rhiannon

Rhiannon Johnson UHS

Michelle Clem

- A fantastic colleague. Michelle takes everything in her stride and probably doesn't even realise the natural way in which she supports the entire team. There aren't many clinical scenarios that phase Michelle and her calm demeanour spreads throughout the ward. She is kind, compassionate and has a wealth of experience that truly cannot be rivalled.
- Michelle is one of the most kind and nurturing nurses I have ever had the pleasure of working with. She is always ready to lend an ear to her colleagues, and is seemingly endlessly supportive! A true team player, Michelle always delivers excellent care to patients and families, as well as to the team.

Bonnie Randall (Salisbury NICU)

- just always so happy and positive, nothing seems to faze her. Makes NICU feel like catching up with old friends and perfect partner for ensuring the extreme 23 week prems in utero are safely transferred elsewhere (ASAP)! A huge asset to Salisbury NICU and lovely to work with.

Theresa Howell (Salisbury NICU)

- has been seen as a rising star for quite a few years by some but recognised as invaluable to Salisbury NICU by all that work with her. Excels in everything and one of the absolute best nurses I've ever worked with. Will be even more incredible as an ANP and a wonderful asset to NICU and the whole trust.
- Theresa is a fantastic neonatal nurse- she is very experienced and is able to support the medical team in their assessments, procedures and decision making. She has performed many a tricky cannula including one during a very challenging resuscitation! She is incredibly supportive of the registrars- particularly those doing their step up jobs and shares her knowledge in a non-patronising way. She works well with her colleagues and makes the unit feel safe and friendly to staff and families when she is in charge.

Claire Bebbington (Queen Alexandra CAU sister, Portsmouth Hospitals University Trust)

- I am thrilled to nominate Claire Bebbington for Pediatric Nurse of the Year. As a Senior Sister in the Children's Assessment Unit at Portsmouth Hospitals University Trust, Claire is a beacon of positivity and professionalism. Her warm demeanor instantly puts everyone at ease. No task is too big or small for Claire—she is always ready to help, whether it's leading the team as the nurse in charge or having no trouble in personally cannulating a child. Her organisational skills ensure the smooth operation of the unit, and her adeptness at anticipating the needs of her colleagues and patients can be seen for example in her pre-prepared cannulation trays (a small thing which makes a big difference on those busy CAU days!). Clare's commitment to furthering her own skills with additional courses reflects her commitment to growth and dedication to providing the highest standard of care. Claire was also recognised and in the 2024 Pamodzi Inspirational Women of Portsmouth Awards, taking home the award in the Health category, another testament to her exceptional contributions. Working with Claire is always a pleasure; her smile and energy brighten the entire unit. She is not just an outstanding nurse but also a wonderful person who makes the Children's Assessment Unit a better place every day. Keep doing what you're doing, Bebb—you truly deserve this recognition.

Phoebe Meadowcroft - Salisbury

- Phoebe has an amazing "can do " attitude. She is a joy to work with - great instinct for a sick child and ready to swoop into action at a moment's notice. It is always a good shift when Phoebe is around.
- During this year, Phoebe has been through many situations that have tested her both clinically and personally, and her determination and motivation is nothing but obvious throughout. She is a strong individual who continues to learn and improve on her skills and gets herself involved in lots of training and teaching opportunities. Her bedside manner is wonderful to witness and she has a great way of explaining procedures and treatments to patients and their families, ensuring everyone understands. She cares profoundly for her patients, but also for her colleagues. She goes above and beyond to work the extra mile to support her team, with staying late after shifts, covering shifts last minute or being there for a listening ear on days off. Her efforts do not go a-miss and should be acknowledged by being nominated for Nurse Of The Year.

Amy Soanes. Salisbury District Hospital.

- Amy puts her heart into every shift that she works, leading her team with determination and skill. She was recently involved in the unexpected implementation of an end of life pathway for a child and gave the most beautiful, holistic care to both the child and their family ensuring that their needs were being fully met and they were supported with their decision making to ensure that they reached their desired best outcome. She goes above and beyond for every patient and demonstrates compassionate leadership to inspire her team. She is truly committed to all of the children and young people that she meets and is a fantastic advocate for their needs.

Agnieszka Zolowicz - SN PAH NNU

- Agnieszka is such a joy to work with! I think it can be difficult as a nurse in charge of a room to bridge the divide between the nursing staff and doctors but Agnieszka is approachable, friendly and clearly always has her patients best interests at heart. She is always polite in her communication with the doctors, quick to respond to any queries about patient care and proactive with jobs allocated to her. I just know if I am in SCBU and she is in charge of room 1 or 2 we will have a great day!
It is clear to me how passionate Agnieszka is about nursing and how much she enjoys her job. Her attitude filters down to other staff and I know she will be inspiring a whole load of junior neonatal nurses.

Naomi Wallace (Paediatric Nurse, Basingstoke and North Hampshire Hospital).

