

- Abdominal Pain ([Healthier Together](#))
- Abidec
 - Going home from the neonatal unit on vitamins - Abidec ([Southampton Children's Hospital](#))
- Abuse
 - Abuse, domestic violence and sexual assault ([NHS Choices](#))
 - Dealing with child sex abuse ([NHS Choices Video](#))
 - Abuse in teenage relationships ([NHS Choices](#))
- Accident prevention
 - Preventing poisoning in children ([NHS Choices](#))
 - Preventing accidents at home ([NHS Choices Video](#))
 - How do I keep my baby safe? ([NHS Choices Video](#))
 - [St John Ambulance](#)
 - [British Red Cross](#)
 - [Royal Society for the Prevention of Accidents](#)
 - [Child accident prevention trust](#)
- Acinetobacter ([Hampshire Hospitals](#))
- Acute kidney injury ([InfoKid – full](#); [InfoKid – summary](#))
- Acute lymphoblastic leukaemia – ALL ([NHS Choices Video](#))
- Adenoidectomy – see ENT surgery
- Adenotonsilectomy – see ENT surgery
- ADHD ([NHS Choices](#), [Patient UK](#)) – see also Concentration problems & over-activity
- Admission to hospital ([NHS Choices](#)) – see also Ward Information
 - How to prepare for your child's hospital stay ([NHS Choices Video](#))
 - What to do if you are worried about your child while they are in hospital ([Queen Alexandra Hospital, Portsmouth](#))
- Adrenaline autoinjector ([NHS Choices](#); [MHRA](#); [Southampton Children's Hospital](#))
 - EpiPen ([epipen.co.uk](#))
 - Jext ([lifeline](#))
 - [Emerade](#)
 - Travelling with your adrenaline auto-injector ([Southampton Children's Hospital](#))
- Adrenarche ([healthychildren.org](#); [Patient UK](#))
- Alcohol – see Drugs and Alcohol
- Allergy ([NHS Choices](#); [Hampshire Hospitals](#); [Patient UK](#); [Salisbury District Hospital](#); [Southampton Children's Hospital](#); [Itchy Sneezzy Wheezy](#)); see also Adrenaline Autoinjector, Anaphylaxis, Urticaria, Milk ladder
 - Allergies song ([Get Well Soon song](#))
 - Allergy testing([Salisbury District Hospital](#); [Southampton Children's Hospital](#))
 - Food challenges ([PIER](#); [Queen Alexandra Hospital, Portsmouth](#); [Salisbury District Hospital](#); [Southampton Children's Hospital](#); Peanut challenge - [Southampton Children's Hospital](#))
 - Food allergy in schools & nurseries ([Southampton Children's Hospital](#))
 - Food labelling ([Southampton Children's Hospital](#))
 - House dust mite ([Southampton Children's Hospital](#))
 - Managing food allergies ([Southampton Children's Hospital](#))
 - Managing worries about allergies ([Southampton Children's Hospital](#))
- Amblyopia ([NHS Choices](#); [Patient UK](#); [Salisbury District Hospital](#))
- Ambulance ([Monkey Wellbeing Video](#))
- Amputation ([Steps](#))
- Anaemia ([NHS Blood & Transfusion](#); [Patient UK](#))

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- Iron deficiency anaemia ([NHS Choices](#))
- See also Blood transfusion & Iron intake
- Anaesthesia – see General Anaesthesia
- Anal fissure ([NHS Choices](#); [Salisbury District Hospital](#); [Southampton Children’s Hospital](#)) – see also Allergy
- Anger & aggression ([MindEd](#))
- Ankle instability ([Salisbury District Hospital](#); [Southampton Children’s Hospital](#))
- Anorexia nervosa ([NHS Choices Video](#)) – see also Eating Disorders
- Antenatal screening ([NHS Choices](#))
- Antibiotics ([NHS Choices](#); [Medicines for Children](#))
 - Why wasn’t I prescribed antibiotics? ([Patient UK](#))
 - Should my doctor give my child antibiotics? ([Babycentre - Video](#))