- Working with Naomi has been a lot of fun this year. Not only is she an excellent paediatric nurse but she is a total joy to work with and is incredible with both colleagues and her patients. She is kind, a great communicator and has excellent clinical knowledge and skill. Naomi is a wonderful addition to Basingstoke's day unit team and she demonstrates perfectly the core values of the RCPCH.

Alison Green (Poole Hospital)

Kathryn Groves (Paediatrics Department, QAH, Portsmouth).

- An excellent nurse, always calm and collected. Nothing is too much trouble. Always says yes with a smile! A pleasure to work with!

Lucy Cumming - Southampton Children's Emergency Department

- Lucy has recently qualified and hit the ground running in Southampton CED. She is so enthusiastic and smiley - she brightens up the day of anyone coming into CED. Lucy is super keen to learn and an excellent team player. Thank you Lucy!

Ana-Rita Salgado QAH NICU

- Tolerates no nonsense but will have your back and works immensely hard to do what is best for the babies!

Hannah Howell (Dorchester)

- Hannah is an incredible ANP. She works incredibly hard covering a number of roles to a high level. She's brilliant to work with and is so well respected by the whole team.

Shedea Salmi-Wright - Salisbury Foundation Trust

- Shedea has been with us on Sarum ward since qualifying in September 2023. She works incredibly hard and never fails to provide excellent care to her patients and families. She is a true team player, and ever supportive of her colleagues.

Laura Gadd (QAH).

- Quietly supportive of junior trainees. Passing on her extensive knowledge in a kind and understated way to help with decision making. Always friendly and supportive of newer trainees (eg GP/foundation docs) starting out with paediatric venepuncture/cannulation skills when they aren't successful.

Sophie (UHS Sister)

Emma Woodhouse (Portsmouth NICU)

Lorraine Warwick (Portsmouth NICU)

- Lorraine is excellent in her community role. As a consultant, you can see the hard work she puts in to support families after their NICU discharge. She has all the experience and knowledge at her fingertips to run the service very efficiently and always with a smile! The work on sleep studies has helped so many babies get off home oxygen quickly and safely.

Raechel Goddard UHS G3

- Always supporting the team and listening to our education needs and the needs of child health, creating individualised plans for education and altering education to our needs. Always going above and beyond to support the needs of the wards and children. Staying late on shifts to support night shift workers and ensuring they have had essential training despite shift pattern. Raechel is a passionate nurse and an excellent ward educator, she strives for the highest standards of care for all patients and is extremely knowledgeable. We are so lucky to work with her :)

Elizabeth Rose Inglis (ACP Southampton)

Julie Opie, Portsmouth NICU Sister.

- A calm and supportive presence for the whole team - nursing and medical - pleasure to work with, reliable and efficiently gets on with what needs to be done, communicates well, lots of common sense, hardworking. Approachable and recognises the contribution of all within the team.

Meg (G2 Neuro - Southampton)

- Meg is an excellent nurse and fantastic member of the G2Neuro team. She is always cheerful and is amazing with the children on G2N who I think really benefit from her care. She is clinically really sharp, and very helpful to the medical team in so many circumstances, and her insight into the patients on G2N is outstanding.

Katy Stimson - E1 cardiology UHS.

- Always supportive, a wise keystone of cardiology ward life and takes on so much.

Charlotte Tuckett - Transition Nurse Specialist. Dorset County Hospital NHS FT.

- Charlotte is a passionate Children's Nurse who is dedicated to ensuring all young people have a smooth transition into adult services. Charlotte is a strong advocate for her young people ensuring patient centred care is at the heart of everything we do. Charlotte works tirelessly to ensure all staff within our paediatric department are supported to guide our young people through to adult services which is not always easy to navigate.
Charlotte has worked to ensure the trust has a transition policy to work alongside and also has developed trust quality statements.
Charlotte has developed strong working relationships across the paediatric and adult services within our local NHS Trust as well as social care and the local authority.
Charlotte, doesn't know how much work she has undertaken since her role began and the positive impact this has had on our staff, CYP and their families.

Libbie Jones & Vicky Warner - Paediatric Epilepsy Nurse Specialist. Dorset County Hospital NHS Foundation Trust.

- Libbie & Vicky are two highly dedicated and passionate children's nurses who make an invaluable difference to the lives of CYP with a diagnosis of Epilepsy. They work across the acute trust but also provide visits to Franklin's within the home and also training and education to nurseries preventing hospital admission as well as ensuring young children have access to nursery. Libbie and Vicky are both extremely passionate about their role and this is reflected daily ensuring CYP are supported holistically through their epilepsy diagnosis. Libbie and Vicky both have a passion for support patients through the transition journey, helping patients and families to navigate the system. Libbie has set up nurse led transition clinics and Vicky carries out transition home visits for Young People with complexities. Providing valuable resources, completing ready steady go, completing hospital passports and reasonable adjustment profit as ensuring all information is provided when young people transition. Libbie and Vicky are a fantastic team and work exceptionally well together to provide high standards of high quality care.

Juliet Lyus - Paediatric Allergy Nurse Specialist, Dorset County Hospital NHS Foundation Trust.

- Juliet is a dedicated and hard working allergy nurse, who is passionate about her role. Juliet is a hard working nurse who provides high levels of patient care. Juliet is extremely approachable and has a can do attitude. Juliet has a lovely nature with her patients, families and staff and this is reflected daily, no matter the challenges she's facing. Juliet works within a team of many specialist or community nurses and she is always on hand to provide support if she can, she will happily help out her team members even if it's not related to allergy. Juliet line managers a small team of HCSWs and she has a very good reputation for being approachable and fair. Juliet is so passionate about her role and making sure CYP can understand their allergy diagnosis, she's spent time developing games for patient to really engage in learning about their food allergies.

Erin (G4)

- G4 nurses, UHS: Big shout-out to them. Hard to pick one, but it can be Erin if so.

Claire Roberts (Portsmouth starfish)

Sophie (nurse in charge Southampton paed ED).

- Always lovely and friendly to all nurses, doctors, HCAs. She made me feel welcome as a new member of the team. Goes above and beyond for parents and families. Very knowledgeable, a pleasure to work with!

Emily Cornish - UHS research team

- Wonderful to work with and amazing at her job!

Liz James

- Liz is always calm even in the most unmanageable shifts, helping to alleviate stress off others. She is an asset to the team and is a fantastic nurse who deserves more recognition!

The Paediatric Diabetes Nurses at Southampton

- fantastic team, work seriously hard to ensure their patients are well supported and can lead a normal life despite diabetes. And they even take all the kids away for the weekend in the summer.

Katy Trerise, ANNP Basingstoke neonatal unit HHFT

- Katy is a massive asset to the neoanatal team. She is clinically excellent with sound judgement and uses her experience to support babies and parents in many ways, supports appropriate decision making with junior and senior colleagues alike and ensures safe care in the unit, labour ward and postnatal. This is done with a cheerful and friendly manner that support and empowers others while being clear in setting standards with her teaching and setting an example. In addition she leads the ATTAIN and periprem reviews and provides excellent and imaginative feedback to support learning and team development, including making videos. She has excellent practical skills and uses these to teach and support the wider team to develop. Thank you Katy!!
- This amazing lady holds the unit together. She works beyond her hours unpaid so as not to leave any stone unturned especially hand over period when things fall through the net. She is highly skilled by reason of hard work but steps back appropriately to give trainees the chance to develop. Not only does she train her nursing colleagues, she has been a lifeline for neonatal training for the junior doctors. She is constantly pulled from pillar to post and Katy tries her best to ensure the best care is delivered to the babies. Without her, commitment, continuity would have been challenging to maintain. She has her hands full other aspects of life but this is never an excuse for her. She is flexible, covering gaps wherever she's needed. Katy is a live wire- she keeps the team happy, interested and motivated. In summary, Katy is a highly skilled nurse, works in the capacity of a middle grade doctor, a trainer and brings the neonatal team together in a way that only her love for her job and care for her patients could keep her going. Thank you Katy!
- Always brilliant both technically & professionally. She has the patience of a saint!

Christine Desmond, Sarah Harrington, Steph Kerr and Kathryn Jayne (Paediatric Endocrinology nurse specialists, UHS)

- all work extremely hard to look after patients across the region and the medical staff.

Jenny Smith - BNHH

- Jenny works tirelessly to ensure our education and teaching is up to date, alongside supporting all of us clinically. Jenny is always happy to help and is always able to support the unit when we are in need. Her hard work is really appreciated and she is incredible at her role. Thank you Jenny!

Sally Hinder, Safeguarding nurse, HHFT

- Sally has been incredibly supportive and patient with me, helping me navigate a number of tricky situations. Sally never makes me feel like my questions are silly and has helped me feel more confident with safeguarding and raising concerns in the community. Sally is an asset to the team and i appreciate all her hard work.

Stephanie Harper, Catherine Crocker and Amanda Lea-Harris (UHS)

- Steph, Catherine and Amanda are extremely hardworking and dedicated members of the respiratory team who provide excellent support to patients and families.

Kat McConville - Portsmouth General Paediatrics

- Kat is absolutely deserving of recognition. An incredibly supportive and proactive nurse, she brings calmness to the most chaotic situations; invaluable when working in a busy department. She has fantastic clinical knowledge and regularly produces sensible initial management plans for patients she has triaged on CAU. Furthermore, she is excellent at recognising and raising concerns with deteriorating patients. Most of all, her calmness under pressure, supportive nature, and big smile, means that you always know it will be a good shift with Kat at the helm. I'm looking forward to working with you again :)

Jess Winter Neonatal Nurse specialist Princess Anne Southampton.