 - Antibiotic therapy and your child ([Southampton Children’s Hospital](#))
- Antifungal medicines ([NHS Choices](#); [Patient UK](#))
- Anxiety disorders in children ([NHS Choices](#))
 - How to quickly relax using breathing exercises ([Salisbury District Hospital](#))
 - Managing worries about sleep ([Southampton Children’s Hospital](#))
- Apnoea monitor ([Isle of Wight](#))
- Appendicitis/ Appendectomy ([NHS Choices](#); [Salisbury District Hospital](#))
 - See also Abdominal Pain
- Array Comparative Genomic Hybridisation (array CGH) ([Salisbury District Hospital](#))
- Arthritis ([Health Talk](#)) – see also Juvenile Idiopathic Arthritis
- Arthroscopy ([NHS Choices](#); [Southampton Children’s Hospital](#))
- Asthma ([Asthma UK](#); [NHS Choices](#); [British lung foundation](#))
 - Personal asthma action plan ([Healthier Together](#))
 - Inhaler techniques ([NHS Choices Video](#))
 - How to give medicines in asthma ([Medicines for Children](#))
- Autism/ Autistic Spectrum Disorders ([NHS Choices](#); [Patient UK](#); [NHS Choices Video](#); [SCOPE](#); [The National Autistic Society](#); [MindEd](#))
- Back pain
 - Choosing the right school bag ([Association of Paediatric Chartered Physiotherapists](#))
- Balanitis ([NHS Choices](#); [Patient UK](#))
- Barium meal/ swallow ([Salisbury District Hospital](#))
- Bed wetting ([NHS Choices](#); [Patient UK](#); [ERIC](#); [Hampshire Hospitals](#); [MindEd](#))
 - Bedwetting alarms ([Salisbury District Hospital](#))
 - Reward systems, nocturnal enuresis, alarms ([Patient UK](#))
 - See also Desmopressin for bed wetting
- Behavioural problems ([Patient UK](#))
 - Challenging Behaviour ([SCOPE](#))
- Bereavement ([NHS Choices](#); [NHS Choices Videos](#) – [death of sibling](#), [death of parent](#); [Child Bereavement UK](#); [Hope again](#); [Winston’s Wish](#); [Soar](#); [MindEd](#))
 - When a baby dies ([Salisbury District Hospital](#))
 - When a child dies ([Southampton Children’s Hospital](#))
- Birthmarks ([NHS Choices](#); [Birthmark Support Group](#))
- Blocked lacrimal duct ([Patient UK](#))
- Blocked nose in babies ([Patient UK](#))
- Blood tests ([Salisbury District Hospital](#); [Southampton Children’s Hospital](#))

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- Options for numbing the skin ([Southampton Children's Hospital](#))
- Blood products
 - Fresh Frozen Plasma and Cryoprecipitate ([NHS Blood & Transplant](#))
 - Will my child need a plasma transfusion? ([NHS Blood & Transplant](#))
 - Will I need a platelet transfusion? ([NHS Blood & Transplant](#))
- Blood transfusion
 - Will my baby need a blood transfusion? ([NHS Blood and Transplant](#))
- Blowing games – see Physiotherapy
- BMI – see Obesity
- Bow legs ([NHS Choices](#); [Southampton Children's Hospital](#))
- Bowel preparation – see Colonoscopy
- Bowels:
 - Looking after your insides ([core/BSG/PCSG](#))
- Breast feeding ([Start4life](#); [NHS Choices Videos](#) – [Is my baby feeding and growing well?](#), [How will breastfeeding help me bond with my baby?](#); [Patient UK](#); [Patient UK Videos](#); [Department of Health](#); [Best Beginnings](#); [Unicef – The Baby Friendly Initiative](#))
 - Breastfeeding diary ([Southampton children's Hospital](#))
 - Harvesting colostrum for your baby ([Southampton Children's Hospital](#))
- Breathing Exercises ([Salisbury District Hospital](#)) – see also Physiotherapy
- Breathing problems to look out for ([British lung foundation](#))