- Provides great support to the whole team consultants, nurses, trainees and fellows. Always willing to teach and share her experience and knowledge. Absolute pleasure to work with.

Zoe Peters, Dorset County Hospital Foundation Trust (DCHFT)

- CAU always feels more manageable when Zoe is there. She is calm, organised, lovely with families, and supportive of her nursing colleagues and the junior doctors.

Beth James

- I would like to nominate Beth James for the award of Paediatric Nurse of the Year. Beth has worked in the Children's Community Team for 5 years, in which time she has completed the Community Children's Nurse Specialist Practitioner degree, which has enhanced the depth of her knowledge and skills as a Children's Community Nurse. Beth is the link nurse for tissue viability and wounds, as there is no paediatric TVN. She has developed care plans, to include a SKINN Bundle and a pressure ulcer prevention leaflet all of which ensure staff and CYP and their families are kept informed and up to date with the latest practice and advice when managing/preventing wounds, pressure related injuries. Beth also delivers training to the paediatric ward and is always on hand to offer advice when needed. Beth works very closely with adult TVN's across community and acute to ensure her practice is up to date and correct procedures are being followed for our CYP. Beth has also recently completed a dissertation, Pressure Ulcers in Children with Additional Health Needs in the Community - a view from Community Children's Nurses and we look forward to her presenting and disseminating her findings to the paediatric teams. Beth has been managing a child with a pressure ulcer, which has been particularly hard to heal, she identified they needed further specialist equipment and has worked tirelessly with the wider MDT to ensure the correct equipment has been ordered and now put in place.

It is easy to state Beth goes above and beyond for her patients, but she really does every time. She is unbelievably conscientious and meticulous in her planning and delivery of care, ensuring her patients and families receive exceptional care. Beth excels as a member of the CCN Team supporting her colleagues and students alike. She recognises when a team member may need support and will help them complete tasks like home visits, attending meetings, completing care plans for CYP to help alleviate the pressure they may be feeling. She is exemplary in her support of student nurses and will always identify new learning opportunities for them and take the time to sit with them and deliver teaching ensuring they have an enriched and informative placement.

Beth is able to adapt her style of communication to suit any situation and recognises when she may have to adapt the delivery of information provided to the CYP and their families on her caseload. She will seek advice and support when needed. She prides herself on ensuring the CYP and families on her caseload have a full understanding of any procedures, care plans etc etc with open and honest communication.

Beth is a fantastic advocate for junior members of the team and student nurses and again will adapt her communication to suit the individual ensuring a greater understanding which empowers individuals in their own practice.

Beth certainly is a well respected and valued member of the CCN team and I know she is appreciated by all who work with her and her CYP and their families.

Heather Nutbeam, Charlie's Day Unit, Basingstoke

- It is hard to put into words just how brilliant Heather is. Not only is she a fabulous human being and a highly skilful nurse, she is a natural leader and one of life's copers. She is always smiling and she goes out of her way to help others. She brings joy to the team and her work ethic and work output are inspiring.

Jenny Weddell SONEt Nurse lead and so much more

- supporting a number of qaiy improvement initiatives, training education materials / packages for nurse and medical staffing .. her IT skills are fantastic ! Developed a number of virtual training education packages .. working groups to improve pathways and patient care .. and her clinical skills are amazing ! A highly valuable member of the neonatal team ! Thanks you Jenny



The Wessex PAFTAs 2024

Paediatric Training Unit of the Year

Nominees

NICU PAH

Salisbury

- wonderful MDT team, supportive environment & commitment to seeing trainees as people becoming part of the Salisbury family.
- I've never worked in a more supportive environment that values their trainees and does their best to give them opportunities despite the usual staffing difficulties. The whole team works together as one and this is something that really stands out: everyone works truly as a team and appreciates each others work and has everyone's back.
Everyone is approachable and supportive and you can tell they want the best for their patients as well as their doctors.
- Honestly the best place to do a step-up registrar job!
- Supportive, dynamic team.

Basingstoke and North Hampshire Hospital.

- I have thoroughly enjoyed my year at Basingstoke and the Paediatric team has been so welcoming, supportive and created such a fruitful learning environment for my first year of paediatric training. There is a positive feel within the department and an excellent attitude towards teaching and training juniors. I feel comfortable to ask any questions when unsure and felt that my role in delivering patient care was really respected by my colleagues. Weekly journal clubs, grand rounds, SIM teaching and the chance to present at M and Ms has developed both my paediatric knowledge and skill. A special mention to Dr Awoseyila (consultant paediatrician) who has delivered SIM teaching sessions that I have found invaluable for learning. Her dedication to the case creation, delivery and debriefs has been so impressive and has benefited the learning of trainees. The team represents the core values of the RCPCH and it is a wonderful place to work as a result. I feel that this year at Basingstoke has set me up really well for the rest of my paediatric training and I am so grateful to the team and hope to be back again one day.

General Paediatrics Department, Queen Alexandra Hospital Portsmouth.

- A very busy unit, but with very varied patient complexities and lots of learning opportunities. Consultants, nurses and other allied staff are really supportive.
- I have worked here a number of times during my training and keep coming back for good reason! It is a brilliantly supportive training unit with a fantastic consultant team, nursing and AHP team. It might be busy but I have learnt so much, and am so grateful for all the opportunities I have had. I hope to be back soon!

Dorchester

- Such a friendly environment to work in. All the consultants are approachable, kind and caring. The whole team are supportive and it's been a pleasure to work there.

PICU Southampton General Hospital.

- I have worked in all 4 countries in the U.K. Seen and experienced dysfunctional teams, racism towards staff by colleagues and patients alike. My faith in humanity, in people, in teams and in the NHS has been restored in PICU SGH. I have been so impressed in how they look after trainees and patients. The consultants also ask for feedback from the junior doctors and they take this on board. There is a general culture of respect and I believe that starts with the leadership at departmental level all the way to Deanery level and beyond. They are not perfect but they are constantly trying to improve and that is worth recognition.
- excellent focus on supporting training and development even in the midst of an often stressful and intense environment. Inspired generations of trainees, even those who are not intensivists.

Southampton Children's ED

- Never before have I felt so welcomed into a department than when I started in CED. The educational opportunities are second to none (there is just so much to choose from!) and the whole team are supportive. The consultants are always there for support and the nursing team are simply fab! Thank you for making my time here so wonderful!
- The kindest most supportive department I have ever worked in, in the region. They have built an incredible educational environment along with a supportive culture.
- Such a supportive department, especially the consultants. Lots of teaching & learning opportunities. Thank you!

Southampton NICU

- I had such a great experience here, it's made me consider neonatology as a speciality (when I thought I had discounted it before!). All of the Consultants, ANNPs, trust grade doctors and nurses are super supportive. I was always encouraged to get involved and given a confidence boost to attempt procedures. I always felt relaxed and supported to try a procedure and nobody would mind if I wasn't successful. I always felt listened to when I had a question or asked for a senior review. The rota co-ordination by Dr Jefferies is amazing - I've never had a rota so early which had everything I had asked for allocated (including lieu days etc) without having to push or raise any issues. Thank you Southampton NICU, hope I can come back!
- provide plentiful opportunities for all stages of trainees. There is great support and commoraderie for what can be some hideous days. Seem like they are always trying to improve the experience for not only their staff but patients and families too.

G floor UHS

- I have enjoyed working there for a year, I had a vast clinical experience from different specialties. It always feels there is someone listening and taking care of you. Some of the best Consultants up there; James Edelman, Emma Grainger-Allen, Mark Alderton, Katrina Cathie and the list keeps going.

Community Paediatrics, Winchester

- The past year has been challenging within the department due to long waiting lists and staff shortages. As the only trainee in the department, i have felt very supported, listened to and treated as an equal. The Consultants have continued to teach me and offer training opportunities. The Community secretaries have all been amazingly tolerant and patient with me as I continue to learn about the service. I feel very lucky to be part of such a special team.



The Wessex PAFTAs 2024

'Special Person' in Paediatrics

Nominees

Matt Davies

Catherine Morris (HCA) Salisbury

- Catherine works above and beyond every shift to ensure the families she cares for have the best experience. She is kind and friendly and builds a good rapport with the children and their families to make what can be a scary time that little bit easier. Catherine is a very valued member of the team and is respected by all, she's amazing!

Julia Footman, Pharmacy Technician, Salisbury.

- Julia is not just our pharmacy technician, she is the eyes and ears of the ward. She is approachable, friendly and will always try to help. She goes above and beyond in her role to answer questions, support discharge and facilitate patient care. I believe that she truly knows everything and she makes such a difference to our team. Nothing is ever too much of a struggle and she cares deeply for our team and everyone around her. Julia is passionate about supporting our team and is also our mental health first aider. An absolute diamond that we are lucky to have.

Anne Whiting (Salisbury physio)

- hugely valued by all that work with her. Takes on the roles of most of the MDT encapsulated into someone so dedicated to ensuring each CYP gets the best care possible. Often goes above and beyond and deserves thanks and recognition.
- for having a "yes" attitude. Always happy to see a patient with a new funny walk, a bad pneumonia needing chest physio, a wonky shaped head or a baby with delayed milestones. She is a physio of many talents and a huge asset to our team here in Salisbury.

Stella Waddington (Salisbury admin)

- calm and patient with a great sense of humour. Able to adapt and change to new technology/projects (even though not always excited about it!) and very efficient in all tasks. Hugely valued and appreciated by all the consultants she looks after - no idea what I'd do without her!