- Breech babies ([Southampton Children's Hospital](#))
- Broken bones – see Fractures
- Bronchiectasis ([British lung foundation](#))
- Bronchiolitis ([NHS Choices](#); [Healthier Together](#); [British Lung Foundation](#); [Patient UK](#); [Queen Alexandra Hospital, Portsmouth](#); [Isle of Wight](#))
- Bronchopulmonary dysplasia ([British lung foundation](#))
- Bubble positive expiratory pressure – see Physiotherapy
- Bullying ([MindEd](#))
- Bunion ([NHS Choices](#); [Southampton Children's Hospital](#))
- Burns ([British Association of Plastic Reconstructive and Aesthetic Surgeons](#); [NHS Choices](#); [NHS Choices Video](#); [Salisbury District Hospital](#) (quick tips); [Salisbury District Hospital](#))
 - Biobrane ([Salisbury District Hospital](#))
 - Clinical psychology for parent/carer of child on Burns unit ([Salisbury District Hospital](#))
 - Prevention ([Interburns](#))
- CAMHS:
 - Anxiety disorders in children ([NHS Choices](#))
 - Mental health liaison team ([Southampton Children's Hospital](#))
 - Paediatric liaison service, self harm team ([Southampton Children's Hospital](#))
 - Parents & youth Info Resources ([RCPsych](#))
 - See also Self Harm
- Campylobacter – see Diarrhoea and Vomiting
- Cancer ([Hampshire Hospitals](#)) – see also Oncology
 - Telling children about a cancer diagnosis ([Salisbury District Hospital](#))
- Candidiasis ([NHS Choices](#); [Patient UK](#))
- Cannula
 - Having a cannula ([Hampshire Hospitals](#); [Southampton Children's Hospital](#))

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- Taking your child home with a cannula ([Southampton Children's Hospital](#))
- Get Well Soon ([song](#))
- Car Seats ([Isle of Wight](#))
- Cardiac Investigations
 - Cardio memo device ([Southampton Children's Hospital](#))
 - Cardio pulmonary exercise test ([Southampton Children's Hospital](#))
 - Having an exercise stress test ([Southampton Children's Hospital](#))
 - Children having an exercise test ([Southampton Children's Hospital](#))
 - Echocardiogram ([Southampton Children's Hospital](#); [Get Well Soon song](#))
 - Heart monitor ([Southampton Children's Hospital](#))
- Cardiac Problems in children ([Hampshire Hospitals](#))
- Cardiac Surgery
 - Risk of cardiac surgery in children ([Southampton Children's Hospital](#))
- Cardiology outpatient clinic ([Southampton Children's Hospital](#))
- Casts advice ([NHS Choices](#); [Get Well Soon song](#))
- Cellulitis ([NHS Choices](#))
- Cerebral palsy ([NHS Choices](#); [Patient UK](#); [NHS Choices Video](#); [Hampshire Hospitals](#); [SCOPE](#))
- Chest drain ([Southampton Children's Hospital](#))
 - See also Empyema
- Chest infection – see Pneumonia
- Chest X-ray ([Get Well Soon song](#))
- Chicken pox ([NHS Choices](#); [Patient UK](#); [Hampshire Hospitals](#); [Queen Alexandra Hospital, Portsmouth](#))
 - Chicken pox in pregnancy ([RCOG](#))
- The Itchy Spot ([Get Well Soon song](#))
- Child attachment disorder ([Patient UK](#))
- Child sexual abuse or exploitation ([NHS Choices Video](#); [MindEd](#))
- Children's Assessment Unit ([Monkey Wellbeing Video](#))
- Chronic kidney disease ([InfoKid – full](#); [InfoKid – summary](#))
 - CKD Stages 3b-5 ([InfoKid – full](#); [InfoKid – summary](#))
- Circumcision ([Queen Alexandra Hospital, Portsmouth](#); [Salisbury District Hospital](#); [Urology Care Foundation](#))
 - Post-op ([Salisbury District Hospital](#))
- Cleft lip & palate ([BAPRAS](#); [Changing Faces](#); [NDCS](#); [NHS Choices](#); [NHS Antenatal screening](#); [Patient UK](#); [The Spires Cleft Team](#))
 - Post-op alveolar bone graft ([The Spires Cleft Team](#)); pre-op ([The Spires Cleft Team](#)); unilateral ([The Spires Cleft Team](#))
 - Post-op cleft lip & anterior palate ([The Spires Cleft Team](#))
 - Post-op cleft lip & posterior palate ([The Spires Cleft Team](#))
 - Post-op cleft lip ([The Spires Cleft Team](#)) & Stents ([The Spires Cleft Team](#))
 - Post-op cleft lip revision ([The Spires Cleft Team](#))
 - Post-op cleft palate ([The Spires Cleft Team](#))
 - Post-op palatal fistula repair ([The Spires Cleft Team](#))
 - Post-op speech surgery ([The Spires Cleft Team](#))
 - Speech development ([Salisbury District Hospital](#))
- Clinical Psychology
 - Introducing the SCIRT clinical psychologists ([Southampton Children's Hospital](#))

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- Clostridium difficile – see Diarrhoea and Vomiting
- Club foot – see Talipes
- CMV infection, congenital ([Salisbury District Hospital](#))
- Cold sores ([NHS Choices](#); [Patient UK](#); [Get Well Soon song](#))
- Coeliac disease ([Coeliac UK](#); [Salisbury District Hospital](#))
- Colic ([NHS Choices](#); [Patient UK](#))
- Colonoscopy ([Patient UK](#))
 - Bowel preparation for colonoscopy ([Southampton Children's Hospital](#))
 - Colonoscopy patient information ([Southampton Children's Hospital](#))
- Colostrum – see Breastfeeding
- Common cold ([NHS Choices](#); [Patient UK](#))
- Communication difficulties ([SCOPE](#))
 - Communication passports ([SCOPE](#))
- Community Children's Nurses ([Monkey Wellbeing Video](#))
- Complaints & Complements ([iWantGreatCare.org](#); [NHS Choices](#); [Dorset County Hospital](#); [Hampshire Hospitals](#); [Poole Hospital](#); [Queen Alexandra Hospital, Portsmouth](#); [Salisbury District Hospital](#); [Southampton Children's Hospital](#); [St Mary's Hospital, Isle of Wight](#))
- Concentration problems & over-activity ([MindEd](#))
- Congenital cystic adenomatoid malformation ([Patient UK](#))
- Congenital heart disease ([NHS Choices](#); [Children's Heart Federation](#); [Children's heart surgery](#); [Little Hearts Matter](#); [Hearts4Teens](#))
- Congenital lung abnormalities ([British lung foundation](#))
- Congenital short femur – see Proximal Femoral Focal Deficiency
- Consent:
 - A guide for children and young people ([Department of Health](#))
 - Consent in the Neonatal unit ([Salisbury District Hospital](#))
- Constipation ([Hampshire Hospitals](#); [NHS Choices](#); [NCT](#); [CBeebies 'Get Well Soon'](#); [Salisbury District Hospital](#))
 - Baby poo – a visual guide ([Babycentre](#))
 - Chocolate bar Alternative Bristol Stool Chart ([Twitter](#))
 - Interferential therapy ([Southampton Children's Hospital](#))
 - Oh Poo ([Get Well Soon song](#))
 - Poo diary including Bristol Stool Chart ([ERIC](#))
 - See also Fibre intake
- Contraception ([FPA – the sexual health charity](#))
- Cot death – see SIDS
- Cough medicines ([Patient UK](#))
- Coughs and colds – see Common cold
- Counselling ([NHS Choices](#))
 - Talk 2 Counselling Service (Barnado's - [Children and Young People](#); [Parents and Carers](#))
- Cow's milk protein intolerance/ allergy ([Patient UK](#))
 - Dietary Advice for breastfeeding mums with babies who have CMPA ([PIER](#))
 - Introducing lactose-free solids ([PIER](#))
 - Introducing milk-free solids ([PIER](#))
 - Milk Free Diet ([Wiltshire CCG](#))