Sarah Oak (Salisbury Ward Clerk)

- I'm always proud that Sarah is the first face most people see when they come to Sarum ward in Salisbury. So friendly and does so much more than her ward clerk role (which she does very well also!). She is the mood thermometer for the unit but has the charisma to boost everyone (even from a simple Ola!) and empathy to support those struggling. Hugely valued by the whole Salisbury team paediatrics.

Fiona Osmond. Physiotherapist, Salisbury NHS FT.

- Quietly gets on with doing a fab job with her patients and families. Dedicated, gentle and an amazing person to have on the team.

Susan HCA, Salisbury NHS trust.

Sarah Oak ward clerk, Salisbury NHS trust,

Catherine physio, Salisbury NHS trust

Catherine Morris. HCA. Salisbury District Hospital.

- Catherine is a ray of sunshine. She is determined, intuitive and works incredibly hard to support the ward. Catherine rarely leaves work on time as she is so busy ensuring that the ward is stocked, clean and ready for the next shift in order to minimise their work load. Nothing is ever too much of an ask but it's not often that you have to ask, she's an expert at knowing what needs to be done and never hesitates to come forward and volunteer help. She is an asset to our team and our days are always better when she is around. She is a great role model for every member of our team and we'd be lost without her!

Julia Dietician in Salisbury

- Julia is so friendly and helpful to our paediatric team. She was even kind enough to speak to me from a park bench on an annual leave day about a tricky patient really going above and beyond. She is loved by staff and patients/parents and always offers sound advice.

Abi Pike (Ward Clerk, Paediatrics Basingstoke and North Hampshire Hospital).

- Abi is a positive, efficient and wonderful addition to the paediatric department. She works tirelessly as an excellent ward clerk and goes out of her way to help us all when she can, and does this all with a massive smile on her face. Her knowledge of the system and impressive skill makes the day to day running of the paediatric department seamless, positively impacting patient care.
- Abi is always at hand to help her colleagues, patients and families. Nothing is too much for Abi and she brings so much warmth and happiness to the team. Abi played key roles recently, going above and beyond her clerical duties. She helped support a family during a very upsetting resuscitation and helped support a young person prepare for a difficult discharge. This demonstrates the type of person Abi is - selfless.

Lucy Chalk Ward Clerk, Salisbury Hospital, Sarum Ward

- Walking onto Sarum ward can be very daunting for a lot of our patients and families, but to be welcomed by Lucy's warm smile and a cheery "hello", things seem to feel a little more at ease. There is never a task that is too much trouble for Lucy to do or help with, she is patient, kind and attentive and always strives to do her best in any situation. After another roller-coaster of a year with high acuity, low staffing levels and a lot of notes to collect, Lucy has remained her positive self throughout and will go the extra mile to support her colleagues whenever she can. Not only is she a huge support to staff, she also builds a beautiful rapport with all the little faces we see and their families, ensuring they are ok on arrival and on departure from the ward. Lucy is one in a million.

Angela Fitzgerald QAH NICU

- Always has a witty comment and the magical ability to fix both the printers and the SHOs when they are having an end-of-night-shift-meltdown.

Hannah Foote (Dorchester)

- Hannah works as a HCA in Dorchester. She is fantastic at her job, caring and an excellent team member to have on the ward. In her spare time she volunteers for Sophie's Legacy, helping to ensure there is food available for the families of the patients, which is hugely appreciated.

Angela, PICU clerkes, Southampton General Hospital.

- She is efficient and pleasant. She keeps us in line with admissions and discharge summaries. Angela also tidies up after the team! I always know when Angela is in work because the staff room is immaculate. She loads the dishwasher even though I remind her that it's not in her job description to clean up after grown professionals! She also brings us home baked cake. The unit would not function without Angela!

Natasha Long and Emma Lewis, Play Team - Salisbury Foundation Trust

- Tash and Emma are wonderful to have around. They always bring a smile, and are loved by all of the children and young people they encounter. They go above and beyond to deliver an excellent service together.
- Tash and Emma are our play team here at Salisbury and we wouldn't be able to go through a single day without them. They've helped difficult patients have an easy appointment, helped anxious parents have a stress free visit and have helped members of staff remember the importance of letting go from time to time.

Sarah Oak and Lucy Chalk - Salisbury Foundation Trust

- Sarah and Lucy work incredibly hard to deliver an excellent service as our ward clerks on Sarum ward. Nothing is ever too much trouble, and they always bring a smile. Spreading cheer level: expert

Susan Benton (Salisbury District Hospital)

Rishi - Southampton CED admin extraordinaire.

- Is there anything Rishi can't do? From organising rotas, fixing random problems in the department, if anyone is ever stuck, Rishi seems to be able to get it fixed. Thank you for making all our lives so much easier!
- I have never known a rota coordinator to reply to emails so quickly! Always on the ball, replying to requests and very accommodative. It really makes a difference when already working a stressful job so thank you so much!

The outreach staff are amazing! All of them

Gemma Marsh, Paediatric Respiratory Physio, Dorset County Hospital.