 - Milk Ladder ([Milk Allergy in Primary Care](#))
- Cradle cap ([Patient UK](#); [NHS Choices](#))
- Creutzfeldt-Jakob Disease; CJD ([Hampshire Hospitals](#))
- Cri du Chat syndrome ([Patient UK](#))
- Crohn's Disease – see Inflammatory Bowel Disease

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- Croup ([NHS Choices](#); [Patient UK](#); [Queen Alexandra Hospital, Portsmouth](#); [Salisbury District Hospital](#); [Southampton Children's Hospital](#); [Get Well Soon song](#))
- Crutches
 - How to use crutches ([Southampton Children's Hospital](#))
- Cryptorchidism ([NHS Choices](#); [Urology Care Foundation](#); [Patient UK](#))
- CT ([NHS Choices](#); [Southampton Children's Hospital](#); [Get Well Soon Song](#))
- Cup feeding your baby ([Southampton Children's Hospital](#))
- Curves in the spine – see Scoliosis
- Cystic fibrosis ([British lung foundation](#); [Cystic Fibrosis Trust website](#); [Hampshire Hospitals](#); [NHS Choices](#); [Patient UK](#); [Southampton Children's Hospital](#))
 - See also Sweat test, Physiotherapy
 - Children's cystic fibrosis social work ([Southampton Children's Hospital](#))
 - Leaflet for GP ([Queen Alexandra Hospital, Portsmouth](#))
 - Nebulised colomycin ([Salisbury District Hospital](#))
 - Nebulised Dornase alpha ([Salisbury District Hospital](#))
 - Nebulised saline ([Salisbury District Hospital](#))
 - Nebulised tobramycin ([Salisbury District Hospital](#))
- Deaf – see Hearing
- Death – see Bereavement
- Dental health ([NHS Choices](#))
 - 10 tips for a fuss-free filling ([Babycentre](#))
 - Dental extraction or minor oral surgery ([Salisbury District Hospital](#))
 - Dental surgery ([Salisbury District Hospital](#); [Southampton Children's Hospital](#))
 - Orthodontic treatment ([Salisbury District Hospital](#))
- Depression – see CAMHS & Self-harm
- Dermatology surgery
 - Your child's dermatology surgery aftercare advice ([Southampton Children's Hospital](#))
 - Your child's dermatology surgery appointment ([Southampton Children's Hospital](#))
- Desmopressin for bedwetting ([Patient UK](#); [Medicines for Children](#))
- Development ([NHS Choices](#); [NHS Choices Video](#); [Hampshire Hospitals](#))
 - Baby walkers – are they necessary ([Association of Paediatric Chartered Physiotherapists](#))
 - Promoting physical development – lying to sitting ([Association of Paediatric Chartered Physiotherapists](#))
 - Stability improving – pre-school ([Salisbury District Hospital](#)) & school age ([Salisbury District Hospital](#))
 - Tummy time ([Association of Paediatric Chartered Physiotherapists](#))
- Developmental dysplasia of the hip ([International Hip Dysplasia Institute](#); [NHS Choices](#); [Patient UK](#); [Queen Alexandra Hospital, Portsmouth](#); [Steps/ BMA](#))
- Diabetes ([Diabetes UK](#); [Hampshire Hospitals](#); [JDRE](#); [NHS Choices](#); [NHS Choices Video](#); [Salisbury District Hospital](#); [Health Talk](#))
 - Carbohydrate awareness ([Salisbury District Hospital](#))
 - Diabetic retinopathy ([NHS Choices Video](#))

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- Diabetes & Ramadan ([Patient UK Infographic](#))
- Glycaemic index & slowly absorbed foods ([Salisbury District Hospital](#))
- Healthy eating with diabetes ([Salisbury District Hospital](#))
- HbA1c ([Salisbury District Hospital](#))
- Hypoglycaemia ([Salisbury District Hospital](#))
- Teenage diabetes ([NHS Choices Video](#); [Salisbury District Hospital](#))
- Diarrhoea and vomiting ([Healthier Together](#)) – see also Dioralyte
 - Campylobacter ([Hampshire Hospitals](#))
 - Clostridium difficile ([Hampshire Hospitals](#))
 - E.coli and E.coli 0157 ([Hampshire Hospitals](#))
 - Norovirus ([Hampshire Hospitals](#))
 - Rotavirus ([Patient UK](#))
 - Salmonella ([Hampshire Hospitals](#))
- Dietary advice – see also Cow’s milk protein allergy/ intolerance
 - Introducing high energy solids ([PIER](#))
 - What can I do if my child won’t eat? ([PIER](#))
- Dioralyte ([Medicines for Children](#))
- Disability ([NHS Choices](#))
 - Having a sibling with a disability ([video](#))
 - Profound intellectual and multiple disabilities ([video](#))
- Discharge – see also Open access
 - Going home from E1 Ocean Ward ([Southampton Children’s Hospital](#))
 - Discharge information ([Queen Alexandra Hospital, Portsmouth](#))
 - When your baby under 3 months is discharged from CAU ([Queen Alexandra Hospital, Portsmouth](#))
 - When your child over 3 months is discharged from CAU ([Queen Alexandra Hospital, Portsmouth](#))
- Disorders of sex development (DSD) ([NHS Choices](#))
- Domestic violence ([NHS Choices](#); [Patient UK](#))
- Down’s syndrome ([NHS Choices](#); [NHS Choices Video](#); [Patient UK](#); [Down’s Syndrome Association](#))
- Drugs and alcohol ([NHS Choices](#); [DASH](#); [FRANK](#); [MindEd](#))
 - Legal Highs ([FRANK](#))
 - Substances, Alcohols & Aerosols ([MindEd](#))
- Duchenne Muscular Dystrophy ([Duchenne Family Support Group](#))
- Dummy use ([Southampton Children’s Hospital](#))
- Dwarfism ([NHS Choices](#))
- Dyslexia ([NHS Choices](#))
- Dyspraxia ([NHS Choices](#); [NHS Choices Video](#); [Patient UK](#))
- Ear infections ([Southampton Children’s Hospital](#)) – see also Otitis externa, Otitis Media & Otitis Media with effusion
 - Paediatric Swim Plugs ([Salisbury District Hospital](#))
- Eating disorders ([MindEd](#))
- ECG ([Get Well Soon Song](#))
- Echocardiography – see Cardiac Investigations
- Eczema ([Eczema Voice](#); [Hampshire Hospitals](#); [National Eczema Society](#); [NHS Choices](#); [Southampton Children’s Hospital](#); [Salisbury District Hospital](#); [Talk Eczema](#))
- E.coli and E.coli 0157 ([Hampshire Hospitals](#))

- EEG ([NHS Choices](#); [Southampton Children's Hospital](#); [Get Well Soon episode](#))
 - Ambulatory EEG ([Salisbury District Hospital](#))
 - Video telemetry ([Southampton Children's Hospital](#))
- Emergency Department ([Monkey Wellbeing Video](#))
- Emotional problems ([Moodjuice](#))
- Empyema ([NHS Choices](#)) – see also Chest Drain
- Enuresis – see Bed wetting
- Encoporesis – see Soiling
- ENT appointment ([Southampton Children's Hospital](#))
- ENT surgery
 - Adenoidectomy (([NHS Choices](#); [Queen Alexandra Hospital, Portsmouth](#); [Salisbury District Hospital](#))
 - Adeno-tonsillectomy ([Queen Alexandra Hospital, Portsmouth](#))
 - Grommets ([Queen Alexandra Hospital, Portsmouth](#); [Salisbury District Hospital](#))
 - Major ear surgery ([Salisbury District Hospital](#))
 - Mastoid surgery ([Queen Alexandra Hospital, Portsmouth](#); [Salisbury District Hospital](#))
 - Myringoplasty ([Queen Alexandra Hospital, Portsmouth](#))
 - Myringotomy ([Salisbury District Hospital](#))
 - Pinnaplasty or otoplasty ([Queen Alexandra Hospital, Portsmouth](#); [Salisbury District Hospital](#))
 - Tonsillectomy ([Queen Alexandra Hospital, Portsmouth](#); [Salisbury District Hospital](#); [Isle of Wight](#))