- Gemma is a ray of sunshine at Dorset County Hospital. She looks after all children within the community who require chest physio whether that is CF's or complex patients and does a fantastic job at keeping these particular patients out of hospital. Not only this Gemma is quick to act when acute patients need her support and several times has made a huge impact on the care and enabled them to be managed locally. Above all Gemma is a team player who is approachable and always has a smile on her face with such a positive attitude. We are so lucky to have her!

Paediatric Radiology team (Portsmouth)

Gemma Chalmers Portsmouth NICU ward clerk.

- Goes out of her way to support everyone with tasks and queries big and small. Always a big smile on her face at the desk - cheers up the whole team.
- Lovely supportive presence on the unit. Very helpful and knowledgeable about the administrative aspects of the job

Michele Willis and Henry

- Michele works at Salisbury hospital as a volunteer. He was her beloved companion and our much loved therapy dog who passed away unexpectedly earlier this year. Alongside Michele, Henry visited Sarum ward and Children's outpatients on a regular basis, giving support and reassurance to many scared and vulnerable children and young people, and a comforting and friendly visit to staff in times of stress and exhaustion. Michele continues to work with us as a volunteer and shows genuine kindness and compassion to all those she meets, really taking time to provide support and a listening ear to children, parents and staff. We are extremely lucky to have her as part of our Paediatric Family at Salisbury.

Emily Fraser, Portsmouth secretary.

- Hardworking and helpful. Always keen to help in any way, big or small, and efficiently organises many departmental events/meetings.

Caroline Wain

- secretary to 4 paediatric consultants at UHS. Caroline is always helpful and nothing is too much. She cares about us and our patients and this is evident in her work. She is dedicated and hard working and we are very grateful for her support.

Crickle (UHS) ward clerk

- always helpful to whoever she meets, always smiling!

Gemma Channell (Salisbury District Hospital)

- Gemma runs a fantastic paediatric phlebotomy clinic helping to reduce the workload on the busy day assessment unit and helping with outpatient investigations. She is very skilled and rarely needs assistance. She works closely with a play specialist and HCA to ensure the child has the least stressful experience. Gemma also often offers to help with bloods on the ward or day assessment unit which can be incredibly helpful when it's a particularly busy day! She approaches every patient calmly, kindly and ensures she has everything she needs before starting. She is an invaluable member of the team and is now working towards becoming a paediatric nurse!

Julie and Kelly, Play therapists UHS.

- I always find them so passionate about what they do.

Lisa Cunningham

Komal Raval - PA at Poole

- Asset to paediatric department at Poole. Very organised, reliable and wonderful continuity and help for the new juniors rotating onto paediatrics.

Louise Fox - paediatric MSK physio

- Her kindness and support for her colleague, patients and the parents are beyond description.

Chloe Hayward - BNHH

- Chloe is an incredible play specialist who really puts her heart into everything she does. I have witnessed first hand the difference she makes to patients' lives, and just how excited they are when they get to see her. Not only is she a fantastic advocate for patients, but for their families too. Chloe's smile brightens everyone's day and the nursing team appreciate her help with procedures and making them less daunting for our patients.

Debbie Daniels - Play Specialist on the children's ward here at Poole Hospital

- Debbie constantly gives everything she has to the children on the ward especially those in day case who she helps when they come into the hospital for their surgery. She spends time with each child and their family alleviating their worries and concerns and helping towards the success of their surgery. Debbie is a crucial member of the play team and consistently ensures the wellbeing of everyone she meets and is currently supporting students within their training to becoming a qualified HPS.

The Bereavement care team specifically Victoria and Louise at UHS are outstanding.

- Although not just paediatrics they cover bereavement for the entire hospital, they are always available to help. They are genuinely two of the nicest people I have worked with. They couldn't do anymore to help. Their jobs must be so difficult at times with their work load being so high but regardless whenever myself or our team has needed them they are available to give advice, chat things through and help us at really difficult points. Their hard work deserves to be recognised at how committed they are to supporting families and staff through such awful times. Thank you so much.

Purity Kinyanjui

Claire Rumsay

Helen the paediatric gastro dietician in UHS.

- She is currently the only member of the team but is still always smiling and happy to help.

Nic Brynes - Paediatric secretary, UHS.

- Generally fabulous despite some additional challenges this year. The Diabetes and Endocrinology teams could not function without out. Thank you Nic for looking after us all :)

Sheryl Payas - Ward Clerk BNHH

- Sheryl is very experienced in her role and it really shows. She is always calm even in the most stressful shifts, and nothing is too much to ask! Sheryl is able to manage her time and tasks effectively and she is a fantastic ward clerk.

Eliza Wood, paediatric secretaries, HHFT.

- Without the secretaries i would not be able to do my job and they are all willing to go above and beyond to help me.

Eliza spends a lot of time talking to families on my behalf and disseminating information. This is sometimes tricky and i don't think i tell her how much i appreciate her often enough! The waiting times are particularly challenging at present and Eliza tries to help families with this where possible and i know how grateful they are for this support.