- Epidural ([NHS Choices](#); [RCOA](#))
 - Epidural infusion for children ([Southampton Children's Hospital](#))
 - Epidural discharge advice ([Southampton Children's Hospital](#))
- Epiglottitis ([NHS Choices](#); [Patient UK](#))
- Epilepsy ([NHS Choices](#); [SCOPE](#); [Hampshire Hospitals](#); [Epilepsy Action](#); [Young Epilepsy](#))
 - Children's epilepsy surgery ([Southampton Children's Hospital](#))
- Epiphysiodesis and eight plates ([Southampton Children's Hospital](#))
- Erb's Palsy ([Salisbury District Hospital](#); [Erb's Palsy Group](#))
 - Erb's Palsy Home Stretching Programme ([Salisbury District Hospital](#))
- Erythema toxicum – see Rashes
- ESBL and AmpC ([Hampshire Hospitals](#))
- Exams ([Coping with exams video](#))
- Exercise ([NHS Choices](#); [NHS Choices Infographic](#))
 - 10-minute shake-ups ([Change4Life](#))
- External ventricular drain ([Southampton Children's Hospital](#))
- Family Relationship Problems ([MindEd](#))
- Febrile convulsion ([Healthier Together](#); [NHS Choices](#); [Patient UK](#); [Queen Alexandra Hospital, Portsmouth](#); [Salisbury District Hospital](#))
- Feeding ([Start4Life – Breastfeeding](#); [NHS Choices – bottle feeding](#); [Start4Life – Weaning](#); [NHS Choices – Weaning](#); [NCT](#))
 - Vomiting: what's normal and what's not ([Babycentre](#))
 - How to burp your baby ([Babycentre](#))
 - Off to the best start – important information about feeding your baby ([Start4Life](#))

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- Feelings & Emotions ([MindEd](#))
- Female genital mutilation (FGM) ([NHS Choices](#))
- Fever ([NHS Choices](#); [NHS Choices Video](#))
 - <5 years ([Healthier Together](#))
 - >5 years ([Healthier Together](#))
- Fibre intake ([NHS Choices](#); [NHS LiveWell](#); [Southampton Children's Hospital](#))
- Fibula hemimelia ([Steps](#))
- First aid ([NHS Choices](#))
- First fit – see Seizure
- Flat feet ([Association of Paediatric Chartered Physiotherapists](#); [Salisbury District Hospital](#); [Get Well Soon song](#))
- Flexible bronchoscopy ([Southampton Children's Hospital](#))
- Flu ([NHS Choices](#); [Hampshire Hospitals](#))
 - Nasal flu spray ([Flu Heroes Video](#)) – see also Immunisation
- Focal segmental glomerulosclerosis & IgM nephropathy ([InfoKid – full](#); [InfoKid – summary](#))
- Foetal alcohol syndrome ([NHS Choices](#); [Patient UK](#))
- Food challenge – see Allergy
- Foot problems ([NHS Choices Video](#))
 - Choosing footwear for children ([Association of Paediatric Chartered Physiotherapists](#))
- Foot surgery
 - See Tarsal coalition, Subtalar fusion, Tibialis anterior tendon release
- Foreign body
 - Object lodged in nose or ear ([Babycentre](#))
 - Swallowed foreign body ([Patient UK](#))
- Fractures
 - Broken bones in the lower arm ([Southampton Children's Hospital](#))
 - Broken bones in the upper arm ([Southampton Children's Hospital](#))
 - Broken thighbone/ femur ([Southampton Children's Hospital](#))
 - Caring for your cast ([Salisbury District hospital](#); [Southampton Children's Hospital](#))
 - Fracture discharge care ([Southampton Children's Hospital](#))
 - Fractured tibia and/or fibula ([Southampton Children's Hospital](#))
 - Broken bones in the lower leg ([Southampton Children's Hospital](#))
 - Removal of K wires ([Southampton Children's Hospital](#))
 - See also Crutches
- Fulkerson's osteotomy ([Southampton Children's Hospital](#))
- Full septic screen ([Southampton Children's Hospital](#))
- Fundoplication ([Southampton Children's Hospital](#))
- Gallows traction ([Queen Alexandra Hospital, Portsmouth](#))
- Gallstones ([GOSH](#))
- Gastroenteritis – see Diarrhoea and Vomiting
- Gastro-oesophageal reflux ([NHS Choices](#); [Living with Reflux](#); [Living with Reflux – is the cause food allergy or reflux disease?](#); [Salisbury District Hospital](#); [Southampton Children's Hospital](#))
 - 10 ways to cope with baby reflux: photos ([Babycentre](#))
- Gastroscopy ([NHS Choices](#); [Southampton Children's Hospital](#); [GOSH](#))
- Gastrostomy ([Southampton Children's Hospital](#))
- Gender Identity ([MindEd](#))

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- General anaesthetic
 - A Brief Guide for Young People ([Patient UK](#); [RCOA](#); [Salisbury District Hospital](#))
 - A little deep sleep ([ForMed Films](#))
 - Davy the Detective – Finding out about anaesthetics ([RCOA](#))
 - My General Anaesthetic: What’s Going to Happen? Sarah’s Journey ([video](#))
 - Rees Bear has an anaesthetic ([Anaesthesia Information](#))
 - Your Child’s General Anaesthetic ([Patient UK](#); [Queen Alexandra Hospital, Portsmouth](#); [RCOA](#); [Isle of Wight](#); [Video – Magic Milk and Squidgy Masks](#))
 - See also Radiotherapy under general anaesthetic
- German Measles – see Rubella
- Glasses for children ([Southampton Children’s Hospital](#))
- Glomerulonephritis ([InfoKid – full](#); [InfoKid – summary](#); [NHS Choices](#))
 - Membranoproliferative glomerulonephritis ([InfoKid – full](#); [InfoKid – summary](#))
 - Post-infectious glomerulonephritis ([InfoKid – full](#); [InfoKid – summary](#))
- Glue ear – see Otitis Media with Effusion
- Glycogen storage disorders ([Patient UK](#))
- GP Surgery ([Monkey Wellbeing Video](#))
- Grommets – see Otitis Media with Effusion & ENT Surgery
- Group A Streptococcus ([Hampshire Hospitals](#))
- Growing pains ([NHS Choices](#); [Patient UK](#); [Southampton Children’s Hospital](#))
- Guthrie test ([NHS Choices](#))
- Haemochromatosis ([Southampton Genetics](#))
- Haemangioma ([NHS Choices Video](#))
- Haematuria ([InfoKid – full](#); [InfoKid – summary](#))
- Haemolytic uraemic syndrome ([InfoKid – full](#); [InfoKid – summary](#))
- Haemophilia ([The Haemophilia Society](#))
- Hand, foot and mouth disease ([NHS Choices](#); [Patient UK](#))
- Handwashing ([NHS Choices Videos](#))
- Head injury ([Healthier Together](#); [Queen Alexandra Hospital, Portsmouth](#); [Salisbury District Hospital](#); [Southampton Children’s Hospital](#))
- Head lice ([NHS Choices](#); [British Association of Dermatologists](#); [Medinfo](#); [Centers for Disease Control Prevention](#); [Patient UK](#); [Bug Busting](#))
- Headaches ([Salisbury District Hospital](#)) – see also Migraine
- Healthy Child Programme ([Healthier Together](#))
- Healthy eating ([Change4Life Sugar Smart Video](#); [Start4Life Video](#))
- Hearing ([NDCS](#); [Get Well Soon song](#))
 - Hearing impairment ([SCOPE](#))
 - Hearing tests ([Salisbury District Hospital](#))
 - See also Newborn Hearing Screen
- Heart – see Cardiac
- Heart Murmurs:
 - Heart murmurs in new-born babies ([Isle of Wight](#); [Salisbury District Hospital](#))
- Henoch-Schönlein Purpura ([NHS Choices](#); [InfoKid – full](#); [InfoKid – summary](#); [Queen Alexandra Hospital, Portsmouth](#); [Salisbury District Hospital](#); [Southampton Children’s Hospital](#); [GOSH](#))
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