Eliza has helped me manage my diary and prioritise tasks when i don't know where to begin. I would genuinely feel lost without her!

Paediatric Outreach Team

- The outreach team have excellent skills/knowledge and provide invaluable support to teams/departments across the Children's Hospital.

Maureen Cummings.

- Maureen is the embodiment of efficiency - she keeps the rota at Winchester running and her ability to quickly solve HR related problems is akin to wizardry.

Joe Jacoby (paediatric radiologist)

- Joe is always happy to help with any radiology queries, usually fits in urgent tests when there is no space, and gives sensible advice to colleagues (without making us feel silly!). He also manages to battle with Teams on a weekly basis to run the paediatric xray meeting.

Kim Thomas

- Kim is the Children's Community and specialist Nursing Team administrator. She is meticulous in her planning and delivery of completing tasks to a high standard which is extremely important when there are 14 members of the team who demand Kim's time. It shines through that Kim really cares about the team and will always go above and beyond for us. She often identifies areas where she can help alleviate the pressures and takes on additional work to cover this. An example of this is when Kim offered to take on the management of the student nurses before they came on placement, this includes keeping the CCN team up to date when students are due to start placement, update the student handbook, organise any key information for student's, sorting their initial timetable for first week and identifying and booking in visits, teaching opportunities, this has been such a big help to the team and we are very grateful for Kim's input. Kim does an outstanding job of looking after the team's wellbeing and ensures there is always a cup of tea to hand. Kim is responsible for organising and minuting many meetings and she always does this in a timely manner, ensuring the key people are kept up to date. Kim has worked in the team for 9 years and can retain important information which allows her to be able to help and signpost other health professionals and the wider MDT, children and young people and their families, again relieving the pressure on the team. Kim can adapt her style of communication to suit the individual's needs and will do this in a considerate and professional manner, she often takes phone calls from parents whose first language is not English, and she will take the time to provide information in a format they understand. The CCNT are working towards going paperless with their patient notes. Kim has taken a crucial role in the completing of this, ensuring paperwork is up to date, scanned and uploaded to DPR and sending any filing to medical records for scanning. Kim has also taken on organising the CC&SNT annual away day with guidance and help from one member of the team. This day is always well received and a good opportunity for education and team building within the teams. It goes without saying Kim plays a pivotal role within the team and when she has A/L we are bereft without her and look forward to her return. I am not exaggerating when I say the team would struggle to function without her (and go thirsty) and are truly grateful for her support and hard work.

Suzannah Birch, dietitian Basingstoke Hospital

- Suzy regularly goes above and beyond and has been a key person in the care of several complex patients and played a pivotal role in the safe discharge of a young person following a 16 month admission. Suzy is always available to support colleagues and is a joy to work with.

Michele Waldron, medical secretary Basingstoke Hospital

- Michele is not just efficient, she is proactive and thinks ahead. She is able to manage complex situations, taking a large burden of workload from the clinical team. She is always at hand to trouble shoot and she is a very caring and supportive colleague.

Jackie Ridge, Child Health Admin Manager Basingstoke Hospital

- Jackie is a one in a million manager. She acknowledges everyone and speaks to people with such care. Her door is always open and she looks after her team. She is highly regarded amongst the admin team and clinical team. Her positive energy and compassion have a significant affect on the department and therefore the care of the children. The world is a better place with Jackie in it.

Chloe- play team BNH.

- She has such imagination when interacting with the children. The children respond to her in a positive way & her presence helps the children in often difficult situations

Breast feeding support team UHS Neonatal Unit

- great team , always around to support high mothers and babies on NNU

Catherine Arrow ward clerk

Nazeer Padma, Pharmacist, Queen Alexandra Hospital.

- Naz is truly integral to the smooth running of the paediatric department in Portsmouth. He is always cheerful and helpful despite the many demands we make of him. If you ask him a question he researches the answer and backs up everything he says with a wealth of knowledge and evidence to ensure the best treatment for our patients. On a busy medical ward with a constant flow of patients, Naz ensures timely discharges, as well as ensuring our complex long term patients have the meds they need. He takes the time to get to know the families and their specific needs, and his personal touch is very much appreciated by them all. Naz co-ordinates the chemotherapy delivered in Portsmouth, and once again goes above and beyond for our oncology patients, ensuring chemo is manufactured and delivered when needed, and often at short notice.

Beyond his professional abilities, Naz is approachable and friendly to everybody he meets. I have never seen the man stressed or cross, which to be honest is pretty remarkable when he is constantly busy! He meets every request we make of him with good humour and a genuine desire to do the best he can to enhance the patient journey.

Pharmacists are often overlooked for awards within the NHS, but we know we wouldn't be able to function without them, and Naz is a shining example of the excellent service they provide to both staff and patients. Thanks Naz